

# Hurst Life

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by the village

Issue #48 : March 2019

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yourself!



Dust off your running shoes

**p. 10**

Behind the Counter with Dave

**p. 24**

Where's the nearest defibrillator?

**p. 34**

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## EDITORIAL

By David Tingley, Editor

This month represents a significant milestone in the life of our humble magazine: **Hurst Life is four years old!**

I write a bit more about this on **page 16**, but I would like to say how grateful I am for all those who support our existence by writing articles, giving us tip-offs, being willing to be interviewed and, of course, advertising on our pages. The team and I couldn't do it without such a wonderful community to focus on.

Talking of community; **Dave Sharp**, himself a resident here for 18 years, talks to **Mike Thatcher** on **page 24** as he went **Behind the Counter** of the Crossways Fish & Chip shop.

On **page 28 Belle Amatt** bakes muffins and shows us how, **page 32** introduces us to this month's **Artist of the Month Claire Grose** and on **page 34** we rerun the map showing the location of the local **defibrillators** – something we said we'd do from time to time.

If you have been wondering about the answers to January's **Recycling Quiz**, set by **Colin McFarlin**, then turn to **page 39** where he shows what from the list cannot go in your Blue recycling bin.

On **page 8** it's a pleasure to share what the **Parish Council** have been working on recently, on their regular update page. Then, on **page 18**, three **District Councillors** each write up some of their diaries to help us get an idea of their role in the community.

**Ann Winney** shares some fantastic tips of how to help the hedgehogs of Hurst on **page 17**, and a new column to our pages is written by **Nicky Newson** dealing with various aspects of **complementary healthcare**.

Last, but not least, Mike talks to the winners of last year's **St Lawrence Fair Fun Run** (**page 10**) and organiser **Benny Coxhill** about this year's event in July. You'd better start training!



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### Hurst Life

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Prue Heron Ballet dancer Lily in Hurst Meadows

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## Piers expert to give talk

The Hurstpierpoint Historical and Geographical Society, which was founded in 1972, delivers a series of monthly talks on wide-ranging topics of local interest. Each meeting has a presentation by an expert speaker on a subject with a historical or geographical flavour. The next meeting will be on 29th March at 8pm at the Guides' HQ on Trinity Road when Jackie Marsh, Brighton Historian and Royal Pavilion Guide, will give a talk entitled 'A Passion for Piers'. With a membership of 60 they also welcome non-members on the door at these events.



"Come along and join us," said Chairman of 15 years Bill Kent. "We are seeking a new treasurer, so if you would like to volunteer for some simple bookkeeping and banking please let us know."

For further information from the Chairman, Bill Kent, telephone 01273 832280.

## Beetle Drive fundraiser for Hurst Scout

A 16 year old Explorer Scout from Hurstpierpoint has been offered a place at the 24th World Scout Jamboree in West Virginia, USA in July. Annabel Macken is one of only nine young people selected from the Mid Sussex district to join 45,000 scouts from 133 countries.



Annabel has a fundraising target of £3,495 which covers her costs but will also assist poorer countries who may not be able to afford to send their scouts to the Jamboree. She is well on the way to the target with sponsored events, car washing, supermarket bag packing and raffles so far. The next event is a Beetle Drive to be held at Holy Trinity Church in Hurstpierpoint at 4pm on 17th March.

Please email [guymac@hotmail.com](mailto:guymac@hotmail.com) if you would like to buy tickets or could donate raffle prizes or bake cakes for a cake sale.

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# Flannels England face France

This year's Playnation Arena Polo Test Match will see the Flannels England team play France for the first time at Hickstead.

Both teams will be aiming to pick up the Bryan Morrison Trophy, which is presented to the winners of the annual Test Match held at the All England Polo Club on 2nd March. England has an excellent record in this fixture, winning all but one of the matches since the first Test Match was held at Hickstead in 2008.

A full day of polo gets underway with the 12-Goal Challenge at 11.30am, followed by the Test Match at 1.30pm. The Polo Clubhouse will be open from 10.30am onwards, serving a range of food and drinks.

[www.hickstead.co.uk](http://www.hickstead.co.uk)



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# The Wind in the Willows came to Downlands

By Nikki Burston

If only they had stuck to messing about in boats but they didn't! Mole, Rat, Badger and the hapless Toad embarked on lots of adventures on stage at Downlands in this year's fabulous drama production *The Wind in the Willows*.

The wonderful thing about our drama productions is that they allow so many students to take part, from make-up and stage crew through to the actors and the sound engineers. Rehearsals had been taking place since October and the performances last month were amazing. From the stage backdrops to the diction of the actors, Head of Drama Mrs Robertson and her team produced a play to be remembered.

Year 11 student Henry Godwin was a terrific Toad - completely believable as a rich, jovial, friendly kind-



Photo: Matt Freestone

hearted but aimless and conceited soul. Every student who took part was outstanding - their commitment was admirable and the result was a joy to behold - can't wait for the 2020 production!

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# Students sit on 'top of the bench'!

A team of students from Years 9, 10 and 11 at Hurst College won the Top of the Bench chemistry competition held in Lewes.

Lottie Ashton, Thomas Manchester, Saoirse Osbourne and Oscar Jaffe performed well in the annual competition run by the Royal Society of Chemistry, to take the title from Brighton College in second and Eastbourne College in third.

Both Year 9 students, Lottie and Tom, carried out an investigation into reactivity and displacement reactions. Saoirse investigated rates of reactions that involved reacting magnesium with an acid, and Oscar carried out a titration to determine the concentration of hydrochloric acid. The team then came together at the end to compete in the multiple choice quiz.



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## March 2019 | Parish Council News

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### By Stephen Hand

As many will have seen, the new Village Gateways have been installed at the entry to the two villages of Hurstpierpoint and Sayers Common and in general have been positively received. Most people have commented that they do give a stronger sense of place, which was our intention in putting them in place.

Although New Year's Day will be some weeks past when this page is published, I would like to thank everyone who made the effort to join the 'Hurst Meadows Guided Walkabouts' on that day. Some eighty people in total took part in the two walks and, from the lively discussions that took place, thoroughly enjoyed the guided tours of the three meadows which make up the fifty acres that now belong in perpetuity to the community. My thanks to Cllr. Claire Majsai and Advisory Board member Helen Brangwyn for organising the event, which will be repeated at Easter when the new orchard has been planted.



At its recent January meeting the Parish Council approved its budget for the year 2019-2020. In looking to next year we have taken account of our proposed management of the new Court Bushes Community Hub which will open in the spring. The new community building will be a flexible space that can be used in different ways by local community groups. A large hall area will be available for social functions or as a venue for activities like exercise classes and it is hoped that a nursery provider will use the space to provide local childcare. While MSDC has made most of the investment in refurbishing the building, it is proposed that the Parish Council will be responsible for the day to day financial operation of the Hub. MSDC will consider our management proposal in March, but meanwhile we believe that it is right for us to make provision to fund the early days of this hugely worthwhile project. In order to make sure we can do this while continuing to balance our budget, we have increased our Band D council tax by 5% which equates to an additional £3.42 per household per year. This budget and the financial results for the year 2018-2019 will be presented as usual at the Annual Parish Meeting in May.

Finally, in May there are local elections, including the chance to elect a new Parish Council. Anyone wishing to stand for election should contact the MSDC election office for further details. The deadline for candidates to submit nomination forms is 3rd April.





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## The fun of running: meet the champs!

**ST LAWRENCE FAIR FUN RUN**

**By Mike Thatcher**

Although the St Lawrence Fair seems a long way off, preparation is already underway, and perhaps none more so than for anyone who is thinking of entering the Fun Run this year. It has become an integral part of Fair Day and I met with race organiser Benny Coxhill along with two of last year's winners Laura O'Grady Serrut and Freddie Shalloe.

First conceived by Andrew Priddell, it used to be a much longer route, up to ten miles and going up Wolstonbury twice. Benny then got involved: "I used to see it go past my house in Bedlam Street and think I would like to do that, so I started training but that was the year they stopped running it! A group of us revived it about 20 years ago."

Benny took over the running of the event from Ian Bush ten years ago. "We usually get about 100 people in total, 60 or 70 for the long course and 20 or 30 for the short course, but it would be nice to have a few more. We have had all sorts of runners over the years. Some serious runners; people have come from Scotland and even the Netherlands, so you get all sorts of people."

The long course goes over the top of Wolstonbury Hill and is just over five miles long. The shorter course cuts towards Danny House and over the fields and is close to a mile and half long. There's a short stretch of road on New Way Lane, and the race organisers are grateful to Danny House as they need permission to run on the drive. It can be a moment to frighten or inspire the runners according to Benny: "You can see the great hill behind the house and think I've got to go up there!"

Last year's winner Laura, who got involved when the 'We Run Hassocks' group helped organise the run a few years ago, thinks the Fun Run has its own unique flavour:

"It is low key, relaxed and has a different feel; a genuine 'fun run'. And it comes with great views! It's a lovely race all round." She explained that many of the runners are used to running longer distances on the roads and use this cross-country run to supplement their training.

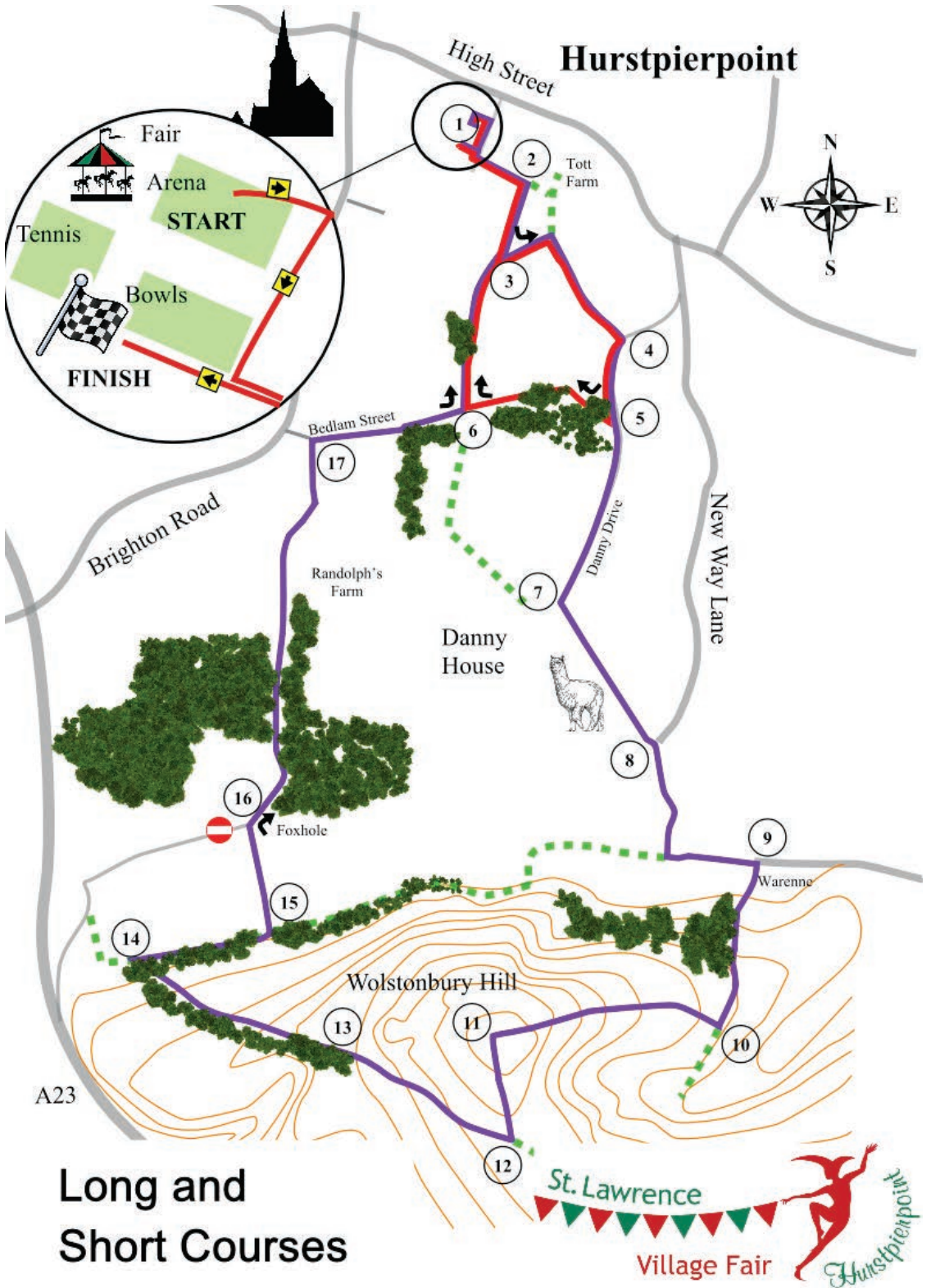
Young Freddie, a Year 6 pupil at St Lawrence School, is hoping to retain his short course trophy this year. "I would like to win, even though it's a fun run. It's quite a short run for me but I also prefer cross-country running rather than on the roads, so that gives me an advantage I think."

The nature of Fair Day means that the start time of 2.45pm is not always met exactly. "Whether it's a lost child or trailers getting stuck in the arena, we ask the runners to prepare to be flexible about the start," explained Benny. As always they are looking for sponsors to meet the cost of the race numbers, medals and for prizes. They are grateful to Burgess Hill Runners for the loan of equipment such as poles, arrows, marquee, start cordon, bibs and starting horn, as well as with the marshalling.

As much as anything, the race couldn't be run without volunteers. Benny is particularly grateful for one group's help: "The Army Cadets are really good. They are from Hurst but also recruit from other branches. They are great, and they do whatever is asked of them."

If helping out at a water station appeals to you then please let Benny know. It's a great job for dog walkers who don't mind waiting somewhere on the route for an hour. As Laura said: "It gets really hot during the race, so we are really grateful for the water stations and volunteers."

Race Day is Saturday 6th July this year. If you can help in any way email: [stlawrencefair.funrun@gmail.com](mailto:stlawrencefair.funrun@gmail.com).



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# Treating the menopause naturally

By Nicola Newson, BSc (Hons) Ost, Sussex Osteopath and Complementary Health Clinic  
 Natural menopause normally occurs in women between the ages of 45 and 56. During these years a variety of symptoms may be experienced; the most common of these are hot flushes, night sweats and vaginal dryness, but insomnia, anxiety, depression, fatigue, aches and pains, headache, palpitations, genital and urinary problems are also common. For a percentage of these women their 'normal' way of life and work becomes increasingly difficult. Conventional treatment is usually hormone replacement therapy (HRT), which is considered to be effective in treating the symptoms, and may be prescribed by GPs for years. Some women find HRT effective, but others experience many distressing effects; some are advised against taking it or are unwilling to take it. Continuing distress caused by their symptoms prompts many women to seek help from acupuncture.

Traditional acupuncture is a healthcare system based on ancient principles which go back nearly two thousand years. It has a very positive model of good health and function and looks at pain and illness as signs that the body is out of balance. The overall aim of acupuncture treatment, then, is to restore the body's equilibrium.

What makes this system so uniquely suited to modern life is that physical, emotional and mental well-being are seen as interdependent and reflect what many people perceive as the connection between the different aspects of their lives.

Traditional acupuncturists believe that the underlying principle of treatment is that illness and pain occur when the body's qi, or vital energy, cannot flow freely. There can be many reasons for this; emotional and physical stress, poor nutrition, infection or injury are among the most common. By inserting ultra-fine sterile needles into specific acupuncture points, a traditional acupuncturist seeks to re-establish the free flow of qi to restore balance and trigger the body's natural healing response.

Women seeking acupuncture for relief of symptoms associated with the menopause may present in a configuration that is unique to them. One of the strengths of acupuncture is in the tailoring of treatment to that unique individual. The results of studies suggest that acupuncture can be effective in reducing symptoms of hot flushes and can also be very helpful in treating symptoms of anxiety and depression associated with the menopause. Acupuncture therapy has a similar effect on hormones circulating in the blood as hormone replacement therapy.

Adapted from articles by the British Acupuncture Council



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## Looking back

By David Tingley

When I started Hurst Life four years ago I knew very little about this amazing village.

I've had the privilege of meeting lots of great people who know the area, understand the community and have introduced me to lots of other people too.

Over the period I've worked with a number of Assistant Editors: Linda and John Levett, Hattie Parish, Emily Volkert, Lucy Webb, Deb Hollywood, Michele Copeland and, of course, Mike Thatcher who is doing a fantastic job now. These folk in this role have all been the eyes and ears on the ground – which is essential for what we do in making Hurst Life a magazine that's relevant to the residents and friends of the village.

We've also been very fortunate to have a number of advertisers who have been in since the very beginning. Sussex Osteopathy, Dawn Benson Accountancy, Marcus Grimes, C&G Plumbers and PRB Accountants have all supported us from Day One – a big 'thank you' to them. Advertisers do, after all, make this whole thing possible!

From a content perspective, David Saitch, with his Village Cinema column, was keen to get involved from the outset too. I recall the opening of Morley's Wine Bar was featured in that first issue, along with Chris Bradford – who was our first Village People candidate.

I particularly enjoyed putting together the feature on the reopening of St Lawrence School, when Paul Dyer gave me a guided tour of the expanded and improved site. In August 2015, we found our role was to try and help the people of Hurst to understand what improvements (controversial to some) were to be made while the High Street was closed during that summer.

In March 2016 I loved the feature on Albourne's Pop Up Pub – a fantastic community initiative. Then there was the article written by Sophia Hunnisett about the women behind the new road signs in September of the same year.

We always try and support the High Street shops, and in 2017 we started a regular focus on the traders – which was well received. I should certainly mention Hurstpierpoint and Sayers Common Parish Council getting on board officially with us in November 2018 – which was a fantastic moment of recognition for us.

Above all, thank you for making Hurst Life what it is on a monthly basis. It is, after all, 'local village talk by the village' – and that's what we like to do!

# Year end coming up soon?

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# Feeding time

## HOGGIE HELP

By Ann Winney

We hope spring is just around the corner and this means that the hoggies should be emerging from hibernation and will be hungry, so time to make or clean out your feeding station. Make sure there is always a shallow bowl of water. Hogs love meaty cat or dog food and cat biscuits, and there are also some very good hog specific foods available.

Please don't give your hogs bread and milk. They are lactose intolerant and the bread can swell in their tummy, and please avoid meal worms, as these can cause metabolic bone disease. It's a bit like feeding your children only Mars bars!

You can easily make a feeding station from a storage box with a 13cm square hole cut at one end. Put a brick on top and make a tunnel in with a few more bricks. This will keep cats and foxes out. If you have a rat problem you may need to sort that out first.

If you are not sure who you are feeding, hogs are messy eaters. You could also put a sheet of paper in the bottom of your station and check the footprints.

A date for your diary – Wednesday 3rd April, 7.30pm at The New Inn. We have Prof Dawn Scott from Brighton University talking to us about mammals such as hedgehogs, foxes and badgers and their interaction with humans. Information Stand and raffle. £2.50 on the door.



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# A month in the life of a District Councillor

Mid Sussex District Councillors for the area, Colin Trumble, Anthony Watts Williams and John Wilkinson, have shared a diary of some of the main events of the previous two months. The idea is to give a flavour of what they do – it doesn't include all the meetings, telephone calls or communications they have with individual residents about planning, benefits, housing or other matters. But listed here are some of the issues raised which have a wider concern and interest. Each Councillor is mentioned by first name.

## 3rd December

Colin was at The Hurstpierpoint Parish Traffic & Parking meeting and, once again, raised the issue of experimental traffic lights at either end of the High Street. The problem is, of course, the lanes that enter the High Street between the pinch points where the lights would be sited, although a West Sussex County Council (WSCC) traffic engineer said this may be solvable. However, it was agreed that the loading bay would be for loading only, extra space was identified for parking and parking bays would be marked on the road.

## 4th December

Anthony and John attended the Planning Chairmen and Vice Chairmen meeting. This looks at key issues and trends in Planning. Anthony is Vice Chairman of Planning Committee B and John is Vice Chairman of District Planning. MSDC has three planning committees; the District Planning committee, which looks at the larger more strategic applications and Planning Committees A and B, which look at the smaller, and more local, planning applications. Planning Committees are semi-judicial hearings weighing and deciding planning applications on planning law only.

## 6th December

Anthony, John and Colin went to a MSDC briefing on Mayfield (who want to build up to 10,000 houses between Henfield and Sayers Common). It seems Mayfield are entering into a preferential planning agreement with Horsham District Council. However, MSDC's position on Mayfield (and that of our MPs) is unchanged - there is no need for and we are opposed to the Mayfield housing.

## 8th December

John, Colin and Anthony ran a stall at the Christmas High Street event. We were roasting chestnuts and answering residents' questions from early afternoon into the evening - a great fun day. All the money raised went to the event's nominated charity.

## 11th December

Colin chaired a Steering Group meeting on the Court Bushes Community Centre, just off Willow Way. This has been going through substantial and expensive refurbishment and should be ready for community use from Easter time. Anthony and John attended a MSDC Design Panel meeting on the planned Reeds Lane development at Sayers Common.



Anthony, John (roasting the nuts) and Colin (with hat)

## 12th December

Colin, Anthony and John attended a meeting of Full Council. These monthly meetings give final scrutiny and agreement to Council policy.

## 13th December

Colin attended the monthly meeting of Hurstpierpoint and Sayers Common Parish Council. There are five parishes in the Ward; Hurstpierpoint & Sayers Common, Pyecombe, Newtimber, Poynings and Fulking. We make sure that one of the Ward Councillors attends each Parish meeting to hear the Parish's issues and update on MSDC matters.

## 14th December

John and Colin attended a 'Hard Hat Tour' of the Court Bushes Community Centre, along with many residents and community organisations. It was an opportunity to see the rebuilding of the centre in progress. A freezing cold but most interesting morning. It will be a great community facility.

## 18th December

A very busy day. In the morning John and Colin attended a MSDC working group finalising the Council's budget for 2019/20. Also in the morning, Anthony attended a regular meeting of South Downs National Park (SDNP) members. Anthony is MSDC's representative on SDNP. In the evening Colin, Anthony and John were members of a scrutiny committee looking at how MSDC should respond to Gatwick Airport's proposed expansion. This could involve permanent use of the standby runway or building a new second runway. We asked for much more information before we could make a reasoned response. In the afternoon John and Anthony were on the District Planning committee. In the days running up to the committee meeting, John and Anthony visited all the application sites to help them in the decision making process at committee.



John and Colin trying to keep warm at Court Bushes

### 8th January

As Vice Chairman of MSDC, Colin and his wife Judy visited Sussex Housing and Care's Oakwood Flats in Haywards Heath. This is a fantastic care home and residential facility for older people. We met and spoke with many of the residents and staff and had a detailed discussion on local care issues with Sussex Housing's senior management. It's probably not widely known but MSDC do a lot of work on health and the Community but, unquestionably, more needs to be done on adult care.

### 19th January

John, Anthony and Colin were at the quarterly Councillors' surgery, held at The New Inn in Hurst. It's a great opportunity for residents to come and meet us, discuss and ask questions. This time most of the issues were around the High Street. MSDC don't have responsibility for traffic and roads - that's the Parish and WSCC (West Sussex County Council). The three of us have since talked again with Joy Dennis, our WSCC Councillor, about the High Street and asked for action to be taken. Joy will again raise the High Street at the next Parish Traffic and Parking committee.

### 22nd January

Anthony, Colin and John were at a meeting of the Burgess Hill Strategic Group, looking at progress on the Northern Arc. This is a development of some 3,500 houses arching around the north of Burgess Hill. MSDC has secured the involvement of Homes England to drive this forward, ensuring the delivery of the necessary infrastructure (roads, schools, community and health facilities) and social housing.

### 30th January

John, Anthony and Colin attended a meeting of Full Council.

And that's not all! All of us are on different Scrutiny Committees - there were meetings of each of these in January. Scrutiny Committees look in detail at different areas of the Council's work, ensuring plans and budgets are sound and achievable, the work is carried out on time and meets those planned objectives and budgets. It's a process of holding the Council's policy makers and executive to account.

Throughout December and January all of us worked with individual residents on a range of things like planning and benefits. At the moment, there are a number of planning issues we are dealing with not only in Hurstpierpoint but also in Sayers Common and Fulking. Additionally, we have been working and continue to work with the local communities and MSDC on developing and improving playground and community facilities, for instance in Hurstpierpoint, Pyecombe and Poynings.

If there are topics or issues you wish to discuss, please do contact us: Colin Trumble - 01273 832102 - colin.trumble@midsussex.gov.uk, Anthony Watts Williams - 01273 493776 - anthony.watts.williams@midsussex.gov.uk or John Wilkinson - 01273 832772 - john.wilkinson@midsussex.gov.uk.

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# Hurstpierpoint Singers group closed down

By David Redd

It is with great regret that we announce the closure of Hurstpierpoint Singers after 68 years of music making in Sussex. Dwindling numbers and illness led to the decision, which means that the very successful Christmas Concert held at Holy Trinity, Hurstpierpoint in December – at which over £250 was raised for Alzheimer’s research – will, in retrospect, be their final performance.

There will, therefore, not be a concert in April, although members of the Singers have joined other local choirs, including Burgess Hill Choral Society, Chanctonbury Chorus, All the Right Notes and Sussex Chorus; all of whom have concerts between April and June.

The group would like to thank all those who have supported them over the past decades, both as singers and as audience members.



## Tech help for over 60s

Free technology help sessions for the over 60s have started at Hurstpierpoint College, in collaboration with Mid Sussex Older People’s Council.

The friendly students at the college will be on hand to help you with any technology related questions you may have, every Tuesday during term time from 2.30-3.30pm, with time for a coffee and chat afterwards.

Any questions you like, big or small, from turning on your device, to using Skype or looking things up. Bring your laptop, iPad or any other devices you have questions about. The college also has PCs to use if needed.

There will be a minibus available to pick people up from Trinity Road car park at 2.15pm before every session and drop back around 4pm. For everyone else, please just go to the college reception and you will be shown where to go. There are a few steps up in both the minibus and the college.

No need to book, just turn up. For any questions, please leave a message on our answerphone 01444 242760 or email: Nicola6@msopc.org.uk.

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## Van parking solution

One Hurstpierpoint resident is concerned about the level of vandalism to cars on the streets in the village.

Steve Duff, who runs Trickswap as an entertainer and teacher of circus skills, has been parking his van as far out of the way as possible so as not to cause any undue displeasure to anyone else. However, while parked on Brighton Road he has had various minor incidents until recently when his brake lines were cut.

Steve, who has run fundraising workshops at the school and performed at Hurst Festival, is looking for another option. "I understand that having a large red van on the road isn't the most aesthetically pleasing sight on the way into the village, but I have nowhere else to put it. I would really value others' help in trying to find storage for it," he explained.

"I would be willing to negotiate a reasonable exchange for the peace of mind of storing my vehicle somewhere safer, whether that's a lovely birthday party workshop or a fixed cost per month."

If you might be able to help Steve, please email: [stephencircusduff@gmail.com](mailto:stephencircusduff@gmail.com).

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## Rugby sevens boys secure success in the snow

Hurst College took two squads to the Sussex U16 Sevens Competition at Brighton RFC, and, with both groups performing well to meet in the semi-finals, it was the A team who inched a close match to progress through to the final and claim the title.

Despite the cold weather and snow covered pitches, the sky was clear and the sun was beaming down as the A team were preparing to start their first game against Dorothy Stringer, which they won. The B team also won their opening fixture against Eastbourne College.

## Local musicians' return

Hurst jazz and blues singer Julie Roberts and Ditchling composer/arranger/pianist Michael Hinton had a very productive and satisfying year last year, including a concert in the Hurst Festival.



Recently they have been working on a new album, their third in three years, which will feature two of Michael's original compositions. One of the songs, called The Gift, has an intriguing story. Julie and Michael have decided to name the album after this song.

The CD will be launched at their concert, Jazz in the Afternoon, in the Brighton Fringe Festival on Friday 10th May.

Julie and Michael's Sunday morning concerts at The Hassocks Hotel proved very popular last year, so they will be doing some more this year, starting on 31st March at 11.30am with Jazz Before Lunch.



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# Chip shop endeavours

BEHIND THE COUNTER



The ever-smiling owner of the village chip shop, Dave Sharp, talks to Mike Thatcher.

By Mike Thatcher

I always found it hard to pinpoint Dave Sharp's accent, and being the sheltered southerner that I am I guessed broadly at London. "No, no. Peterborough, and you're not the first to guess wrong." In fact he lived there for the first 19 years of his life until he took up a place at Brighton University to study International Accountancy and Finance. Those three years taught him he didn't want to be an accountant.

"I think if computer sciences had been more advanced back then, then I would have done that. I've ended up as a programmer, that's what I really do. I started off programming hotel software, telephone systems through a guy I knew and ended up, through sheer demand, going online and doing websites." For the last 12 years he's worked for an American web agency and has been coding for them. Week-in, week-out he does 20 hours a week for them. "I don't want to give it up because it's a very useful skill as a back up if anything happens."

More often than not, when you enter his cookshop and he's tapping away he will be working on a website. As he was when I went to meet him, this time for a website selling stamps. He has always had a strong work ethic and always had part-time jobs even when studying. "I worked on the Pier in my first year at university, to

"Taking a photo of the queue was literally the last thing on my mind on that night. It was unbelievable. Crazy!"

earn beer tokens, and gradually got promoted. When I graduated I stayed on the Pier another three years. Sideshows and the rides; long hours but a good party life, which suited me at that age!"

It was on the Pier that he met Nikki, his wife of 20 years, who was the PA to the general manager. Despite living in Brighton for ten years, he had never heard of Hurstpierpoint when the time came to move on from city living. "We were being shown round a house in Poynings, behind the Royal Oak, and I couldn't stand up in any of the rooms. The lady showing us around said she'd got this lovely little cottage in Hurstpierpoint. We saw it that day and have been here ever since."

Itching to start a business together they were inspired by friends in the Cotswolds. "We were often going up and staying weekends with friends there, and every



little village in the Cotswolds had a cookshop. We were amazed that even people who were going on holiday were still buying things from cookshops." They started it as an online business and, because of his background, he built a website, loaded all the products and pictures up and let it run. This was late 2005 and early the following year premises, beside the clock shop became available and they set up a shop.

Three years later they found out that the corner shop was available and they moved in over a weekend. "We shut over there on a Saturday afternoon and opened here on the Monday. We had over a dozen friends with sack barrows and they moved the stock across." Seven years later they opened up a branch in Burgess Hill. "Nikki quit working for the Pension Regulator in Brighton after 15 years and she covered a full-time staff member who left. We thought it would be good to have a bigger shop in a town. And there were two of us, so we thought one could run one and one could run the other."

Then, as the retail outlook began to look bleaker, he decided to change tack. "I think it's very hard to stay afloat in a small High Street. Which is why we diversified again. A chip shop was only on my radar because I'd done it before." Cue a classic double take from me. Done it before? "Oh yes. From aged 15 I was a fish fryer in Peterborough for a guy who had done it for 30 years, and for three years he taught me everything he knew."

A takeaway licence is notoriously difficult to receive and the last one in the village was applied for in 2009. A lot of boxes had to be ticked, and that included installing the most advanced technology and lower opening hours. For three months before opening, on most Sundays they had a group of family and friends around and they'd test oils, ingredients, batters, mushy peas, curry sauces; everything they were to sell in fact. They never lacked for company on a Sunday.

On 6th April 2017 the chip shop opened to the public. Did he see the queue I wondered? "Taking a photo of the queue was literally the last thing on my mind on that night. It was unbelievable. Crazy! For the first two weeks there was a feel that everyone wanted to give it a try. It was great, but terrifying for me. I guess if I'd opened the doors and no one came that would be equally terrifying. The staff were learning on the fly. I was learning on the fly. You can test it at home all you like but you can't test it to scale."

The staff were there 8am most mornings and not leaving till midnight. It was a huge change to his life. "I'd been doing almost 9-5ish in the shop and then all of a sudden you're working day and night. Now that everything is fine-tuned and running I get home about 10pm."

Now an equal number of regulars complement the 'if and when' crowd. He does have to prepare more food if a payday falls on a Friday, as it creates a noticeable spike in sales. Plans for online ordering, grilled fish and, most importantly, the search for an assistant fryer are all in the pipeline.

He now feels much more part of Hurstpierpoint life than when they first moved here. "Then we both still worked in Brighton, which meant we didn't spend much



time in the village. We were guilty of being one of those couples who are out of the village from 7am-7pm and didn't use the shops because we weren't here." He was on the Parish Council for a year and half, which he found rewarding but hard to get things done, and retains an admiration for their efforts.

On the rare occasions he squeezes in some downtime he can be found on the allotment with a flask of tea or at the New Inn with a glass of red wine.

He was at pains throughout our chat to flag up support from two sources – Nikki and the village. "Nikki's a big part of what we've done - she organises everything and makes things work. In the beginning we both did everything together. I know I couldn't have started the chip shop without her."

It's also of great comfort to him that he largely feels the village is behind him: "The support is amazing and we get fantastic feedback. Invariably any swipes on social media are met with a barrage of support, which is great.

"One of the things I said to myself when I started this business is that you can't please everyone all the time." This is truer with a chip shop than almost any other line of business, as, what makes a good chip or which batter is best is so subjective. But if sheer hard work and service with a smile are the key to winning over customers, then I'm sure Dave is well on his way to pleasing most people most of the time.

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By David Saitch

Four films squeezed in this month, before the refurbishment of the Players starts in the spring. We start on **Friday 8th March at 8pm** with **The Rider (15)**. Occasionally a film comes along that captures an honest slice of American life with performances so authentic that you forget you're watching a movie. This is just such a film. The competition days of a rising star of the rodeo circuit are over following a riding accident, and he finds himself wondering what he has to live for. A complete surprise and a masterpiece in every way, *The Rider* is an incredibly compassionate, beautiful, humane piece of work from the talented Chloe Zhao and is not to be missed.

Next on **Thursday 14th March at 8pm** we show **Western (15)**. A group of German construction workers start a tough job at a remote building site in the Bulgarian countryside. The foreign land awakens the men's sense of adventure, but they are also confronted with their own prejudice and mistrust due to the language barrier and cultural differences. The stage is quickly set for a showdown when two men begin to compete for recognition and favour from the local villagers. This is one of the best and most overlooked films of 2018.

Then on **Friday 22nd March at 8pm** is **Good Time (15)**. Here's an edge of the seat, utterly gripping thriller – a *Good Time* indeed.

After a botched bank robbery lands his younger brother in prison, Constantine Nikas (Robert Pattinson) embarks on a twisted odyssey through New York City's underworld in an increasingly desperate – and dangerous – attempt to get his brother out of jail. Over the course of one adrenalized night, Constantine finds himself on a mad descent into mayhem as he races against the clock to save his brother and himself, knowing their lives hang in the balance.

Finally on **Sunday 24th March at 3pm** we screen **The Wife (12A)**. Joan and Joe Castleman (Glenn Close and Jonathan Pryce) have been married for nearly 40 years. Where Joe is casual, Joan is elegant. Where Joe is vain, Joan is self-effacing. Joe is about to be awarded the Nobel Prize for his acclaimed and prolific body of work. *The Wife* interweaves the story of the couple's youthful passion and ambition with a portrait of a marriage over 30 years later – a lifetime's shared compromises, secrets, betrayals, and mutual love.

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# Blueberry Muffins

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### Ingredients

- 2 cups all-purpose flour, levelled-off
- 2 teaspoons baking powder
- ¾ teaspoon salt
- 1 stick (½ cup) unsalted butter, softened
- 1 cup granulated sugar
- 2 large eggs
- 1½ teaspoons vanilla extract
- ¼ teaspoon almond extract
- ½ cup milk
- 2¼ cups fresh blueberries
- 2 tablespoons demerara sugar

### For Cooking

- Non-stick cooking spray
- 12 paper muffin liners

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Belle Amatt is a Hurst resident and nutrition consultant, author and lecturer in Naturopathic Nutrition. She holds workshops and talks on a variety of healthy eating topics.



I was reading lately that around one in six children believe a blueberry muffin counts as part of their five a day. There is lots of confusion around the five a day concept as portion size needs to be considered with each individual fruit. There's a great NHS document which can be used for this purpose (<https://bit.ly/2DEjAJZ>). But let's be clear on one thing; not all blueberry muffins are created equal and, although we'd rather our kids be eating fresh fruit than cake, baking is a great way to inspire kids to get excited about making things from scratch, especially when you are baking with fruit or vegetables. Whilst putting these delicious muffins together it's fairly likely that some of the blueberries will get eaten. When serving them up it's a delicious idea to sprinkle a few fresh berries over the top of the baked muffin. So, you could be part way to your five a day goal by the time the muffins are ready. To be enjoyed in moderation of course!

### Method

Preheat the oven to 190C. Line a 12-cup muffin tin with paper liners. Spray the pan and the liners with non-stick cooking spray.

In a medium bowl, whisk together the flour, baking powder and salt.

In the bowl of an electric mixer, beat the butter and granulated sugar for about 2 minutes. Add the eggs one at a time, scraping down the sides of the bowl and beating well after each addition. Beat in the vanilla extract and almond extract. (The batter may look a little grainy -that's okay.)

Gradually add the flour mixture, alternating with the milk, beating on low speed to combine. The batter will

be very thick. Add the blueberries to the batter and fold gently with a spatula until evenly distributed. Do not overmix.

Scoop the batter into the prepared muffin tin (an ice-cream scoop with a wire scraper works well here); they will be very full. Sprinkle the demerara sugar evenly on top of the muffins.

Bake for about 30 minutes until lightly golden. Let the muffins cool in the pan for about 10 minutes. Run a knife around the edge of each muffin to free it from the pan if necessary (the blueberries can stick), then transfer the muffins to a rack to cool completely.

Recipe from [www.onceuponachef.com](http://www.onceuponachef.com)

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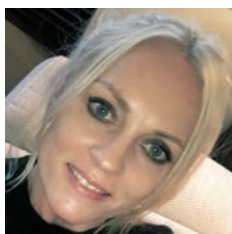
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Hurst *Life*



## 5 MINUTES WITH...

### Lisa Allum

Lisa recently sold the hairdressing business that she had with her mother after 30 years to concentrate on her passion for yoga.

**How long have you lived in Hurstpierpoint?** 24 years

**What's the best thing about being here?**

The High Street and the village school; both my children went there and it was lovely to be able to walk them to school everyday

**What would you like to see in Hurst that isn't here?**

A community centre where teenagers can hang out

**How many houses have you lived in?** Five (two in Hurst)

**Favourite book, film and album?**

The complete guide to Yin Yoga by Bernie Clark Grease; The Greatest Showman; Off The Wall by Michael Jackson

**Most common New Year's resolution?**

To not buy any more clothes!

**Your most enjoyable event in the village?**

Friday night before Fair Day

**Do you share your home with anyone? (If so, who?)**

My husband Joss, children Liberty and Max and my dogs Marley and Ruby

**Song you play the most?**

Superstition by Stevie Wonder

**Which app on your phone do you use the most?**

Instagram

**Your most frequented village shop?** Co-op

**What's your proudest moment?**

After my children, would be qualifying to teach yoga at 48!

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**Your advice for life?**

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**If you would like to provide your own answers**

**for 5 Minutes With, simply email them to [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk) along with a photo of yourself, or do please encourage a friend to send their answers in!**



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**ARTIST OF THE MONTH**

In this feature, Hurst Life highlights an artist based in the village. This month's artist is Claire Grose...

By Claire Grose

Art, and everything connected with it, has always been a huge part of my life – as a very young child I even remember loving the smell of the paint!

My mother was a landscape artist so I was very fortunate to grow up in a home where art and nature were regular topics of thought and discussion. My favourite memories are of sitting and watching my mum paint.

I was a passionate painter at school, and then went to college where I studied art and ceramics before being encouraged to study for a 'sensible' career as a nurse in London. I adore many aspects of nursing to this day, but my heart is most alive when I am engaged in the creation of something that I feel is really beautiful and expressive.

I started with watercolours, inks and then oils. I enjoy the whole process from the feel of the canvas to the consistency and wonderful pigments of the paints – and, yes, I still love the smells!

It is when I am outside and really immersing myself in the landscape or by the sea that I get inspired. I often go back to a spot with a sketchbook, pastels and a small kit of oils so I can create some tonal sketches or a mini-painting that I bring back to my studio to use as reference.

I hope my work represents the deep emotional response to what I see and that each piece evokes a strong sense of calm for those experiencing it.

The greatest compliment I can have from clients who view or own one of my paintings is that they feel a real sense of peace and calm when they immerse themselves in the scene and that it has the ability to completely change their mood to one of serenity – you can't ask for more than that.

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# Life-saving knowledge

## Where's your nearest defibrillator?

At Hurst Life we'd like to encourage everyone living and working in the village to familiarise themselves with the sites of the life-saving defibrillator machines and learn how to use them.

An estimated 60,000 people each year in the UK have an out-of-hospital cardiac arrest and, sadly, less than 10% of those people will survive. Yet if a bystander is able to start CPR they could double a person's chances of survival.

Hurstpierpoint has four machines: One on the outside wall at the Fairfield Rec on Cuckfield Road, another is situated at the Bowls Club on South Avenue Rec, a third is inside the Medical Centre on Trinity Road and the final defib machine is mounted on the wall in the alleyway between Morley's and Olive on the High Street. In Sayers Common there is one on the outside wall of the Community Shop (by the door to the hall). While in Albourne there is one inside the Primary School, in the gym of Wickwoods Country Club (up Shaves Wood Lane) and one mounted on the outside wall of Albourne Village Hall, to the right of the entrance doors. Not all of these

will be available 24/7 but the outside ones listed (right) should be.

All of the machines are portable and contain full instructions, but why not give yourself a head start with an online tutorial?

The Resuscitation Council (UK) has produced plenty of information to help us all learn more about what to do in these dramatic and highly pressured times, should we find ourselves involved.

You can watch videos and play interactive games to increase your understanding. You can even download an app - see [www.resus.org.uk/apps/lifesaver](http://www.resus.org.uk/apps/lifesaver) for more information.

Please give it a go. With our emergency services so overworked, we as communities can get better at helping ourselves, and it really does make a difference.

If you have any information about changes to these defibrillators, then do please let us know, so we can update this mag for next time.

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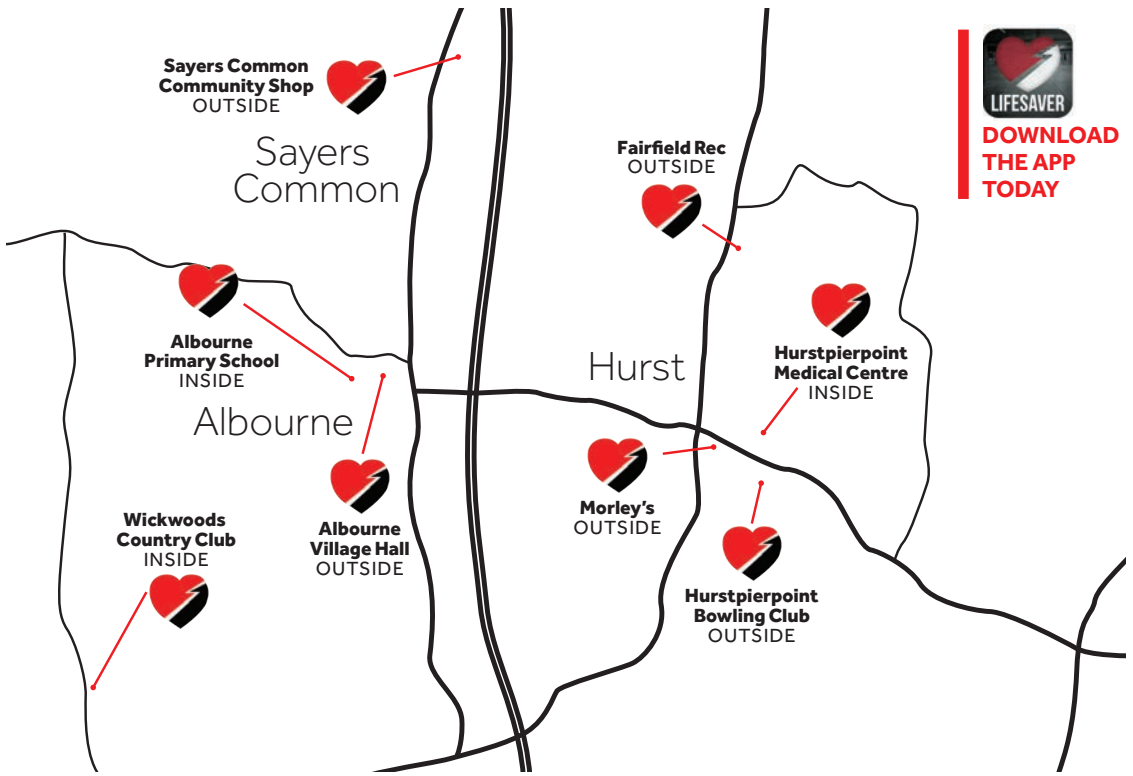


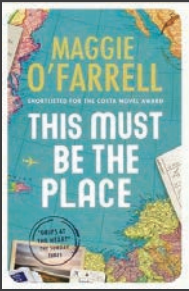
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## This Must Be The Place by Maggie O'Farrell

### BOOK REVIEW

By Clair Stanton

The central relationship in *This Must Be The Place* is that between Daniel Sullivan and Claudette Wells. Claudette is a former movie star who left her career for a life of solitude in Ireland; she guards her privacy fiercely and is a volatile woman who demands absolute loyalty from her family. Daniel's journey to Ireland was an escape from the pain of a failed marriage in America. His devotion to his new family seems absolute, but his complicated past leads him on a journey away from them, and whether he can navigate his way back becomes hard to predict.

Maggie O'Farrell is the author of seven novels and this is her latest: it spans decades and continents but is at heart a domestic tale, told in a way that is a departure from her usual style. There are multiple narrators, some of whom appear only briefly, and the reading group I discussed this with was divided about some of the experimental elements (particularly the auction catalogue, complete with photos). I felt the experiment paid off and will be going back to read more of her work as the characterisations were strong enough to hold the story together and held my interest all the way through.

Decide for yourself by picking up a copy on your next visit to Hurst Library, there will be copies on display throughout March.



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## RECYCLE THIS...

WSCC Recycling Ambassador Colin McFarlin sheds some light on what can and can't be recycled in our domestic blue bins. If you have a question for him, email: [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk)



Thank you for all your individual enquiries about your recycling. By the time you read this I will have replied individually to all your emails to the editor on recycling. Keep the questions coming...

In the January edition I ran a competition and know, from the correspondence and conversations, many of you want to know the answers!

Well, there were 30 items that you should NOT put into your kerbside recycling (blue) bin. All the other items can go in and will be recycled. Have a look at the picture opposite for the answers – how well did you do?

The editor has drawn the lucky winner and I am delighted to announce that Barbara McLeish from Hurstpierpoint won the competition. She and her guest will be joining me this month for our special 'behind the scenes' tour of the WSCC recycling plant.

If you do have any questions on any of the answers, or would like any further explanation, do email via [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk).



### Can I recycle pills packets?

With the winter weather on us, a timely reminder that you CAN recycle the foil and plastic and foil wrappers that all tablets seem to come in these days in your blue top kerbside recycling bin. Do remember to make sure all tablets are removed – our machinery does not get headaches or colds!

Would you like me to give a talk to your local group on recycling?

Do keep your individual questions coming on specific items you are not sure can be recycled. One email to the Editor, with a picture if possible, and I can let you know. Looking forward to hearing from you.

Keep Recycling!



# Halt a probate application

## LISTEN TO THE LAWYER

By Martyn Gooch, partner Rohan Solicitors

**Question:** I am a beneficiary under a Will and I am concerned about the Will's validity. What can I do to stop the deceased's estate being administered?

**Answer:** If a family member or a beneficiary has concerns regarding the validity of a deceased's Will, it may be appropriate for a 'caveat' to be entered at the Probate Registry on their behalf. The caveat is a notice that prevents anyone being able to obtain a grant of probate of the deceased's estate, which, in turn, means that the estate cannot be administered while the caveat is in place. A caveat remains in force for a period of six months. This gives the concerned party time to investigate the issue and discuss it with the executors whilst protecting their position to bring a claim against the estate if they have grounds to. If it is necessary, a caveat can also be renewed every six months to prolong the period of protection.

To register the caveat, you must complete a form and send it to the local Probate Registry. This must include full details about the deceased person, as recorded in their death certificate, and their last permanent address. There is a fee of £20 payable when applying for a caveat. The executors of the estate will be alerted to the existence of the caveat when they apply for probate. They will be given a copy and may then choose to discuss the matter with you to resolve the concern. However, if they do not consider there is any justification for the caveat they may issue a 'warning' against you, again by filing a form at the Probate Registry. You will then be required to set out full details of why you are opposing the probate application, this is called entering an 'appearance'. Failing to respond to the warning within the prescribed time frame is likely to result in the caveat being removed. If the appearance is accepted by the Probate Registry your caveat will then remain in force indefinitely until the disputed matters are resolved.

Whether a caveat continues to be appropriate will depend on the circumstances and it should be kept under review. Independent legal advice should be taken because if an appearance is entered then the person applying for the caveat could face costs penalties from the court if the court feels it was inappropriate that it was applied for. Likewise, legal advice should also be taken by the executors when faced with a caveat as they could face costs sanctions if the court believes they have behaved unreasonably by warning off the caveat too soon, or at all.

Martyn can be contacted by email: [mgooch@rohansolicitors.co.uk](mailto:mgooch@rohansolicitors.co.uk) or by telephone: 01444 450901.

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# Spring at the farm

By Camilla and Roly Puzey

Each morning and afternoon, as we drive to and from Hurstpierpoint on our school run, we observe the changes in the seasons, in the hedgerows and fields and, of course, the daylight hours. We always get excited as the days lengthen and we look ahead to spring.

There is a lot to do in preparation for the busy weeks ahead on the farm, and this is always emphasised when we have our sheep flock scanned to see how many lambs each ewe is having. This year we have 64 expecting triplets and six sets of quadruplets, the remaining 265 expecting twins and 62 singles. It is a good result and it certainly confirms we are going to be busy! We will start lambing around the middle of March. Between now and then the lambs grow at a significant rate, and we have to be very gentle if we need to move the pregnant mums around. Although it never seems to affect them too much when it comes to feeding time!

Normally we would have started calving by now but, after the hard winter and spring last year and two lots of snow, we decided to move it to April-time. William, our bull, is in one of our fields next to the road at the moment, so you may see him as you drive to and from Brighton.

We always like to remember all the other amazing wildlife we share the farm with. Each summer we plant a special wild bird seed plot full of sunflowers, fodder radish and millet, to name a few. During the flowering period in the summer it is alive with bees and butterflies, and as it dies back the seeds feed the birds, such as linnets and goldfinch, over the winter. We have seen flocks of up to 200 linnets! Corn buntings have made a return too, which is a key species we are trying to encourage back on to the farm.

We love sharing what we are doing here at Saddlescombe with our local community, so please come and join us on one of our lambing open days: 30th, 31st March and 6th, 7th April. Saddlescombe Farm is just ten minutes away from the village. Hurstpierpoint artists Kate Harries and Kate McMinnies are also joining us for the first weekend, plus we will be selling our delicious lamb burgers and the Wildflour Café will be open for other refreshments.



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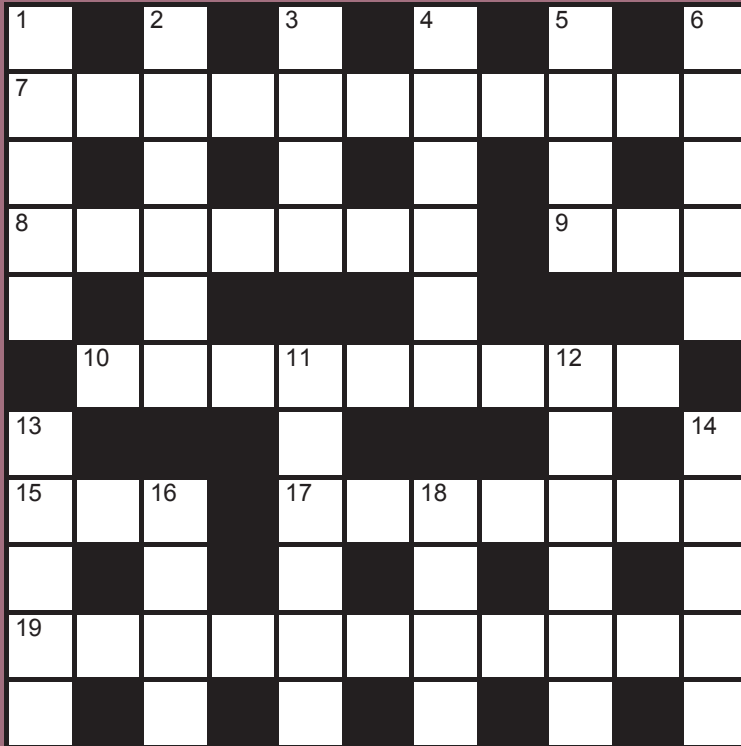


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# Family crossword



Got 20 mins spare?  
Have a go at this crossword - which should be varied enough for all ages to answer some clues.  
Answers listed on p.47

## Across

- 7 Large self-service store (11)
- 8 Blocking of light (7)
- 9 Immerse (3)
- 10 Medley (3-6)
- 15 Exploit (3)
- 17 Jewish German dialect (7)
- 19 Flock minder (11)

## Down

- 1 Trembling poplar (5)
- 2 Ancient Greek god (6)
- 3 Harvest (4)
- 4 Capital of Lesotho (6)
- 5 Slip (4)
- 6 Halts (5)
- 11 Mind (6)
- 12 Showered (6)
- 13 Lathery (5)
- 14 Elected (5)
- 16 All time (4)
- 18 Flit about (4)



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# Sudoku #32

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

Find the solution to #32 in next month's magazine

9	3					2		
				5	7			9
	5			8	2			6
	4	1			5	8		
8		9						
	2						9	
				7				8
				1		4		
				6			7	3

## #31 Solution

9	1	2	5	7	4	3	8	6
5	6	4	3	8	2	9	7	1
3	8	7	6	9	1	2	4	5
7	3	5	2	6	8	4	1	9
1	9	8	4	5	7	6	2	3
4	2	6	9	1	3	8	5	7
8	5	3	1	4	6	7	9	2
6	4	9	7	2	5	1	3	8
2	7	1	8	3	9	5	6	4



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# What's on this month

## AT THE VILLAGE CENTRE

### Regular events

- Sun **Afternoon Tea Dance**  
2-4.30pm, nearly every Sunday
- Weight Watchers** – 9.30-10.30am, weekly  
in the Club Suite
- Mon **The Sanctuary** – 9.30-11.30am, weekly during  
term time – a welcoming place where friendships  
can form over coffee and cake
- Tues **Yellow Brick Lab** – 3.30-5pm weekly during term  
time
- Knit and Knatter** – 2-4pm (2nd Tuesday)
- Wolstonbury WI** – 7.45pm Club Suite (3rd  
Tuesday)
- Fri **Star Dance School** – from 6.45pm, weekly
- Sat **Young Blossoms Dance** – 10.15-10.50am, weekly  
in the Club Suite (unless specified on website)
- Best of Ballroom** – 7.45pm (1st Saturday)

### March

- 5th **Millennium Garden Trust AGM** – 7pm  
After a short meeting there will be a talk by  
Amanda Miller on 'Busy Bees'. Members and  
visitors welcome. (Enquiries to 01273 832756)
- 12th **Horticultural Society** – 7.45pm  
'New Ideas for your Fruit and Vegetable Garden'  
is an illustrated talk by Steve Millam from  
Brinsbury College on new methods of cultivation  
and some different crops to try
- 16th **Spring Show** – 2.15pm  
Horticultural Society Spring Show features  
daffodils, spring flowers, cookery, photography,  
children's and Pre-School Playgroup sections. Tea  
and home-made cake, raffle and auction at end of  
show. Exhibiting is free to all. For details pick up  
a schedule from Gibsons in Hurstpierpoint High  
Street
- 18th **Churchill's Secret Army** – 2pm  
A tribute to those citizens who volunteered to  
work behind enemy lines if the UK was invaded  
with Gilly Halcrow
- 19th **WOLSTONBURY WI** – 7.45pm  
'The cheers and tears in my life as a celebrant' by  
Mrs Claire Bradford (Enquiries 01273 834421)
- 22nd **Gong Bath Sound Therapy** – 6.30pm

Hurstpierpoint Village Centre, Trinity Road BN6 9QT  
[www.hurstvillagecentre.org](http://www.hurstvillagecentre.org)

## AND ELSEWHERE

### March

- 6th **Hurst Monthly Social Group** – 2pm  
Guide Hut, Trinity Road. Ian Gledhill presentation  
on Art Deco (Free entry)
- 8th **Bohemian Rhapsody (12A)** – 7.30pm  
Adastra Hall, Hassocks – (£4.50/£4)
- 9th **Brighton Consort** – 7.30pm  
Holy Trinity Church – Victoria with a Twist  
(Tickets £14/£12 on door or  
[www.brightonconsort.org.uk](http://www.brightonconsort.org.uk))
- 11th **Hassocks Field Society** – 7.45pm  
Adastra Hall, Hassocks - "Roman Sussex" a talk by  
David Rudling. (Visitors £2, Beryl 01273 832351)
- 14th **Henfield Theatre Company** – 7.45pm  
-16th The Henfield Hall – 'Full Circle'  
(£10/£8 [www.henfieldtheatrecompany.com](http://www.henfieldtheatrecompany.com))
- 14th **Cycling Without Age - 6.30** – 8pm  
Proper Cycling & Coffee, 26 Keymer Rd Hassocks  
- A get-together for trishaw pilots and anyone  
who might like to learn more and get involved.  
(Bridget Hamilton 07929 294640)
- 17th **Beetle Drive** – 4pm  
Holy Trinity Church - Fundraising event  
(Contact [guymac@hotmail.com](mailto:guymac@hotmail.com))
- 20th **Restorative Justice (MU)** – 8pm  
Holy Trinity Church - Talk by Margaret Carey on  
Restorative Justice (Non MU £2) All welcome.
- 22nd **Good Time (15)** – 8pm  
Players Theatre ([www.hurstfilms.com](http://www.hurstfilms.com))
- 23rd **Cafe Plus** – 10am-12pm  
Holy Trinity Church – Popular organ music  
played by Ray Carpenter. Stalls/Raffle/Tombola.  
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- 23rd **HHD U3A Open Morning** – 10am-12noon  
Adastra Hall, Hassocks – Come along to see what  
our many interest groups could offer you!
- 24th **The Wife (12A)** – 3pm  
Players Theatre ([www.hurstfilms.com](http://www.hurstfilms.com))
- 29th **History Talk** – 8pm  
Guide Hut - Hurst Historical and Geographical  
Society host Jackie Marsh, Brighton Historian and  
Royal Pavilion Guide, giving a talk: 'A Passion for  
Piers'. (01273 8332280)
- 30th **Ladies Breakfast** – 8am  
Methodist Church, Cuckfield Road - Full cooked  
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