

# Hurst Life

Including Sayers Common & Albourne

Local village talk,  
by the village

Issue #2 : May 2015

Free  
Please help  
yourself!

Meet the lady behind the shop

**p. 10**

A pudding to impress

**p. 22**

Hurst Film Club

**p. 7**



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## EDITORIAL

By David Tingley, Editor

Hello and welcome to the second issue of Hurst Life. Thanks firstly to all those who have taken the trouble to get in touch to give us feedback and with ideas for features and content in this and future issues.

We have a number of **news** items, starting over the page; be it the **allotment sale** (page 6), an **operatic concert** (page 14), or the **St Lawrence School Fete** on page 26. I am thrilled there is so much going on in Hurstpierpoint!

The regular **What's On** guide appears right at the back of the magazine on page 30. Do use this as your reference guide throughout the month. And make sure you let us know details of anything going on locally. I'd rather we found out more than once than not at all.

In this magazine we have the privilege of featuring a number of local folk. On page 21 you can read the story of **Paul Huggett** and why he started a cancer charity from his home in the village. You can spend five minutes with **Steve Wadman** on page 25. Plus, if you've ever wondered what makes people open shops, you can read **Gill Blackburn's story** on page 10. Spending time with Gill was fascinating and it's a pleasure to be able to share it in our pages here.

I would like to especially thank residents **Linda and John Levett** for their assistance in getting the word out about Hurst Life in these early days. I am also delighted to announce the appointment of an **editorial assistant**. If you don't know her already, read more about **Hattie Parish** overleaf on page 4. You will certainly read more from Hattie in the coming months.

It's nearly time to allow you to thumb through this issue. The last thing I'd like to remind you about, dear reader, is that I would love some more **photos of the village** for potential use on the **covers**. There's a £20 local shopping voucher in it for you if we print yours! So do get creative with your camera if you can.

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Hurst Life

Published  
by Kipper



David Tingley  
St Lawrence School  
in the spring sunshine

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We'd love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk)

## Introducing Hattie...

By David Tingley

I'm very pleased to announce that, after our request in the first issue, we have now hired Hurstpierpoint resident Hattie Parish as our editorial assistant on the magazine.

Hattie has lived in the village all of her life and knows what's what on the ground here – which is just what we needed. She is already writing some editorial copy for The Argus newspaper as she currently works towards an NCTJ qualification in Journalism.

Hattie commented: "I'm really looking forward to writing for something so local and on my doorstep. I'm sure I will get to know groups that I didn't even know existed!"

As well as replying to messages in the inbox, Hattie's role will be sniffing out great stories from the community and writing them up for us all to enjoy and be informed. You can email ideas or suggestions to her (and me) at [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk) and one of us will get back to you as soon as we can.

We would also love to see your great photos of the village so that we have some options for our front covers. Do email any you have taken to [photos@hurstlife.co.uk](mailto:photos@hurstlife.co.uk) - for more information on this see our website via: <http://bit.ly/1F7e9kD>



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## Bowls Club season starts

By Keith Jackson

The club is in full swing for the start of the new season. The club captains for 2015 are David Welsh for the men and Jill Reynolds for the ladies.

The first match of the season was a mixed match away match at Southwater followed by our coffee morning, which gave our members a chance to meet up after the winter.

New members have already had some early coaching and it looks like a busy start to the season for our captains and club coaches.

The club is one of the most successful clubs in Mid-Sussex, winning the Mid-Sussex League several times in the last ten years, with both men and woman representing Sussex over the last few seasons.

Pictured above are last season's Men and Ladies Champions: Jim Morley and Jenny Goodman.

## Older folk meeting

By Margaret Back

Have you heard about Senior Moments? It is a bimonthly meeting for older folk, held at the Evangelical Church in the High Street (next to the Players Theatre). We have fun and fellowship, starting at 11.30am with a couple of quizzes – not too difficult but we all need a challenge!

There is also pattern colouring if you prefer to just relax and doodle whilst you join in the chat.

Lunch is served at 12.30pm with a main course and sweet. Our minister gives a 10 minute talk whilst we enjoy a cup of tea or coffee. After this we have a comfort break before we get down to an activity. This can be anything from craft, musical bells, icing or perhaps a talk; each time is different.


After a cup of tea and cake everyone goes home with whatever they have made, very pleased with themselves.

Why not join us? We welcome both men and ladies, so bring your husband or wife with you. If you are on your own, you will soon find a friend amongst the group.

To book a place at the next event on Tuesday 19th May, please phone Margaret on 01273 834485 before Friday 15th May. The cost is £6.

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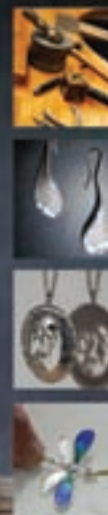
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# Spring Plant Sale

## Albourne Road

### Allotments



By Sarah Lord Soares (Plot 4b!)

We are busily preparing, sowing seeds, potting on and finding joy in the first small shoots and flowers that appear. The Allotments provide a place of solace in those early spring mornings; quiet moments (if the lunchbox is made and the dog walked – all before work!) that can start a day off on the right foot.

Our Spring Sale is a fabulous community affair. We sell our tended produce, usually in the sunshine, and each plant has been carefully grown by those on the plots. It's an opportunity to come and see the plots early in the year too. Delicious cake helps a lot to spur you on... to go home and plant. This year we expect to have tomatoes, sunflowers, brassicas and some other more unusual crops.

The site is owed by the Parish Council, who provide the necessities of life like water, help with managing the waiting list and all the other administration of running an allotment. But the Committee, constituted as a charity, is responsible for keeping the site on the right track, neat and safe pathways, maintaining the hedging and, more recently, security. So, although we are growing and selling our plants, it is our way of raising a little money that goes towards the lawn mower, strimmer and numerous other small expenses that come with a site with 85 plots on it!

The Spring Sale is being held on Sunday 17th May starting at 10am. For more information, follow @hurstplots or visit [www.hurstallotments.org.uk](http://www.hurstallotments.org.uk)

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By David Saitch

In the last month of our 2014-2015 programme, we bring you two of the best British films of the last 12 months, '71 and Pride.

### Friday 8th May - '71 (15) - 99 minutes

Set in Belfast in the early days of the Northern Ireland conflicts, '71 tells the story of a group of raw recruit squaddies who are diverted to Belfast on their first posting, instead of the somewhat more cushy posting to Germany they had been expecting.

Out on their first patrol with the RUC, one soldier gets separated from his squad and finds himself alone on the streets of a strange city, not knowing where he is or who might be friend and who foe, trying to find his way back to his barracks. He knows they are out there somewhere but so are dangers too numerous to count.

Utterly gripping and compelling, refreshingly this film is possibly the first film set in Northern Ireland of that time which isn't about 'the Northern Ireland Troubles'. It isn't freighted with the sense of tragedy that normally goes along with films about that time, though, having said that, there's plenty of political meat on its lean and hungry bones as well. Deceptively complex, it moves at such terrific pace that you are completely blindsided by events. It grips from the outset and it is all held together by the central performance of Jack O'Connell, a performance in which he doesn't say much but brilliantly conveys a pugnacious spirit allied with a sense of vulnerability and he is fantastically supported by a fully committed cast.

Audacious and thrilling, this is one of the best British films of recent years.

### Thursday 21st May - Pride (15) - 120 minutes

Winner of Best Film at this year's British Independent Film Awards, Pride takes place during the miner's strike in 1984. A group of Gay Rights activists decide to try to raise funds to support the strikers' families. Unfortunately the somewhat macho union seems embarrassed by the support and rebuffs the offer, but some minds are less closed and a tentative rapport begins to develop between the groups.

An extraordinary story, largely based on true events, Pride is richly enjoyable; a wonderfully funny, thought-provoking and moving film, filled with terrific performances from a wonderful troupe of great British acting talent.

Tickets can be bought at Mishon Mackay.

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## Ashley & Thomas celebrates

**OPEN FOR BUSINESS**

**By David Tingley**

This month

Hurstpierpoint's most colourful gift shop celebrates its third anniversary on the High Street. Gill Blackburn has lived in the village for six years and opened Ashley & Thomas in May 2012. Customers visiting the shop will have been greeted by the adorable Pig and Mouse, Gill's daughter's long-haired chihuahuas. They also wouldn't have failed to have been impressed by the sheer number of unique and unusual product lines on display. When you know her professional history it's not a surprise that Gill has created a veritable 'Aladdin's Cave' right here in Hurstpierpoint.



Gill grew up in the North with her adoptive parents Beryl and Cledwyn. She went on to study Politics and Economics at Bristol University before being accepted on to a graduate scheme run by Marks & Spencer. This is where her retail career started.

Gill worked for M&S for 15 years. Her time with the company gave her the grounding in sourcing great quality products for their customers and being very particular about the detail. "Product development and high quality standards were fundamental to Marks & Spencer's success," Gill explains, "but that's my M&S background; we didn't accept anything that wasn't perfect for the customer. And that quality mark still runs true for Ashley & Thomas today."

After she left Marks & Spencer Gill worked for large organisations, travelling worldwide to source new and

exciting products. She later became the Commercial and Buying Director at shopping channel QVC in London. Eleven years ago she set up her own company designing and producing clothes for a number of High Street retailers, including Marks & Spencer, the Arcadia Group and John Lewis.

Six years ago life changed for Gill when she chose to become the full-time carer to her mother who had been diagnosed with dementia. Beryl, who had moved to Hurstpierpoint twelve years ago, then moved in with Gill who cared for her until she sadly passed away last year. "It was the hardest but most rewarding thing I have ever done," Gill continues. There were moments of lightness and laughter too. On one occasion, Beryl was in her wheelchair at her favourite annual event, the St Lawrence Fair procession, when the Town Crier went to kiss her hand and told her she was the most beautiful girl in Hurstpierpoint. "I bet you say that to all the girls," she quickly replied.

Ashley & Thomas was founded to give Gill her creative outlet and enable her to meet local people. The shop name was created from the maiden names of Beryl (Thomas) and that of her best friend's mother, Joan Ashley.

The shop is, in many ways, the culmination of Gill's buying experience. She is always looking around to make sure that the products she is selling are genuinely different.

In store you will find amazing jewellery from Italy, Spain and China. Gill also loves sourcing the Silver and Cubic Zirconia jewellery from London's Hatton Garden. She imports pearls and crystals from the Far East, which means she can offer great prices as she cuts out the 'middle man'. You will find many beautiful scarves and a wealth of different and fragrant toiletries from Portugal, Spain, the USA and just down the road in Lewes.

For Gill, Rebecca and Tracey, who all work in the store, it's about helping someone to buy a present that is different, whether thats for someone else or themselves. "We love the opportunity to make suggestions and offer ideas to make up the perfect outfit for bridal, prom and ball events." Gill is very proud that three couples have come to her for help in sourcing engagement rings. One couple actually got engaged right there in front of her in the shop. "I also love it when small children come in looking for a gift for their mum." Whatever the occasion, they will know the right questions to ask in order to help you find something very special.

For the store's three year anniversary, Gill is planning some celebrations for the week beginning 4th May. Customers will be able to enjoy a glass of bubbly while they browse, plus there's a free gift with all purchases over £20.

Gill loves living in the vibrant community of Hurst, with so many fascinating and friendly folk around. "I want to say to the village that it's been a pleasure to serve you over the past three years. And thank you for your custom, friendship and chats!"

You can find Ashley & Thomas at 54A High Street and it is open Tuesday – Saturday, 10am – 5pm.



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# Old photos unearthed

## LOCAL HISTORY

Residents Anthony and Sarah Parham found these old photos in their new house when they bought Grapevine Cottage. But they didn't have any dates - can anyone help the couple locate them in time? "We know the shop, now our dining room, has been a handbag shop, fishmongers, office, jewellers and saddlers over the

years and this shot must be Victorian, along with the street shot, we think," Anthony comments. The couple have taken up to date shots to compare them with.

Grapevine Cottage was built circa 1450 and still features one of the only village bread ovens in the back of the fireplace in the home.



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# Opera concert in Village Centre

Heber Opera, a Sussex-based opera group that regularly performs in Hurstpierpoint, is bringing a concert to the Village Centre on Sunday 24th May, starting at 6pm.

Heber Opera has been singing opera in English in its trademark 'in the round' productions at venues all around Sussex for 23 years and has a large following. Founder and producer of Heber Opera's productions, Roger Clow is taking a sabbatical year in 2015, so Heber's singers and Musical Director Michael Withers have taken the opportunity of exploring operatic extracts from many centuries and composers. The theme is Myths & Legends and will feature ensemble and solo items.

Tickets are £12 (£10 concessions) and can be obtained either from the online box office at [www.heberopera.ticketsource.co.uk](http://www.heberopera.ticketsource.co.uk) or by telephoning 01273 495220 during office hours.

To keep up to date with Heber Opera events, visit [www.heberopera.co.uk](http://www.heberopera.co.uk) or Facebook [www.facebook.com/Heberopera](http://www.facebook.com/Heberopera). Or join our mailing list by emailing [jenny.letton@btinternet.com](mailto:jenny.letton@btinternet.com) for regular updates.



## Successful Open Gardens

Last year Hurstpierpoint Open Gardens raised £6,000 for St Peter & St James Hospice. The event enables visitors to get into numerous private gardens in the village and enjoy them for one special day. Organiser Prue Heron said: "We are hoping to make another sizeable donation again this year and we already have some lovely local gardeners who are generously opening their gardens to visitors on 14th June 2015."

More details of this year's event will be published in the next issue of Hurst Life. However, in the meantime, if you have a garden that you would be happy to open Prue would love to hear from you. This year's open gardens are clustered around the Cuckfield Road area of Hurstpierpoint, nice and near to Trinity Road car park, and will provide a variety of interest to suit everyone. As with previous years, the community bus will be running a circular hop-on, hop-off shuttle service.

Phone Prue on 01273 835064 (or email [prueheron@gmail.com](mailto:prueheron@gmail.com)) if you have any questions or could contribute whole gardens, plants or cakes!



## University of the Third Age turns two

The Hurst, Hassocks and Ditchling U3A is celebrating its second birthday this month as it draws close to welcoming its 300th member.

Hurst resident and chair Liza Greaves says: "We are open to everyone in their 'third age', retired or on the way to retirement, and through monthly speaker meetings, a variety of trips out and more than 40 interest groups our members have made new friends, learned new skills or are pursuing new interests across the three villages."

Members can learn new skills such as saxophone, chess, languages, various crafts, computer skills and bridge in study groups which all accept novices. Shared interest groups, for example a poetry group, music

appreciation, women's studies, play reading and history run, as well as groups that revolve around socialising and groups to help you keep fit like walking and gardening.

All members can attend speaker meetings at the local village halls, which cover a range of topics. The next is 'Tom Crean, an unsung hero of the Antarctic', held at Hurst Village Centre at 2pm on Friday 15th May. Non-members are welcome but will pay a £3 entrance fee.

There will also be a small exhibition in Hurst library which will run until 4th May.

Anyone interested in finding out more can visit the website: [www.u3asites.org.uk/hhd](http://www.u3asites.org.uk/hhd)

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## Flirting with the Downs 25 miles / 41 km

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<https://connect.garmin.com/course/8971373>

### By Ashley Knowles

This month's ride gives you an excuse to visit the charming downland settlements of Steyning and Fulking, where there are good places to refuel and enjoy a break. Cycling between fields and hedgerows that are beginning to come alive, you'll flirt with the Downs, avoiding the busiest roads most of the way round.

You can ride the route with any roadworthy bike – if you have a cyclocross or mountain bike, you'll have the option of enjoying a section of the Downs Link. Either way, you should manage the distance if you're at least moderately fit. All the climbing on this route comes in the second half and you'll finish by tackling the intimidating Clayton Hill from the easier of its two sides – if this is your first time, take it gently and surprise yourself!

From the centre of Hurstpierpoint, head west towards Albourne. A right and a left at the bus stop will take you on to the B2116, signposted for Henfield. Now you can pick up speed as you follow the road gently downhill, past the greyhound training kennels and into more open country, until you reach the junction with the A281. Turn right here and follow the A-road for a mile and a half, then turn left, back on to the B2116, now heading for Partridge Green. After another mile and a half you'll reach a T-junction, where you'll turn left on to the B2135 towards Steyning, immediately climbing over a railway bridge.

Within half a mile, look out for signs for Stan's Bike Shack on your left. This is a great place to stop for a coffee and, should you need it, a spare inner tube and friendly advice. From here you can follow the Downs Link south to Bramber if you wish, bailing out on to a farm track before a surprisingly muddy section at the end. Otherwise, just stay on the road for another four miles until it meets the A283 at Washington.

Turn left to join the fast-moving Steyning bypass, then almost immediately – and very carefully – escape from it by turning right into the village itself, with a fine choice of places to stop for cake. Follow the road as far as the roundabout beneath Bramber castle and go straight across, through Bramber and Upper Beeding.

At the end of the village, turn left on to the A2037. The climbing starts now, with a mile and a half on the A-road before you turn right towards Fulking. With the Downs at your shoulder, the road tilts up and down through open country. You'll have to deal with a series of short climbs,





some of which are quite sharp, so don't overdo it. Water running off the hills overflows across the road in places, so be careful on the descents if it's rained recently. After four miles, follow the road through Poynings and to the left away from the Downs, then half a mile later go across the roundabout to join the A281, signposted for Pyecombe.

After a mile, look out for a cycle path on the right immediately before the A23 slip road. Follow the path for two-thirds of a mile, then cross high over the A23 and immediately turn right past the traffic barriers on to Church Hill and a very short but stiff climb. Then turn left on to the A273 and Clayton Hill. Try to settle into a rhythm on the way up, and congratulate yourself when you get to the top. Be very careful on the descent, which is steep and bedevilled with loose manhole covers. At the bottom of the hill, turn left and follow New Way Lane back to the B2116 and home.



The Sussex Nomads Cycling Club is a long-established club based around Ditchling with over 100 members who cycle for pleasure, fitness and sport.

Prospective new members are always welcome on club runs –just turn up at 9am any Sunday at Ditchling Village Hall, or visit our website at [www.sussexnomads.org.uk](http://www.sussexnomads.org.uk) and follow the link to our online forum for full details of coming events. If you're new to group riding, our Come & Try It rides are for you – they're normally held on the first Sunday of the month throughout the summer.



## In this together

The world of business can be a lonely place but right here in Hurstpierpoint there is a wealth of help and support as a local group of business women get together on a regular basis.

Hurst Women in Business was started nearly four years ago by village resident Tracey Boverhoff after she had set up and run a similar group when she previously lived in Northamptonshire seven years ago. That group is still running to this day but she was prompted to start something here when a friend was starting a new business and had lots of questions. "I knew first-hand just how useful it can be to have access to knowledge in an environment where it's safe to ask anything. So I asked around if others were interested and we gradually built Hurst Women in Business (HWIB)."

The group is open for any woman running a business or who is self-employed living in Hurstpierpoint or the surrounding local area. "We aren't strict on geographic location," said Tracey, "but we do have rules about competing businesses." The group is only open to a business or trade that isn't currently represented by the membership. "That is simply because it changes the vibe in the room if you are worried about what a similar business might be thinking or learning from you."

HWIB meets on a monthly basis at Mabel's Emporium (owned by member Emma Haward) in Burgess Hill. The form of meetings can vary from month to month. The group recently had Paul Dallibar from Chichester University as a speaker. HWIB member Lisa Dickson recalls: "I learnt lots of useful information on business development and also small business grants that are available both locally and in London."

Lisa works on scenery for professional theatre and events, such as London Fashion Week and the Olympic opening ceremony. She has recently finished painting scenery for The Twits at the Royal Court in London and the set for the production of Ah Wilderness at the Young Vic. "For me," she explains, "HWIB is about finding out how others do business. The business world can have a



completely different language; even between sectors. As someone who works on her own, I enjoy hearing about the challenges and joys of other types of business."

The group enjoys a 'mixed bag' of individuals amongst its 15 members. Some have long-established businesses, while others are new to the concept. As part of the meetings there is opportunity for members to either showcase their work or even practise an important presentation in front of an audience.

Another member, Clare Huggett, says that the networking and support group is a lot about trust: "It's a safe place to share ideas, concepts and even ask stupid questions too. It's great to have that freedom at HWIB. Life can be busy at home as well as work and it's not always easy to find time to talk about the business with loved ones."

Tracey, who is a travel consultant and has run her own business for over 12 years, makes clear it's not all about business: "Whilst we meet for two hours every month, we also enjoy the summer and Christmas evening socials too! Seeing each other regularly means that good friendships are made through the group too.

"We also tend to find that a good amount of work is passed around between the group as they seek to use those they know and trust."

Hurst Women in Business is looking for various sectors to join their number, including an HR consultant, a social media specialist, web designer and a marketer. Applications should be made in the first instance to Tracey Boverhoff via email to [tracey.boverhoff@travelcounsellors.com](mailto:tracey.boverhoff@travelcounsellors.com). Quarterly membership is just £15.

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## Village charity launches new initiative

Hurstpierpoint resident Paul Huggett made a decision to do something positive after his world collapsed around him not once but twice.

Paul's first wife Pam was diagnosed with breast cancer in 1990 and died in 1994 leaving him to bring up their two daughters aged just seven and four. He was in great need of help and support to cope with the situation he now faced but was unable to find anything that really suited him at the time.

Paul married again in 1999 and was devastated when Bridget developed breast cancer a year later. He and the family battled through the tough times all over again but in 2007 she sadly passed away.

It was at this point that Paul made a throwaway comment to Bridget's former consultant after he asked what he was going to do now. "I'm going to start something to help support those of us caring for and supporting our loved ones and those left behind." The response he got from the consultant was overwhelmingly positive, as he recognised the great need. It wasn't long after that Paul gathered together eight individuals at his home to formulate a plan which would become Cancervive.

Cancervive is run from an office in Paul's home on Western Road and it simply offers help, from personal experience, for family, friends and colleagues of cancer patients. The registered charity has five trustees and seven volunteers.

Paul continued: "We basically say 'you don't have to go through it alone'. Many of us, as carers of our loved ones, can't admit that we also need support and someone to talk to. When I first found someone to talk to, I just wanted to let it all out. After I did, it actually helped me move on."

Cancervive has a telephone helpline, runs support groups, an online forum and can also provide home visits and one-to-one support. Later this month the Charity will be partnered by The Olive Tree Cancer Support, Jigsaw 4 U and St Catherine's Hospice to provide a drop-in centre specifically for the use of teenagers. The

centre will be based in Crawley Hospital. Paul's daughter Rebecca, and co-founder of Cancervive, quoted: "Talking to like-minded teenagers who understand without judgement and sharing their own personal experiences."

The new Teenage Support Group will be starting on 14th May.

For more information about Cancervive and our services, please visit [www.cancervive.org.uk](http://www.cancervive.org.uk). Or contact us on 01273 834912 or email [info@cancervive.org.uk](mailto:info@cancervive.org.uk)

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# Creemas catalanas

FINE FOOD



## Creemas catalanas

(serves 4)

- 1/2 sheet gelatin
- 1/2 teaspoon agar
- 1/4 cup full fat milk
- 3/4 cup double cream
- 1/4 cup granulated sugar
- 1/2 teaspoon dried lavender
- 3 large egg yolks

Bloom the gelatin in a bowl of iced water.

In a saucepan over a high heat, combine the agar and milk and bring to the boil. Remove from the heat and allow to cool.

In another pan, again over a high heat, heat the cream with the sugar and the dried lavender. Whilst this is heating, whisk the egg yolks in a separate bowl. Pour the cream mixture into the yolks, whisking constantly. Rinse out the cream pan and strain the mixture back into the rinsed out pan and whisk in the milk mixture. Return to high heat, stirring constantly, and add the bloomed gelatin and stir until dissolved.

Pour the mixture into silicone moulds and allow to rest until set. You can now freeze this. When needed, take out of the moulds and set on the plates you want to serve them on and allow approx two hours in fridge to defrost.

## Sangria reduction

- 1 cup sangria
- 1 tablespoon granulated sugar
- 2 tablespoons glucose syrup

In a saucepan over a high heat, reduce sangria with sugar to about a 1/4 cup. Stir in glucose syrup and cool.

Cut a blackberry in half and serve as photo.

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Hurst Life

Head Chef at the New Inn, Pete Hampson, shows us here how to create a Cremas Catalanas with almond-cocoa nib praline and sangria reduction. Pete has lived in Hurstpierpoint since he was two and his ambition is to complete his recipe book before he gets too old to remember all the recipes!



## Almond-cocoa nib praline

1/4 cup granulated sugar  
1 tablespoon water  
3/4 cup almonds  
1/2 teaspoon baking powder  
1/2 tablespoon sea salt  
1/4 cup cocoa nibs  
(available from most health food shops)

Preheat oven to 180C. Over a high heat, in a pan, heat the sugar and water until caramelised.

Place almonds on a sheet of baking paper on a tray and bake until toasted. About 6-7 mins. Whilst still warm add them to the caramel.

Add baking powder and stir until evenly dispersed. Be careful, this can cause the caramel to spit.

Pour mixture on to flat surface and allow to cool. Add to food processor and blitz, adding the cocoa nibs and salt, until a fine crumb is achieved. This will store in an airtight container for a couple of weeks.

Serve as the photo suggests and enjoy.



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The advertisement features a yellow background with a large '50' logo at the top. It includes two circular inset images: one on the left showing a man in a top hat working with a large mushroom, and one on the right showing a person standing next to a large mushroom in a forest. The Kew logo is at the bottom center.



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Photo: Suzanne 30 May 2015



**5 MINUTES WITH...**

## Steve Wadman

**How long have you lived in Hurstpierpoint?**

I moved here with my son Jamie to Western Road in 1998.

**What's the best thing about being here?**

Hurstpierpoint is still a proper village with our wonderful selection of shops and village community. I just love to walk into the High Street and cannot help but bump into people I know and it feels so good to be part of this lovely village.

**Favourite ice cream flavour?**

I was diagnosed with coeliac disease last year so its gluten free vanilla for me these days.

**How many houses have you lived in?**

10 houses and 1 flat.

**Do you share your home with anyone?**

My amazing wife Shelagh and my Triumph Tiger 800 motorcycle.

**Song you play the most?**

Riders on the Storm by The Doors. Just a brilliant soundtrack to get up and dance to and brings back many happy memories from my late teen years.

**Mac or PC?**

Mac and everything Apple at home and PC at work.

**Your most frequented village shop?**

Hampers Deli.

**What's your proudest moment?**

Being present at the birth of my two sons and being able to read out the tribute to my very special Mum without breaking down at her funeral in January this year.

**Coke, juice or water?**

Green tea, Fortnum and Masons Royal Blend loose leaf tea and all taken with the elixir of life!

**Your advice for life?**

Live life to the fullest every day, lots of laughter and surround yourself with family and a few close true friends.

**If you'd like to take up the '5 mins' spot or recommend someone else – email in the answers and a photo to [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk)**

# Big Band VE Day Dance

reMEMber, the Hurstpierpoint/Hassocks based charity which helps people who have ME (Myalgic Encephalopathy, also known as Chronic Fatigue Syndrome) has events taking place this month.

A VE Day Anniversary Dance takes place at Danny House, Saturday 9th May 7.30pm. Dance or listen to the Glenn Miller Big Band Sound with Michael Gverny, Jo Kimber and Helen Bartlett. Sponsored by Mishon Mackay. Tickets £20 (includes light supper) from Mishon Mackay or the Mint House. Or by post from reMEMber.

Then, later in the month, the ME Awareness Conference is on at Martlets Hall, Burgess Hill, Saturday 30th May at 2pm. Key speakers are Dr Charles Shepherd (medical adviser to the ME Association), Dr Clare McDermott on research and her work with severely affected patients, and Sue Luscombe, dietician, on irritable bowel syndrome and helpful diets. Tickets £3 available from reMEMber.

reMEMber has always operated from Hurstpierpoint and our focus has always been on local adults and children who have the disease. However, we immediately attracted interest from patients all over Sussex and beyond.



## School Summer Fete planned for June

St Lawrence CEP School will be holding its annual Summer Fete on the school playing field.

The fundraiser for the school PTA is a fun afternoon for all the family! Stalls, games, food and drink.

Emma Buckley, treasurer of the PTA, commented: "We will have around 30 stalls, including our extremely popular barbeque and Beer/Pimms tent."

In addition to the 30 stalls on the field, there will be an inflatable assault course, craft stalls, face painting, hook a duck. The children's stalls include items for sale that they have made themselves.

Last year the barbeque sold over 450 hot dogs and the event raised over £6,000 that was put towards the school buying additional laptop computers.

This year's event takes place on Saturday 6th June between 12pm - 3pm.

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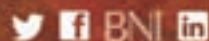




Photo: Hattie Parish

## Up to date with the Village Fair

### By Linda Levett

Seven hundred and two years; what an amazing feat! It is up to us to keep this incredible tradition alive and thriving. Our fair is one of the oldest in the UK.

The fair committee is already working very hard to ensure that this year's fair is as good as, if not better, than last year's! They need our help to spread the word - we need a variety of stalls and exhibitors, crafts and goodies, to keep all our visitors interested, young and old. It is the perfect venue to advertise and sell your wares.

### Casino Night

Hurry, hurry, hurry - nearly all the tickets for the Casino Night in the Scout Headquarters, Trinity Road, on Saturday 16th May have gone!

The evening commences at 7pm in The New Inn and your £10 ticket includes a drink and canapés! Tickets are available from The New Inn, Clifford Dann and Vanilla. Once you have had your drink and canapés, it is over to the Scout Headquarters to place your bets.

Once you have your tickets, the only other thing you need to do is plan your attire. Black tie or lounge suits for the gentlemen, please - and glamorous ball gowns or posh frocks for the ladies. Be an amazing part of the 'Hurst Scene' on this very special night.

### Quiz Night Tuesdays

The New Inn are now holding monthly Quiz Nights; the first Tuesday in every month 7.30pm for 8pm. Entry is only £2 per head and all money raised is going directly to support the fair. There is a round of drinks for the winning team! All we need you to do is get a team together, maximum of six, and come along. It is great fun with questions and picture rounds to suit all ages. In fact, if you have a mix of young and old it really helps! Some of us are good at general knowledge - whereas others are good at sport and/or music. Plus, it is to support our fair!

### Hurst has Talent

The committee are holding 'Hurst's Got Talent' again this year for children under 16. This will be held in The New Inn on Saturday 6th June, from around 4pm after the St Lawrence School Fete. If your child would like to apply, please email [stlawrencefair@gmail.com](mailto:stlawrencefair@gmail.com) to register their interest. Get them rehearsing now to become stars of the village!

### Live Bands

On Friday evening 3rd July, we will be enjoying live bands again at the Recreation Ground, South Avenue, to get us in the mood for the busiest weekend of the year in Hurstpierpoint! The new bar will be open too.

### Parade - Hollywood

The theme this year is 'Hollywood' so get your thinking caps on and design floats for the parade. We still have room for a few more floats. Is there a team of cheerleaders out there to join in? Any USA classic cars? We need you to make the parade really special! Give the lads with their water guns something to really aim for...

### Beer Tent

I am sure many of you were delighted with the Beer Tent last year - NO QUEUE! Well, this year it will be even better. There will be a beer section AND a wine section. The committee are even giving it a brand new name. All to be revealed at the Casino Night!

Between now and Saturday 4th July we will update you each month with what is happening and we welcome any ideas and suggestions you may have.

# What's on this month

## AT THE VILLAGE CENTRE

### May

- 5th **The Hurst Afternoon Club** – AGM – 2.15pm  
12th **Hurstpierpoint Horticultural Society** – 7.30pm  
24th **Heber Opera performance** – 6pm  
'Myths & Legends' ensemble and solo items  
(Tickets £12 from 01273 495220)



## Albourne Family Fun Day coming up

Albourne School will be holding their Family Fun Day on Saturday 20th June at the school in Albourne.

It is a traditional fair that includes stalls plus arena events throughout the afternoon set in the school grounds surrounded by beautiful countryside.

All are welcome at the event which takes place between 2pm and 4.30pm.

## AND ELSEWHERE

### May

- 3rd **H'point Bluebell Circular** – Mid Sussex Ramblers 10.30am, 5.5 miles. Meet at Trinity Road car park. (Route: Cuckfield Road – Hurstpierpoint College – Hassocks Golf Course – Danny – Tott Farm)
- 8th **Hurst Film Club – '71** (15)  
Players Theatre, High Street  
Doors open 7.30pm. Tickets from £4  
(www.hurstfilms.com)
- 9th **VE Day Anniversary Dance** – 7.30pm  
Danny House, Hurstpierpoint  
The Glenn Miller Big Band Sound  
(Tickets £20, which includes a light supper, available from Mishon Mackay or Mint House)
- 9/10 **Oldland Mill Open Weekend** – 2-5pm  
Keymer Mill open for viewing as part of the National Mills Weekend
- 15th **Hurst, Hassocks and Ditchling U3A** – 2pm  
Adastra Hall, Hassocks  
Tom Crean: The Unsung Hero of Antarctic  
Exploration talk by Michael Smith  
Non-members entrance cost £3  
(www.u3asites.org.uk)
- 16th **Casino Night Fundraiser** – 7pm  
Starts in The New Inn, then moves down to the Scout Headquarters, Trinity Road  
Tickets £10 – part of Village Fair fundraising  
(Buy tickets from New Inn, Clifford Dann and Vanilla on High Street)
- 17th **Spring Plant Sale** – 10am  
Albourne Road Allotments  
(www.hurstallotments.org.uk)
- 19th **Senior Moments** – 11.30am  
Hurstpierpoint Evangelical Church  
lunch served at 12.30pm. Cost £6  
(Margaret Back 01273 834485)
- 21st **Hurst Film Club** – Pride (15)  
Players Theatre, High Street  
Doors open 7.30pm. Tickets from £4  
(www.hurstfilms.com)
- 26th-30th **Hurstpierpoint Players 'Steel Magnolias'**  
8pm – Players Theatre, High Street  
(Tickets £10/£8 from Vanilla or 01273 834506)
- 28th **Cancervive Charity Golf Day** – 9am  
Cuckfield Golf Centre (Book your place - £45 inc BBQ - on 01273 834912)

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