

Hurst Life

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Local village talk,
by the village

Issue #40 : July 2018

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My Mossy Mile

p. 24

All the community news you need

p. 4

Tea and cake anyone?

p. 30

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EDITORIAL

By David Tingley, Editor

Summertime is here! The amazing **St Lawrence Fair** has happened (but you'll have to wait until next month's magazine for more on this) and now we take the long slide into the summer. Inevitably this means less events going on in the community, as many of us go away on holiday at some point. However, there's still plenty to say and share with you here.

If you're quick, you can still make it along to the outdoor production of **I'll See You Again** in the garden of the New Inn (**page 4**).

If you are planning that holiday, the **Hurstpierpoint Traders** have a few suggestions from their stock on **pages 12-13**.

If it's sport you like, **page 14** has **cricket** info, **page 16** celebrates Hurst College's recent **equestrian success** and **page 17** heroes the boys of Downlands school Year 10 **football team**.

Thanks go to **Kathy Green** who has written a piece on the history of the **Horticultural Society**, which you can find on **page 28**. And to **Belle Amatt** who shares a recipe for Matcha and Walnut Loaf Cake on **page 30**.

For those who like to read, turn to **page 32** where you'll find **Clair Stanton's** regular **book review** and also an opportunity to win a new novel by Hurst resident **Robin Driscoll**. For younger readers, **page 6** has details of the library's **Summer Reading Challenge**.

There's more on the forthcoming **Hurst Festival** on **page 21**, which really shows the broad variety of events at this year's village proceedings – which takes place between 15th-30th September.

Of course, with holiday season upon us, it's a joy to kick-start our **Holiday Snaps** feature in good measure on **page 42**. You know what to do – pack your copy and email it in to photos@hurstlife.co.uk.

As ever, keep in touch!



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New Inn musical play now on...

With only a few days to go until the premier of I'll See You Again in the garden of the New Inn, we took the chance to catch up with co-creators Alasdair Carson-Sheard and Sam Nixon to find out what inspired this original musical play about the private lives of Noel Coward and Gertrude Lawrence...

What can we expect?

Well, the play is set in purgatory as Noel waits for Gertrude to join him and they look back over their lives as God decided what to do with them! This leads to some wonderful reminiscing interwoven with some of their classic songs and scenes.

Why Noel Coward and Gertrude Lawrence?

After writing our first two plays, about Julie Andrews and Marni Nixon, we really wanted to look at something earlier and having fallen in love with Noel Coward after watching Daniel Massey play him in the film Star! I was drawn to explore the lifelong friendship between him and Gertrude Lawrence. She was incredibly talented, so full of energy and came from nowhere, rose very high, lost everything and bounced back again. His sense of comedy is wonderful and he writes incredibly well about

the things that all of us feel: love, happiness, grief and longing. And, of course, there's that wonderful sense of upper class camp!

Why have you staged the play outdoors in the garden of the New Inn?

We absolutely love open air theatre. I think there's something wonderful and magical about a balmy summer evening, being immersed in an imaginary world wrapped in a blanket surrounded by good friends. Plus the community feeling is so strong in Hurstpierpoint, Sam Nixon has lived here for 15 years, and the arts are so well supported, making the New Inn garden the perfect location!

How can we book tickets?

The show is at 7.30pm Wednesday 4th-Friday 6th July, with a 2.30pm matinee performance on Saturday 7th July. Tickets are £12 each and can be booked online at www.ginpalaceproductions.co.uk. Pre-show meals can also be reserved at the New Inn.





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School attempts World Record

By Kate Cowan

On a lovely sunny day, 120 parents, grandparents and friends arrived to see a chalk outline of a giant pencil marked out on the playing field at St Lawrence School. Not only that but there were many people in high vis jackets looking serious and a cherry picker with someone filming 22m up in the air. Excitement and a degree of tension were in the air!

Each participant in our number was given either a white or grey T-shirt and cap and it turns out we were the eraser and metal connector on the pencil. We were soon counted into the official area and put into formation to start to create the image.

Over 500 children and teachers standing eight in a row wearing blue caps and the school blue jumpers created the body of the pencil.

The children were amazing. Standing facing forward, quiet and still for five minutes in the sunshine, you could have heard the proverbial pencil drop.

It takes up to 12 weeks for the evidence to be reviewed by Guinness World Records, but we already know that we had more participants than the previous record. We achieved something very special on that day and we all walked away feeling incredibly lucky to be part of such a wonderful school. The PTA had chosen the local charity Kangaroos to benefit from donations from everyone who took part.

Thanks have to be given to the following people without whom the record attempt would not have been possible: Arun Taylor at Manifest Films, Alex Wykes at Verri Media, Michael Stanton at Michael Stanton Photography, Lucy Bennett at Rhythms and Ribbons, Ben Cole, Facelift Access Hire, the staff at Treehouse Childcare, Simon Brookes at Pavillion Graphics and to each and every volunteer who helped to make the event happen.



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Mischief Makers

There will be pranks galore and a ton of fun at Hurstpierpoint library this summer!

This year's Summer Reading Challenge is Mischief Makers; celebrating the 80th anniversary of the much loved Beano comic, and a chance for adults to share their enjoyment of Beano all over again.

Children taking part in the Challenge this year will follow clues to explore their colourful collector's map of Beanotown; meeting Dennis, Gnasher and friends along the way. As children read library books they will collect special stickers to help them find the mysterious buried treasure!

The Summer Reading Challenge starts in the library on Saturday 14th July. It's free for all families to take part, and you can collect fun rewards as you read books through the holidays. Best of all, children are free to choose whatever library books they like!

After registering online for the challenge children will be rewarded with a special Mischief Makers wristband. Children will be able to solve the puzzle after they've read six books and we will reward them with a special Mischief Makers certificate and medal.

Children can borrow any books they like from any local library (including Hurst) which all have a great selection waiting for you - from picture books for preschoolers, stories and comic books for older



children and information books about every topic - the choice is yours!

Mischief Makers is free, and you only need a library card to register - and if you don't have one yet we can give you one of those for free too. Visit your Hurstpierpoint library or www.westsussex.gov.uk/src to find out more.



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Summer helpers needed at the library

Would you like to give something back to your local community this summer?

Come and support your local library by helping with this year's Summer Reading Challenge. The scheme is designed to keep primary school aged children reading over summer holidays so their reading doesn't deteriorate over the long break.

This year's Summer Reading Challenge is a chance for adults to share their enjoyment of Beano all over again.

You will chat with the children about the books they have read, give out stickers and other rewards and encourage them to make further visits to the library to progress through the Challenge.

It is also an invaluable opportunity to develop your own communication and interpersonal skills and meet other people.

If you would like to register to volunteer with us please complete an online form at www.westsussex.gov.uk/src

Hurst singer returns for a blues Sunday

Coming up on 5th August Hurstpierpoint singer Julie Roberts and pianist/arranger Michael Hinton, from Ditchling, will return to The Hassocks Hotel for another Sunday morning concert of songs from the jazz/blues era.



Julie said: "Our first Sunday morning concert in April was a great success. We had a warm and appreciative audience and the opportunity to buy coffee or a drink from the bar helped to create a relaxed and enjoyable atmosphere."

Michael Hinton is well-known, not just as a superb jazz pianist but also as a talented composer. Julie commented: "Michael is inspiring to work with, and his arrangements are always musically interesting. We both love the great standards of the past and have found some terrific songs which seem to have been forgotten."

The show will run from 11.30am until 1pm, with doors opening at 11am.

In September Julie and Michael will be presenting a concert at the Hurst Festival.



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New bridal shop now open

The High Street in Hurstpierpoint added another string to its bow last month with the opening of Bella May Bridal.

The brainchild of Emily Cumming, the shop's creation is the combination of a childhood dream to run a dress shop alongside her passion to do something different in the bridal industry following her own experiences.

"I've been made to feel really welcome," Emily explained. "There is a real spirit about Hurstpierpoint which I love."

Bella May Bridal is at 124 High Street and Emily is hoping to organise an official launch event during July.



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Showroom Manager Sarah Henshall has recently returned from maternity leave and joins forces with Amy Betsworth to lead in the design and sales department. The new team have reviewed and streamlined their current kitchen and door suppliers, so they can now offer even more competitive designs and quotes to rival any big brand showroom - but with the added value of a personalised service and project management that you won't get from a builders merchant!

Sarah says: "I'm so excited to be back and can't wait to get designing again. Kitchens are our passion and we understand the importance of delivering a personal customer service. Purchasing a new kitchen is a very personal choice as well as a big investment in your home. We have an amazing team of fitters whose quality of work and attention to detail is unrivalled. Customers always comment that we are more competitive than they realise and the level of service they receive is better than the bigger kitchen brands, which is what really sets us apart."

Here Sarah and Amy offer expert and useful advice on what to consider when planning a kitchen extension...

Plan wisely – Think about your likes and dislikes in your current kitchen, it will help when making decisions about your new kitchen. Your builder will want to know where things like plumbing goes fairly early on, so it's good to start thinking about your space and where you want things to go.

Budget – Have a figure in mind that you are happy to spend and be open with us. We always work hard to keep to our customer's budget whether it's £10k or £40k, and we will design and choose suppliers based on the information. We have options to suit all budgets.

Do some research – Appliances, flooring and worktop options can vary depending on the brands and suppliers you choose. These costs can significantly impact your budget if they haven't been factored in.

Installation – This can make or break your kitchen! Don't underestimate how important it is to you have a skilled fitter onsite fitting your kitchen. We can work with the builder or recommend the best kitchen fitters in the area whose work we know is of the highest quality.

Create 'zones' – As open plan living becomes ever more popular, think about your space in terms of zones i.e. working/dining/social. It will help the planning process and improve the way you use your space.

Be honest – Make sure your kitchen designer understands your style, and don't be afraid to be honest if you want to change something in the design. It's our job to deliver you an inspirational kitchen, and we will be there to project manage from the initial design consultation to the final touches of the installation. At The Kitchen People we pride ourselves on delivering a personal customer experience and won't be happy until you are!

It's all about the details – Things such as handles, worktop, splashbacks and kitchen accessories can completely transform the way a kitchen looks. We understand the importance of this and work closely with clients to achieve their overall desired kitchen look.

As a special offer to Hurst Life readers we would like to offer all NEW customers 25% off any kitchen designed and sold by The Kitchen People throughout July and August. Just quote Hurst Life when you call 01444 484868 for your free consultation. Let us help you create the kitchen you have always dreamed of.



World Cup beer from Bedlam

Bedlam Brewery kicked off England's World Cup appearance in celebratory form with the launch of a new limited edition World Cup cask ale – Brewski!

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Plenty of action

HURST CRICKET CLUB

By Rob Sawyer

It's been a cracking month at Hurstpierpoint Cricket. Our various teams have been performing well and we've had some fantastic social events. First up we hosted what was possibly the most British day ever. There was a Royal Wedding Breakfast, the pavilion decorated with bunting to the point where it actually looked like a series of Red, White and Blue paint tins had simultaneously exploded. The TV showed the wedding action, and we broke some sort of record with the earliest recorded opening of a bottle of Prosecco! Next up was a cricket match, an enjoyable run out with the 3s facing Forest Row. To end the day we showed the FA Cup final and had quite a crowd in the pavilion.

Thanks to Giles from South Downs Cellars for conducting a brilliant wine tasting evening. This was initially an evening to decide which wines to serve behind our bar, but with thirty or so members and friends divided into teams the competitive juices were flowing. So much 'flowing' was conducted that I have no memory of which team won, nor of purchasing the case of wine that appeared on my doorstep next morning.

We've had some superb individual performances this month. Readers of Hurst Life know Mike Thatcher as your film correspondent, but to Hurst CC he is a classy batsman, and he proved it by hitting consecutive centuries, the second an almost faultless 130. Mike then fielded for 40 overs and left the field affecting the gait of The Tin Man who had forgotten to oil his joints.

Another great batting performance came from Ben Lynch who hit his first 50 for the club in a Sunday game against Ditchling.

The Hoorahs, aka Hurst Women, have had a couple of very close defeats at Burgess Hill where we could have easily won and away at Bognor Regis where we were well in contention until a late batting collapse. But our women did reach the final of a Six a Side tournament only to lose by one run to Henfield.

Star of the show this month, however, was the 2nd XI bowling attack v Brunswick. They beat us last year, and sure enough we soon recognised their star batter. In truth he was hard to miss. While his colleagues warmed up, he was stripped to the waist, tattoos resplendent, strutting up and down with bat in hand. When he came out to bat though our bowlers kept him and his friends quiet, with Ben Lynch, Kenton Green, James Lampport, Jasper Hill, Ben Potter and Rosie Lynch bowling a tight line and claiming wickets at important times. Rosie took two wickets for the second week running despite being almost half the size of the Brunswick batter, who, to be fair to him, was very complimentary about



the Hurst attack. With the bowlers restricting the Brunswick total we easily made the target. This might well have been the best bowling performance I have seen in my ten years at the club.

We knew we had a good crop of boys at U13, and they are not disappointing us. This year they are unbeaten in the league, in the semi-final of the League Cup and recently strolled past Worthing to reach the semi-finals of the ECB National cup. We expected a lot from these boys and they are delivering.

Hopefully we'll have news of some silverware for the boys.

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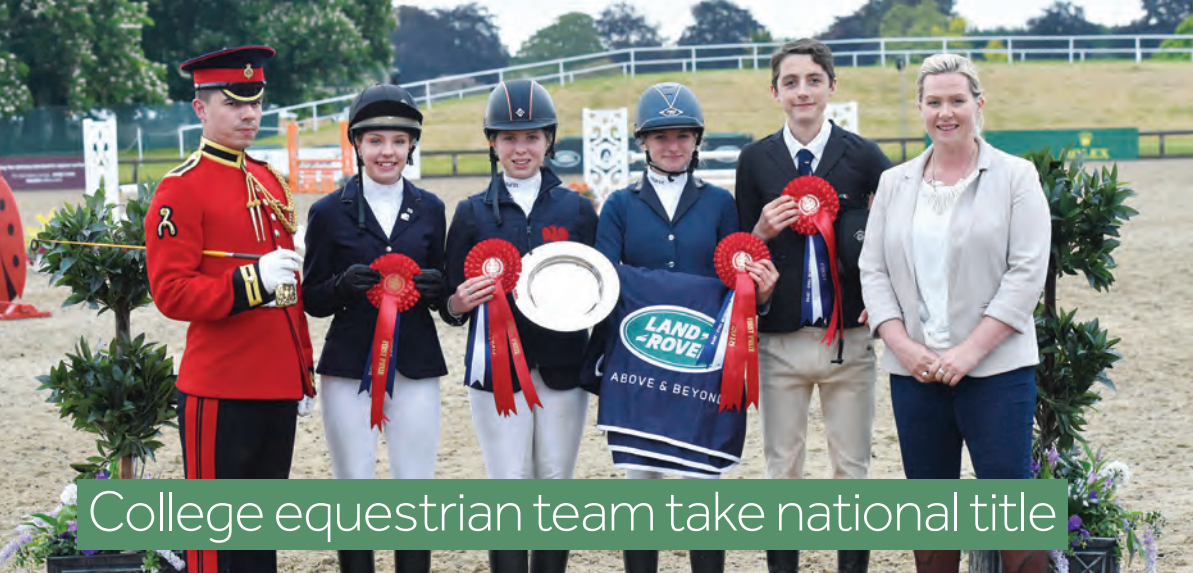
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College equestrian team take national title

Four members of Hurst College's equestrian team successfully competed against 26 other schools from across the country to win the coveted National Inter-Schools title.

After qualifying at Petley Wood last November, Jess Dyer (on Bobbi), George Laing (on Warriors Supreme Coalition) and sisters Georgia (on Calveston Silver Glory) and Harriet Keenleyside (on Touch of Orlando) travelled to the Royal Windsor Horse show for this prestigious event.

The wet and cold evening did not deter the Hurst riders as they prepared to jump in the Windsor Frogmore arena. Two out of their first three riders posted solid clears over the challenging course before Harriet, who was last to jump, posted the fastest clear round of the tournament to push early leaders, Kings of Wessex School, into second place by just over 1½ seconds.

Each Hurst rider was presented with a winners' silver salver and a horse rug to commemorate their victory.



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Year 10 school football success

Downlands were victorious over Blatchington Mill on Wednesday evening to win the BHDS Cup 4-0!

Charlie Jones put Downlands ahead in the first half with a stunning header that went into the back of the net. After half time both teams came back on to the pitch determined to be the winners but the Downlands goalkeeper (James Foster) and the rock solid

Downlands defence kept the Blatchington Mill side at bay. Despite a tough battle by a very solid Blatchington Mill side, the Downlands boys were relentless. The boys in midfield and up front did not stop working, and their persistence finally paid off with a superb goal by Oli Munt, followed by a tap in by Ed Turns and great goal looping over the Blatchington Mill's goalkeeper's head by Sam Wright. James Demetriades could have made it a fifth, but unfortunately play was stopped for a free kick just outside the penalty box, just as he put the goal in the back of the net!

It was a very physical match. Mr Lusk, Team Manager, said afterwards how proud he was of the conduct of the



Downlands boys on the pitch. He said: "The team spirit in this group is impressive and a joy to coach. We can now look forward to next season having finished this season on a positive note." Headteacher Mark Wignall described the team as 'the best ever Downlands team'. This was the same team that won the County Cup, the BHDS Cup and the league in the Year 8 season.

The Downlands squad for the match was Shay Leahy (captain), Ed Turns, Oli Munt, Oliver Appaya, Sam Wright, Charlie Jones, Josh Hickingbotham, Ollie Charlesworth, Luke Goff, Dexter Webb, James Foster, Tom Roberts, Angus Hill, Adam Lindo and Cam West.

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BEHIND THE COUNTER

By Michèle Copeland

As many an animal lover in the village will testify, there is always a warm welcome from Andrée and Lee Tite at the Pierpoint Pet Supplies. In this article we go 'Behind the counter'!

The shop was opened in 1992 by Andrée and her father Bob. Then it was located at 110 High Street.

"We decided to relocate to number 97 in 1996, when the lease became available, as we needed a bigger space," says Andrée with a broad smile.

Bob ran it for several years and some of us might still remember him doing his deliveries on his push bike trailer, while smoking his pipe!

In 2007 Andrée took the running of the shop on full-time: "With our newborn child Roberta, who would often be seen sleeping in the dog bed in the shop window." They reminisce with obvious fondness.

In 2009 Lee also started working full-time at the shop after being made redundant.

Both Lee and Andrée were born and brought up in Hurstpierpoint.

"I met Andrée when she started working evenings in The New Inn in 1995," he explains. "We subsequently got married in 2000, and our wedding reception was held in The New Inn garden.

"Prior to that, from 1990 to 2011, I used to do some youth work for the WSCC Youth Service, with Andrée also joining in 1995 to 2011. We both ran Hurst Youth Club, seeing and working with many young people. You know when you've been doing it for a long time when



new members start to say to you that their parents came to your youth club!" They both laugh when recalling this.

But why such ongoing concern for pets, you may wonder?

As a family they've always had pets, so when the existing pet shop went up for sale in 1992 it just seemed to be the next step forward.

They have a rather holistic approach to the stock that they supply to their customers: "We try to stock the more natural side of products, stocking such favourites as Canagan, Simply, Burns and Natures Menu raw foods, but obviously will always cater for the clients needs!" Lee explains. "We even supply pig food and some food for the National Trust Farm at Saddlescombe."

I look around to see the well laden shelves with food and toys and notice not only wild bird food but some food for hedgehogs. Lee tells me that it was recently Hedgehog Awareness Week.

"Over the last 23 years," Lee continues, "we've obviously met all kinds of people and have had some traumatic times, including three fires. Most will remember the last one, nearly two years ago, which ended in a couple of temporary relocations. But definitely the most trying episode was when a driver crashed through the shop window, and subsequently the car rolled over and landed on the shop windowsill!"

Andrée and Lee love Hurst and being on the High Street – feel free to drop in and say Hi when you're next passing by. As well as a wide range of products available in store they also offer a free delivery service on Wednesdays and Fridays to customers in the village.



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Superfoods, Pig-Husbandry and Graffiti

HURST FESTIVAL

This month we're focusing on all there is to do at the Hurst Festival in September, including workshops, walks, tours and exhibitions. There is definitely a food vibe happening and don't miss the many opportunities to see, buy and create works of art and make music. Plus you are all invited to the fabulous 1918 Lloyd George Garden Party at Danny House on 2nd September, a brilliant celebration for the whole village!

Start the festival by spending a morning with the Cunning Folk of Sussex on a herbal walk and potion making workshop with folklore and song, inspired by Nicholas Culpeper. Then wander over to the Village Centre to see a free exhibition on local wine which shares why more and more farmland has switched to growing grapes with the emphasis on sparkling wines.

Our Superfoods Workshop on the 20th with Belle Amatt will explore the current hype around 'Superfoods'. Hear all about their health-giving properties, taste them, learn how to use them and ask any questions.

The Autumn Horticultural Show (22nd) brings a cornucopia of plenty, including home baking, photography, tea and cake, with an auction of produce at the end. More info from Gibsons.

Come to the Torch Trust on 26th for an art and craft exhibition. Enjoy a delicious cream tea in the garden while soaking up the beautiful view of Wolstonbury. On the 27th relax and eat cake at Hurst College where you enjoy music played by their talented students. Finally, join the Festival of Praise on Sunday 30th at the Methodist Church. Everyone's welcome, and there's more tea and cake at the end!

We have some super-talented artists in our village who will be sharing their 'Peace' themed work in the Open Studios weekends. Holy Trinity Church's exhibition, Vision of Peace shares work from the children of St Lawrence, residents at Dene Hospital and students of Hurst's local art classes. Join the Torch Centre to paint the uninterrupted view across to Wolstonbury on the 22nd. And don't miss the exciting opportunity for 11s and over to create impactful graffiti murals at the Skate park. Brilliant, urban artist Tom Goulden, with over



15 years' experience of working creatively with young people, will lead this fabulous session!

Three local walks with the Mid-Sussex Ramblers explore our beautiful Hurstpierpoint countryside. On the 17th, join the evening Pig Walk to help Hamish feed the rare breed pigs and maybe give their backs a good scratch. Meet the pig keepers and find out what is involved in small-scale, outdoor, pig husbandry. Tour Hurst College the evenings of the 20th and 27th exploring the flint-walled buildings, and finally visit St Lawrence during the 27th to see this exciting and vibrant 'outstanding' school in action.

A step up from a relaxing walk introduces Dance for All Abilities at the Torch Trust. A creative movement session led by Zoe Thompson, which welcomes anyone with sight impairment or blindness. Eight to 14 yr olds can join the West End Workshop on the 29th which will culminate in a show for the parents. Fraser Trainer brings everyone together for the Hurst Village Scratch Band on the 30th, where you will create a fabulous, brand new piece of music!

But as the theme of the Festival is Peace – maybe that's what you're looking for? A mindfulness session focusing on A Peaceful Mind is on the 19th run by the Mother's Union.

Finally EVERYONE is invited to celebrate the centenary of the armistice by joining Lloyd George's Garden Party at Danny House. Dance to the famous Alex Mendham 11-piece orchestra and the Hot Rhythm Orchestra, enjoy the vintage funfair, watch WWI re-enactors, drink Pimms and take tea on the lawns. A brilliant party for the whole village!

What are you doing this summer?



Camping?



Relaxing?



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RECYCLE THIS...

WSCC Recycling Ambassador Colin McFarlin sheds some light on what can and can't be recycled in our domestic blue bins. If you have a question for him, email: editor@hurstlife.co.uk

What a great response to my article in the June edition. By the time you read this I will have replied individually to all your emails to the editor on recycling. Keep the questions coming...

BLISTER PACKS

All tablets seem to be packed in plastic blister packs now. Whatever happened to bottles? The good news is that ALL empty tablet blister packs can be recycled in West Sussex.



Some blister packs have a plastic front and a cardboard back. These can be recycled as well – no need to fiddle about trying to separate the plastic from the cardboard.

Do remember that, even if you never open them, once medicines have left the pharmacy they cannot be used by anyone else or recycled by the pharmacy. Please take your unused medicines to the pharmacy for safe disposal. NEVER dispose of your unused or unwanted medicines down the toilet.

Lots of response regarding milk bottle tops – please keep recycling them. They go to make more milk bottle tops and 'plastic wood' – plastic planks moulded to look like wood and used to build outdoor furniture, decking and play equipment!

Thank you for sending in your specific questions on recycling. Keep them coming

Let's explode some myths about recycling...

You will find this symbol on lots of packaging – do you know what it means?

The symbol is known as the Green Dot – although now it often takes the same colour as the packaging.



This symbol confuses us into thinking the product is recyclable. This symbol has no relevance in the UK! Germany decided to make companies either make their packaging recyclable or pay into a recycling fund. Guess what – most companies decided to pay the tax and be able to display the symbol to show they had paid. You will find this symbol on all products sold across Europe. It does not tell us if the product is recyclable or not.

Would you like me to give a talk to your local group on recycling? There is no charge for this service. Would you be interested in collecting items that can be recycled to raise funds for your favourite charity? I will be happy to guide you through this process. Look forward to hearing from you.

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The beginnings of Mossy Mile

LOCAL HISTORY



Mike's 1936 Singer LeMans with his mother outside 'Hillmans' on Mossy Mile

Many residents may have heard of Mossy Mile but may not know where it is. Here Mike Wooldridge shares his memories of growing up on the newly created cul-de-sac off Albourne Road.

By Mike Wooldridge

Actually it's only 0.4 mile long, but it was certainly mossy and flanked by trees and hedges when I first walked there. It was a beautiful secluded path which used to run parallel with, and about five yards to the south of, the Albourne Road. It belonged to The Grange (now Ladymead Care Home) and ran along the north edge of their kitchen garden almost as far as Policeman's Lane.



Mike Wooldridge

The Grange used to be owned by the Penneys – distant relations of ours, and a major player in Shoreham Port. When the family occupants were down to two remaining sisters (cousin Joan and cousin Marjorie), they decided to downsize into Cowdrays, Policemans Lane. Said kitchen garden (surely it wasn't all kitchen garden?) was divided into 12 building plots and each sold off for £900. My parents bought one, and built 'Hillmans' on it; I lived there from 1956 until 1965 until I finished my engineering degree.

We had some illustrious neighbours. Starting from the east, there were the Everests who bought six plots and built Mossy Mile House. He was a senior partner in a Quantity Surveying firm and was Mayor of Westminster in 1960. The Everests were devout Catholics, and their only son became a monk teacher at Ampleforth. But my main memory of Mr Everest was his benign tolerance when my model aeroplane (35" wingspan powered by a

Mills .75cc diesel) crashed into their west wall, narrowly missing his window.

Our neighbours on the east were the Mathews who moved from Little Park farm (opposite what is now the Health Centre). Their daughter Margaret had just married Mr Higgs – of Jenner and Higgs. The name was clearly painted on a beautiful old mill, complete with a large millpond near Haywards Heath station. You could only see the pond from the train – a truly anachronistic view. It's now a housing estate, but Margaret still lives in Mossy Mile.

And on our left, the Greens. I remember being asked to child sit one evening, and I read a story to the three children, the eldest of whom is now Lord Green of Hurstpierpoint.

Next to them, Pat (a local councillor) and Noelle Gwynne, with children Haydn (the actress) and Nicky, who took over the family printing firm in West Furlong Lane. Noelle had been married before – with two children, Philippa and Jane. Jane became town clerk of Burgess Hill, but alas did not live to enjoy retirement. The town named Jane Murray Way in her memory. Geoff Murray still lives in the village.

And finally, we come to possibly the most illustrious neighbours of all – though I did not realise this at the time – Air Commodore R (Roley) E Vintras and family. He had been a career RAF officer and, amongst many postings, was the leader of the aerobatics team for the final Hendon air display in 1937. I have just Googled his name and see that he went on to become an RAF planner attached to the Supreme War Council who 'ran the War' and answered to Churchill. As such, he attended the high level conferences with our allies at Casablanca, Algiers and Washington.

But he also spoke fluent French and obviously possessed diplomatic skills. He was posted to Lisbon and played a key role invoking the ancient treaties (dating back to 1386) between Portugal and England. This was necessary in order to plan the use of the

Azores to host an airfield (when built it was the longest in the world) in order to support long range anti U-boat air operations in late 1943. Although Portugal was initially neutral, there was much pro-Nazi feeling and, apparently, plenty of local German spies – so great secrecy and tact were also needed.

Being some 800 miles south west of Portugal, this operation closed a significant gap in allied Atlantic air cover and hence made our shipping operations much safer. Not only was Roley's work vital, but it was recognised. He went on to become Director of Intelligence with a staff of 25,000 trained Intelligence men and women. After three years he left for personal reasons and became chairman of the family insurance broking firm.



Mossy Mile walk circa 1955

He was a fairly quiet man, and I was a quiet school boy, but I shall always remember him standing on his verandah (I can't remember whether he was wearing his insurance broker's suit) and looking up at a 4/8 cumulus sky and uttering, with heartfelt passion 'Beautiful! It's truly beautiful up there'. How I wish I'd asked him more about his military work, though, being highly secret, no doubt he would not have been able to tell me much until 30 years had expired. Besides, at the time my main interest was his youngest daughter and my first girlfriend!

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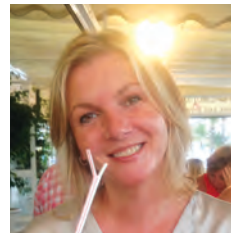
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5 MINUTES WITH...

Nicola Sawyer

Nicola Sawyer is a Teaching Assistant at St Lawrence School, and she also helps run her husband's business. Her passion is renovating property and travelling.

How long have you lived in Hurstpierpoint?
11 years

What's the best thing about being here?
We are surrounded by beautiful scenery and I can walk to Morley's and The New Inn!

Favourite ice cream flavour?
Coconut

How many houses have you lived in?
11 – London, Brighton & Hove and Hurst

Favourite holiday destination?
The next one

Your most enjoyable event in the village?
St Lawrence Fair, the village comes together and it's so much fun

Do you share your home with anyone?
Husband Robert, daughter Isabella and cats Kiki & Kookie

Song you play the most?
Currently it's I Can't Stand It by The Blossoms

Mac or PC?
PC

Your most frequented village shop?
Ashley & Thomas. I always find something lovely!

What's your proudest moment?
Giving birth to Isabella

Coke, juice or water?
Water

Your advice for life?
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Where it all started

HURST HORTICULTURAL SOCIETY

By Kathy Green

Although only some mention of Hurst Horticultural can be found in 1886, it is in that year that the first known meeting is recorded. It was then called the Hurstpierpoint and District Village Produce Association, and only one show was held each year, in August in the Chinese Gardens. Livestock was included as well as flowers and vegetables. By 1901 the number of shows had increased to two, in summer and autumn, and subsequently another was added in the spring. They have been held variously in the Somers Clark Hall, Manor Road, the Parish rooms and the Drill Hall, but since its opening in 1974 they have been held in the Village Hall. Monthly meetings over the years have been held in the old Corn Exchange, the White Horse and the Sussex Arms, but are also held in the Village Hall.

The name was changed to Hurstpierpoint Horticultural Society in 1959 to reflect the narrower focus on flowers and vegetables. At this time it would appear the Society undertook some form of trading with records showing large purchases of potatoes. The Society thrived through the latter years of the 20th century, with the membership in 1973 standing at 350 and an extensive outside visits programme, including a day trip from Gatwick to Holland to visit the bulb fields and numerous weekend breaks. An annual dinner was held, usually at the Black Lion Hotel at a cost of £2.50 for wine, dinner and entertainment and 25p for the coach! AGMs were held in the New Inn with hot sausages afterwards. Various different members, over the years, ran a shop from their garden sheds selling competitively priced horticultural items.

The Society has been fortunate in having several long-standing Chairmen - notably Mr W.R. Wood in the 50s, Mr L. Tabrett in the 60s, Mr L. Wheeler in the 70s, Mrs G. Stapleton in the 80s and 90s and more recently Mr P. Haworth.

The Society today is still a vibrant organisation with a generally constant membership of around 100 and a hard-working constant committee. There are shows during the year in March, June and September, which not only

give gardeners the opportunity to compete with their seasonal produce and flowers, but also non-gardeners with photography, cookery, handicraft and floral art. Children also have a special section. Exhibiting is free and open to all (you do not need to be a member), with cups and prizes to be won.

Monthly meetings in the Village Centre are held on the second Tuesday of the month from January to May and in October and November. They cover a wide range of topics related to horticulture, nature, conservation and related themes. It is such a joy in this push-button, digital age to be able to interact with a real live knowledgeable speaker and this year we have had some excellent ones. Among others, a really amusing lady tree surgeon, the owner of Borde Hill Gardens and three local speakers. Firstly, Ann Winney on how to care for the much loved but increasingly endangered hedgehog, then Martin Saddler updating us on the Heritage Apple Orchard proposed for the new Hurst Meadows and finally the inspirational Kate McMinnies on how she conceived, initiated and



Martin Sadler with his winning bakes



In St Lawrence School sensory garden

constructed the Sensory Garden at St. Lawrence School with a visit to the Garden itself. All were very rewarding evenings.

The summer months see members enjoying organised visits to places of horticultural interest, many of which include tea and cake or, in the evening, a glass of wine.

If you are interested in joining the Society, or the Committee, please contact Patrick Haworth (01273 842857) or come along to one of the shows or evening meetings, all of which are advertised around the village and in this magazine.



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Belle Amatt is a Hurst resident and nutrition consultant, author and lecturer in Naturopathic Nutrition. She holds workshops and talks on a variety of healthy eating topics.



Here's a cake with a difference. The wonderfully green colour comes from the matcha green tea content, well-known for its anti-aging properties, so much so that the Chinese refer to it as 'the elixir of immortality'.

Reportedly, matcha green tea is an unparalleled provider of antioxidants – naturally occurring chemical compounds that prevent aging and chronic disease. It is one of the ingredients which I will be discussing in my Anti-Ageing workshop in Hurst on Wednesday 18th July (see events page). Serving up this cake too!

Of course, we must bear in mind that this is a cake containing traditional cake ingredients so, although it contains a wonderful superfood, any cake should be eaten in moderation. To reap the benefits of green tea in its healthiest format try drinking a few cups per day.

Method

1. Preheat oven to 180C or gas mark 4
2. Line one 900g loaf tin with baking paper
3. Cream together butter and sugar in a large mixing bowl until fluffy and light
4. Beat in eggs and vanilla extract
5. Stir in flour, walnuts, baking powder and matcha powder, followed by the milk and mix well
6. Pour mixture into tin, smooth the surface
7. Bake for around 30-35 minutes, or until a skewer comes out clean
8. Allow to cool in tin then transfer to a wire rack to cool completely



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The Truth According to Us by Annie Barrows

BOOK REVIEW

By Clair Stanton

When Layla Beck, the spoiled daughter of a US senator, has her allowance cut off she is forced to take a job. Her uncle arranges for her to write a history of Macedonia (a small town in West Virginia) for the Federal Writer's Project and she expects to be bored and miserable. Layla soon brightens up when she reaches her new lodgings and meets Felix, the eldest of the eccentric Romeyn siblings.

Felix's young daughter Willa has recently been inspired by her Aunt Jottie to pay attention to her surroundings, and is endeavouring to cultivate the virtues of ferocity and devotion, so when she witnesses this exchange between her father and Layla she decides to keep a watchful eye on the newcomer.

As the long, hot summer of 1938 unfolds Layla and Willa both spend their days delving into the history of the town, uncovering secrets and setting in motion a chain of events that will change their lives.

Annie Barrows is the co-author (with her aunt Mary Ann Shaffer) of the best-selling novel 'The Guernsey Literary and Potato Peel Pie Society', and this is her first solo novel. It's a beguiling read with all the quirky narrative choices, wit and charm that made the earlier work so successful.

Win a comedy thriller book

COMPETITION TIME

Hurstpierpoint resident Robin Driscoll, of *Alas Smith and Jones* and *Mr Bean*, brings his own sense of zany humour to his first novel, *Rough Music*, a veritable mash-up of City bankers and salty-dogs with a hint of Russian thrown in for taste.

Rab MacBain is in trouble. He's stolen money from the Russian mob, his girlfriend is apparently sleeping with his boss... and there's Stink Bug, a hitman, who is seeking to acquaint the Scottish-American banker with his Russian-made weapon.

Returning to his birthplace on the remote Scottish island of Garg, Rab unravels his own family mystery before gaining the trust, and the support, of the locals. What will happen when his past life laps at the shore of his new home? And can his new plan really help to save the island and himself?

Rough Music is an exciting and witty thriller. It will take the reader on an exhilarating ride through the journey of one man as he tries to save the life of his home town, as well as his own.

Robin has kindly agreed to give away a copy of his novel to two lucky readers of *Hurst Life*. Simply email competition@hurstlife.co.uk with your name and address – and two entries will be selected at random.

Rough Music by Robin Driscoll is available now from www.amazon.co.uk



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By Martyn Gooch, partner Rohan Solicitors

Question: I have created a brand name and logo for my business and want to stop others copying it, how can I do this?

Answer: Business owners commonly create and invent literary and artistic works (such as symbols, names and images) that are used to identify and promote their company. These devices can be a valuable asset of the business and, in many cases, it is possible to legally protect them to prevent competitors using them to their own advantage.

Trademarking is a way of protecting your company logo. If you have created a new and unique logo for your business it may be possible to protect it by registering it as a trade mark at the Intellectual Property Office. There are various rules regarding what can and cannot be registered. For example, generally the trade mark cannot include common surnames or place names or describe the goods or services that the business is selling. When you apply to register your trade mark, as part of the application process you must specify which goods or services you are seeking protection for. It is prudent to seek legal advice when considering applying to register a trade mark as if the application is incomplete or inaccurate it will be rejected.

A registered trade mark provides a business owner with effective protection against a competitor making improper and unauthorised use of their brand. When a trade mark has been formally registered in the UK the device ® can be used next to the mark to warn others that it is protected under the Trade Marks Act 1994.

There are many advantages to registering a trade mark. As well as being a means of protecting your business identity, it can make people take your business more seriously and can help you position your products or services in the marketplace. It is also possible to register a trade mark in other territories, including Europe, the U.S.A and Australia. A registered trade mark can be a valuable asset and generally the more successful your business becomes the more valuable your trade mark is likely to be.

When your trade mark is registered, if you spot a competitor trying to use that trade mark, or one that it is very similar, it is possible that they may be infringing your legal rights and you may be entitled to bring a legal action against them to prevent it. Expert legal advice should be sought if you believe one of your competitors is using your trade mark without your permission.

Martyn can be contacted by email on mgooch@rohansolicitors.co.uk or by telephone 01444 450901.

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Fun on the Continent

By Michele Copeland

The first visit this year to St Martin de Boscherville took place on the weekend of 25th May. Ten members of the Hurstpierpoint & Sayers Common Twinning Association went over on the Newhaven to Dieppe Ferry. The welcome by our French counterparts as hosts was, as usual, marvelous. The group visited, amongst other



things, the Victor Hugo Museum near St Martin on the banks of the Seine and a graphic exhibition describing the two trials of St Joan of Arc and her execution by the English. A golf tournament in France is planned to take place at the end of August, always a popular occasion!

Our friends from St Martin de Boscherville have been invited to visit us for the Hurst Festival in September, so we will be looking for hosts. Please contact Mike Shute for details.

Our AGM was held in May, in the conference room of Hurstpierpoint Village Centre. About 20 members attended in a cordial atmosphere around a drink and light bites.



July 2018

What is the Twinning Group?

The Hurstpierpoint and Sayers Common Twinning Association has been twinned with St Martin de Boscherville in Normandy, a delightful village on the banks of the Seine just north of Rouen, since 2003. St Martin de Boscherville is famous for its historic Abbey which has recently celebrated its 900th anniversary. Travel is normally on the Newhaven to Dieppe ferry followed by a pleasant 50 min drive to St Martin de Boscherville. Accommodation is with our hosts and we reciprocate by inviting our French friends to stay in our homes. The Association organizes a variety of events for all ages. These events could have a sporting theme (golf, tennis, cycling, walking etc.) a cultural theme (art, concerts, visiting historical buildings, gardens etc.) or an educational theme (student exchanges, pen friends). They all involve much socializing and meeting new friends.

We are always looking for new members and ideas. If you are interested in joining or finding out more please contact Chairman, Mike Shute on 01273 833195.

Membership is £5 per member and £10 per couple/family.

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Impressive turnout at Hurst Pavilion extension opening

By Michèle Copeland

An impressive turnout of around 100 people were present at the opening of the Bowls Clubhouse Pavilion extension last month.

A very cordial atmosphere reigned where clubhouse members, all dressed in their white bowls sports gear, and non-members alike, enjoyed a drink and a light finger buffet to mark the occasion.

The club was initially formed in 1923 and plays on the bowling green, which is leased from the Parish Council but has been maintained by its members since 1951.

The club organises several events over the year, such as Frog Night and The Hurst Bowls & Beer Festival, first instigated in the village last year.

Its purpose is to introduce novices to the game and this popular event will be held this year again on Sunday 2nd September from 11am until 5pm.

Simultaneously, the Beer Festival, featuring draft beers at £3 per pint from local breweries, will be taking place.

Entry to the festival is free. Teams are welcome to bring supporters and wear the team shirt, if the team has one.

Alongside the beer, a barbecue will be available during the afternoon.

For more information about becoming a member of the Bowls Club and to enter a team, please contact Bob Mitchell by email (r.j.mitchell@sky.com).



Outstanding young people honoured

Mid Sussex District Council celebrated the outstanding contributions made by young people in the District by hosting the fifth annual Young Volunteer of the Year Awards last month.

The Council organised a prestigious awards ceremony at Borde Hill Gardens, Haywards Heath to recognise the hard work of all the remarkable young people in Mid Sussex who regularly give something back to their local community.

Among those being celebrated was 16 year old Alicia Turner, from Downlands School.

Alicia, who was given the Young Achiever award, provides practical and emotional care for her younger brother both before and after school. She also volunteers with the Pasto-ral Support Service at Downlands Community School, providing her fellow pupils with information, advice, support and guidance.

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The Green Tree Gallery
at Borde Hill



The Other Summer Exhibition

30th June - 1st September

Hot on the heels of The Royal Academy's annual Summer Exhibition, the Gallery celebrates its 10th birthday with a similarly eclectic show of work by its many artists, past and present.



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Fabric art work at Gallery 22

Ellie Hipkins artwork is mainly inspired the beautiful scenery along the South coast and the Sussex South Downs. Her paintings start with the use of colour, the light of the day, the changing of the seasons. She mainly works by hand painting directly onto the fabric, then adding mono printing with real flowers and plants. She adds detail into her paintings with free motion embroidery, and a little hand embroidery to add texture. In some paintings she leaves the threads to hang free to add movement to the picture.

You can find some of her works and others at the Gallery 22 on High Street.



Small business grants now available

Mid Sussex District Council is offering local micro businesses grant funding of up to £2000 to help them grow and expand.

The grants are available to any Mid Sussex business that has less than ten employees and an idea for a project that will help their business grow. Up to £1500 is also available to help micro businesses take on an apprentice.

This is the second year that Mid Sussex District Council has offered grant funding to help support the local economy and encourage sustainable business growth.

Councillor Jonathan Ash-Edwards, Mid Sussex District Council's Deputy Leader and Cabinet Member for Resources and Economic Growth, commented: "We want local small businesses to be able to benefit from these opportunities, grow and thrive. Last year, our micro-business grants helped more than 40 local companies to expand and develop their business in Mid Sussex and we're keen to have the same impact in 2018."

For more information or to apply online visit www.midsussex.gov.uk/businessgrants



Magical Festival comes to Sussex

This August Magical Productions will bring its family-friendly, three day micro festival, Magical, to Borde Hill parkland near Haywards Heath.

Magical aims to inspire festivalgoers to become their best selves through play, and counteract the challenges to wellbeing caused by increasingly high economic and societal demands.

"Our aim is to empower people to fulfil their potential, for their own happiness and the greater good of everyone. All while having shed-loads of festival fun, trying out alternative activities and dancing day and night," says Magical co-founder Zoë Nattress.

Magical Festival takes place from 17th-20th August and adult tickets start from £90. For more information see: www.magicalfestival.co.uk

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by 17th
July



Well-being workshops this month

By Belle Amatt

June saw the first of my well-being workshops in the lovely Marram Trading café. The topic was Superfoods which is one of my lecture topics and a firm favourite as the controversy over whether certain foods should claim the 'Superfood' title is forever in debate.

My aim in these sessions is to inspire healthy eating which is both practical and nutritious. Also, I hope to bring people together into a sociable setting, to learn new health promoting lifestyle tips whilst being surrounded by like-minded people. Marram's is the perfect setting with its beautiful interior and its sense of welcoming.

At the end of each session I will be asking clients what they would like to hear about next and basing the following workshop on the majority request. So next up is 'Anti-ageing and the Blue Zones'. We'll be exploring the various theories on ageing and, having once established the potential triggers to accelerated ageing, I'll be sharing knowledge on how, nutritionally, we can focus on ageing well. I'll also touch on the Blue Zones research – the areas of the world in which populations live well into old age. Can Hurstpierpoint become more of a Blue Zone?

If you would like to join for this session do get in touch. Booking is essential as we only have 15 places. Email bellenutrition@gmail.com or pop into Marram to book a place.

Anti-ageing and the Blue Zones takes place on Wednesday 18th July from 8-10pm.



In this feature, Hurst Life highlights an artist based in the village. This month's artist is Pamela Holmes who is a stained glass artist...

I was born in Biggin Hill in Kent but most of my schooling was in Norfolk. I moved to Hurstpierpoint in 1989 and have not wanted to be anywhere else since!

I studied Computer Science at college and spent 26 years working in an IT environment, but I always needed an artistic outlet, spending many years taking dressmaking classes. I decided I needed a change and tried reupholstering chairs, and then one day my father told me he fixed stained glass church windows after the war. I thought it sounded fun, so I found an evening class and my love for stained glass began.

In 2009 I was made redundant and decided on a career change. I now work from a cabin at the bottom of my garden creating glass sun catchers, pictures, mirrors and windows. I booked my first fair that year and decided if I did not do well I would look for something else to do. Although it didn't actually work that well, I continued anyway as I didn't want to do anything else!

Rather than the traditional lead method we were first taught, I prefer things to be more delicate, so I use the copper foil method, known as Tiffany style. Each piece of glass is hand cut, ground, washed, edged with copper



foil, soldered and then washed again. I get most of my inspiration from nature, and living here really helps with that. I make a lot of birds, animals, insects and flowers. People ask me to do other things, and if I don't currently do them I ask them to come back next time and I will.

I thought pursuing my passion would give me more time with the family, but I have to restrict myself otherwise I would be down the cabin seven days a week!

I mainly sell through craft fairs, my glass is in a few shops (Gallery 92 is one of them). I have been a part of the Hurstpierpoint Open Studios since 2011 and Brighton Open House since 2015. I love meeting all the people who wander around looking at the different art.

Relax and enjoy
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Holiday snaps

As ever, Hurstpierpoint residents have taken their copy of the magazine away with them. Do send yours in to photos@hurstlife.co.uk



Jayne Cole at Elephant Hills, Thailand



Emilia & Sophia Barker taking a break in Puerto Pollensa to read Hurst Life

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Sudoku #24

2	4							
				4	2			
			8		9	5		
1					7			8
					4	2	5	
3	2							
	1		8					9
8			1		7			
4	5			2	6			3

Find the solution to #24 in next month's magazine

#23 Solution

8	1	6	9	7	3	4	2	5
2	7	9	5	1	4	6	8	3
5	4	3	2	8	6	9	1	7
6	8	4	1	5	9	3	7	2
7	3	5	8	4	2	1	9	6
1	9	2	6	3	7	5	4	8
9	6	8	4	2	5	7	3	1
3	5	1	7	9	8	2	6	4
4	2	7	3	6	1	8	5	9

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

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What's on this month

AT THE VILLAGE CENTRE

Regular events

- Sun **Sunday Afternoon Cream Tea Dance** – 2-4.30pm, nearly every Sunday
- Weight Watchers** – 9.30-10.30am, weekly in the Club Suite
- Mon **The Sanctuary** – 9.30-11.30am, weekly (term time only) – a welcoming place where friendships can form over coffee and cake
- Tues **Yellow Brick Lab** – 3.30-5pm, weekly during term time in the Conference Room
- Wolstonbury WI** – 7.45pm, 3rd Tuesday
- Scottish Dancing** – 7-10pm, weekly
- Fri **Star Dance School** – from 6.45pm, weekly
- Sat **Young Blossoms Dance** – 10.15-10.50am, weekly in the Club Suite (unless specified on website)
- Best of Ballroom** – 7.45pm, 1st Saturday

July

- 17th **Wolstonbury WI** – 7.45pm
Club Suite - Chinese Freshwater Pearls, Shell to Neck by Barbara Bartlett. Visitors welcomed (Enquiries 01273 834421)
- 20th **Gong Bath Therapy** – 7pm
Club Suite

Hurstpierpoint Village Centre, Trinity Road BN6 9QT
www.hurstvillagecentre.org

SAVE THE DATE

Albourne Village Show
1st September

AND ELSEWHERE

July

- 3rd **NHS Retirement Fellowship** – 10.15-11.45am
Franklands Village Hall, Haywards Heath - Branch meeting with speaker Tony Gledhill (Victoria Cross - Beneath The Waves). New members are always very welcome. (01444 483480)
- 4th-7th **I'll see you again** – 7.30pm
The New Inn Garden – Open air musical play about the lives of Noel Coward and Gertrude Lawrence (Tickets £12, www.ginpalaceproductions.co.uk)
- 4th **The WI** – 2.15pm
Girl Guide Headquarters, Trinity Road Car Park - Speaker Nick Hancock: 'Another Hat Dropped'. (Visitors are welcome, price £3)
- 7th **Councillors Clinic** – 11am
The New Inn - Your County Councillor, District Councillors and Parish Councillors will once again be at the clinic to meet you, talk with you and look into or answer issues you raise.
- 10th **Drop in IT session** – 10.30am-3pm
Morley's - Tech advice, tips and help every Tuesday. 1-2-1 advice and help on any tech gadgets, smartphones, tablets and laptops. There's no need to book, just pop in. £5 per 15 minutes.
- 11th **Mothers' Union Outing** – 2.30pm
South Downs Garden Centre - Meet at Trinity Road Car Park at 2.30pm to share lifts
- 14th **Isabello's Preschool Open Day** – 10am
@ The Church Hall, Sayers Common, BN6 9FA - RSVP required (info@isabellos.co.uk)
- 18th **Mothers' Union shared supper** – 8pm
East Coombe, North Bank, Hassocks - bring a plate of food to share
- 22nd **RNLI Treasure Hunt** – 11.30am
Come and join supporters of the RNLI for a circular treasure hunt around the village, starting and ending at the Recreation Field, South Avenue, Hurstpierpoint. Enjoy a nice walk and perhaps learn something new about our village! Entry fee £3. Starts 11.30am. Last entry 1.30pm. Finish the afternoon with your own picnic (no BBQs). (Gill: 07933 253 820)
- 22nd **Mid Sussex Ramblers** – 4pm
Ditchling Village Hall (BN6 8UJ, TQ327152)
- North from Ditchling: Ditchling Village Hall, Lodge Hill, Wellhouse Farm, Clearview Farm, Sussex Border Path. 5mile, moderate (John 07817032135)

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