

Hurst Life

Including Sayers Common & Albourne

Local village talk,
by the village

Issue #12 : March 2016



Are you Wedding ready?

p. 22

New shops on the High Street

p. 10

See the Albourne Pop-up Pub

p. 24

Would you like an increasing monthly income?

- ✔ **Make money** by helping people save money
- ✔ **Full professional training** and ongoing support
- ✔ **Award-winning** British PLC
- ✔ **Choose your hours** to suit your life
- ✔ **Achieve your own** personal goals
- ✔ **No experience necessary**



How much extra would you like to earn?

★ **Call Gail today on 01273 987432**
for more info and an informal chat



OPPI

EDITORIAL

By David Tingley, Editor

I'm pleased to say that this March issue is packed with lots of great local content. It is also our **first anniversary** edition! I would like to say a big thank you to readers and advertisers alike who have supported the magazine since we started up last year. Many have sent in stories, told us about events, shared news and photos, and hundreds have liked us on Facebook too.

Reaching a year is a milestone for Hurst Life. I do hope we have introduced something new and positive in this **terrific village community** - certainly our feedback has been overwhelmingly positive over this past 12 months. I am always grateful to receive ideas, suggestions and thoughts from readers, so don't hesitate to **get in touch** via email at editor@hurstlife.co.uk or by phone on 01273 796026.

Please continue to **send in your articles**, but also please remember to call and **use our advertisers**. This large band of local businesses has been tremendously supportive and, I'm happy to say, has caught my vision for a new ultra local magazine just for Hurstpierpoint. These businesses make it possible for both myself and my editorial assistant Lucy Webb to enjoy doing our jobs month by month, as we create a magazine specifically tailored to this village.

Our regular **Village People** feature this month goes to resident and drummer-extraordinaire **Teri Bryant**. Lucy spent time with him recently and got the low-down on what makes him tick (or tap!) - see **page 18**.

On **page 32** we go behind the scenes on what happens to our **recycling** after it leaves our blue bins.

Peter Hampson cooks up a delicious looking pudding on **page 26**.

Jackie Flower takes part in our fun feature '5 mins with' on **page 21**.

And, as ever, **news** starts over the page, and the **What's On** guide is residing at the back on **page 34**.

Enjoy, and thanks again!

Is 2016 time for a change?

PRB accountants
the accountants you can count on

Services include:

- Accounts preparation
- Outsourced bookkeeping
- VAT compliance
- Payroll bureau
- Company secretarial
- Audit
- Corporate tax compliance
- Corporate tax planning
- Personal tax compliance
- Personal tax planning

Issue #12 - March 2016 -
4,200 copies printed

Next magazine copydate:
18th March 2016

Next magazine published:
1st April 2016

Hurst Life

The Barn, Hurstwood Grange
Haywards Heath RH17 7QX

Telephone 01273 796026
www.hurstlife.co.uk

Editor: David Tingley
Assistant: Lucy Webb
<editor@hurstlife.co.uk>

Advertising: Emily Billson
<ads@hurstlife.co.uk>

Disclaimer: The opinions expressed within the magazine are of the individual authors and not necessarily those of the editors. Whilst the editors welcome contributions & photographs, this is on the understanding that there is no obligation to include them and that the item may be edited & that there is no breach of copyright. Neither the editors nor the publisher accept any liability in respect of the content of any article, photo or advertisement.

Hurst Life
Published by Kipper



David Gingell
Across the roof towards
Holy Trinity Church

Chris Whitley-Jones



For further information or to
arrange a FREE chat with
Chris call **01444 458252**

WEB
www.prbmp.com

TEL
01444 458252

Kingfisher House, Hurstwood Grange, Hurstwood Lane
Haywards Heath, West Sussex RH17 7QX

NEWS

We'd love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@hurstlife.co.uk



Pop choir return gig

A popular community choir returns to Hurstpierpoint next month.

Soul of the City is a fun, friendly choir singing pop, soul and gospel classics in three and four part harmony from the likes of Coldplay, Elvis, Chaka Khan and Florence and the Machine.

They will be 'raising the roof' and singing their hearts out to raise money for charity at their end of term concert on Saturday 2nd April at Holy Trinity Church. Doors open 7pm, with the music starting at 7.30pm.

Tickets are £6.50 (£5.50 concessions) and will be available on the door. For more information and to find out more about the choir email soulofthecitychoir@live.com or see the website: www.soulofthecitychoir.com



Kids sing at The O2

Over 90 pupils from St Lawrence Primary School recently took part in a huge event at The O2 in London as part of a musical theatre trip.

The children, from Years 3-6, spent the whole afternoon in rehearsals with the other eight thousand singers at the venue, with a public performance later that evening.

Andy Barbour, mum to Holly, commented: "It was an emotional experience, not just for the children but for the parents too, hearing 8,000 children singing together with endless energy and enthusiasm. Big thanks to Miss Dickason and Mrs Evans for enabling the pupils to take part in this memorable event."



**HASSOCKS
EYECARE
CENTRE**

What do we care about?

The way we treat you

"The level of personal care I received was outstanding"

See online for more testimonials

Investing in the best technology available

Retinal photography
Macula scanning
Glaucoma testing
Contact lens fitting

Offering an amazing choice of frames

Silhouette
WILLIAM MORRIS
Joules

We offer a promise of care and service
17 Keymer Road, Hassocks, BN6 8AD
www.hassockseyecare.co.uk

Call or visit us now **01273 843946**

Leading the way in quality care



**ELITE CHOICE
HOME CARE**

An independent provider of superior quality home care based in Hurstpierpoint.

From our new office in Hurstpierpoint Hight Street, our highly experienced team of Carers can deliver a comprehensive range of care services to people within our local community and surrounding areas.

Our services include:

- Personal Care
- Administration of Medication
- Companionship
- Shopping and meal preparation
- Laundry and light domestic duties

All our Carers are DBS checked and insured and either hold or are working towards a recognised care qualification.

To discuss how we can provide the very best care, tailored to your individual needs, please phone us on 01273 840625 or make an appointment to pop in and meet us.




101 High Street, Hurstpierpoint, West Sussex, BN6 9PU
Tel: 01273 840625 E-mail: admin@elitechoicehomecare.co.uk

Traders Association is all change



Hurstpierpoint Traders Association has recently had a change in leadership with David Hampson and Gill Blackburn being appointed to co-chair the organisation.

The pair take over from Lucy Driver, of Southdowns Cellars, who chaired the group for three years. "All of us are tremendously grateful to Lucy," Gill commented. "She did a great job over a long period of time. Our job is now to follow in her footsteps and we are both very excited about this next chapter in Hurstpierpoint's shopping history."

The group has its first meeting under the new leadership at the beginning of this month and there will be plenty of ideas on the table for traders to collectively consider in order to make an impact on the village shopping experience. "There is lots to be positive about in Hurst," Gill continued, "and that's what we will be focusing our attention on now as a Traders Association."

Getting the party started in Hurst for St Lawrence Fair

The committee for the Hurst summer tradition - St Lawrence Fair - have come across a new and innovative way to raise funds.

Hey Mr DJ is a party where your friends from the village could be spinning the tunes. The group put out calls to all budding DJs earlier in the year, and now the names have already been drawn for the 14 DJs who will be keeping your feet dancing during the night, held at the Village Centre on Saturday 5th March, starting at 7.30pm.

Although entry is closed for DJ applications, there is still time to buy your tickets to go to the event. All attendees will get the chance to vote for the best DJ of the night too.

Tickets can be purchased for £10 from Vanilla, on the High Street, or online at the website: heyMrDJ.eventbrite.co.uk

If you wish to keep up with event as it gets closer, or to hear preview tracks from the DJs, follow @StLawrenceFair on Twitter, or join the St Lawrence Fair group on Facebook.

Knitting Workshops

Tabatha Thomas offers a range of creative and inspiring knitting workshops and knit and natter groups in and around Sussex.

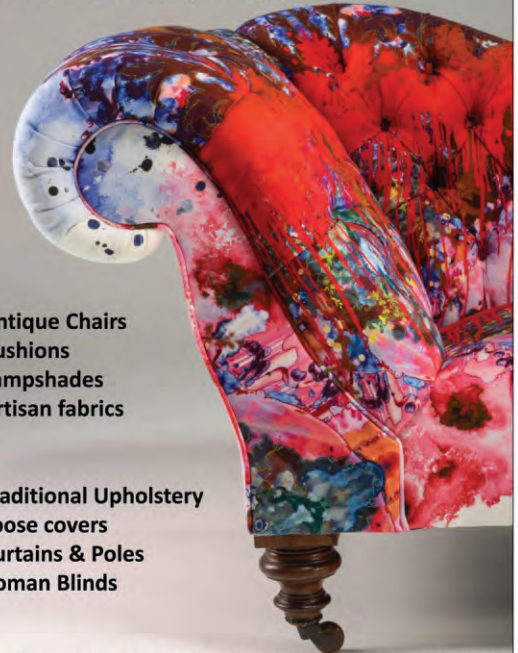


Workshops are relaxed and friendly and the number of attendees is kept small so that everyone can get all of the individual attention they need. There is something for everyone from complete newbies to experienced. Come and learn a new skill or brush up on an old one!

Contact Linda Brown: info@tabathathomas.co.uk
07746 121967 | www.tabathathomas.co.uk

Re-Seated .co.uk

Artisan upholstery & Soft furnishings



Antique Chairs
Cushions
Lampshades
Artisan fabrics

Traditional Upholstery
Loose covers
Curtains & Poles
Roman Blinds

Please contact to book your home design appointment
helen@re-seated.co.uk / 07860 507483



Scarecrow Competition at Spring Show

Children! Now is the time to let your imagination run riot and make the most wonderful and original scarecrow to enter (free) into the children's scarecrow competition. The competition will be judged by members of the public and there are prizes of £10, £5 and £2 to be won.

'Memories of Autumn' is the subject for our photography section and, after the beautiful autumn we had last year, the organisers are hoping for some wonderful photographs. Again, the photos will be judged by the public, as will the floral art. As well as the 'normal'

flower arrangements, the quirky subject this year is 'An arrangement using a piece of wood, a length of wire or wire netting and flowers and container of choice'. There will be a cookery section and all the usual daffodils and other spring flowers, plus the pre-school playgroup's enchanting artwork and the Horticultural Society's bargain plant sale.

The Hurstpierpoint Horticultural Society Spring Show and Plant Sale takes place at 2.15pm on Saturday 19th March in the Village Centre, with tea and home-made cake all afternoon; raffle and Grand Auction at 4pm. Exhibiting is free, and schedules with all the necessary information are available from Gibsons the greengrocers in the High Street or email greenhpp@tiscali.co.uk

Have you always wanted to be Fitter? Healthier? Slimmer?



Aspire
FITNESS SOLUTIONS



Fun Intensive Training (FIT). Helping make Hassocks fitter for the last 7 years!



Since starting to train with Aspire in April Nikki has lost well over 2 stone: "Not only have I lost weight and become fitter again, I haven't felt so well in years!"

Nikki - Hassocks



"I joined Aspire in February and it has completely changed my life. Jane's approach is suitable for people of all ages, shapes and sizes. I've lost weight, my skin is clearer and I have so much more energy"

Briony, Hustpierpoint

The 5 Key Benefits of Training with Aspire

Life Feels Better!

Your energy will increase, your stress levels will drop and you'll gain in confidence.

Fitness Improves

You will be able to lift heavier things and do tasks that before seemed difficult for you without getting out of breath.

Health Improves

Joint pain lessens, headaches reduce, symptoms of disease improve and your chances of getting chronic illness will come down dramatically.

Clothes Fit Better

You may even have to buy new ones!

You'll Have Fun

As well as working hard, we love to laugh and socialise. Aspire is an amazing community of varied people you'll be truly inspired by.

"You will achieve more than you might believe is possible"

Bold Claims??

These are results our clients have told us they have had from training with Aspire. Read more about their success at: <http://www.aspirefitnessolutions.co.uk/success-stories>



Book your free consultation NOW

Call: 07561 10093

Email: jane@aspirefitnessolutions.co.uk

Download our free diet report here: <http://www.aspirefitnessolutions.co.uk/real-food-dieting>

High Street meeting planned

By Maddy Dunkley

As described in last month's magazine, I was concerned to see a number of shops close and move out of our High Street in recent months (although I recognise that there are already a number of those units which have been occupied by new businesses recently – which is great news!).

We held a small gathering last month and some very positive ideas were put forward. Steve Whitehead from the Parish Council was also able to attend.

What came out of the discussion was a focus on two issues which are affecting our village High Street at the moment: parking and the new road layout.

Various ideas about car parking were raised. For instance, the meeting learnt that a number of spaces in the Brown Twins Road car park are going to be changed to short term spaces – which is hoped to be better for shoppers.

In terms of the road layout, it was accepted that wider pavements are generally better for pedestrians but vehicles are still forced to mount the pavements – which is a great cause for concern.

There is a lot going on, including the traders working on their own strategy, but I have organised a public meeting to be held on Monday 11th April, 7.30pm at The New Inn. Any questions for the Parish Council on that night may be emailed to me at: maddydunkley@aol.com



Simply Swim
For a lifetime's enjoyment in the water

Local baby and toddler classes
and after school swimming lessons

Personal instruction at your own pool is also available

Please contact Lucinda on **07986 111 820**
email: lucinda@simplyswimsussex.com
www.simplyswimsussex.com

**An ad here
starts at just
£30+VAT**



**This is your
Open Day**

**Family Woods Open Day
Bring your wellies!**

Saturday 19th March 2016 | 10:30am - 1:30pm
Tractor Rides, Woods Fun and Lunch

To secure your Open Day place, please contact
The Head's PA on 01444 483528 or visit
www.greatwalstead.co.uk and click on
the front page link to find out more.



**GREAT WALSTEAD
SCHOOL**

WOODS Holidays by Coach



Woods Travel based in Bognor Regis, has been serving the South with award-winning passenger transportation to destinations all over the UK and Continent for 45 years.

The family run concern owns its own fleet of 17 modern coaches, all offering plenty of leg room and plush seating for up to 53 passengers, providing customers with a journey that is as much part of the positive holiday experience as the destination itself.

With an eclectic choice of over 170 destinations available within their coach holiday brochure, Woods offers both the usual UK favourites such as The Lake District, Devon and Cotswolds as well as an Air Tour Programme to the Isles of Scilly, Jersey and Guernsey. If you're looking for an adventure further afield, the European programme includes tours of Ireland, France, Italy, Holland, Belgium and many more.

All coach holidays include door-to-door taxi transfers at the beginning and conclusion of the tour, with three and four star accommodation predominantly offering a half board service.

Woods holidays also offers inclusive excursions and a range of tours available for solo travellers with no single supplement.

As an ABTA bonded independent travel agency, Woods offers the widest range of tour operators, fantastic cruising destinations available through the Sussex Cruise Club and can provide expert group travel advice to those organisers who need help planning their perfect tour.

For your free brochure call 01243 871666 and quote 'Hurst'.





UK & Continental Coach & Air Holidays

Woods Travel have been in business for over 45 years, serving the south with award-winning holidays to destinations all over the UK and Europe

Door to door taxi transfer service
Inclusive excursions
Many tours with no single supplement

FOR YOUR
FREE BROCHURE
CALL
01243 871666
AND QUOTE
'HURST'



Park Road, Bognor Regis, PO21 2PX
www.woodstravel.co.uk
info@woodstravel.co.uk





Get arty at Poponin

The eternal question of how to entertain the kids may well have been answered with the opening of Poponin, a brand new arts and crafts shop and business owned by Jess Adams, and run with the assistance of Stacey Armstrong and the team.

What was the Mint House has been transformed, with wooden benches, funky wallpaper and art materials galore.

Jess and Stacey will help you choose a project, help you gather together all the bits and pieces you need and away you go. They're super helpful, but if you feel like you just want to be left alone to express your inner Van Gogh, they leave you to get on with it too.

Don't worry about making too much mess, it's all part of the creative process; and there are many projects to choose from, including painting masks and money

boxes, making jewellery trees and puppets, decorating mugs, designing your own sword, painting ceramics, the list is endless.

If you're faced with a school project and don't have the correct glitter/toilet rolls/tissue paper required to make that international space station, Poponin will help you create your masterpiece.

Poponin isn't just for kids, the space is designed for everyone to take part, with adult painting/craft parties available, and learning to knit, life drawing, learning to sew and many more workshops in the pipeline. Poponin would love you to get in touch if you're interested in teaching anything arts and crafts based, or just 'pop in' and check out the space for yourself.

Dawn Benson Accountancy Ltd

Chartered Certified Accountants

Local friendly service to meet all your accounting needs

- Limited Companies • Sole traders • Partnerships
- Self assessment • Registered office service
- VAT • Bookkeeping • Payroll

Call now for free initial meeting

Tel: 01273 833950

info@dawnbensonaccountancy.co.uk

www.dawnbensonaccountancy.co.uk



Richmond House
38 High St
Hurstpierpoint
West Sussex
BN6 9RG



pd electrical

Tel: 07411 132921

01273 317330

info@pdelectrical.net

Your friendly Hurstpierpoint village electricians.

NICEIC & Part P approved electrical contractors.

Covering all aspects of electrical works.

Fully insured.

Call today for a free visual electrical inspection with advice.



www.checkatrade.com/PdElectrical



Barbara opens new shop

Hurstpierpoint resident Barbara Barclay has recently opened a new shop at 92 High Street - where Leaping Hare Boutique used to be.

Barbara's background has been in the fabric industry for over 25 years and with BB Designs she will be continuing to produce bespoke hand-made accessories including nightwear, handbags, wallets and purses.

"The items are designed here in the village and produced in India by a very talented team over there," Barbara commented. She has access to an amazing range of fabrics produced by her husband's family, which has four cotton and two silk factories in India.

In addition to the gifts also available from the shop - cards, candles and soaps - Barbara will also be selling beautiful fabrics by the metre. These can be used for curtains, roman blinds and upholstery.

Barbara used to work for M&S but has run various retail shops in recent years. BB Designs opened its doors last month and is open Tuesday to Saturday 10am-5pm, with Wednesdays 10am-1pm.



MP visits flood prevention work in Sayers Common

Arundel & South Downs MP Nick Herbert visited Sayers Common in January to see work that has been carried out to prevent flooding in the village.

Judith Marsh, Chairman of the Planning & Environment Committee for Hurstpierpoint & Sayers Common parish council, invited Mr Herbert to see how money from Operation Watershed has been spent. They were joined by County Councillor Peter Griffiths, and drainage expert Nick Bailey of Town and Country Ponds Ltd.

They visited a section of one of the watercourses which has been extensively cleared and further dug out to enable water to flow away from the village. The watercourse was in a badly deteriorated state and caused surface water flooding.

Judith has acted as the Sayers Common flood 'champion' by leading the project to alleviate flooding in the village. An application was made for a share of Operation Watershed funds on behalf of the Sayers Common Village Hall committee.

The Sayers Common committee was awarded £21,740 of funding which paid for the work.

Hurst *Life*

**This space
yours for as little
as £55+VAT
per month**

Plus get one month
HALF PRICE!*

Interested?

Email Emily with your name, phone number and address to ads@hurstlife.co.uk today

*When you buy 3 or more months



EXTENSIONS • CONVERSIONS • RENOVATIONS

CONSERVATION & DESIGN 2014 AWARD WINNER, HURSTPIERPOINT SOCIETY

"I would definitely recommend Jamie and his team because they were reliable, respectful, tidy and completed the work to a high standard. Jamie drew up a contract with me before the work was started so I knew what to expect at each stage in terms of work undertaken and payments due. If additional work was recommended outside of the agreement, Jamie discussed different options and prices. All Jamie's team (i.e. painters, plasterers, electricians, roofer) were personable and respectful and the work was undertaken efficiently and with minimum disruption to me and my family".

Mrs M, Hurstpierpoint



To see other projects we have worked on visit our new website www.stylorenovations.co.uk

FREE ESTIMATES • SITE SURVEYS • EST 5 YEARS



Call Jamie at Stylo Renovations on 01273 634846 / 07766 914174



Sussex Osteopath and Complementary Health Clinic

Are you in pain or discomfort?

Pain can have a great impact on our day to day lives, often causing limitations and frustration. This can begin to affect our physical and mental wellbeing if action is not taken to remedy the situation.

Osteopathy & Cranial osteopathy provide a hands on approach to easing pain using a variety of techniques tailored to the individual to restore Freedom of Movement, Vitality and Relaxation.

Therapies available at Sussex Osteopath: Osteopathy & Cranial Osteopathy/Pilates 1:1 & 2:1/Sports Massage/Swedish Massage/Reflexology/Herbal Medicine/Nutritional Therapy/Food Intolerance Testing/Counselling

We also stock a variety of natural health products including well-known brands:

Weleda, Laughing Bird, Green People, Earth Friendly Baby, Tisserand, Faith in Nature, Vitamins & Minerals

135-137 High Street, Hurstpierpoint, West Sussex BN6 9PU

Tel: 01273 835 116 or email: info@sussex-osteopath.co.uk

www.sussex-osteopath.co.uk

Happy Easter from your Traders of Hurst
Please support your High Street



Please support Hurstpierpoint shops



*Take part in our
Easter Egg Hunt*

*Look out for the eggs
numbered in every shop to
WIN a prize!*

*Grab your entry forms
from any shop.*



HURST VILLAGE CINEMA

By David Saitch

March sees the launch of our new **Spring Season** of films, and we think the selection is a typically diverse set of terrific films, mixing the best of International, British and US independent cinema.

We open with one of the most acclaimed films of 2015 – **45 Years** – on Thursday 17th March.

The film tells the story of Kate and Geoff, a married couple who are planning a big 45th anniversary party. Then, a few days before the party, Geoff receives news from the past – the perfectly preserved body of his girlfriend from 50 years ago, who died in a freak accident, slipping into an Alpine crevasse while on holiday with him, has just been discovered. While this happened years before Kate and Geoff met, the discovery unsettles them both in different ways. Sensational performances from both Charlotte Rampling and Tom Courtenay illuminate this thought provoking and moving film.

Our Sunday Cinema screening on 20th March is another terrific recent British film, **Suffragette**. Carey Mulligan, Helena Bonham Carter and Meryl Streep lead the cast of a powerful drama about the women who were willing to lose everything in their fight for equality in early 20th century Britain. The stirring story centres on Maud (Mulligan), a working wife and mother whose life is forever changed when she is recruited to join the growing suffragette movement. Written and performed with hot-blooded urgency, this period drama is far from genteel.

Our **NT Live broadcast** in March, *Hangmen*, has sold out. Sorry if you were interested in seeing the play and have missed out on a ticket, but we are happy to put your name on a waiting list for returns if you contact us. We are currently waiting for news from the NT on future broadcasts.

All tickets can be bought from Mishon Mackay or online at www.hurstfilms.com

We look forward to seeing you at the Village Cinema soon.

Ladies' styling and men's cuts in a relaxing and friendly environment on the High Street

Book your appointment today, call 01273 831007

Hair Obsession

78 High Street, Hurstpierpoint BN6 9RQ
www.hairobsession.co.uk

Open: Tues - Fri 9am-5.30pm, Sat 9am-5pm

IMPROVE POOR POSTURE, FEEL BETTER AND FIND YOURSELF MORE RELAXED

- Improves posture and relieves related pain
- Can assist with stress-related illnesses such as depression
- Can assist people with mechanical problems, such as frozen shoulder, tennis elbow and arthritis
- Promotes muscle tone and general well-being

For more information call Michèle Mac Donnell Copeland (MSTAT) on 07805 644738



www.alexandertechniquehassocks.co.uk



Go wild at Wakehurst this spring!

Do you long to be immersed in nature? Your senses alive whilst you breathe in fresh air and rekindle both visual and audible feasts – all whilst satisfying every member of your family and their differing tastes? Wakehurst is offering a wild and varied programme of activities, from Easter holiday fun in March based on Pine Cones to a Wild Wood weekend of adventure over the May Bank Holiday.

In April, when the wild primroses give way to carpets of bluebells, there are 'Walks to celebrate spring'. These take place on the 24th and 29th April when there are guided walks of various durations from 45 minutes to two hours and they're free of charge.

Badger Watching evenings for adults and children start on Tuesday evenings from 12th April – 6th September and cost £12 for adults and £6 for children (to book, please call: 01444 894067), whilst the more specialist and combined Adult Education Kingfisher and Badger Watching evenings are taking place on 16th and 19th May from 5.50-9.30pm and cost £30, to include a light snack. To reserve a place please call: 01444 894310.

After a highly successful inaugural event, Wakehurst is once again hosting its popular Wild Wood Weekend to coincide with the May Bank Holiday, Saturday 28th-Monday 30th May, and this time there are even more wild woodland activities and relaxing pursuits for all ages to enjoy!

Pearcelands Wood, part of Wakehurst's 465 acre estate, which was opened up to the general public for the first time last year, will come alive again with exciting sounds of things being made, explored and enjoyed. There will be arts and culture in the form of music and immersive plays in the woodland amphitheatre and sculptural installations amongst the trees; creative traditional skills, contemporary crafts and forest activities, from den-building and cooking damper bread over the camp fire to more serious survival bush craft skills; high energy activities such as tree climbing and the brand new Treetrunk Trek; relaxation in the woodland yurt; and family united fun – helping to create a giant

nature wall, exploring unexpected pockets of woodland wonder together, observing and taking part in some of the wood-making workshops, browsing a range of innovative woodland products and gifts and relaxing together for a picnic or wood-side barbecue.

All the above is included in the cost of a Wakehurst admission ticket, so visitors can also explore other areas of the woodland, botanic gardens and lakes.

Ed Ikin, Head of Horticulture and Landscape, said: "I'm very much looking forward to my first Wild Wood this year. At a time when woodland spaces such as these are in decline, Wild Wood celebrates why this great British habitat is important and needs to thrive whilst at the same time providing entertainment for all of the family."

From 31st May – 3rd June, Wakehurst also hosts its 'May Half Term Adventure' with activities focusing on 'Home Sweet Home'. Between 10.30am – 3.30pm daily, children can find out about some of nature's wonderful builders and make their own mini bug hotel to give a home to wildlife. Cost £3 per participant.

Don't miss out on the wonder. For further information about Wild Wood and other events at Wakehurst, please visit www.kew.org/wakehurst





20 years of girls at Hurstpierpoint College

This academic year marks 20 years of educating girls at Hurst. In September 1995, Hurst Senior School opened its doors to girls for the first time after almost 150 years of being exclusively male.

The transition from single sex to co-education did not happen immediately. The first girls joined the Prep School in 1993, and it took two years for the Senior School to follow, when 30 brave girls arrived at a school with around 340 pupils. Currently there are more than 770 pupils in the Senior School and almost half are girls.

In 1995, one of the boys' houses had to be converted into a girls' house and, since then, four more girls' houses have opened to accommodate the ever-increasing numbers, with another due to open in September 2017.

These days, girls are a key part of Hurst's success; they achieved over 70% A* and A grades in last summer's GCSEs. On the Drama front, the arrival of girls led to an increased number of productions, with the College now producing over 20 shows each year.

A wander around Hurst leaves the visitor in no doubt that this vibrant and energetic school is now fully co-educational. Current girls no longer have to forge their way into a male-dominated bastion; they are part of an established co-ed community where boys and girls are given equal opportunities to achieve their potential and they certainly do.

The 20 year anniversary celebrations are well underway.

To mark the start of the anniversary year last September, all current girls took part in a special aerial photo shoot in the College's Inner Quad, where they were guided into position to form the number 20.

In December, there was a celebration dinner attended by more than 250 old girls. Former pupil Gilly Robinson, now a producer for BBC Breakfast, and one of the first cohort of Sixth Form girls, was the guest speaker. Just before the February half-term break there was another celebration dinner, attended by more than 200 current girl pupils.



In January, artist in residence Mandy Bangerter hosted a textiles workshop for Hurst pupils, to create a contemporary textile wall hanging celebrating girls' involvement in College life during the past 20 years. Parents and teachers joined the group for a weekend sew-in! The finished hanging will be unveiled in the Hurst Art School on Wednesday 2nd March as part of the Art Scholars Show - members of the public are welcome to attend from 6-8pm.

Acclaimed composer Sir Peter Maxwell Davies was commissioned to write an anthem for female voices. The anthem will be recorded as part of a collection of music, sung by the College Choir, due to be released as a CD later this year.

The new girls' DT Club is busily working on a display for Hurst's new Design and Technology foyer, which will be unveiled at our Open Morning on Saturday 7th May.



What can I put in my recycling bin?

No plastic bags please!

✔ Yes please



Paper & card: junk mail; cereal & egg boxes; newspapers, telephone directories; catalogues & magazines



Glass bottles & jars: wine bottles; beer bottles; jam jars; sauce jars



Cartons: fruit juice cartons; soup cartons; milk cartons



Cans & aerosols: food cans; drink cans; pet food cans; empty hairspray & deodorant aerosols



Milk & drinks bottles; bathroom & laundry bottles & tubs; food, fruit & ready meal pots, tubs & trays; large plastic container lids



Clean food & takeaway foil containers; tin foil

✘ No thanks



General rubbish & food



Plastic bags and wrappings such as cling film & bubble wrap



Shredded paper



Polystyrene & foam packaging



Paper tissues & towels



Other glass and ceramics

- All items need to be clean, dry and loose.
- These are not full lists of everything that can and can't be put in your recycling bin.

01444 477440

wastematters@midsussex.gov.uk

www.midsussex.gov.uk/recycling

recycle
for Mid Sussex

Follow us @MSDCnews

Mid Sussex District Council





Terl Bryant

VILLAGE PEOPLE

Lucy Webb meets the drummer and percussionist Terl Bryant, and finds out more about his impressive life's work in the music industry

By Lucy Webb

One of the things one gets used to whilst living in the countryside is the difficulty of finding people's homes, and locating Terl's was a good example of this. He lives in a road near the College Lane end of Hurst but, as is often the case, I only have a house name to work with.

I'm no exception to this. Living in a road where the houses only have names, I'm up there with Terl for tricky to find addresses.

After driving up and down a bit, I employ the old window-winding question to a local looking type with obligatory wellies and dog. She thought for a moment and after exclaiming that she knew the house, her son was friends with Terl's son and to look out for "a wonderful cherry red VW van in the driveway". Now I had a lot more to go on.

In a couple of minutes I located said cherry red VW, and was soon to discover the necessity of this van quite quickly after being invited into Terl's house.

He and his wife, Jules, welcomed me with a smile and a coffee, she a kind of countrified younger Jerry Hall type who is a writer of children's books. Terl is a laid-back, tall, cool kind of chap, with an easy manner and great hair. Here was Hurst's answer to a rock and roll glamour couple, and I found myself imagining that they probably held rather fabulous dinner parties with equally fabulous guests.

We settled down in the living room of the house that Terl and his family have lived in since 2005. He and Jules have six children (two girls, four boys), hence the need for the van, and despite this their home is the picture of

serenity. The younger children were at school and the older ones, as teenagers are known to do, were either asleep or had slipped out of the house undetected.

Terl took me back to the very beginning of his career, explaining that he is originally from Northamptonshire, and left school at sixteen to become a drummer. He tells me he had no business plan and yet this wonderfully solid decision at such a young age seems similar to the kind of drive you would need to become an entrepreneur.

Terl's parents were artists who met at art school, and actively encouraged their son's career choice. He admits he was very much influenced in his love of music by his father's love of rock and roll. Listening to a wide range of music from punk to jazz, Elvis Costello to Deep Purple, Terl began drumming for bands around the Midlands, including a band called Stranger. He remembers with a slight wince that the band auditioned Fish (lead singer of Marillion and later Fish of solo artist fame), however the two founding members of the band didn't want him. Terl and another band member knew at that point that they had found something great in Fish, and felt disillusioned with the band after this. Terl decided a change of scene was needed and, following an invitation from his parents' friends, upped and left for California in 1981.

Terl talked fondly of this time: "Whilst I was there I met with some fantastic musicians, mixing with Ozzy's, South Africans and Americans, and discovered some great new bands." He soon joined a band with the late Chris Gaffney (later well known as the singer of The Hacienda brothers). He spent a lot of time playing with musicians who were



in-between tours, like-minded folk who got together to play in bars in what Terl describes as a 'pretty hedonistic environment'. It occurred to me that the idea of Terl going out to California and becoming swept up in this arty, musical vibe sounds truly exciting in a Jim Morrison kind of way, but I imagine it must have taken its toll both mentally and physically.

Terl agrees with this and explains that after two years he had a kind of spiritual awakening, coinciding with meeting some musicians at the then very busy 3D studios in Orange County. He began playing for bands in the gospel music scene, music that was a mix of gospel, country and rock which reflected his new beliefs. After a spell drumming for US artist Steve Taylor in the mid 80s, Terl moved back to the UK, to join The Pete Murphy Band, led by the former vocalist from the art punk band Bauhaus. They had a number one hit in the US: Called and Cuts You Up. "I was also working with a really good cross section of people as a session musician," he said.

In the mid 90s Terl met his wife Jules, and started their family, whilst also working often as a session musician for pop music producer Steve Levine. He recorded music for the likes of Louise, Lulu, the Honeyz, Roddy Frame and prog rock band Iona. Quite a wide range of musical styles, but this, I imagine, kept the job fresh and exciting for Terl.

In 1999 Terl got a call from Nick Beggs, former bass player of 80s band Kajagoogoo.

I knew who Beggs was before Terl explained, due to my childhood obsession with Smash Hits magazine in the 80s. As a result I have an almost encyclopaedic knowledge of 80s bands and their members. I'm not sure if he was impressed with my knowledge, but he continued to explain that through Beggs, he was invited to audition with John Paul Jones (best known as the bassist, keyboardist and co-writer of Led Zeppelin), who was setting up a three piece band.

During the audition, Jones asked Terl: "Do you know When The Levee Breaks?" To which Terl answered in the negative. Jones replied: "You must be the only drummer in the world who doesn't!"

This actually worked in Terl's favour, as he perhaps didn't seem as sycophantic as the other potential candidates, resulting in him being offered the job.

He recorded and gigged an album called The Thunderthief, touring worldwide with John Paul Jones with some success.

At the time, Jules and Terl were living in Wandsworth, South west London, and their eldest daughter was about to leave junior school. It was in 2005 that they felt it would be a good time to up sticks and move to the countryside. They stumbled upon Hurstpierpoint, as many often do, whilst visiting friends who lived here. After meeting with Paul Dyer, the headmaster at St Lawrence school, and managing to secure places for three of their four children, their move to Hurstpierpoint seemed like an obvious choice.

They stumbled upon Hurstpierpoint whilst visiting friends who lived here – their move soon seemed like an obvious choice

As luck would have it, a place came up for his fourth child and the growing Bryant family slipped easily into village life.

Terl has set up a studio in his house where he records and rehearses. A wonderful room housing an impressive drum kit, walls of CDs, his collection of unusual percussion instruments from around the world and a pole stretching from one side of the room to the other where he hangs 'Access All Area' passes from all the gigs he's played in.

More recent work includes drumming for Adrian Edmonson's band, The Bad Shepherds, and touring and recording with Sadie and the Hotheads. These are an Americana style band fronted by singer/songwriter Elizabeth McGovern.

As for Hurstpierpoint and his family life here, he tells me that although making friends in the village took a while, he went to a local quiz night recently, and looking around the room realised he knew every face!



Guaranteed savings or 'Double the Difference'!



Save money when you switch all your services to Utility Warehouse or get back **'Double the Difference'**

PLUS GET UP TO
£200
TO HELP YOU SWITCH



Phone & Broadband



Mobile



Energy

Find out how much you could save:

★ **Call Gail today**
on 01273 961169



'Double the Difference' Price Promise requires you to become a Double Gold customer ie. taking Home Phone, Broadband, Mobile and at least one energy service. Up to £200 to help you switch requires you to be a homeowner and a Double Gold customer or a Gold Talk customer ie. taking Home Phone, Broadband and Mobile. Utility Warehouse will pay up to £200 in early termination fees if you are in a Home Phone, Broadband or Mobile contract. For full details, see the Utility Warehouse website.

G3

BN Post code

Hassocks
&
Hurstpierpoint
Pest Control
incorporating
Sussex Mole Control
Sussex Wasp Control

The Wasp Man
The Flea Man
The Insect Man
The Rat Man
The Mouse Man
The Bedbug Man
The Squirrel Man
The Mole Man

Family run business
Qualified
Insured

Domestic, Agricultural
commercial

Bee swarm removal
by a Beekeeper

07900 980 194
01273 799050



5 MINUTES WITH...

Jackie Flower

How long have you lived in Hurstpierpoint?
Five years last week!

What's the best thing about being here?
Definitely the people and the school.

Favourite ice cream flavour?
Why chocolate of course, but wouldn't turn down any flavours!

How many houses have you lived in?
Seven in this country and about five in Australasia.

Favourite holiday destination?
I love Thailand as I've been a few times over the years, but I also adore New Zealand. That said, anywhere hot and sunny would suffice!

Your most enjoyable event in the village?
St Lawrence Fair, such a super weekend!

Do you share your home with anyone?
My husband Ian and our two daughters Olivia and Sophia, and not forgetting Wiggles the guinea pig.

Song you play the most?
I'm a bit of a house/dance music fanatic, so anything with a great beat played loud suits.

Mac or PC?
PC and iPhone – of course!

Your most frequented village shop?
The Co-op, followed by the New Inn and Morley's wine bar. Can you see a pattern forming?

What's your proudest moment?
All sounds a bit of a cliché, but getting married in Northern Spain; what a wedding and fun time it was. Then having my two wonderful daughters, who make me proud daily.

Coke, juice or water?
My husband would say water is for washing! Though I do try to drink lots of it. I am particularly partial to a Prosecco, Rosé or G&T – the list could continue!

Your advice for life?
Live it and try to enjoy as much as possible. Be happy and confident in the person that you have become. Try to stay strong and positive in those down times and before you know it you'll be smiling again!

Muscle Balance

for the treatment of muscular tension, aches, pains and injuries.

Caroline Telfer
Dip SRMT, MSMA

Specialist in Deep Tissue, Sports & Remedial Massage, Pregnancy & Post-Natal Soft Tissue Therapy

Located in
Hurstpierpoint & Crawley

07922 114328
mbtherapy@btinternet.com
musclebalancemassage.com

Planning your wedding?

KEEP IT LOCAL!



So he finally popped the question, and after much congratulations, celebration and popping of champagne corks, it's time to get down to the nitty gritty of planning your wedding. Yes, this is the day you've dreamt about since you were a little girl, but where do you start?

Look no further than Hurstpierpoint for some experienced and local companies to help make your Big Day as special as you always hoped it would be.

Lucy Webb – bridal dressmaker & seamstress highlights some key things to remember whilst wedding dress shopping:

1) The most important thing to remember on your wedding day is that you need to feel comfortable and confident. Before you begin hunting for your dream dress, take a look in your own wardrobe. What dress styles do you wear, what shapes suit you best? Don't go for the strapless princess dress if that's really not you, and don't sacrifice your own personal style.

2) Try on, try on and try on some more. Don't be intimidated by pushy bridal shops, and don't be tempted to order a dress because they tell you you won't have time to get it made. Go home, have a cup of tea and really think it through. Generally the dress you go for is the one you can't stop thinking about, and often the first one you try on.

3) Websites like Pinterest are a great way of finding inspiration for the dress styles you love. Very soon you'll start seeing a pattern emerging of what you like in a dress that will help you in your final choice. You can take these ideas into bridal shops and it helps them find you the right style much quicker.

4) Don't be afraid to shop high street. There are some fantastic, affordable, off-the-peg gowns available for brides on a tight budget who prefer cool, unstuffy and easy to wear styles.

5) The biggest trends style-wise for gowns: lace, lace and more lace. Plunging or cut out backs, lace sleeves, tea length dresses and high low hems, pastel coloured dresses are the key looks for 2016. Think boho bride, flower garland hair, vintage styling and easy glamour. Looking too polished is boring, remember the most beautiful bride is a relaxed bride.

6) Get your dress made for you – go bespoke and get exactly what you want and, surprisingly, often it costs less than buying a gown in a wedding dress shop. Decobridal will design and make your dress to your exact specifications. 50 years ago women thought nothing of having their wedding dress made to measure; it's time to revive bespoke dressmaking and bring the unique back into our wedding gown choices.

Call Lucy for an informal chat about your dressmaking requirements on 07947 452826 or email contactdecobridal@gmail.com or visit her website: www.decobridal.co.uk



All Decobridal photos by Claire Brewer Photography



Claire Brewer – wedding photography

Being asked to photograph one of the biggest days in someone's life is, for Claire, truly an honor. Every wedding day is completely different to the next; and more so today as anything, really anything, goes! There are photographic trends for weddings and, like the wedding itself, a photographer will use their own style to interpret what's best for the clients. Hot for 2016 are:

- 1) Shoot the proposal. Some savvy grooms are hiring photographers to document their proposal so that wonderful moment can be relived and shared with friends and family.
- 2) Wedding hashtag. Creating a hashtag for guests to upload photos to Instagram and twitter can help you experience your wedding through their eyes.
- 3) Selfie Stations. Building on the social media theme is a selfie station with pretty backdrop to add a fun spontaneous atmosphere and is a great alternative to photo booths, which will continue to be popular.
- 4) Epic shots. Elevated epic shots of the entire church, reception venue, wedding breakfast or dance floor to name but a few. Drones can even be incorporated!
- 5) Casual group shots. Family portraits tend to be more unnatural than most in the wedding album – when do you ever stand together in a straight line and pose in real life? Casual family shots in unique places at the right time, with, say, a group hug or simply linked arms, will capture those emotionally charged moments and will create an image with lasting appeal.
- 6) Use of film. There seems to be an increased demand for a mixture of digital and film photography; film to create those super-romantic, soft images for a real retro feel.

For any photographic requirement please contact Claire on info@clairebrewerphotography.co.uk www.clairebrewerphotography.co.uk

Gill Blackburn – florist and event decoration

If you're getting married or planning a party and want to make your celebration space look elegant, classic and beautiful, Gill Blackburn is the florist/interior designer for you. Gill talks important floral trends, and how stunning blooms are the cornerstone of fabulous weddings in 2016:

- 1) The revival of the Royal Wedding, with glamorous and opulent displays, mixes of metallics, strong colours and arrangements with a touch of the baroque.
 - 2) Traditional Black and White New York weddings; flowers echo the black tie and Deco feel of the super cool city.
 - 3) Barn interiors and rustic décor remains a strong trend, sitting well with the bride's favourite boho look of the moment.
 - 4) Go for flowers in season, they're better value for money and guaranteed to look fresh.
 - 5) Tone-on-tone explosion, using three to five different flower types to create a subtle ombré effect.
 - 6) Herbs – good floristry should be as wonderful to the nose as it is to the eye. Include mint, basil and Rosemary alongside the usual beautiful floral scents in centre pieces and garlands.
 - 7) Potted trees, succulents, ferns, lavender sprigs and decorative leaves such as magnolia and begonia can be a great focal point for décor.
 - 8) Tea roses, peonies and hydrangeas are popular for bouquets, but posies are out. Go for impressively large and 1930s/40s tear drop shapes with ivy and gypsophila, and don't worry about being super-symmetrical and neat. The bride should look as though she walked through a field of flowers and gathered her bouquet herself!
- Call Gill on 07748 630316, email her gill.blackburn1@btinternet.com or pop into her shop, Ashley & Thomas, at 54a High Street, Hurstpierpoint.



Pop up pub

ALBOURNE

By Lucy Webb

The pop up pub in Albourne Village Hall, launched in July 2015 and held every Friday evening, is a bid to bring locals together and provide a weekly social event for Albourne and its growing numbers of residents and workers.

The pub was an idea put forward by Meg Price, who is the Chairman of Albourne Parish Council, and who responded to the question; how do we introduce new people into the village and to each other, and help them to feel as though they are part of a community?

150 years ago, Albourne was primarily a farming community, but today it's home to many new small to medium sized businesses, along with many new residents.

It seems to be a general feeling amongst Albourne residents that they need a more central designated meeting/social space. This is partly because the church is not actually in the centre of the village, and there is no high street to speak of with the usual cafes, pubs and public spaces that people traditionally get together in. Albourne parish council has listened to its residents concerns about their feelings of isolation within the village, and decided that the Village Hall should become more of a community focus and general meeting point for locals.

At the pub's opening on a Sunday afternoon in July last year, there were 20 or so bartenders, who are all volunteers, and the pub enjoyed an impressive 40 to 50 visitors. There was also a good turn out at a special Christmas themed evening last year, with visitors enjoying mulled wine and mince pies.

Local businesses provide the drinks, such as Giles Cutlack at South Downs Cellars in charge of organising wine, and the Dark Star brewery of Patridge Green providing beer.

The Village Hall has recently benefitted from refurbishment, and the committee hope to be given the go ahead to improve the kitchen facilities, which will in turn open up the options for social activities.

Other potential ideas have emerged from meetings of a newly formed committee to decide on events that could be held at the Village Hall later this year. These include a Christmas fair with a Santa's grotto, a craft fair showcasing the many varied arts and crafts produced in the area, film nights, race nights, live music and quiz nights too.

There could also be a family fun day planned for the summer, as the hall does have some outside space that could lend itself well to this type of event.



So whether you're an Albourne resident looking to get to know your neighbours, or someone from outside the village keen to meet new people from the village you generally just drive through, visit the pop up pub for a pint or a glass of something local and make some new friends.

The Mid Sussex Older People's council have also set up Afternoon Tea events at the village hall, and this is now run by Ann Higginson, who is the Chairman of the Village Hall Management Committee. Ann hopes that this event will attract a wide range of people, as she says, 'everyone is welcome', so it's worth a visit to enjoy a cuppa, some cake and a good old natter. This is held on the first Tuesday of every month between 2.30-4.30pm at the Albourne Village Hall.

The pop up pub is held every Friday from 8.30-10.30pm at the Albourne Village Hall, The Street, Albourne.



RNLI Quiz Night back for 2016

Jo Kaddish (Branch Chairman)

Back by popular demand, our exciting and fun Hurstpierpoint & District Branch Quiz Night is being held on Saturday 9th April in Hurstpierpoint Village Centre. It promises to be another great evening raising funds for the RNLI. Teams of up to six are invited to come and pit their wits against each other and our excellent Quiz Master, John Wilkinson.

A cash bar will operate and there will be a raffle with some super prizes. Doors open at 7pm for a 7.30pm start. Tickets at £10 include a Ploughman's supper and are available from Mishon Mackay or Pierpoint Pet Supplies, High Street Hurstpierpoint, Orion News, Keymer Road, Hassocks or any committee member.

Do come along and support this very worthwhile cause and have a great evening at the same time. We look forward to seeing you there!

OUR DAY NURSERY IS OUT OF THIS WORLD!

Book a visit and see for yourself



Kiddi Caru Day Nursery in Burgess Hill Victoria Business Park,
York Road, Burgess Hill, West Sussex RH15 9TT

Telephone: 01444 257 971 **Email:** burgesshill@kiddicarudaynursery.com

Visit: www.kiddicarudaynursery.com



Pudding to impress

FINE FOOD

Ingredients for 4:

Base:

50g Hobnobs biscuits
25g melted butter

Cheese filling:

200g cream cheese
100g icing sugar
1 vanilla pod (split in half
and scrape the seeds out)
80ml double cream

Topping:

100g macadamia nuts
(roasted and chopped)

Sauce:

100g caster sugar
100ml water
100g raspberries

To finish:

4 strawberries
8 raspberries
8 blueberries
8 blackberries

4 ring moulds, 6cm wide
by 5cm deep

**TIME TO SORT OUT
THOSE FUZZY FEET!** was ~~£31~~

NOW £26

**1st – 19th
March**

**£5
OFF
OUR PEDICURE!**

Call us on 01273 833133
for your appointment.

Columbines
Health | Beauty | Wellbeing

Hurst Life

Like our magazine?

Please call our advertisers.

(They make it possible!)

This month Head Chef at the New Inn, Pete Hampson, shows us how to make this simply amazing pudding which will wow your springtime dinner guests.

Pete has lived in Hurstpierpoint since he was two and his ambition is to complete his recipe book before he gets too old to remember all the recipes!



Mixed Berry Cheesecake

Method

For the base:

Place the biscuits in a blender until you get a fine crumb. Add the butter until all incorporated. Put your moulds on to a tray lined with greased proof paper and evenly spread the biscuit mix into the moulds

For the cheese filling:

Place the cream cheese, sugar and vanilla seeds into a mixer. Slowly add the cream until fully incorporated. Fill each of your moulds to the very top and then smooth over the top with a palette knife. Allow to set in the fridge for at least three hours.

To make the sauce:

Place the sugar and water in a pan and bring to the boil. Reduce until you see small bubbles all over. Remove from the heat, add the raspberries, purée in a blender and pass through a sieve and allow to cool before serving.

To finish:

Take each cheesecake and cover the top with the macademia nuts. De-mould on to one side of a round plate. Arrange the fruit and sauce on the other side and serve.

*Your local
Flooring
& Carpet
Specialist*

Fabulous floors
Fabulous Floors is the Amtico Approved Showroom for Sussex specialising in designing, retailing and fitting Amtico floors.

Fabulous Floors
specialising in designing,
retailing and fitting floors.

 130 High Street, Hurstpierpoint, BN6 9PX
Tel: 01273 833681
www.fabulous-floors.co.uk
info@fabulous-floors.co.uk

Need more space?

**Instructions received in
March or April* qualify
for a free Energy
Performance Certificate
(EPC) and 25% off our
standard rate of
commission!**



Book your free valuation now!

Hurstpierpoint 01273 835104

Cuckfield 01444 451818

Haywards Heath 01444 476200

*Offer valid on production of this advertisement

**marcus
grimes**
estate agents

Marcus Grimes for Sales and Lettings

Gardening in the spring

By Richard Milton, Hurstpierpoint Allotment Committee

The impending arrival of spring is now marked by lighter mornings, garden birds pairing up and exploring nesting opportunities, and, on a warm day, the hum of a recently awoken bee can be heard dancing from one spring bulb to the next.



As an allotment holder spring is an exciting time, with planting plans drawn up and early varieties of seed potatoes making an appearance in many garden centres. It could be suggested winter never arrived on the plot this year. Weeds have continued to grow, soil remained damp and heavy, and December even saw a late outing of the lawnmower. But spring brings with it an air of optimism for the year ahead. Gone are the memories of last year's achievements, my new found ability to somehow bonsai a butternut squash, over planting courgettes and beans lost to a plague of blackfly. Instead there is promise. Yes, the thought that this year will see a glut of heritage sweetcorn and prizes from local shows I've never before considered entering, but also the promise of richer rewards often not appreciated by those not who do not hold five rods of municipal land. For myself and many others the real value is psychological.

Spring brings for me the promise of quiet escapism on an early summer's morning before the inevitable commute into London. Wandering down through the grassy path at an hour when most remain in their beds, you notice things all too often hidden and invisible behind a vale of rushing. The allotment cat sitting quietly, stalking an unsuspecting rodent in a compost heap, both undisturbed by my observations, the gentle murmur of nearby garden chickens on their morning rounds scratching for corn, and the excitement of communities of birds all eagerly singing out to mark their territories.

On one such very early morning last year, having tended to the regular duty of weeding the strawberry patch, I noticed a male and female blackbird had joined me looking for a dug up worm or to demand their fruit tax in the form of my reddening strawberries. With time on my side I cast away the thoughts of other activities and spent ten minutes sat watching them pick worms and one at a time fly off to a nearby concealed nest, each time returning to me getting braver and coming close. I held out a small red worm at arms length on the warming soil and looked to the female in her brown plumage. She hopped over to me and seeming to look me in the eye and identify any risks she tentatively popped on to my hand, took the worm and flew off to the nest. It was a small moment in nature not witnessed by anyone and while it likely meant nothing to the blackbird, left a positive outlook on life which lasted long into my commute in the company of sleepy train travellers hunched over their morning coffee.

At this time of year, spring is a wonderful time to feel optimistic for the year ahead and identify how being on the plot somehow just makes life a little better.

Drama group perform in NT festival

A Hurstpierpoint-based drama workshop has been chosen to perform a play as part of the National Theatre Connection Festival 2016.

Centrestage owner Jacqui Edwards commented: "We are immensely proud and feel privileged to have got this opportunity for our students."

There will be three evening performances in the Players Theatre in the village on 10th, 11th and 12th March. A theatre director from the National Theatre will be coming along to watch to one of the performances, as part of the organisations support.

Tickets for the production of What Are They Like? By Lucinda Coxon are priced at £5 and its suitable for audience of any age and will last about an hour. Tickets can be purchased from the theatre on a Saturday morning from 10 till 1pm or by calling 07762 201687.



School's Alice 'amazing'

Last month students at Downlands School were treading the boards in the latest production of Alice. A modern take on the traditional Lewis Carroll tale, the students were, by all accounts, amazing. From the superb Cheshire Cat (played by Year 11 student Kane Edlin) to Tweedle Dee and Tweedle Dum (played by Year 11 students Ethan and Elliott Roberts) the performances were impressive. The professionalism of actors was only enhanced by the superb sets, lighting and fabulous costumes - all provided by the talented students and staff at Downlands.

Golf Club wins green award

Close-by Pyecombe Golf Club has recently won the UK Environmental Golf Club of the Year 2016 award.

Nestling in the South Downs National Park, the Sussex club now sits alongside the golfing elite with St Andrews, the home of golf, being a previous winner at the prestigious awards hosted by the Sports Turf Research Institute last month.

Simon Wells, head greenkeeper, commented: "We have many initiatives in place to aid the surrounding environment including cutting and bailing the rough once a year and scarification of the rough which encourages wild flowers and orchids to flourish."

BURGESS HILL GIRLS. THE JOURNEY STARTS HERE.

RECEPTION 2016 APPLY NOW FOR OUR RECEPTION CLASS

Your daughter is eligible to start school in September 2016 if she was born between 1st September 2011 and 31st August 2012.

Happy, enthusiastic and motivated young learners.
Call now for further information - 01444 241 050

BURGESSHILLGIRLS.COM



BURGESS HILL
— GIRLS —

Excellence in Education Since 1906



Every Wednesday
2 for 1
BURGERS



Duke of York
Sayers Common

Booking recommended
T&C's Apply

London Rd, Sayers Common
01273 832262
www.thedukesayerscommon.co.uk

What happens to my recycling?

RECYCLING MATTERS



By Claire Cooper

Do you get confused about what you can and can't recycle? Do you sometimes wonder if it's worth the effort and if the waste you put in your blue bin actually gets recycled?

And what really happens after the recycling lorry leaves your street?

The good news is that here in Mid Sussex we are currently recycling around 40% of our waste. But there's still a long way to go if the council is to meet the government target of 50% by 2020.

To reach this target it's important that we all increase the amount we recycle, but at the same time make sure we're not putting the wrong items in our blue bins.

The most common items placed in bins that can't be recycled include:

- Plastic bags
- Plastic film such as from around magazines and bubble wrap
- Shredded paper
- Paper towels
- Crisp packets
- Pet food pouches
- Polystyrene
- Clothes and textiles

Mixing these items can not only ruin the quality of the rest of the recycling but can also damage the sorting machinery.

It's also important that items put out for recycling are clean, dry and placed loose in the recycling bin (the sorting machines are clever but can't untie plastic bags!).

When recycling is collected from our homes (1), the bins are emptied into a truck which automatically compacts the waste before taking it to the transfer station at Burgess Hill.

The recycling is then weighed (2) and loaded into larger trucks which transport it to the high-tech sorting plant, or Materials Recycling Facility, at Ford.

The mixed material is loaded on to a conveyor belt which leads to a 'trommel screen' (3). This is like a giant washing machine drum which separates paper from containers and cardboard.

As the trommel turns, glass bottles and jars smash and the pieces fall through a set of holes. The smallest pieces are used for aggregate and the larger pieces are sent for re-melt into new glass bottles and jars (4).

Remaining items flow through smaller holes into the 'ballistic separator' which removes small pieces of paper and separates plastic bottles, cans, paper and card. A magnetic belt attracts steel, cans, aerosols and jam jar lids.

Plastic containers then pass through an optical sorter (5), which uses sensors to identify and separate two different types of plastic bottle, splitting them by colour (6).

With the glass, plastic containers, steel and aluminium removed (7), the mixed paper and card, newspapers and magazines go through a final quality control check before being baled ready for sale (8).

Wherever possible materials for manufacture are kept within the UK, and currently all plastic bottles are sent for reprocessing within England.

A plastic bottle sent for recycling could be made into a new product and be back on the shelves within 6 weeks! And 25 recycled bottles are enough to make one adult fleece jacket!

If you are now inspired to reduce your waste and recycle more, here's a few ideas to steer you in the right direction:

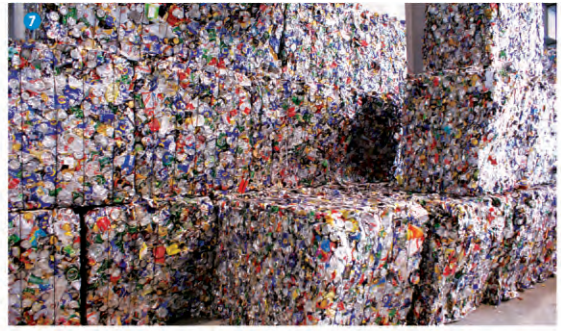
Visit the Household Waste Recycling Site in Burgess Hill where you can recycle many more materials - including wood, textiles, garden waste and electrical equipment.

Recycle your shoes clothes and books at one of the many communal recycling banks (often found in supermarket car parks).

Donate unwanted household items, clothes and toys to your local charity shop.

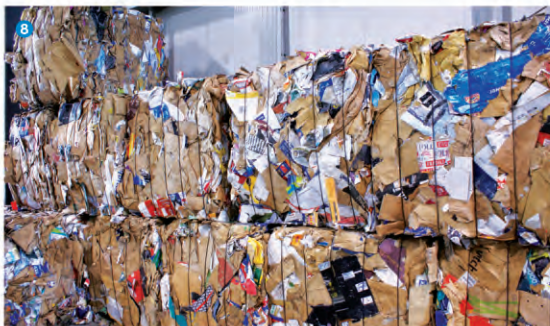
A big proportion of our waste stream is food. For tips on reducing food waste, visit www.lovefoodhatewaste.com

For more information, advice and support visit the recycling pages of the council's website at: www.midsussex.gov.uk/recycling

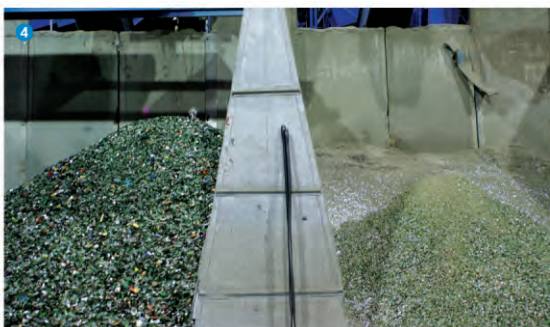


NOT for blue bin recycling:

- Plastic carrier bags
- Plastic film
- Shredded paper
- Paper towels
- Crisp packets
- Pet food pouches
- Polystyrene
- Clothes and textiles



A plastic bottle sent for recycling could be made into a new product and be back on the shelves within 6 weeks!



What's on this month

AT THE VILLAGE CENTRE

AND ELSEWHERE

Regular events

- Sun **Sunday Afternoon Cream Tea Dance** – 2-4.30pm, nearly every Sunday
- Mon **The Sanctuary** – 9.30-11.30am, weekly (term time only) – a welcoming place where friendships can form over coffee and cake
- Tues **Afternoon Club** – 2-4pm, 1st Tuesday
Wolstonbury WI – 7.30 pm, 3rd Tuesday
Scottish Dancing – 7-10pm, weekly
- Weds **Star Dance School** – from 8.15pm, weekly
- Fri **Star Dance School** – from 6.45pm, weekly
- Sat **Hurstpierpoint Dance Club** – 8pm, 3rd Saturday
Ballroom and Latin dance, any skill level welcome

March

- 4th **Hurstpierpoint Preschool Quiz Night** – 7.30pm
Quiz host, 50/50 raffle & prize draw, Bar (Tickets £5 each from Preschool)
- 5th **Hey Mr DJ Party** – 7.30pm
St Lawrence Fair fundraiser. Featuring music from the last six decades
- 8th **'Trees for Small Gardens'** – 7.45pm
An illustrated talk by Tim Tear from Arundel Arboretum. Hurstpierpoint Horticultural Society
- 15th **Wolstonbury WI Monthly Meeting** – 7.45pm
In the Club Suite. The Story of Swallowfield by Tony Turner. Visitors welcomed. (Enquiries 01273 834421)
- 16th **The Hurst Afternoon Club** – 2.15pm
Mike Cohen talks about Guide Dogs for the Blind. Come along, even if you're not a member. Have a chat, drink tea, eat biscuits, make friends! (Pam Mitchell 01273 831705)
- 19th **Spring Show and Plant Sale** – 2.15pm
Hurstpierpoint Horticultural Society. The Show takes place with tea and home-made cake all afternoon, raffle and Grand Auction at 4pm

April

- 9th **RNLI Quiz Night** – 7pm doors open
Back by popular demand the Hurstpierpoint & District Branch RNLI Quiz Night. Tickets at £10 include a Ploughman's supper and are available from Mishon Mackay or Pierpoint Pet Supplies

March

- 9th **Millennium Garden Trust AGM** – 7pm
Bowls Club Pavilion, South Avenue, Hurst
After a short meeting there will be an illustrated talk by Peter Lovett on 'The Natural Year in Focus'. Peter is an excellent photographer and his visuals will include Wolstenbury Hill. Members and visitors welcome (Enquiries: 01273 832756)
- 11th **Adult Colouring Workshops** – 2-3pm
Hurstpierpoint Library. Illustrator Jan Barger will lead this free workshop on designing colouring sheets. If you're artistic you will be inspired to draw your own design or colour one supplied. All materials will be provided. Free, all welcome.
- 11th **Tenebrae – Music for Easter** – 8pm
St Peter's Church, Henfield.
(www.brightonconsort.org.uk)
- 12th **CTC Guided Cycle Ride to Libraries** – 10-11am
Meet at Hurstpierpoint Library and cycle to Hassocks Library followed by free refreshments FREE - beginners, adults and families all welcome
- 19th **Stainer's 'Crucifixion'** – 7.30pm
United Reformed Church, Hassocks
by The Hurstpierpoint Singers.
(Tickets £10 (including refreshment) are available from Janton News and on the door)
- 22nd **The Society of Arts Hurstpierpoint**
Coach Outing to the Royal Academy to 'Painting in the Modern Garden'
(For more details David Hurry 01273 833046)
- 24th **Maundy Thursday** – Holy Trinity Church
7.30pm, Service & Vigil until...
9.45pm, Compline
- 25th **Good Friday** – Holy Trinity Church
10am, Walk of Witness – Sth Ave to the green
12noon, Good Friday at the Cross
2pm, Last hour at the Cross
- 25th **Hurstpierpoint Historical and Geographical Society Talks** – 8pm, Guide Hall (next to Trinity Road car park). 'Cyril Pashley, pioneer aviator of Shoreham' talk by Bill Gage (Sussex Records Office)
- 27th **Easter Day services** at Holy Trinity Church
8am, Holy Eucharist
9.45am, Parish Eucharist
- April**
- 2nd **Soul of the City Choir** – doors open 7pm
Holy Trinity Church

Our advertisers

CALL THEM!

Services

Utility Warehouse	2
PRB Accountants	3
Elite Choice Home Care	4
Re-Seated (upholstery)	5
Dawn Benson Accountancy	10
PD Electrical	10
Stylo Renovations	12
MSDC Recycling	17
Hassocks & Hurst Pest Control	21
Marcus Grimes	28

Retail

Hassocks Eye Care	4
Hurst Traders Association	13
Hair Obsession	14
Fabulous Floors	27

Out & About

Tabatha Thomas (knitting)	5
Woods Travel Ltd	9
Duke of York (Sayers Common)	31

Education/Childcare

Great Walstead School	7
Kiddi Caru (nursery)	25
Burgess Hill Girls	30
Hurstpierpoint College	B

Health/Lifestyle

Aspire Fitness Solutions	6
Simply Swim	7
Sussex Osteopath	12
Michele Mac Donnell	14
Muscle Balance	21
Columbines (pedicure)	26
Perfect Toe Foot Care	35

Hurst Life

Advertise with us

Go to www.hurstlife.co.uk for more information
Or speak to Emily on 01273 796026 or email your
name, address and phone number to
ads@hurstlife.co.uk



Mobile Foot Clinic

**TREATMENT IN THE COMFORT OF
YOUR OWN HOUSE**

Tel: 0755 7870 482

To Arrange For an Appointment Please Contact

Sajeed (S.A.C Dip, RFHP)

Qualified and Registered Foot Health Practitioner

REG NO:- S175395 (footreg.org)



**Do you suffer
discomfort from...?**

- ✓ Corns
- ✓ Fungal Nail Infection
- ✓ Athlete's Foot
- ✓ Ingrowing Toe Nails
- ✓ Diabetic Foot Care
- ✓ Callus
- ✓ Verrucae
- ✓ Thickened Nails
- ✓ Cracked Heels
- ✓ Nail Trimming

Fully Insured & Clean CRB

DAY | FLEXI | WEEKLY | FULL BOARDING

Hurst

PREP & PRE PREP | SENIOR & SIXTH FORM



OPEN MORNING SATURDAY 5 MARCH

Hurstpierpoint College: a truly co-educational school for pupils from 4-18 years, with a strong community where pupils really are known, nurtured and challenged to the best of their ability

hppc.co.uk

PLEASE CONTACT ADMISSIONS ON +44(0)1273 836936 OR registrar@hppc.co.uk