

# Hurst Life

Including Sayers Common & Albourne

Local village talk,  
by the village

Issue #51 : June 2019

Free  
Please help  
yourself!



New Community Hub to open

**p. 8**

Hurst Pig Collectives

**p.24**

Lottie returns from Cambodia

**p.38**



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## EDITORIAL

By David Tingley, Editor

Here we go with another month's worth of news and information about Hurstpierpoint, plus the usual mix of finding out about people in the village! Welcome to June's issue...



Just over the page we have news from the **new Head Teacher** at Albourne Primary School (**page 4**), **Andy Parker** is about to do a mammoth charity bike ride (**page 5**) and **Castles Solicitors** have recently moved, but only down the road (**page 6**).

On **page 8** we catch up with District Councillors to reveal the works which have been taking place at what is now known as the **Court Bushes Community Hub**, just off Willow Way. This impressive renovation will be a fantastic asset to the village.

Next month is the great **St Lawrence Fair**, and we have more information about what's to come on **page 12**, courtesy of the Fair Committee.

**Mike Thatcher** takes a walk in the country and meets a number of Hurst families who are collectively **rearing pigs in the village**. Find out more about this interesting project on **page 24**.

Our regulars appear in the form of **Artist of the Month (Miranda Peckitt)** on **page 30**, **5 Minutes With Mark Glover** on the same page and **Rob Sawyer** brings the cricket season to our attention on **page 37**.

I'm pleased to announce that **Russell Spencer** won the tickets to see the Lionesses playing at the Amex, and **Rosie Fuller** bagged the free tickets to the forthcoming South of England Show. Well done both! On **page 43** we have a pair of tickets to give away to the **AI Shira'aa Hickstead Derby** – which takes place later this month.

Before I sign off, I must say thank you to all our regular contributors and also to both **Josie Porter** and **Lottie Green**, who have written articles on **pages 36 and 38** respectively.

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We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk)

## From Sutton to Sussex

**By Anne Claxton, Head Teacher**

I am delighted to have recently started my new role as Head Teacher at Albourne Church of England Primary School.

I have relocated from Surrey to Hove; I was Head Teacher of a school in the London Borough of Sutton.

The whole community at the school, in the Parish and the wider locality, have made me very welcome and I am settling in well.

My predecessor, Alison Sturgeon, and the school team have worked tirelessly to ensure our children have the best education in a happy, safe and caring environment. My role is to lead the team to continue to build on this success.

We are so fortunate that our school is in such a lovely community with a beautiful location in view of the South Downs. If you would like to visit the school to find out more about how we learn together then please contact the school office and I will be delighted to meet you.

Our Summer Fair will be held on 15th June from 12 noon at the school. We would love to see you there.



## Mid Sussex Local Election results 2019

At the local elections on Thursday 2nd May, the Conservative group retained control of Mid Sussex District Council, winning 34 of the Council's 54 seats. The Liberal Democrat Party took 13 seats, the Green Party gained three and Independent candidates were elected to four seats.

In Hurstpierpoint and Downs Ward the following candidates were elected as District Councillors: Alison Bennett (Liberal Democrats), Rodney Jackson (Liberal Democrats) and Colin Trumble (Conservative).

The Parish Council elections were uncontested. For the Sayers Common Ward Seth Jee and Bob Sampson were duly elected. In the Hurstpierpoint Ward elected Parish Councillors were: Michael Avery, Allan Brown, David Evans, Stephen Hand, Rodney Jackson, Tony Lank, Malcolm Llewellyn, John Lowman, Martin Machan, Claire Majasai, Duncan Ranger and Julia Shorrocks. [www.midsussex.gov.uk/elections](http://www.midsussex.gov.uk/elections)

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# Andy jumps in the fundraising saddle

Three years ago Andrew Parker met a group of young people in The New Inn in Hurst. They were there following the funeral of Hurst College school friend Cameron Forster; he had left school, joined the RAF and was tragically killed in an accident aged 21 in April 2016. His mother, who is a teacher at Hurst, set up a charity in his name - Cameron's Orphanage Project - which has now successfully built an orphanage attached to a school in Mkushi, Zambia. Musician Andy did a concert at the time, which paid for the roof.

They need continual support to keep going each year, which is what has inspired Andy to do the 1,000 mile cycle ride from Land's End to John O'Groats later this month.

Andy is not a cyclist, he is a professional musician, working at Abbey Road studios recording for many well known pop and rock bands (from Rod Stewart to Taylor Swift) as well as pretty much every film you have ever heard strings on!

Andy will be setting off from Abbey Road after work on 12th June and getting the train to Cornwall to start this mammoth ride. He needs to be home for the College Leavers' Ball two weeks later!

Readers can support Andy via the following link:  
[www.justgiving.com/crowdfunding/andrew-parker-4](http://www.justgiving.com/crowdfunding/andrew-parker-4)



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## Castles Solicitors move 'just down the road'

A local firm of Solicitors specialising in Commercial/ Residential Conveyancing and Wills, Probate and Trusts has moved from Hurstpierpoint after 42 years trading on the High Street.

Castles Solicitors – run by Hurst residents John and Branwen Castle – opened the doors to its new offices in Hassocks last month.

John explained: "The whole team is excited about the move, and we've had some great comments from clients

on our new 'bright and airy' office space. Making the move also enabled us to update our technology and work more efficiently together as a team and for our clients."

At only six minutes away it's business as usual for the experienced team, who are keen to make sure that Hurst clients know they are still there for them.

Castles Solicitors are now at 37-39 Keymer Road, Hassocks – phone number remains unchanged at 01273 836007.



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# A phoenix rises from the ashes

**By David Tingley**

The Ex-Serviceman’s Club has been closed for nearly two years, but there has been lots of positive work going on in the background, thanks to Mid Sussex District Council (MSDC).

The club had experienced some challenges latterly which resulted in MSDC repossessing the building off Willow Way back in December 2017. Unfortunately, during that month a fire was started in a wheelie bin outside the centre, which took hold and spread into the eaves and roof of the building causing tens of thousands of pounds worth of damage to the empty site. This gave the Council both a problem but also an opportunity.



Fire damage

There had already been a series of conversations with local interested parties to try to ensure that the club building was able to be used for the good of the community. District Councillor and Hurst resident Colin Trumble chaired and hosted a meeting back in November 2017 at Haywards Heath Town Hall. The result of that was the creation of a Steering Group whose members comprised of representatives from the Parish Council, MSDC, the Club, local churches and other community groups.

Following the repossession, fire damage and assessment, MSDC agreed a plan to spend money on renovating the site with Hurstpierpoint & Sayers Common Parish Council committing to take the lease for the building and grounds.

Paul Williams, Project Surveyor for MSDC, explained: “The fire damage was extensive and smoke had affected almost every aspect of the inside of the building.” Paul worked alongside the Steering Group to create a completely new plan for the space which would seek to be both flexible and practical. “Fortunately we were able to reuse some equipment and furniture from recently decommissioned Martlets Hall in Burgess Hill – which included the bar and kitchen equipment.”

The new building – named Court Bushes Community Hub – now comprises of three independent spaces.

A small room with a bar and kitchen is at the back of the building. This area has one wall which is entirely bi-fold doors and will open out onto a decked garden area.

On the opposite side of the site is a completely self-sufficient nursery premises, fitted with its own set of toilets, a manager’s office and separate entrance from the car park. This large, bright room includes access to a generous enclosed outside space too. The Parish Council have already agreed to rent this space to a local nursery school (Kiddie Capers) from September.

Then the main space is a large and bright room, now completely open, which includes storage facilities, a dancefloor area and a hatch through to a well-planned kitchen. This area also has its own bi-fold doors, opening out to the grassy field outside.

Each of these spaces can be let independently, and all enquiries should be direct to the Parish Council office on 01273 833264 or see the recently launched website: [www.hurstpierpointvillagehalls.org](http://www.hurstpierpointvillagehalls.org)





Main Bar Layout BEFORE



External AFTER

Colin Trumble explained: "I am delighted that this building has been given a new lease of life. Although it doesn't always happen, this really is a triumph of 'design by committee' – as so many from the community have been part of what has now been built."

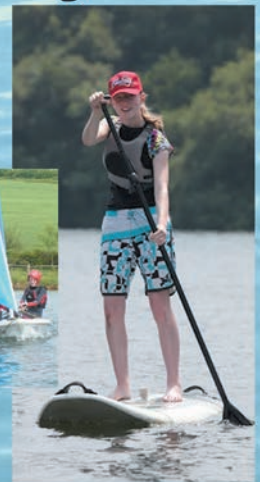
"The original Ex-Serviceman's Club was opened over 100 years ago in Hurst," commented MSDC Councillor Joy Dennis, "as a response from the community to help those who fought for our country. Now, in different

times, it's great to see the revitalised Court Bushes site being open and available to be used for all in Hurstpierpoint."

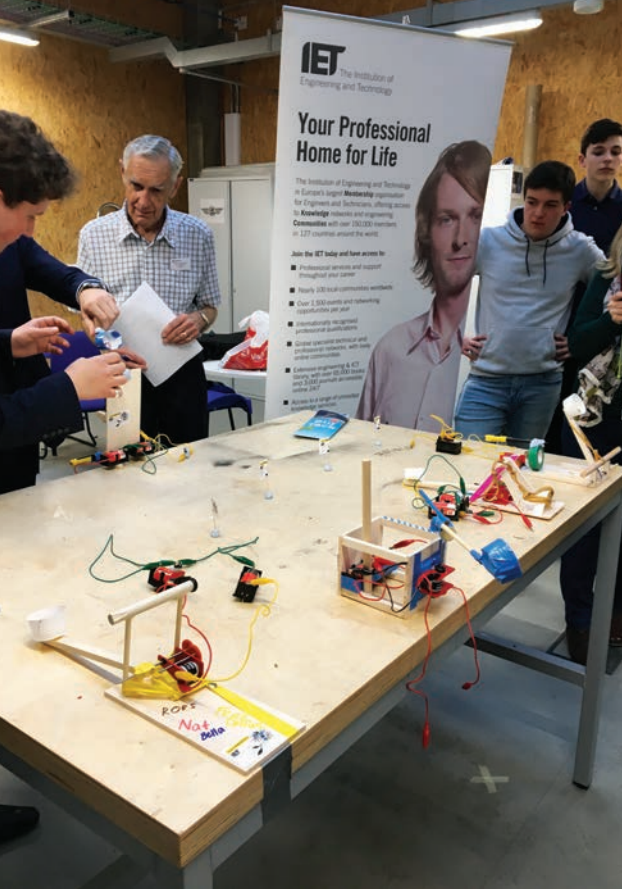
To celebrate the opening of Court Bushes Community Hub there is a Fun Day planned for Saturday 1st June (1-3pm), which will include craft activities for kids, a soft play area, café, bouncy castle, a DJ and Popsteps dance classes – as well as officially cutting the ribbon! All are invited to go along and see the revitalised building.

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## First and second places in egg race

Three teams from Hurst College, two from the Lower Sixth and one from the Fifth Form, successfully competed in the Institute of Electrical Engineering's Great Electric Egg Race recently, achieving a first and second place.

Held at Brighton University, the college's three teams were pitched against other teams from local schools and colleges. Each team was given a limited set of resources, a strict brief and only 90 minutes to design their machines, which had to catapult an egg as far as possible. They were judged on their contraption's effectiveness as well as creativity and aesthetic design.

The team of Natalie Harrison, Frazer Falzon, Rory Adams and Bella Shepard won the competition with an elegantly designed catapult that automatically launched a chocolate egg several metres.

Alice Graham, Maddy Gregory, Tom Young and Alfie Bedford from the Fifth Form produced a novel design, relying on conservation of momentum, to fling their egg into second place.

Despite not being placed in the top three, George Rodriguez, Linus Deluca-Perry, Fergus Henstridge and Will Fursdon produced a cunning contraption that worked during production, but let them down during the testing phase.

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**'CUCKOO in the Nest'**

Entry forms from Mishon Mackay

sunday 30th June .....  
From 12.30pm, Scout HQ

**Pet Show**

Small pets: 12.30pm

Dog show: 1.30pm

Friday 5th July - South Avenue Rec

12.30pm - 2.30pm .....

**Teddy Bear's Picnic**

Plus fun activities

6pm - 7.30pm .....

**Junior Disco**

Age 4+

From 6pm .....

**Family BBQ & Live Music**

saturday 6th July - South Avenue Rec

From 12pm .....

**Fair Day!**

Procession, Harris' FunFair, Fun run,  
arena events, stalls, street food market

[www.stlawrencefair.org.uk](http://www.stlawrencefair.org.uk)

Why not cut out and keep this page for easy  
reference of all our events?!





Photo: Claire Brewer

# VIP Tables available!

**ST LAWRENCE FAIR**

## By the Fair Committee

Not long to go until the 2019 Fair - we hope to see you all there. On the page opposite you will find the events that are taking place running up to the Fair. We will give you the procession route and full schedule for Fair Saturday in next month's issue.

Talking about the procession, last year was exceptionally hot and we have decided that we need a plan if it is as hot (or hideously wet) for the well-being of our processioners! With this in mind, if it is very hot or very wet we will turn left out of Marchants Road and come straight up Cuckfield Road to the roundabout and along the High Street, cutting out the middle of Cuckfield Road and Western Road and coming past the Church. We have to think about our lovely walkers and Marching Band - we hope you understand. We will take the decision about this on the Friday late afternoon and publicise it as much as possible. All procession participants will be contacted and told at this time and the procession will leave later as it will not take as long to get around the shortened route.

Now onto something we think is quite exciting - we will have six VIP tables (to seat 10) available for sale for our Friday Bands and BBQ. These will be £100 and have a great location for watching the music and getting to HurstBarPoint. If you would like a table please email: [stlawrencefair@gmail.com](mailto:stlawrencefair@gmail.com). First come, first paid, first served!

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## Chelsea Crackers

### GARDENING CALENDAR

By **Juliet Sargeant, Garden & Landscape Designs**  
 Chelsea Flower Show time again and next week I am off to London for my annual pilgrimage. The great thing about filming the Royal Horticultural Show for BBC Gardeners World, is that I am given a pass for any time of day. In the quiet of the evening, I can explore the plants up-close... the old favourites and the new discoveries.

Geums are a Chelsea stalwart; very robust, not too fussy and generally long-flowering. Most importantly they are slug resistant! This one (above), Geum Mai Tai, was introduced a few years ago and is great for the front of the border, because it is only 45cm high, whereas the dazzling yellow of Lady Stratheden is great popping through the burnished leaves of a grass like *Stipa tenuifolia*. Scarlet Mrs Bradshaw zings with colour and I use it not only with other hot colours, but as a touch of spice to an otherwise cool border, with perhaps, the sultry, (but only half-hardy) *Salvia Amistaad*, or deep purple bearded irises.

Although the native geum rivale is usually found by streams and often in woodlands, it has passed on a useful adaptability, to its cultivars. Most prefer a little shade and a moisture-retentive soil – baking sun will stress them out. Too much drought may cause some powdery mildew on the otherwise semi-evergreen mounds of fresh green leaves. Geums grow quickly so if you see them going bare in the centre, it is time to divide them. The divisions can be used in the autumn to bulk up your borders or make you popular with friends. Dead-heading will prolong flowering, but the longest flowering, Totally Tangerine, will continue from spring to autumn anyway.

Go on! Give geums a try – you can't go far wrong.

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By Mike Thatcher

The film season has come to a close and we return for the Festival in September. Our autumn season is likely to be truncated due to renovation work at the Players Theatre but rest assured we will use the time wisely in finding some great films for subsequent programmes. In the meantime we have two broadcasts in June, which could hardly be more different.

**Saturday 8th June at 8pm** a welcome return for **Take That Live**. Celebrating 30 incredible years, Take That are bringing their spectacular 2019 Greatest Hits tour to cinemas for one night only! Broadcast LIVE from their last UK concert of the tour, this highly anticipated anniversary show promises to be their best yet.

With front row seats, you'll be a part of the action as Gary, Mark and Howard journey through Take That's incredible music history. Performing their biggest hits from the last three decades, and new tracks from their latest album Odyssey, fans will love this ultimate big screen sing along. So, get ready to throw your hands in the air – it's a party you'll never forget!

Then at the end of the month we show **Small Island** on **Thursday 27th June at 7pm**. Andrea Levy's Orange Prize winning novel Small Island comes to life in an epic new theatre adaptation. Experience the play in cinemas, filmed live on stage as part of National Theatre Live's 10th birthday.

Small Island embarks on a journey from Jamaica to Britain, through the Second World War to 1948 – the year the HMT Empire Windrush docked at Tilbury. The play follows three intricately connected stories. Hortense yearns for a new life away from rural Jamaica, Gilbert dreams of becoming a lawyer, and Queenie longs to escape her Lincolnshire roots.

Hope and humanity meet stubborn reality as the play traces the tangled history of Jamaica and the UK. A company of 40 actors take to the stage of the National Theatre in this timely and moving story.

Tickets available from Mishon Mackay and [www.hurstfilms.com](http://www.hurstfilms.com)

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## Open Gardens

The Hurstpierpoint Open Gardens event will be held on Sunday 2nd June this year from 1pm to 5.30pm. Around eight gardens will open for charity and will be raising money for St Peter and St James Hospice.

They would very much welcome donations of plants to sell on their plant stall as well as cakes.

There will be some gardens selling teas, coffees, cakes and plants. One will feature live music and items to buy made by local artisans.

You can contact the organisers by email: [prue.heron@btopenworld.com](mailto:prue.heron@btopenworld.com) or phone 01273 835064. And please take a look at the website: [www.Hurstpierpointopengardens.org.uk](http://www.Hurstpierpointopengardens.org.uk)

## Charity collection does well

By Jo Marshall

The Hurstpierpoint and Hassocks NSPCC committee would like to thank everyone who supported their recent house-to-house collection. The grand total of £1,239.94 was raised, which is considerably more than last year's and a very big thank you to all the collectors.

Some of the committee went to the Plumpton Racecourse meeting on Easter Bank Holiday Monday. The exit collection raised £849.15 which was a fantastic amount and a very big thank you to everyone who contributed and to the collectors.

Forthcoming fundraising events include a Smoked Salmon lunch with strawberries and cream, drinks and tea or coffee at Court Gardens Farm in Ditchling on Wednesday 17th July. Tickets available from Mishon McKay, Hurst from early June. There will also be a stall at St Lawrence Fair on 6th July, where we will be selling strawberries and cream.

If anyone would like to help us at our events, please get in touch with Belinda on 07860 736077.

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## The Evolution of Eyewear on our High Street



Walk along Hassocks High Street and you'll notice our local Opticians, the Hassocks Eyecare Centre. Since taking over the business six years ago, partners Vicki Macken and Paul Watts have worked tirelessly to bring leading optometry services to our growing village. They are well known for their warm and friendly customer service and are becoming increasingly known for their constant investment in superior technology and cutting-edge facilities. But what you might not be aware of is the sheer volume of modern, forward-thinking frames they have available in their store.

It's estimated that the first eyeglasses were worn in Italy sometime in the late 13th century but became more commonplace in the 15th century when literacy rates increased. And an 18th century English optician can take credit for sunglasses similar to the ones we use today - James Ayscough created spectacles with tinted lenses in order to improve vision. Sunglasses really took off in the 1930s when the US army looked for a way to create aviation sunglasses that would reduce the distraction for pilots and the world welcomed Ray-Bans.

Since then there have been massive innovations in the world of eyewear. From the 1940s onwards advances in production gave rise to a wide availability of different styles, colours and frames, whilst advances in technology gave us lenses capable of correcting all sorts of vision problems.

The key word now though, Vicki stresses, is choice: "Eyewear has become much more than purely a corrective function - it is strongly linked to fashion, and always will be, but now our clients want eyewear that

reflects how they choose to live their life - particularly in terms of environmental issues."

So what has the Hassocks Eyecare Centre done to reflect that changing mood? "Our range has grown considerably over the last six years," says Vicki. "For example, we now stock over 300 different sunglasses but a large part of our new acquisitions are sustainable collections. We've recently invested in a brand called PALA, an ideological brand that offers recycled and biodegradable frames whilst investing in projects in Africa that supports local communities." And one of their fastest selling ranges? "Our ECO range is made out of materials that make them sustainable but, importantly, the company that sells them plants a tree for every pair sold. And they don't just have incredible green credentials, but the range is fun and fashionable - our customers love the magnetic sun clip-ons," Vicki continued.

So, it's clear that Hassocks Eyecare is investing in the changing face of eyewear and ensuring the choice in their stores reflects what their customers want. "We want to offer a superior experience," says Vicki. "We are a village opticians but our ranges and choice are similar to those you might find in some of the biggest eyewear stores across the country."

But what about the future of eyewear? Vicki believes that eventually eyewear will be custom measured - tailored to fit the unique contours of your face, offering a totally personalised eyewear experience. Whatever happens, we can feel confident that the Hassocks Eyecare Centre will be bringing the future to Hassocks.



Hassocks Eyecare Centre  
17 Keymer Road, Hassocks BN6 8AD  
[www.hassockseyecare.co.uk](http://www.hassockseyecare.co.uk)  
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## Hurst's Olivia goes on Jazz Band Tour

Hi, my name is Olivia Nagle. Some of you may remember me working in Gibsons on a Saturday morning, before leaving Hurstpierpoint, where I have lived all my life, for the other end of England to study at Durham University. I have been a member of the choir at Holy Trinity Church since the age of seven and I still love singing with the choir whenever I am home from university. The next time I'm home, however, I will be singing with the amazing 'Butler Jazz' in Brighton, starting a new and exciting musical venture!

Butler Jazz is a music society of 21 members from Josephine Butler College, Durham University, and we will be coming all the way from Durham to tour Brighton for the first time from the 17th to 21st June.

I have loved playing with such a passionate group of musicians and friends. We have played across Durham, and last year, toured Dublin, performing at amazing

venues like St. Stephens Green. We cannot wait to get to Brighton, create more amazing memories, and share our music with all of you. It will be the perfect end to an academic year following the stress of exams, and for you we hope it will be the perfect way to start off the summer!

We will be playing some well-loved hits from jazz and soul classics, blockbuster hits and big-band music. My favourites are the 1930s specials like Benny Goodman and Glenn Miller, and our modern classics like Stevie Wonder and Bruno Mars.

If you would like to come and see what Butler Jazz is all about we will be playing at The Level, Tuesday 18th June 1-2pm; Hove Plinth, Thursday 20th June 5-6pm and at Bohemia Grand Cafe and Late Lounge on Thursday 20th June from 9.30-11.30pm. Entry is free and I look forward to seeing you there!



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# Ever wanted to keep a pig?



**Mike Thatcher met up with Hamish Raby and other members of the village who were instrumental in setting up pig groups in Hurstpierpoint.**

Around eight years ago Hamish was looking for a healthy, outdoor project to get him out of the house and he struck on the idea of keeping pigs. As with both the groups I spoke to, one based in Bullfinch Lane and the other in the grounds of Danny House, when you set up a group it is very much trial and error from the outset. "When I started," explains Hamish, "I approached Tim and Pippa Jones in Bullfinch Lane and, being lovely people, they said of course we could use their land. An old Arc was brought in from Washbrooks, fences were put in place and Mitch Miller plumbed in the water. Even though half the fencing was scavenged, there was an initial investment required."

When it came to buying the first 'wieners' it was just a case of getting on the internet and seeing what was available. The groups have had, at various times, Tamworth and Saddlebacks, Gloucester Old Spots, Large Blacks, as well as Oxford Sandy and Black, who have a much better temperament, especially when they get older. All are sourced from local, small-scale farms and are same litter traditional breeds.

Each project ideally needs a manager and it relies on every member doing his or her job. Now throughout history in every society this sort of arrangement can lead to teething problems and things are no different in Hurstpierpoint in the 21st century. "We learnt over the years," says Hamish. "The great thing is anyone can leave if they are getting bored or annoyed with the other

people. When numbers are smaller, say six families with everyone enthusiastic, it can be easier than with more, when sometimes the slack is not always taken up."

Many different roles are required and the foremost of which is feeding, which everyone does. The pigs need feeding twice a day and if eight families are involved then each would do that twice a week. Other jobs that need delegating are fencing, water, treasurer, working out the quantity of food required and applying sunscreen when it gets hot. The typical timeframe would be collecting the wieners when the clocks go forward and sending them to abattoir when they go back. "Initially we kept them too long," continued Hamish. "We were still excited and wanted to keep it going but the abattoir would say that's too big and if it's oversized it's not so easy to butcher as they are too fatty."





Now that three groups are established, including another one based at Danny Lodge, the routines are well oiled and the variations are less. Chris Grose was instrumental in setting up the Danny House group. "Setting up the pig group was linked to some life coaching I had with someone trialing coaching for people working in the international development sector. It became clear to me that my ambition to farm needed to be manifested and the next step was to find someone with land. I approached Richard at Danny who had a suitable wood available. It just needed clearing a bit and fencing erected and water supplied etc. I knew I couldn't do this on my own, as I travel a fair bit internationally. I quite quickly discovered by asking my neighbours that they too were interested in finding out where their pork came from and wanted to be involved in the pig group. So we formed a group with obvious meetings in the New Inn and people's houses, formed around St George's Place. Nobody was an expert; we went to Plumpton College to learn the basics including the legal side of buying, transportation, tagging and husbandry requirements, such as food, water, shelter and space. We then sourced our rare breed of pigs – I am a life member of the Rare Breeds Survival Trust (RBST) - and it was important that the breed would be of a rare or endangered species. We went for Tamworth's from Framfield in the end. Everyone came, kids and all, to check them out when they were just born. It was, and has been, a great experience."



The social aspect of the group was a theme which ran through both groups I spoke to. At the end of each year they both have family gatherings; a hog roast at Bullfinch Lane and a larger scale feast hosted by Richard and Penny at Danny House. There is no rivalry between the groups and knowledge and resources such as trailers are regularly shared. "Pig keeping is a fantastic social group activity," says Tim Jones. "We've made a lot of friends, learned a lot about our food chain, our diet, learned how to butcher and had a lot of good parties."

As for the financial aspect of the venture Hamish is philosophical. "I think in the one year when I bothered to work it out it came in as cheaper than organic but certainly not cheaper than supermarket food. If you factor in the hours you put in and evaluate from a strictly financial point of view then the venture makes no sense at all. But the enjoyment of learning and being part of a group makes it all worthwhile." With the model of eight families each receives half a pig, which equates to roughly three shelves of a freezer, according to Hamish.

Ian and Marit Bichard moved out of London last year, as many do, in search of better life balance and to lead a healthier lifestyle for them and their children. They are now part of the Danny House group. "We are very much an outdoorsy family so very early on we got to know Hamish and he introduced us to the group. The social element plays a big part but in tandem we have always been very keen on the provenance of what is on our plate and this seemed a great opportunity for the kids to better understand. They know that if they want to eat meat they need to know the beast has had a good and healthy life. The group has been going for years and really cares about what they're doing. If you're a pig on a limited schedule you'd want to be a Danny group pig," concludes Ian.

This eyebrow-raisingly honest statement really goes to the heart of the debate.

However, the debate of whether you can be an animal lover and meat eater is one for pub and not for this edition of Hurst Life but I was left in no doubt after visiting and talking to those involved that the animals' welfare was at the top of their agenda. If you are going to eat pork, sausages and bacon then perhaps it makes sense to ensure you have control of all aspects of the process. It certainly strikes me as a more honest approach than mine, which is to eat meat and yet frown slightly on mention of the word abattoir.

For anyone who is interested in visiting the pigs, as part of the Hurst Festival there is a visit planned to the Bullfinch Lane group on 16th September at 6pm. Full details will be in the Festival brochure.

# Hoglet Season

## HOGGIE HELP

At this time of year baby hedgehogs, known as hoglets are starting to be born. Like lots of animals they come out looking a bit like small sausages, but quickly get white soft spines although have no teeth and are blind. After 14 days they will be able to see, hear and curl into a ball. There are usually three to six babies in a litter. They stay with their mothers until weaned and fully trained foragers after only six to eight weeks. Well that's the theory anyway, as you can imagine this time can be fraught with danger for mum and hoglets. Nests can be disturbed by keen gardeners and mum will often abandon her hoglets. The little ones can wander and get lost, so if you find a hoglet the size of an avocado or less just watch for a while and see if mum comes to get him. This is the one time when you may see an adult hog out in the day and they will look like they are on a mission, collecting food or bedding. So again just observe.

We can all help mums a little at this busy time, by leaving wild areas of our garden that provide food and homes for our hogs. Putting a shallow bowl of water will help not only hogs but bees and birds too. Most hedgehogs seen in rescues are dehydrated. So keep an eye out folks! I will be shortly launching our web site: [www.hursthedgehoghaven.co.uk](http://www.hursthedgehoghaven.co.uk)

If you are concerned please call for advice, don't wait: 07787 515296.



## Poynings Country Fete

On 15th June this year the nearby village of Poynings will be hosting its annual traditional Country Fete and it takes place in the delightful Rectory Gardens from 2 – 4.30pm.

Poynings is extremely lucky to possess a traditional Maypole, which is brought out each year for all to indulge in this ancient pastime. Raffles, tombolas, cream teas, Pimms tent, plant stalls, book stalls and stalls for the children are all scattered in the garden along with many other games to partake in. The old favourite of 'splat the rat' and fishing for ducks, live music and Woodland Wonder Story puppet show also feature.

All proceeds after costs are put towards the Church Restoration Fund. Poynings has a beautiful 14th Century Church and is recognised as one of the finest medieval churches in Sussex. There is much repair work required and this can only go ahead by raising funds from events such as this.

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## Vegetarian Moussaka

FINE FOOD

### Ingredients

160g/5½oz red lentils  
650g/1lb 7oz potatoes, scrubbed  
1 tsp olive oil  
2 onions, finely chopped  
3 garlic cloves, finely chopped  
4 sprigs thyme, leaves picked  
½ tsp fresh oregano  
½ tsp ground cinnamon  
1 tbsp tomato purée

400g tin chopped tomatoes  
1 vegetable stock cube  
½ tsp sea salt  
2 large aubergines, thinly sliced  
2 tbsp roughly chopped flat leaf parsley  
250g/9oz ricotta cheese  
50g/1¾oz mature cheddar cheese, grated  
freshly ground black pepper

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Belle Amatt is a Hurst resident and nutrition consultant, author and lecturer in Naturopathic Nutrition. She holds workshops and talks on a variety of healthy eating topics.



June is usually a great month to eat outside and soak up some of the summer sun. This recipe is a super easy gluten-free and vegetarian moussaka which works well alongside a simple Greek salad and a glass of white wine, especially useful when you have lots of mouths to feed as the combination of starchy potatoes, protein rich lentils and fibre from all the tasty vegetables means the dish is particularly satiating. Just delicious!

### Method

Preheat the oven to 200C/180C Fan/Gas 6.

Place the lentils into a bowl. Cover with water and set aside to soak.

Put the potatoes into a saucepan, cover with water and bring to the boil. Turn the heat down and simmer for 15–18 minutes until just tender.

Heat the oil in a large pan, add the onions and sauté until translucent. Then add the garlic, thyme, oregano and cinnamon and cook for a few minutes, stir in the tomato purée.

Then you need to add the tomatoes, salt and pepper. Increase the heat a little bringing the mixture to a simmer. Dissolve the stock cube in 800ml of boiled water and add.

Drain the lentils in a fine mesh sieve making sure to give them a good rinse then stir into the tomato sauce. Simmer over a medium heat, stirring the lentils thoroughly into the mix. Cook for 20 minutes or until the lentils are soft.

Meanwhile, drain the potatoes and run under cold water until cool enough to hold. Leave the skins on and cut into thin slices (around ¼ inch).

Using a griddle pan, griddle the aubergine until slightly browned and softened.

Now, the fun bit. It is time to assemble your moussaka much like you would a lasagne. Firstly, using a large spoon pop half the lentil sauce into a medium ovenproof dish. The next layer involves placing half the potatoes and aubergines over the top of the lentils. Then simply top with the remaining lentils, potatoes and aubergines.

For the topping, place the ricotta into a small bowl and stir in the grated cheese. Spoon this cheesy blend over the aubergines and smooth out to cover the top.

Bake in the oven for 20–25 minutes, or until heated through and golden brown.

Serve with a Greek salad of leaves, cucumber and tomatoes with olives and a little feta cheese.

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f t i g



**ARTIST OF THE MONTH**

In this feature this month we focus on Miranda Peckitt, owner of Very Colourful Jewellery...

My jewellery career started a long way from jewellery and art. I have a publishing background and although I enjoyed it I wanted to do something more creative. My late father, Michael, with his unfathomable enthusiasm set up a jewellery business and aware that I was at a crossroads suggested I join him. Shocked and appalled at the prospect of working with family I immediately dismissed the idea. Six months later however I was becoming more and more intrigued so I spent some time with him to just see what he got up to. The rest, as they say, is history.

The jewellery is made from anodised aluminium and painted with inks and dyes to create bold and colourful pieces of wearable art. I try to maintain the jewellery's spontaneous appeal by not working to particular patterns or preconceived ideas, although there are many influences and inspirations of course.

I love experimenting with colour and this impulsive, brushstroke style is where the majority of work lies. Some have quotes inside which vary from artistic sentimentalities 'Colour seeking life' to more mischievous 'To err is human but it feels divine'. We have been fortunate enough to have our work in galleries such as the Royal Academy of Arts, Hayward Gallery, Van Gogh Museum and mima (Middlesborough Institute of Modern Art) which has been a huge privilege.

There is no doubt any of this would have happened without my dad. This is a wonderful legacy to remember him by so thank goodness, I did just see what he got up to.



**5 MINUTES WITH...**

**Mark Glover**

Mark Glover is a postman who enjoys football and, according to his wife, can't walk past a football without kicking it!

**How long have you lived in Hurstpierpoint?**  
Six years

**What's the best thing about being here?**  
Peace and quiet!

**What would you like to see in Hurst that isn't here?**  
Curry take away

**How many houses have you lived in? 8**

**Favourite book, film and album?**  
Hoolifan by Martin King. Lock, Stock & Two Smoking Barrels and No Jacket Required by Phil Collins

**Most common New Year's resolution?**  
Don't really make them – too easy to break

**Your most enjoyable event in the village?**  
St Lawrence Fair

**Do you share your home with anyone? (If so, who?)**  
My wife, Marina, daughters, Lauren, Amy, Maddie & Lilly and our dog Frankie

**Song you play the most?**  
Don't really play music, but my ringtone is The Liquidator, by Harry J. Allstars

**Which app on your phone do you use the most?**  
Twitter

**Your most frequented village shop?**  
The Chippy

**What's your proudest moment?**  
I have three. Marrying Marina, birth of my daughter and Chelsea winning the Champions League

**Last present you received?**  
A huge jar of Floral Gums

**Your advice for life?**  
Don't support Tottenham!

If you would like to provide your own answers for 5 Minutes With, simply email them to [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk) along with a photo of yourself, or do please encourage a friend to send their answers in!





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# Family friendly, all-inclusive Music Festival

As the great Arthur Conley asked: 'Do you like good music? Huh that sweet soul music...' Well, the Friends of Woodlands Meed School certainly hope you do as it is putting on a family friendly Music Festival at the school site in Chanctonbury Road, Burgess Hill on 22nd June from 12-6pm, featuring many musicians from Hurstpierpoint.



DJ Emz

The team have gathered some of the finest local musicians to come and play, the styles are all different so there will be something for everyone. If you're into house and dance then DJ Emz is the woman for you. If soul and funk are more your style then check out Soulville, with Hurst's Simon Anckorn, or maybe you prefer a bit of indie in which case Octopuses have you covered. The Nixons will chill you out, Ben E and the Pets will have you rocking out. Crystal Clear, featuring St Lawrence's very own Louise Murray and Tim Hodges will be banging out some well-known tunes and the Swing Street Band live up to their name and will have us all up and dancing!



Octopuses

Burgess Hill Radio will be covering the event and another Hurst resident Daryn Buckley will comper the day. Woodlands Meed is our local special needs school and many will have seen the silver bus in the morning collecting all their students who live in the village.

Also helping us out on the afternoon will be the amazing Steve Duff of Trickswap, who will be demonstrating and teaching circus skills such as diablo, poi and tightrope walking (only a low rope!) and George Gotsinas from Yellow Brick Lab who will be running two sessions (limited availability and pre-booking required) with his fabulous Educational Lego which involves both building and coding. Lovely local author Helen Baugh will be in the Chill Out Zone where she will be reading her fantastic children's books, including The Witch with an Itch, and creating magic with some of the spells from the books. Signed copies will be available on the day with profits going to the Friends of Woodlands Meed. College students, from the school, will also be on hand to sell you their wonderful Enterprise creations.

So, if you fancy an afternoon of entertainment, grab your picnic blanket and come along to what will be an amazing family friendly all-inclusive afternoon of great music, food, drink and entertainment.

Tickets are on sale now at a pre-order price of £7.50 for adults (kids under 18 free) via the website: [www.pta-events.co.uk/woodlands-meed](http://www.pta-events.co.uk/woodlands-meed)

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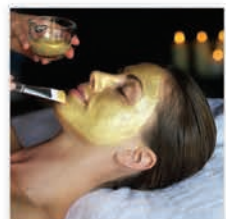
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# Amazing local talent at Hurst Festival

By Kate Cowan

In just three short months Hurstpierpoint will be alive with music, theatre and dance as Hurst Festival 2019 opens its doors. Our theme this year is 'Love Local' and we cannot wait to share with you the enormous amount of talent on our doorstep. Today we are sharing some of the workshops and talks you can attend from interior design to keeping bees - so get your calendar and jot down key dates so you don't miss out when booking opens next month.

There really is something for everyone. Here are some highlights but they don't even touch on the Mosaic Art workshop, our Raised Bed Workshop and Living Plastic Free!

## Keeping Bees: Sunday 15th September

We now have two hives of bees at Holy Trinity Churchyard and Tim and Alison Moulds are the beekeepers. Tim will be sharing his bee expertise and showing you these fascinating creatures: 50,000 bees in each hive, extraordinarily complex behaviour and better social organisation than humans usually manage!

## Walks with Mid-Sussex Ramblers – Sunday 15th, 22nd and 29th

Join the ramblers and be introduced to the fantastic countryside around Hurstpierpoint. The walks will be different lengths from 1.5 – 3 hours.

## How I filmed Iggy Pop's Legendary Privates and other Rock and Roll Tales – Monday 16th September

After his sell-out talk last year, film director Tim Pope returns to share more fantastic tales. His clients included David Bowie, Neil Young, The Cure, Lou Reed, and, yes, Iggy Pop. Expect an affectionate peep behind the curtain of what it really is like to work with these heroes. The session, which will share never-before-seen photographs, will end with a Q&A.

## Pig Walk with Hamish – Monday 16th

Visit one of the village's pig projects, help to feed them as well as give them a good scratch on the back. Hamish is a fount of knowledge and will try and answer all of your piggy questions!

## An evening with Bethan Roberts: author of Graceland – Tuesday 17th

Bethan Roberts, author of Mother Island, My Policeman, The Good Plain Cook and The Pools will be discussing Graceland, an astonishing novel that explores the impact of stardom upon the relationship between Elvis Presley and his mother Gladys.

## Two Men Went to Mow: The Obsession, Impact and History of Lawn Mowing – Tuesday 17th

Two men, born 157 years apart, both obsessed with lawnmowers! They were the lawn mower's inventor Edwin Beard Budding (1796-1846) and Clive Gravett, author of Two Men Went to Mow and our speaker for the evening.

## Activate Your Magic with Empowerment Coach Kate Taylor: Wednesday 18th

This interactive session will help you create positive change through Practical Magic: harness the power of your inner wisdom, connect to your intuition and dial up your creativity through relaxation techniques and creative mindfulness.

## Hurst meadows Guided Bird Walk – Wednesday 18th

Join bird enthusiast and Hurst resident Tom Flower for a leisurely post-work ramble around the recently acquired Hurst Meadows site. The annual autumn migration will be in full swing as our summer visitors ready themselves for their long journey south.

## The Benefits of a Plant Based Diet – Thursday 19th

A strong body of research supports the idea that a plant-based diet can boost your health, decreasing the risk of heart disease, type 2 diabetes, and certain cancers. In this talk, local nutritionist and lecturer in Naturopathic Medicine Belle Amatt, talks through what a 'plant-based diet' involves and offers practical culinary tips, tea and tasting.



## Sussex Lives: From John Freeland to Rudyard Kipling – Friday 20th

Bryan Freeland takes us on a journey of famous and everyday Sussex folk from another era, sharing their stories and intertwined lives - starting with Kipling's home, Batemans, which had previously been the family home of Brian's ancestor, John Freeland.

## Dance for all abilities – Friday 20th

A creative movement session led by Zoe Thompson, founder of Create Space Studios, at the Torch, specifically for anyone with sight impairment or blindness. Zoe invites participants to get lost in the music, enjoy the feeling of moving in unexpected ways and welcomes all ages and abilities. Zoe says: "Dance is for everyone, each person can explore their range of movement and challenge themselves to be creative with their bodies."

## Interior Design: Finding Your Creative Style – Sunday 22nd

Interior Design is a wonderfully creative and fun process, yet many of us find it overwhelming and daunting. Join Interior Designer, Georgie Highton, in this fantastic opportunity to learn and explore simple methods to help you discover your creative style and explore your tastes in order to make the most of your interiors project, whatever it may be.



**Barry Adamson –  
'In Conversation' –  
Monday 23rd**

Brought up in Manchester's Moss Side, Barry Adamson taught himself to play the bass overnight to join Magazine, Manchester's most influential band of that era. His success as a solo artist came after a three-year stint with Nick Cave & the Bad Seeds, with the release of his classic first solo album, Moss Side Story. Adamson has worked with some of the film industry's most intriguing mavericks including Derek Jarman, David Lynch, Oliver Stone and Danny Boyle. Join us for an evening of anecdotes and stories from this legend of the music industry.



**Hedgehogs - how we  
can help and why we  
should care –  
Thursday 26th**

Hugh Warwick, Hedgehog-loving author and ecologist is a spokesman for the British Hedgehog Preservation Society and joins us to talk about natural history and strategies for helping the nation's favourite animal. Hugh is a wildlife campaigner - in particular the need for a connected landscape.



**Machine Embroidered Trees with Wendy Dolan –  
Saturday 28th**

Learn how to 'draw' with thread, using a basic domestic sewing machine. Trees will be the inspiration and you will practice the technique, depicting both summer and winter trees on a simple background coloured with fabric paints – you will need to bring a sewing machine.

**Printing with Nature – Sunday 29th**

Enjoy a morning of creativity with Gallery 92 artist and printmaker Julia White. Learn simple but effective techniques to create your own card-sized art piece, using nature as inspiration. Be prepared to experiment and add final touches with gold leaf to give your work a bit of sparkle!

Now, maybe that is enough for one article, we don't want to overwhelm you! Over the next few months we'll share with you more family entertainment, music, film and theatre and details of our fabulous SuperSunday. But for now, block out Saturday 14th – Sunday 29th September – you will want to stay and enjoy 'Love Local'!

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# In great suspense

**By Josie Porter**

Alfred Hitchcock was often referred to as 'The Master of Suspense'. He earned this reputation not only through his talent as a director, but also in his choice of material. In 1948 he directed a film called *Rope*, but what you may not know is that it was adapted from a play written by Hassocks born Patrick Hamilton, and this was chosen as the spring production for The Hurstpierpoint Players.

Jo Kearns, who directed the play, had wanted to do it for several years, but as it needs three strong young male actors it was not until recently that, to quote Prince Harry, 'the stars were aligned'. This was Jo's directorial debut with The Players, and my goodness did she do a good job!

I was fortunate enough to be in the audience for the Saturday evening show to witness a performance that could rival any professional production. Had I been in the Theatre Royal in Brighton, I could not have expected more.

The play begins with high tension between two of the main characters, Brandon and Granillo discussing the fact that they have just, in cold blood, murdered (by means of strangulation and a rope) a young student for no other reason than their own amusement. The body of said student has been deposited in a large wooden chest that occupies centre stage throughout the play. Whilst Brandon (played brilliantly by Ali Somers), is totally relaxed about the situation, it is obvious that Granillo, (Callum McManus) is extremely agitated.

Psychopath, Brandon has contrived to hold a social gathering around the chest, and to make it more 'interesting', has invited, amongst others, Sir Johnstone Kentley the father of the murdered boy. In his arrogance he is confident that he has committed the perfect murder and that he will undoubtedly get away with it.

The suspense reaches its peak in the final scene when poet friend Rupert (played by Sam Hile) demands the key to the chest, opens it and sees the body.

The question is, can Brandon persuade Rupert to keep the secret, or will he and Granillo face the hangman's noose. Whilst I felt no sympathy for the cold calculated Brandon, throughout this exchange of dialogue, it is obvious that Granillo, who, by this time is extremely drunk, and who has been led into this horrific scenario by Brandon, is now becoming more and more terrified of what is to come.

Rupert, a war veteran, has seen more death than most, but this is just one too many, and as he blows his whistle to call the police, the stage is in blackout and their fate is sealed.

And breathe!

The supporting cast, Simon Matkin, Alex Corcoran, Hannah Levene, Martin Hall-Smith and Sue Blair-Fish all assisted excellently in setting the scene, but praise indeed must go to Ali, Callum and Sam for having the audience in their icy grip until the end!



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# It's time for cricket

**HURST CRICKET CLUB**

**By Rob Sawyer**

The end of the football season can only mean one thing, it's time for cricket and on Easter Monday it was off to Horsted Keynes for a friendly, where the father and son opening combo of Simon and Ben Tunley did the damage with a stand of 150 odd from which the home side never recovered. A week later we headed to East Dean and produced another victory in front of about a hundred sheep and bizarrely a steady stream of Korean tourists who were taking lots of photos.

The season proper started with the First XI at Plumpton and East Chilington and we were off to a flyer with our boss Mike Thatcher scoring 82 and skipper Tunley chipping an unbeaten 76 to post a challenging 241/5, our bowlers completing the task with very little effort. Back at Fairfield the 2s also had a relatively easy afternoon against Streat and Westmeston. We are unlikely to face another team boasting a higher average age, but they're class players, hitting the bad ball and posting a score of 113, we knocked the runs off for the loss of only four wickets including a stumping off the bowling of 81-year-old Stan so well done to him.

If these games sound unremarkable, they both featured remarkable catches. John Pike is one of our most reliable batters almost always scoring decent runs, his fielding? Not so much. So, it was a huge surprise when Pikey, fielding in the slips held on to a stunning catch off the bowling of Joe Waller who is so quick he scares the slippers almost as much as the batsmen, a fantastic effort. For the 2s, Graham Plater is our oldest regular player at 67 and although his hands are so big he looks like he is permanently wearing a pair of baseball mitts he had absolutely no right to take this one, launching himself backwards and to his right to take an incredible Ben Stokes like catch. The fact that he had to be hoisted back to his feet by his incredulous team mates just added to the fun.

Week two saw the 1s at home to Preston Nomads and the 2s taking the short trip to Henfield and both teams recorded victories with stand-out performances from Glenn 'Bear' Foster who hit a century and James Lampport who, fresh from a ski season got a 5fer with the ball for the 2s. A collective team performance from the 1s dispatched Nomads.

I'll be back next month with more news including the start of the women's season and our various junior sides.

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# My Cambodian trip

By Lottie Green

My name is Lottie and I'm 18 years old and have lived in Hurst my whole life. After finishing my A Levels last year I knew I didn't want to go to university yet or straight into a job. So I chose to look at travelling or volunteering abroad and I applied to International Citizens Service (ICS) programme run by VSO, after seeing their charity advertised online. After going through the selection process successfully I got placed to do ten weeks volunteering in Cambodia. It came around much faster than expected and I did have to work hard to fundraise for the charity, but it was well worth it. Living and working in Cambodia was the best experience I've had yet, even despite sleeping on the floor and washing my clothes by hand!

VSO stands for Volunteering Service Overseas. Their project works by placing ten local volunteers and ten English volunteers in a community that needs support. The week is split into five working days, one social day and one personal day. I spent my first week getting to know the Khmer (Cambodian) volunteers, learning the language and culture and getting trained in skills that I would need. I then moved into the community with my host family and local volunteer Lengheang.

The project was split into three groups, Youth Volunteering, Youth Entrepreneurship and Youth Employment. My team was Youth Employment, a group of six volunteers half Khmer and half UK volunteers we worked in three local schools setting up youth groups in each one teaching employment skills such as CV writing, interview skills, soft skills and using computers and Microsoft Word as students aren't taught this at school. We also raised awareness of options after school, such as vocational training centres, university and the importance of staying in education as many students drop out and get a job instead. As a whole team we also did several community days including celebrating International Women's Day, raising awareness of sanitation and plastic recycling. These were really successful and got the whole community involved. We also visited the local fishing community and saw the fish sanctuary protected by the locals voluntarily.

I think the work I did definitely made a sustainable impact on the community and I would recommend VSO ICS to anyone thinking about volunteering. I learnt a lot about sustainable volunteering whilst away and would suggest anyone wanting to volunteer researches the charity or company thoroughly before choosing to volunteer. In Cambodia, orphanage volunteering is a particular issue as 80% of children in orphanages



actually have parents and paying to volunteer funds the orphanage, rather trying to keep families together, despite the volunteers best interests in trying to help.

My favourite part about the whole project was living with a local family as it felt very welcoming into the community and enabled me to have a true experience of the culture. I also made a really close friendship with the Khmer volunteer Lengheang who I shared a room with and hope to go back and visit her one day.





## Composer performs at College

Sussex is in for a rare musical treat in June when well-known English composer, Will Todd, joins local choir Sussex Chorus for a performance of his acclaimed work, Mass in Blue. Written in 2003, this mass setting has been performed worldwide and very much reflects the composer's love of jazz music.

Together with his ensemble of musicians, Will Todd will be at the piano for a creative programme that also includes three of his shorter works as well as George Shearing's Songs and Sonnets, set for choir, jazz piano and bass.

Performed in nearby Hurst College Chapel on 15th June, this innovative choice of concert programme is part of the choir's plans for attracting a wider range of people to choral concerts and to singing.

The concert starts at 7.30pm and tickets cost £15/£5 and are available from Sussex Chorus online.

## School Fair this month in Twineham

Twineham C.E. Primary School will be holding its Summer Fair this year on Saturday 29th June from 11.30am until 4pm. As in previous years there will be some fantastic activities, including pony rides and a dog show, family activities, live music and various crafts and games. Come and try your luck in the raffle or bid for some amazing money can't buy offers in the auction.

A variety of food and drink will be on offer, including a hog roast and barbeque, delicious cream teas, and a gin and Pimms bar.

Julia Pattenden, Chair of the Twineham PTA (Friends of Twineham School), stated: "Twineham school is a small rural school. We are raising money for the Friends, which bring the surrounding communities and villages together. If you would like to attend as a stallholder or for more information on the event, please contact me on 07721 620292 or email: FOTS@email.com."

There will be plenty of free parking on the day, and a warm welcome to all. Entry to the fair will be £1 for adults and children, The school is located in the village of Twineham, near Hickstead, Church Lane, RH17 5NR.

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## The Birdwatcher by William Shaw

### BOOK REVIEW

**By Clair Stanton**

'The Birdwatcher' is Police Sergeant William South, a deliberately solitary man who spends a lot of time pursuing his hobby on the stormy Kent coast. His only friend is a neighbour who shares his passion for birdwatching - they are close, but when his friend is brutally murdered, South has no idea who the culprit could be.

Partnered with the newly appointed Detective Sergeant Alexandra Cupidi, South soon finds his privacy threatened as his home is taken over as a base for the murder enquiry. When their prime suspect turns out to be someone he knew as a boy in Northern Ireland he fears that his past has caught up with him and his long guarded secret may be revealed: Police Sergeant William South is a murderer.

This is a well written and thoughtful crime novel, William South and Alex Cupidi are sympathetic lead characters and the Kent coastline is so well evoked that it is almost a character itself. Shaw returns to the area in two further novels: Salt Lane (2018) and Deadland (2019).

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# Memory Café opening this month

One of the first regular bookings going into the newly renovated and renamed Court Bushes Community Hub will be a monthly 'Memory Moments Café'. The event will be run in conjunction with Hurstpierpoint & Sayers Common Parish Council and Henfield-based charity Know Dementia, with generous support from The Sussex Vale Rotary Club.

"As a club we are pleased to have created this opportunity," explained David Hastings, who is responsible for the Community Service work of the Rotary. "We are sure that many local people will find this new initiative both practically useful and emotionally supportive."

The first Memory Moments Café will be held on Thursday 20th June at 2pm, when it will be officially opened by the Rotary District Governor. After this, the café will operate on the first Thursday of each month between 2pm and 5pm.

"All are welcome," David said, "but it would be great to see as many as possible who are experiencing memory problems coming along with their family supporter." The café promises tea, coffee, fun, laughter, dancing and games.

For more information contact Know Dementia on 01273 494300 or [info@knowdementia.co.uk](mailto:info@knowdementia.co.uk).

# Summer Fun Day & Car Show

## Sunday 7 July

10 - 4pm

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## RECYCLE THIS...

WSSC Recycling Ambassador Colin McFarlin sheds some light on what can and can't be recycled in our domestic blue bins. If you have a question for him, email: [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk)



Thank you for all your individual enquiries about your recycling. By the time you read this I will have replied individually to all your emails to the editor on recycling. Do keep the questions coming...

### Plastic Bottle Tops



One of the most frequent questions I get asked is about plastic bottle tops, and in particular plastic milk bottle tops.

The basic rule to remember is to remove all bottle tops before you recycle the bottles. Rinse the bottle, shake dry and it is then OK to recycle.

All your recycling needs to be clean, dry and loose, and with the tops off.

All the lids are then placed into your black top rubbish bin, please, or even better save them - see below...

Let me explain. Yes, the lids are plastic but it is the size that is the issue. When all your recycling arrives at the West Sussex Recycling plant at Ford, near Arundel, one of the first processes is to remove glass.

This is done by allowing the glass to fall through the holes in a large metal revolving drum called a Trommel, that breaks the glass. However, the small plastic lids are small enough to also fall through the holes and pollute the glass.

So do remember plastic, milk bottle tops CANNOT be recycled in your blue top bin. No plastic lids smaller than coffee jar lid size please.

Did you know that charities collect these milk bottle tops, and raise money? There are various collection points in the area, but I know there is a collecting 'bin' at Princess Royal Hospital, which raises money for the Hurstwood Park Neurological Unit.

Would you like me to give a talk to your local group on recycling?

Do you have an individual question on specific items you are not sure how to recycle? One email to the Editor, with a picture if possible, and I can let you know.

Looking forward to hearing from you. Keep Recycling.

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# Win Hickstead Derby tickets

## READER COMPETITION

Hurst Life has a pair of Members' Enclosure Tickets for the Al Shira'aa Hickstead Derby Meeting on Friday 21st June to give away. The feature class of the day is the Bunn Leisure Derby Trial, in which horses and riders must qualify for Sunday's Al Shira'aa Derby. There's also the popular Bunn Leisure Derby Two Phase, which tests both power and speed, while showing highlights include the I.C.E. Horseboxes Supreme Cob Championship and the Alltech Small Show Hunter Championship.

With eight rings of equestrian action, a trip to Hickstead is a must for any horse lover – but there's lots on offer for everyone. Visit the new Family Zone, with fairground rides plus fun and games from children's entertainer Tomfoolery, explore the culinary delights of Hickstead's Food and Drink Market, and browse the vast Charles Owen Shopping Village. Under-fives go free, with discounts available for children and families.

In order to be in with a chance of grabbing the free pair of tickets, simply email your name and address to [competition@hurstlife.co.uk](mailto:competition@hurstlife.co.uk) before Friday 14th June 2019. One name will be picked



out at random on that day. Tickets are on sale now from [www.hickstead.co.uk](http://www.hickstead.co.uk) with advance booking discounts applying.



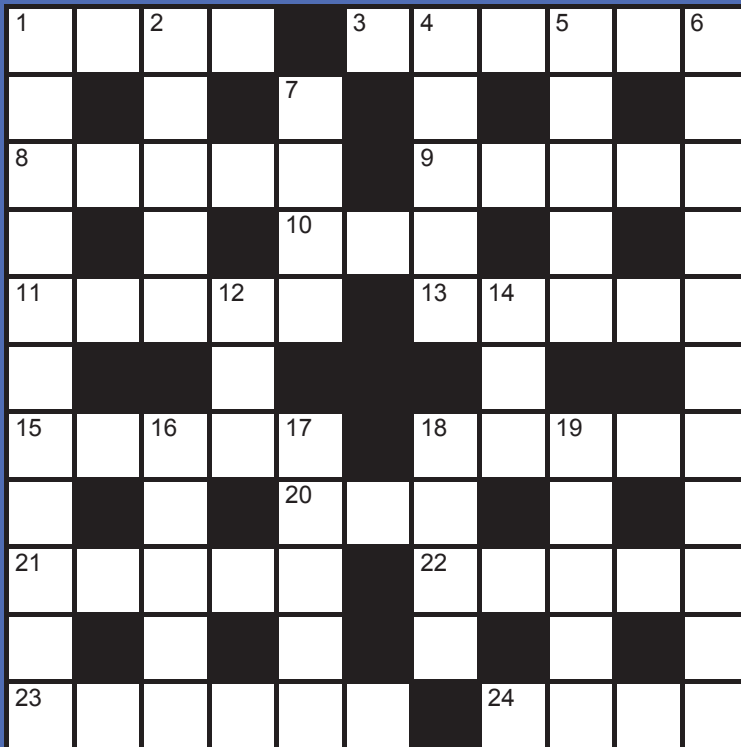
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# Family crossword



Got 20 mins spare?  
Have a go at this  
crossword - which should  
be varied enough for all  
ages to answer some  
clues.  
Answers listed on p.47

## Across

- 1 Republic between Iran and Syria (4)
- 3 Largest Samoan island (6)
- 8 Former Portuguese territory in S China (5)
- 9 Acute (5)
- 10 Unity (3)
- 11 Speak in a slow manner (5)
- 13 Lute of India (5)

- 15 Got up (5)
- 18 Japanese dish (5)
- 20 Decay (3)
- 21 In addition (5)
- 22 Corpulent (5)
- 23 Union soldier in the US Civil War (6)
- 24 Is not (4)

## Down

- 1 At once (11)
- 2 Capital of Ghana (5)
- 4 Donkeys (5)
- 5 Look for (5)
- 6 Rude (11)
- 7 In (4)
- 12 Used to be (3)
- 14 Acknowledgement of debt (1,1,1)
- 16 Many times (5)
- 17 Efface (5)
- 18 Cease (4)
- 19 Prophets (5)

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(They make it possible!)

Hurst *Life*



# Sudoku #35

		6	7	4		9		
7	9						4	8
	1				9	7		
5	7	2		1		8		
1				2				
							3	
			2				8	7
								1
	4	5						

Find the solution to #35 in next month's magazine

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

#34 Solution

2	9	8	3	6	4	5	7	1
6	1	7	8	5	9	2	3	4
5	4	3	2	1	7	9	6	8
8	7	2	5	4	3	6	1	9
3	6	9	7	8	1	4	5	2
4	5	1	9	2	6	7	8	3
9	2	5	1	7	8	3	4	6
1	3	6	4	9	5	8	2	7
7	8	4	6	3	2	1	9	5

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# What's on this month

## AT THE VILLAGE CENTRE

## AND ELSEWHERE

### Regular events

- Sun **Afternoon Tea Dance**  
2-4.30pm, nearly every Sunday
- Weight Watchers** – 9.30-10.30am, weekly in the Club Suite
- Mon **The Sanctuary** – 9.30-11.30am, weekly during term time – a welcoming place where friendships can form over coffee and cake
- Tues **Yellow Brick Lab** – 3.30-5pm weekly during term time
- Knit and Knatter** – 2-4pm (2nd Tuesday)
- Wolstonbury WI** – 7.45pm Club Suite (3rd Tuesday)
- Fri **Star Dance School** – from 6.45pm, weekly
- Sat **Young Blossoms Dance** – 10.15-10.50am, weekly in the Club Suite (unless specified on website)
- Best of Ballroom** – 7.45pm (1st Saturday)

### June

- 8th **June Cactus talk** – 2pm
- 15th **June Art Workshop** – 9am
- 18th **Wolstonbury WI** – 7.45pm  
'Garden Sage – the growth of the nursery' by Ed Nugent (Visitors welcomed, 01273 834421)
- 22nd **Ladies pamper Evening** – from 6pm  
Ladies night to include pampering and shopping
- 29th **Horticultural Summer Show** – 2.15pm  
Hurstpierpoint Horticultural Society host their Summer Show which includes flowers, fruit, vegetables, cookery, handicraft, photography and children's sections. Schedules from Gibsons in the High Street. Tea and cake, raffle and auction at end of show.

Hurstpierpoint Village Centre, Trinity Road BN6 9QT  
[www.hurstvillagecentre.org](http://www.hurstvillagecentre.org)

### June

- 1st **Family Fun Open Day** – 1-3pm  
Court Buses Community Hub, Willow Way – craft, café, bouncy castle and DJ (free)
- 2nd **Hurst Open Gardens** – 1-5.30pm  
Nine gardens open for charity (£5 entry to all, [www.hurstpierpointopengardens.co.uk](http://www.hurstpierpointopengardens.co.uk))
- 5th **Monthly Social Group** – 2pm  
Guides HQ, Trinity Road – Tanis Faulks talking about how Sussex Living magazine is produced (visitors £3)
- 8th **Take That Live** – 8pm  
Players Theatre, High Street – Live broadcast
- 12th **Carers' Day** – 10am-2pm  
Haywards Heath Town Hall – Free event for carers
- 13th **Mid Sussex National Trust** – 2.30pm  
Clair Hall, Haywards Heath - Talk: Hampton Court
- 13th **Haywards Heath Ceramics Group** – 10am  
Clair Hall, Haywards Heath - Talk by Nicholas Panes (Free entry first time, £8, 01444 452804)
- 15th **Poynings Country Fete** – 2-4.30pm  
Rectory Gardens – Music, Maypole dancing, cream teas and much more
- 15th **Albourne School Fair** – 12noon  
Albourne Primary School, BN6 9DH
- 15th **Sussex Chorus** – 7.30pm  
Hurst College Chapel – Will Todd (£15/£5)
- 19th **The Arts Society Mid Sussex** – 10am  
Clair Hall - Lecture: 'Indians, Buffalo and Storms: The American West in 19th Century
- 20th **Memory Moments Cafe** – 2-5pm  
Court Buses Community Hub, Willow Way  
Dementia-friendly cafe
- 22nd **Family Music Festival** – 12-6pm  
Woodlands Meed School, Burgess Hill
- 23rd **RNLI Tea Party** – 2.30-5.30pm  
Blue Haze, 50 Hurst Road, Hurstpierpoint - Delicious cream tea or Prosecco in Jo's wonderful garden (£5 per ticket, buy on the gate)
- 23rd **Newtimber Country Fayre** – 10.30am-4.30pm  
Church Field, BN6 9BT - Celebrating local, rural and traditional crafts (£1 entry, children free)
- 27th **Small Island** – 7pm  
Players Theatre – National Theatre Live broadcast (Tickets from Mishon Mackay)
- 29th **Twineham School Fair** – 11.30am-4pm



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*New in Hurstpierpoint*

## Memory Moments Café

Supported by The Rotary Club of the Sussex Vale  
& Hurstpierpoint and Sayers Common Parish  
Council  
to be opened by  
**The Rotary Club District Governor**  
**Thursday 20th June at 2pm**

Please come and join us for the official opening and  
enjoy tea, coffee & cake, fun & laughter with  
music and dance



Everyone is welcome, especially those with memory  
problems and their family supporter.  
at  
**Court Bushes Community Centre**  
**Willow Way, Hurstpierpoint BN6 9TH**

The café will be held monthly on 1st Thursday of the month  
2 pm to 4 pm  
Next session will be Thursday 4th July  
For more info please contact us: 01273 494300  
info@knowdementia.co.uk or visit [www.knowdementia.co.uk](http://www.knowdementia.co.uk)





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