

Local village talk, by the village

Issue #53 : August 2019

Free
Please help
yourself!

Hurst history: The Great Fire

p. 10

Banana ice cream anyone?

p. 28

Fair photo round-up

p. 24



— THE— HURST STAGE

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Monday 19 - Friday 23 August 2019 Held at Hurstpierpoint College







CELEBRATING OUR 5TH YEAR WITH A SHOW IN HURST'S NEW BURY THEATRE

Hurst Stage is an all-round theatre experience for children across Sussex from 9 to 18 years. The five day course is organised by performing arts teachers at Hurstpierpoint College and involves preparing and rehearsing for a final show, with specialised sessions run by West End professionals.

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HURST STAGE PATRONS:

Jamie Parker star of 'Harry Potter and the Cursed Child' Connie Fisher from the West End musical 'The Sound of Music'

EDITORIAL

By David Tingley, Editor In educational terms at least, we are now firmly into the summer. Two key elements of this period are encouraged within our pages this



month: On page 28 Belle Amatt serves up home-made dairy-free ice cream and on page 41 we illustrate readers' time away in our Holiday Snaps - do send yours in!

One type of content which we know to be popular with readers is those glances back at days gone by. I personally think it's a dangerous game to look back with rose-tinted spectacles on, but it is certainly fascinating to see how the village used to function. So it is, with great thanks to Christopher Maidment, that we can read about an event which shook Hurst in 1882. Check it out on page 10.

On page 32 we are delighted to have guest writer from Brighton Museum Alexia Lazou revealing the village connection to 'grotesque' artist Aubrey Beardsley who had also lived in Hurstpierpoint in the Victorian era.

Of course, the St Lawrence Fair was the big event last month and it seems that it was the usual crowdpleaser. On page 24 you can play the game 'how many do you know?' thanks to the brilliant photography of Claire Brewer - plus there's a brief write-up from the committee. On page 38 Benny Coxhill provides the detail from the Fun Run on the same day. Well done to all those who ran on the super-hot afternoon!

Finally, it's always nice to be able to share new things and this month there are a few to highlight. Firstly, on page 15, MSDC has launched the Mid Sussex Applause Awards – and they are looking for nominations from the community. On page 16 we have the first look at Hurst Festival's new Music Club in the village (more next month). And, on page 23, resident Emma Wakeham reveals a brilliant concept to support older people living alone.

Have a fabulous summer!

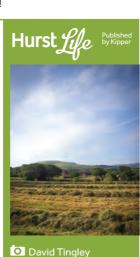
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We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@hurstlife.co.uk

Great colour at Hurst salon

High Street hair salon Lustig & Webb has taken on a

Michelle Farmer (aka MJ) has joined the five strong team as a colour specialist and will be working on a Wednesday and Friday from the Hurstpierpoint salon. MJ started her career back in 2000, and her time as a guest artist on the L'Oreal Edit team has taken her all around the world performing her 'colour magic'!

MJ has previously worked with co-owner Daniel Lustig in a salon in Brighton; she comes to Hurstpierpoint from Rush Covent Garden where she was Head of Colour Education. "We are delighted to have MJ join us," he explained. "She is highly skilled in both technique and emerging trends, and we know she's going to fit right in here!"

Lustig & Webb is offering any customers a 15% discount off their first appointment with MJ. Call 01273 832760 for more information.





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150 years: 'How things have changed'

150 years ago the village school moved from the National School on the High Street to its current location on Trinity Road where it has doubled in size.

Some significant dates in the school's history are:-1869 - The new building in Trinity road opened and staff and pupils transferred from the old National School in the High Street (now Players Theatre).

1930s - The Education Act demanded that pupils aged 11 and over be educated separately from younger ones. Hurstpierpoint School was selected to accommodate the older pupils from surrounding villages (Albourne, Edburton, Newtimber, Pyecombe, Poynings, Sayers Common and Twineham) in addition to our older pupils, and the school was extended to enable this to take place. Co-education was to take place at the same time and in 1935 Co-ed Junior and Senior schools opened on site with, among other facilities, dining rooms for those who could not get home for lunch.

1960 - Due to rising numbers the school transferred all senior boys and girls to the new school in Hassocks (later to be renamed Downlands) or to Grammar Schools. The opportunity was taken to rename the school St Lawrence School, Hurstpierpoint.

To cope with an increasing village population, various extensions to the premises have taken place over the intervening years. These have resulted in improved



The Astional Schools Hustyresposset

facilities such as the provision of a library, a covered swimming pool, the gym and a covered quadrangle.

The Hurstpierpoint Historical Society is running a new display in the foyer of the Village Centre until the end of September. It includes some of the work from today's schoolchildren to commemorate this event plus historical records and photographs taken over the past 100 years.

The museum is open Monday – Wednesday 9am-1.30pm, Thursday and Friday 9am-5pm and on Saturday 9am-1pm. Entry is free.





Stonepound Crossroads work started

Work has started at Stonepound Crossroads in Hassocks – which will leave Hurst Road closed until the end of the school holidays.

The project, which is a condition of the planning permission for 129 homes being built by Barratt David Wilson Homes off London Road, will take place in two phases and includes upgrading 'ageing traffic signals', which will improve the busy junction's capacity.

The first phase also includes works to widen Hurst Road and preparation work to facilitate a new cycle route scheme between Sayers Common and Downlands School.

During the school holidays there will be three-way traffic lights at the junction, while Hurst Road is closed at the junction. A diversion is in place for those travelling between Hurstpierpoint and Hassocks.

All businesses are clearly open as usual during this disruption. Lindsay Thompson, speaking on behalf of Hurst Traders, commented: "As local retailers we want to be upbeat about the summer. We're working hard as a group to introduce new programmes and fun offerings while this work is going on, creating even more reasons for you to visit the High Street in Hurst, which is still very much open for business. We are so grateful for the support we receive from you all, day in and day out, without which many of us wouldn't still be operating. For the next month or so, could we dare ask for that one extra purchase a week?" She went on: "It's going to be



far more pleasant taking a trip to the village; less traffic and fumes, safer pavements, a better chance of parking and, dare I say, no road rage!"

Hurst Road is due to be closed until 2nd September, after which the crossroads will use four-way temporary lights until early November.

A West Sussex Highways spokesperson said: "This type of work does cause inconvenience for residents, businesses and road users, for which we apologise, but every effort will be made by the developer and its contractor to limit disruption as much as possible. For example, there will be a dedicated traffic marshall for the duration of the project to operate the temporary traffic lights between 7am and 6.30pm."

The second phase of this work is expected to be completed by 30th January 2020.



Local knowledge, supported by a large network of offices across the region, London and the United Kingdom



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Fabulous family fun

From toddlers to teenagers, no child in Sussex will be bored next month! There won't be a screen in sight as children far and wide sing, dance, explore, play and generally wear themselves out!

Capture the Flag kick-starts the kid's festival with army cadets from Hurstpierpoint's 'C' Company teaching evasion and capture techniques along with camouflaging tips and games at Wolstonbury base camp.

Super Sunday's fabulous parade (15th September) leads us to the green on South Avenue. Find face-painting, free bow making, the Harris funfair and the beautiful reptiles that never fail to engage all ages. The Craft Tent will sell unique goodies from fudge to squashy faced toys, there are free art workshops at Poponin and Gallery 92 and a brilliant inflatable Endurance Zone which they will never want to leave! The fun starts from 12.30pm.



SESKA!

Crazier than finding a penguin in your fridge... turbocharged Seska throws buckets of happiness into the air in this brilliantly inventive magical show for all ages. Entertaining crowds from Mumbai to Trinidad... it's super-hilarious magic... book your tickets now for the 22nd as it sold out last year!



Ensonglopedia of Animals

Ensonglopedia of Animals

An animal song for each letter of the alphabet. But don't expect goofy giraffes or fluffy felines. Expect extraordinary echinoderms, distressed damselflies, curious corals, baffling birds and amazing arachnids... Ensonglopedia of Animals is on the 28th and brought to you by local science-themed singer-songwriter John Hinton, following his previous hit musical-comedies about Charles Darwin and Marie Curie.

Musical Theatre Workshop

The Musical Theatre Workshop returns with The Greatest Showman! Led by two professional West End performers, children will learn a set piece with singing, acting and dancing and perform it for parents and carers at the end!

Out and About!

There are three family walks starting on Monday 16th September with Hamish's Pig Walk. He'll lead you to one of the village's pig projects where you can help feed them as well as give them a good scratch on the back. Hamish is a fount of knowledge and will try and answer all of your piggy questions!

On Wednesday 18th join bird enthusiast and Hurst resident Tom Flower for a leisurely post-work ramble around Hurst Meadows. The annual autumn migration will be in full swing as our summer visitors ready themselves for their long journey south. No prior knowledge of bird identification is required!

On Monday 23rd meet at the carved owls in the Millennium gardens and discover how many different species of trees are growing in the hedgerows and adjacent woodlands. Scout about with your kids and collect leaves and see if you can complete the 'Leaf Snap' challenge!!

So go to www.hurstfestival.org now and get booking before it's too late. Parenting has never been so much fun!



South Down Terrace 1904 - Courtesy © David Robinson

By Christopher Maidment

On Friday 27th January 1882 Hurstpierpoint witnessed one of the most dramatic days of its history. The building known as Holdens, now the Nationwide Building Society, and the three adjoining houses were extensively burnt down. This was Walter Fitch's General Grocery, Drapery Store and Warehouse. The scene over the next few days was reported in the Sussex Daily News. These reports were collated by Ian Nelson and are abridged here.

At 5.15am in the morning a carpenter named Windus and Mr Waller, an expoliceman, raised the alarm. Flames were already bursting out of the east windows of the store and warehouse and threatening to burn the North House, property of Lawrence Smith, a retired lawyer. North House is now divided into the three properties that are The Odd Corner, Chichester House and Bielside.

'By the time the inmates of the surrounding houses and the employees at the shop could be roused, the fire had obtained such a hold as to defy the ordinary means of extinguishing.'

Besides the grocery and drapery goods in Mr Fitch's store, there were quantities of wines and inflammable spirits in the cellar, along with oils and 8lbs of gunpowder on the first floor! Little could be done to save it, so efforts centred on saving Lawrence Smith's house to the east, and Bank House to the west, the latter, now West End Cottage, belonged to Mr Pierce.

At the time, Hurst had no fire brigade. Brighton Police, who ran the Volunteer Fire Service, and Burgess Hill Waterworks were sent telegrams! A contingent of the Volunteer Fire Brigade caught a train to Hassocks, and horse drawn engines arrived soon after them.

In command was Lieut. Hayley who organised all the work and managed to resolve the need of more water pressure. The men began to make an appreciable impression on the fire. The prevailing wind was a very calm south easterly, and so with diligent application of water, and removal of slates by William Davey and others, they managed to save Lawrence Smith's house. This was not without incident. William Davey and others had 'marvellous escapes'. At 6.15am explosions occurred, which blew up a greater part of the roof, and then the fire began to rage with renewed activity. The east end of the shop having burnt out, the wall fell with a tremendous crash, knocking over the ladders on Mr. Smith's house.

Villagers flocked to help clear timber, furniture and other things of the adjoining neighbours. Although saving Mr Pierce's house appeared futile, the timely appearance and bravery of the fire brigade accomplished this, despite a second huge explosion that was heard in neighbouring villages that rocked the scene, shattering windows of

other High Street properties. Sub-Engineer Lacroix had one foot on the roof of Mr Pierce's House, supporting himself against the chimney while cooling the house with water when the explosion occurred.

"Undeterred, however, the men kept at work, and within half an hour the flames were under command. Such a commotion has not been caused at Hurst for many years the fire having lit the country for miles around and bringing crowds to the scene."

The cause of the fire is not known and the building was not fully insured. Both landlord and tenant suffered heavy losses. However, '... thanks to the mildness and direction of the wind, the assiduous working of the Brigade and the useful help of the inhabitants, the fire was confined to the building. This is an entire wreck, the bare walls standing in a few places.'

Danger was considered to be over some time before noon, and the Volunteer Fire Brigade returned with their engine by road, reaching Brighton shortly before 3pm. However, at 5.15pm the fire was still burning. 'Firemen and Salvage Corps are about the ruins'.

At 8.30pm it was still burning and the firemen deluged the smoking ruins with hoses. About every ten minutes smouldering heaps broke out again and again. Arrangements were therefore made for Superintendent Farr, Engineer Dobson, Sub-engineer Smith and Firemen Slater and Smith to remain on duty all night. They would review the situation in the morning.

"P.C. Wood, stationed at Hurst, was soon on the scene and, after telegraphing to his superiors for relays of men, worked with energy in various ways. On the arrival of the Superintendent, Sergeant and four Constables they carried out their duties in a most exemplary manner at their respective posts."

Firemen, policemen, and willing volunteers did their utmost to render assistance where needed. The shell of the building looked very unsafe and was shored up in places and guarded by three constables all night.

A daring feat was accomplished by a young man named Boxall, who walked along the top of a nine-inch wall to run a rope round a stack of chimneys. These were soon pulled down.

The following day:

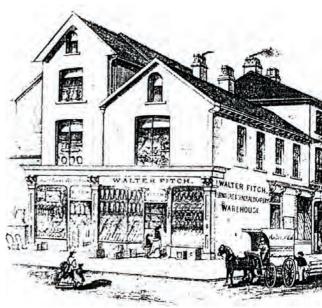
To the Editor of the Sussex Daily News.

Sir, - With reference to the fire which took place in the premises adjoining my house, I do not think that I ought to pass over without remark the extraordinary exertions which were made by my friends, neighbours and Fire Brigade men to save my house. Had the property been their own I feel sure that they could not have worked more than they did to the very limit, and one would have said beyond the limit, of their endurance. I could mention the names of some four or five but where all did their utmost it is, perhaps, invidious to do so. It will, I think, be a relief to the feelings of others as well as of myself that such exertions involving such dangers should not be passed over in silence, and I hope all will accept my most hearty thanks for their great kindness.

Yours, LAWRENCE SMITH, North House, Hurstpierpoint, 28th January, 1882
Rebuilt as South Down Terrace, in 1891 it is recorded as being owned by John Smith,
Saddler and Harness Maker. While he repaired leather satchels and attaché cases and
restrung tennis rackets, the building was in full use by Geerings, builders, plumbers and
decorators, Ashby's confectionary and tobacconist, and not forgetting Mr Baker the
butcher, with an abattoir to the rear of the arched doors.

There is a well known early 20th century village picture of the rebuilt building. It can be seen inside the Nationwide Building Society.

In the aftermath of this tragedy, and miraculous absence of lives lost, the kindness and charitable help to those who were affected was nothing less than we continue to expect in our village. But what did happen next? Well, that's another story!



Walter Fitch's Store c1880

Hoggie Population Peak

HOGGIE HELP

By Ann Winney

An update from last month: little Lucy with the poorly eye is now back to the wild and enjoying being free. I mentioned that we were saving for a microscope, well we have been lucky enough to have been given one by lovely Sarah Solomon from Heath Vets. After some nifty repairs it's working brilliantly.

When I get a poorly hog in I am now able to look for parasites within their poo, therefore getting the treatment they need much faster. With the saved money I have now been able to buy a small incubator, much needed for little ones. Thanks so much to everyone for your donations. Many Rescue Centres have an Amazon wish/donation list to help with costs of feeding hogs, so, in keeping with my shop local ethos, my wish list is at our lovely village pet shop Pierpoint Pets.

This is the time of year when the hoggie population is at its peak, with the addition of lots of new little ones trying to find their way in the world. But this is also a time when they can, due to inexperience or poor health, get lost, confused, hungry, thirsty and injured, so keep an eye out. They should not be out in the day! PLEASE PLEASE put down a shallow bowl of water, this will help all sorts of wildlife.



Date for your diary: Thursday 26th September, as part of Hurst Festival, Hugh Warwick is speaking on 'Hedgehogs - how we can help and why we should care'. Hugh is an author, ecologist and spokesperson for the British Hedgehog Preservation Society. This will be a busy one, so get your tickets early!

For advice on hogs, call 07787 515296 (Hurst Hedgehog Haven).



We now have a showroom! Open Mon to Fri 10 to 4pm and Sat 10 to 2 pm

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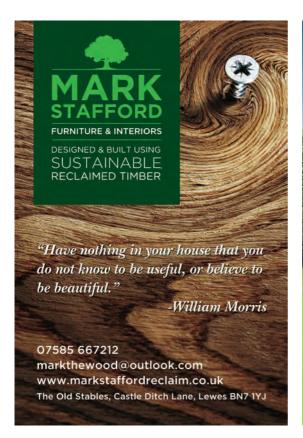


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New community awards - who could you nominate?

Chairman Cllr Colin Trumble has announced the first round of brand new community awards, Mid Sussex Applauds. The Awards aim to highlight the fantastic work of individuals and organisations across the district, recognising connections and celebrating the local community.

Mid Sussex Applauds will encompass two previous award schemes: the Young Volunteer Awards and the Community Service Awards. In addition there are new categories for those who help keep the community clean and green, support active lifestyles and sport or work to bring communities together. In total there are eight categories:

Stronger Communities – a community group or organisation that has helped to bring together cultures and communities through a local project or community activity.

Young Achiever Award - against all the odds, someone who has overcome significant obstacles and made a positive difference to their own lives or to other young people through education, campaigning or helping another overcome a difficult situation or personal problem.

Take Pride in Mid Sussex - This award will recognise residents who dedicate their time and energy into keeping Mid Sussex clean and green, take pride in their local area by creating community gardens, painting local spaces, upcycling or encouraging others to recycle.

Young Volunteer of the Year - recognising those young people who have made a difference in their local community.

Lifetime Achievement Award – an individual who has made a substantial commitment to the community in their lifetime.

Stronger Together – an individual who has helped to bring together cultures and communities through a local project or community activity.

Good Sport Award – a club or individual who has made an outstanding contribution to supporting activity or sport in Mid Sussex.

Business in the Community Award – recognising a business which supports or makes a positive contribution to benefit and enhance community life.

Residents are encouraged to take part in the straightforward nomination process which is open at: www.midsussex.gov.uk/applauds until 31st August, when nominations close.

The very first Mid Sussex Applauds award ceremony will take place on Sunday 13th October.

Local businesses and employers are being encouraged to get involved by supporting Mid Sussex Applauds, contact comms@midsussex.gov.uk to find out more



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Music Club for teens

Hurst Festival is introducing a new monthly Music Club for 13-17 year olds, starting in September at the new Court Bushes Community Hub in the village.

Organisers are looking for local workshop leaders over 18 to come along and help – you don't have to be a teacher – they want people who love music and can play drums, guitar, sing, MC, Beatbox to come along once and month and show the students how to do it. They can pay for your time too, so email manager@hurstfestival.org if you are interested in giving back to the community and having fun with music too!

Workshops will be for beginners and all abilities and will include learning to beat mix and DJ, Singing, Song Writing, Lyrics, Rapping, Guitar, Drums, Make your own Music Video, Broadcasting, Radio Presenting, Compering, MC'ing.

There will be a PA for Jamming and the last half an hour will be for everyone to show off their live performances. Burgess Hill Radio will be there to record the performances and show anyone interested in broadcasting how it's done.

Music Club is free and starts on Wednesday 11th September (5-7pm), and then every second Wednesday of the month.

www.hurstfestival.org

Part-time Connect Group Co-ordinator wanted

A charity set up by a Hurstpierpoint resident is looking to add a new member to their team.

Befriended was started by Gail Millar nearly two years ago with a vision to address both the practical needs of being lonely and also to prevent loneliness. "The impact the charity is making to the lives of older people in our communities is incredible," explained Gail. One client spoke of the change in her circumstances: "I had nothing worth living for and I was so painfully lonely... Now I have a regular visit from a befriender with her toddler whom I have grown to love and I want to see that little one grow up. I love going to the park, out for lunch or on day trips with them."

The trustees at Befriended are now looking to address the prevention with the establishment of a number of different interest groups, and they need the right person to take the lead. "It's a pioneer role to identify what is needed and where, and then to build a programme of suitable activities," Gail said.

If you are interested in this role, email admin@ befriended.org for the job description and person specification. Closing date for applications is 23rd August, with interviews being held in early September.



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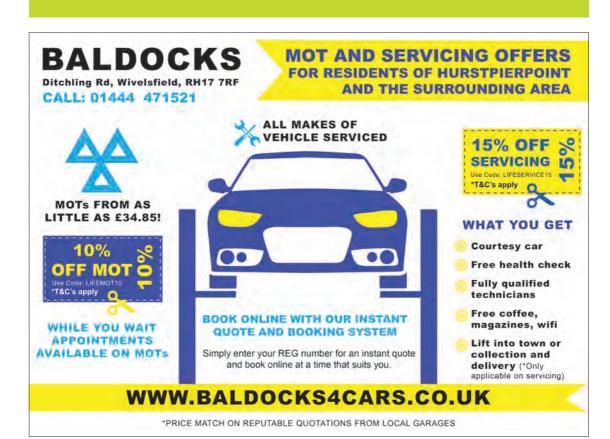
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Young Engineers of the Year

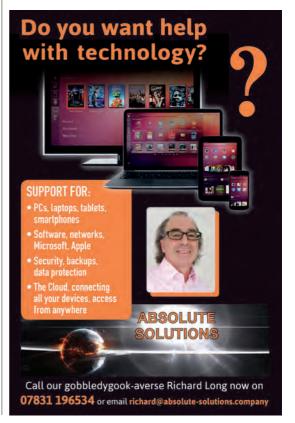
A team of Lower Sixth students from Hurst College took part in the Big Bang South East Region Science and Engineering Competition last month and won two special awards, the overall competition and the title of Young Engineers of the Year.

Bella Shepard, Matthieu Bridger, Olivia Hampshire and George Rodriguez were showcasing their Engineering Education Scheme and Gold CREST project on Improving Coagulation and Flocculation in Wastewater Treatment.

Since winning an innovation award in April they worked tirelessly on improving their experimental data and design of static mixers. They tested their revolutionary and totally organic chemical, chitosan, on actual treated sewage water, which produced impressive results to support its suggested use as a replacement for the currently used ferric chloride, which leaves a heavy metal residue. They also designed and 3D printed an array of static mixers, along with a creative modular system of incorporating the mixers into currently used sewage treatment plants.

The team were delighted to be given two special awards: the Electric Prize for Commercial Potential sponsored by Eurotherm and the Prize for Research sponsored by Photek. These were topped, however, by the team being announced overall winners of the competition and a place in the national finals.





Downlands proud to have Tomorrow's Engineers

Congratulations to Year 7 students at Downlands Community School Madeleine Bayly and Holly Barbour, who have both won the Tomorrow's Engineers 2018-2019 competition.

Maddy and Holly went down to Southampton University last month to pick up a trophy and certificate each. Nicki Burston commented: "This is such a huge achievement and we are very proud of the girls."

The competition was open to all school pupils from age 3 to 19, allowing all children young and old to take part in the fascinating world of engineering. Last year over 37,000 children were engaged in the competition across the UK.

Nicki went on: "It was quite a process that led to them winning individual awards - from interviewing an engineer, identifying a problem, inventing a solution and illustrating it and then writing a letter describing the invention and how it solves the issue they have identified."

Holly invented 'The Handy Car Key', which is a car key with two LED lights that flash to notify you if you have left your car unlocked or your car alarm is activated. It would also be linked to a phone app.

Madeleine invented the 'Keep it Cool Case', which is a phone case that vibrates if your phone overheats and automatically triggers a cooling pack, keeping everything online and ready to use!

Well done girls!



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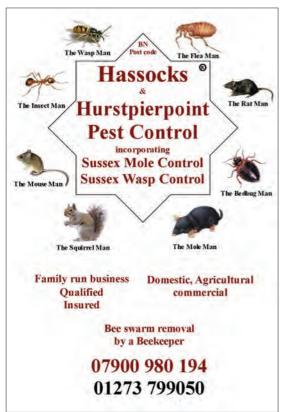
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OPEN MOST SATURDAYS MAY THROUGH SEPTEMBER

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Bringing old and young together



By Emma Wakeham

I am setting up four new fun weekly groups to try and help to tackle isolation of older people living alone, and also for mums and dads with young children struggling with isolation. Another of the groups' primary aims is to encourage a love of reading by providing free book youchers for children's books.

The choice of groups is: Bringing young children and older people together over board games; A play and story time group for preschoolers; A coffee and cake group for older people; A board games group for older people.

I have always been very interested in anything that brings the community together, such as the co-working office that I used to have. Recently I heard a lady who works at a supermarket saying that she and her colleagues know when they serve an older person it is very often the only social contact that person gets in their day and this has motivated me to start these groups.

Taster sessions are on Wednesday 7th and 14th August for the coffee and cake for older people (1-2.30pm) and board games for older people (2.45-4.15pm) in the Conference Room at the Village Centre. Then they start weekly on Wednesdays from 4th September.

The other two weekly drop-in groups start on Tuesdays from 3rd September. These are board games for young and older people (1-2.30pm) and the storytime and play for children (2.45-4.15pm) both at the Scout Hut.

The cost is £3.50 for older people attending any club and £5.50 for one parent and up to two children. Both include cake and a drink and the parents' session also includes £4 book youcher for the kids.

If people wish to find out more they can either email me at: emma.community.groups@gmail.com or they can just drop into whichever groups they are interested in. No pre-booking or signing up is necessary for any of the groups.





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By the St Lawrence Fair Committee

Wow what a weekend! We really hope that you enjoyed the Fair and other events this year. Despite being low on numbers as a committee this year, we had lots of people who came over to the park on both Friday and Saturday and lent us a hand – special mention to Stephen Hills and the Army Cadets who worked tirelessly, others are too numerous to thank here but suffice to say we couldn't do it without those who just pop over and say 'What do you need me to do?'

We'd like to thank all of our other contributors: the kid's entertainers, the fabulous bands (Thing of the Swamp, Soulville and Kieran Murray and Manlove), the procession entries, the stalls, the bar team (including Bedlam) and the acts in the arena. We gave out special thank you gifts to people who always go over and above for us in their own way without us normally having to ask. They give us their time for free and, again, without them, we would be a bit stuck!

We are taking a break over the summer but look out for news of our AGM, which will be October/November time. We would love some new committee members and obviously welcome anyone who has any thoughts and ideas to come along and share them.

Goodbye for the summer from all of us.





















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Tony Coleman

Tony has cleaned windows in Hurst for 37 years and is a keen bowler at the Bowls Club. He loves a curry and an ale!

How long have you lived in Hurstpierpoint? Since 1963, all but 18 years of those

What's the best thing about being here? Great place to live but changed when the Pierpoint pub was knocked down

What would you like to see in Hurst that isn't here? Another pub, decent curry house and a road through the High Street which works

How many houses have you lived in?

Favourite book, film and album? Spike Milligan War Memoirs, Game of Thrones, Placebo – Without you I am nothing.

Most common New Year's resolution? Stop drinking and going on a diet. Only lasts a couple of days!

Your most enjoyable event in the village? Fair day

Song you play the most? Girl – My Number

Your most frequented village shop? Hamper's Deli; great food

What's your proudest moment?
Being present at birth of Thomas and Molly, and completing London Marathon

Last present you received? Beer from my neighbour

Your advice for life?
You only get one go at life, enjoy it to the full.
Get stuck in!

If you would like to provide your own answers for 5 Minutes With, simply email them to editor@hurstlife.co.uk along with a photo of yourself, or do please encourage a friend to send their answers in!



Serves 4

- 4 ripe bananas, cut into chunks
- 4 Medjool dates, remove stone and chop
- 4-5 tbsp coconut milk
- 2 tbsp toasted flaked almonds
- 2 tbsp melted chocolate

Optional - Frozen fruit (the Co-op do a great mixed bag)



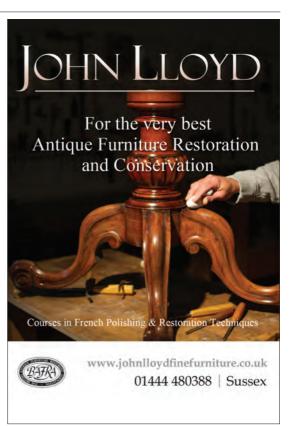
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Belle is a Hurst resident and nutrition consultant, author and lecturer in Naturopathic Nutrition. She holds one to one health consultations at The Sussex Osteopath Clinic in Hurstpierpoint and workshops on a variety of healthy eating topics.



It's ice cream season! The occasional ice cream can be eaten with guilt free pleasure. However, they stack up the calories, fat, sugar content of our daily nutrient quota enormously and are generally wrapped in plastic so how about having a go at making your own. It's great fun too. All of the following ingredients can be purchased from the High Street with a quick stop off in Gibson's who sell most of their produce in paper bags and the Co-op (who don't).

Method

Place the banana chunks on a flat tray and cover. Freeze for at least 1 hour. Pop the banana into a food processor and whizz until smooth with enough of the coconut milk to achieve a creamy texture. You may need to add a little more depending on the size of the banana. Scoop into 4 bowls or glasses, then top with the melted chocolate and nuts or blueberries for a very healthy option. You can also add frozen fruit to vary the taste. Delicious!





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Good players and performance

HURST CRICKET CLUB

By Rob Sawyer

It's been a cracking month at Hurst Cricket Club. Both the 1st and 2nd XI find themselves at the top of the table after a solid run of victories. We've also attracted some good new players, and there have been some excellent individual performances.

In terms of those performances, three centurions spring to mind. Firstly, Myles Burrows. He made his debut at Fairfield for the 2s, arriving at the crease earlier than planned with the top three going cheaply. He was soon joined by me at around 40/4 and together we set about rebuilding the innings. When I say together, what I mean is that I nurdled the ball around giving Myles as much of the strike as possible and watched a brilliant innings unfold from the other end. By the time I departed, we had put on over 100 runs, with Myles scoring the vast bulk and set up a decent score with the help of a breezy knock from Lewis Stevens which the opposition never troubled. This game also featured an amusing incident featuring two 2nd XI stalwarts, Ben Potter and John Pike, possibly started by Mr Pike's observation that Mr Potter could have done better in the field. Mr Potter then invited Mr Pike, in fairly strident terms to return to the first XI where he apparently belonged. Mr Pike expressed his displeasure at this invitation and the whole thing ended with a robust man hug, both men clearly having forgotten that the fellow wearing the wicketkeeping gear standing ten metres away was also Hurst Life's cricket correspondent.

Kate Davies also joined the centurion club when our women took on Henfield recently. After a shaky start to the innings, Kate came to the crease and simply took Henfield's quality bowlers apart, scoring 102 not out including two 6s, and all this with a broken bat. She was backed up by Bernie Gleave who scored 30 undefeated. A brilliant effort.

Our third centurion came from Tudor Ellis who scored a maiden ton against St Andrews for the 3rd XI. Tudor is club chairman and has driven many of the improvements the club has enjoyed over the last couple of years. Coming to the crease at number six he set about trying to reel in the oppositions 196 and, while he fell 20 runs short of that target, he batted brilliantly, ably assisted by Hannah Fosbraey who opened the innings and young Theo Ghasemi who held an end up scoring a couple of boundaries when it looked like Tudor would run out of partners.

Here's hoping the good form and the good weather continues.



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Aubrey Beardsley's Hurst connection

By Alexia Lazou

Aubrey Beardsley: illustrator and writer, Aesthetic pioneer, Decadent eroticist – and resident of Hurstpierpoint?

Beardsley is famous for his black and white illustrations, published in the 1890s and popularised in the psychedelic years of the twentieth century. Diagnosed as tubercular at the age of seven, he grew up as a rather fragile being, dying in 1898 at only twenty five. However, many do not realise he has a local connection.



Beardsley c1883

Born 21st August 1872 in Brighton, to parents of mismatched social standing, Aubrey grew up alternating between the 'haves' and 'have nots'. After leaving Brighton Grammar School at sixteen, he was expected to earn his living. Determined to do this through art, he attended evening classes while employed as an insurance clerk. His talent shone out and led to illustrative commissions, including Oscar Wilde's play Salome. He co-founded two art and literary journals, The Yellow Book and The Savoy, with himself as art editor of both. But his self-proclaimed grotesque style was not everyone's taste, and he struggled to win the favour of the general public.

He corresponded with a variety of people and many of his letters survive today. While they are not literary masterpieces, they do offer an invaluable source of information about both Aubrey's life and the closing years of the nineteenth century. Most were written in the 1890s, from the beginnings of his career as an artist until a few days before his death. Prior to this the letters are very sparse, apart from an early batch which he wrote to his family while he was a boarder at Hamilton Lodge, a boys' preparatory school in Hurstpierpoint (now Mishon Mackay).



Hamilton Lodge

What we know about Aubrey's time at Hamilton Lodge stems primarily from his letters. These are probably the earliest letters from Beardsley that still exist. The manuscripts are held in the Gallatin Collection at Princeton University, New Jersey, USA and published in The Letters of Aubrey Beardsley, edited by Henry Maas, J.L. Duncan and W.G. Good, Cassell & Company Ltd. 1970.

It was 1879 when Beardsley was diagnosed as tubercular, a common disease at that time. London or Brighton were not considered conducive to improving his health and he was sent to the countryside for his education. Hamilton Lodge was situated on the High Street and presided over by headmistress Louisa Wise. She was assisted by her niece Eliza Barnett who may have known Aubrey's mother, Ellen, previously. There are a number of references to correspondence between the two women, and Aubrey often passes on the message that 'Miss Barnett sends her love', more suited to a friend than simply the mother of a pupil.



Boys in High S

Aubrey arrived at the school in the autumn and seems to get off to a good start, reporting to his mother that he is 'getting on quite well'. He continues 'The boys do not tease me. I like Hurst very much'. However, mere months later, he confesses to his sister Mabel that 'Miss Barnett was nearly bald with teaching me [the piano]'. Ellen, too, recounts an incident where he was beaten by the school mistress but refused to give in and cry. But in general the letters indicate a happy time full of outings, games and long walks.

There was a variety of local choices for outdoor excursions. The Chinese Gardens, situated in the village since 1843, were well established as an attraction for visitors as well as residents. Amongst the diversions on offer there featured a boating lake, woods and parkland walks, donkey rides and various kinds of refreshments. The boys go there 'very often'; one occasion was to attend a Temperance Fete.

A February half-holiday offered an opportunity to visit Danny Park, the grounds of the Elizabethan manor house, for the afternoon and 'such nice games'. Given Aubrey's fragile health, he seems to have fared remarkably well with the physical nature of his education. Good weather regularly provided an excuse to abandon classes in favour of exercise. Aubrey tells his mother, 'Last Thursday Mr. Hannington asked for a half-holiday as it was such a fine day, and we all went to Wolstonbury Hill and enjoyed ourselves very much.'

Churches and religion played a strong role throughout Beardsley's life. James Hannington was at this time the curate of St George's Church, built in the grounds of St. George's House. James was a young clergyman of 32, and both times he is mentioned it is for joining in with the children's activities rather than for his sermons. This is quite understandable from a child's point of view, especially for one denied the company of his own father. One letter to 'My dear Dad' accompanies a bookmark made by Aubrey as a Christmas present. It is embroidered with the word affection 'because I love you'. This letter is undated and was previously thought to be posted in Brighton, Christmas 1878. However, the similarity in appearance to those sent from Hamilton Lodge suggests that the gift may have been made there the following Christmas.



St George's Church 1907

In one instance, Aubrey delays a reply to his mother with the excuse 'Miss Barnett thought I had better wait to tell you about the Exhibition.' He carries on: 'It was so pretty, just like a bazaar. Nearly everyone in Hurst exhibited work of some sort.' This was the Exhibition of Industry and Art, February 1880. Local newspapers listed the great variety of exhibits, from needlework to woodwork to fine art. Aubrey's highlight was the 'beautiful cakes and pies there'.

Perhaps the most striking absence in the letters is any reference to drawing. As someone who went on to become an internationally-known artist, Aubrey shows no overt interest in art at this early age. The only account is from Ellen who remembers that 'When he was eight years old he began to draw – at first copies of Cathedrals, then a Carnival, a long series of grotesque figures in colour'.

Beardsley barely enjoyed four terms at Hamilton Lodge. He returned after the summer holidays and in October 1880 writes to tell Ellen, 'I have been quite well since I came back, and we are able to get out every day. We are now quite settled in school again.' However, shortly after his arrival he was uprooted and moved back to live with his family in Pimlico. Throughout his brief life Beardsley never really settled anywhere, ill health or circumstances causing him to move on. But it seems that he was happy here in Hurst – we have his word on that.



Yellow Book Cover Design

Tuesday 20th August

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Please visit https://brightonmuseums.org.uk for more information.

Sundays 15th and 22nd September

11am, Brighton Station – Aubrey Beardsley Tour Part of Brighton & Hove Open Door. For the full details visit: www.rth.org.uk/BHOD19



My Policeman by Bethan Roberts

BOOK REVIEW

By Clair Stanton

Tom Burgess grows up in Brighton and swims in the sea every day: after completing his National Service he returns to his hometown and joins the police force. He's proud of the figure he cuts in his uniform and his physical beauty makes him an object of desire.

Newly qualified as a teacher, Marion has been waiting for Tom; she is his sister's friend and has worshipped him from afar since her early teens. While he's away in the army she dreams of the future they could have, if only he would notice her properly... When they meet again Marion reminds him of a promise he made to teach her to swim and a warm friendship develops, which leads her to believe her dreams could soon become a reality.

Museum curator Patrick is grieving for a dead lover and has given up on finding love when he meets Tom and finds himself drawn to the young policeman. But in 1950s Brighton to reveal his feelings would be dangerous for them both. When Tom introduces Marion to his new friend she is impressed by his sophistication and enjoys the times they spend together as a trio.

Marion and Patrick both believe Tom to be 'my policeman' but the relationships between the three become increasingly fraught and the repercussions of one desperate act will haunt them for decades.

Come along and meet the author at Hurst Library on Wednesday 25th September (7pm-8.30pm). Bethan Roberts will be joining us to discuss her works. Tickets cost £4 each. Please book in advance via www.hurstfestival.org



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Is cycling bad for men's health?

This year on 8th August National Cycle to Work Day, the UK's biggest cycle commuting event, is encouraging thousands of enthusiastic riders to hit the streets to celebrate everyday cycling.

Cycling has seen an increase in popularity over the last few years with great local events like the Velo South and triathlons across the county. Cycling is a fun and effective form of exercise, but some worry that pressure from a bicycle saddle can cause urinary, sexual, prostate problems and can even increase your risk of prostate cancer.

Although some clinical studies show that side effects of bicycle riding in men can include genital numbness and in rare cases infertility, impotence, blood in the urine, inflammation of the prostate and elevated PSA levels, do the pros of an active lifestyle outweigh the risks?

As a keen cyclist, Simon Woodhams, Consultant Urologist, joined his colleagues last year to raise over £30,000 for local urology services, taking part in their own version of the cancelled Velo South. He explains: "The prostate-specific antigen, or PSA, test is the current gold standard for identifying prostate cancer. Although studies are mixed about the effects of cycling on the PSA test, a few have linked bicycle riding to temporary elevated PSA levels, which could



lead to a false screening. If you are concerned about the possibility and have an upcoming PSA test, you may consider avoiding cycling before blood sampling. Regular bicycle riding does not cause prostate cancer, and it may even reduce your risk for developing it."

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Water in the Garden

GARDENING CALENDAR

By Juliet Sargeant, garden designer

After just a few weeks of sunshine, like most gardeners, I am already hoping for rain. At this time of year I start to make plans for better water management in my garden, then the autumn rains come and all my resolutions dissolve with them. So, here are a few tips that you can start with today and some ideas for future-proofing your garden.

There are several ways to reduce water use, collect water and then also plant plants that need less water.

Reducing your water use can start straightaway. Try to water in the morning before the sun is hot. Watering at the base of the plant, rather than sprinkling, will also help to avoid evaporation. The most important thing, as far as the plants are concerned, is to water deeply. A good drenching twice a week is far better than a light sprinkle every night, which will only dampen the surface of the soil and encourage the roots to stay at the surface. Exactly how much water will depend on your soil, but to give you an idea.....a tree might need two watering cans twice a week for each plant and a shrub one can twice a week.

Next, invest in mulching your soil with a thick layer of bark or compost. This not only keeps the weeds down but also the water in the soil. A depth of 5-7cm would be ideal. Water thoroughly before you mulch. Plants love this; you will be amazed at how much better they do, especially if you have the clay soil that is common around Hurstpierpoint and tends to dry out in summer.

When the rain does return collect as much of it as you can. A simple domestic water butt will very quickly empty, so if you have space for a series of them or a larger one, it is worth considering. Alongside a garage is often a good place to 'hide' a water tank of possibly about 300L.

Next month I'll tell you some plants that tolerate not only dry summers but also winter rains.

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In this feature Hurst Life highlights an artist based in the village. This month's artist is Mary Faux Jackson...

Mary has lived, since her marriage, in the local area for 58 years. Including Hurstpierpoint for 18 years. Her hobbies are swimming, gardening and caring for her grandchildren.

Mary Faux Jackson studied the National Diploma in Design from 1958 to 1961 at the then Brighton College of Art, now part of Brighton University, becoming particularly interested in printmaking fof which she has won several prizes. One of her lithographs shown in a Brighton exhibition was voted 'Best in Show' and was bought by East Sussex C.C. for the Brighton Schools Picture Library. She has twice had pictures accepted by the Royal Academy Summer Exhibition.

Mary continued her work at the college until 2001, using the printmaking facilities, during which time she gained certificates in Art and Design and Printmaking. Since then she has continued etching, but painting in oil and watercolour have been her main media.

Mary lives in Hurstpierpoint and works in her studio there. Her country surroundings inspire most of her work, observed with sympathy and understanding. She has enjoyed child portraiture and painting animals and houses. Much time has also been spent in France, following similar themes.

An established Sussex artist, Mary was for many years a member of the prestigious Ditchling Handworkers Guild until its demise in 2012. She now enjoys membership of the Association of Sussex Artists the Weald of Sussex Artists, and the Henfield Art Club, and has exhibited throughout the county and in France with her work featuring in private collections both here and abroad.

Mary feels very privileged to have a beautiful spacious studio/gallery in her home with stunning views of the Downs.



COMPLEMENTARY HEALTH

Hay Fever, not to be sniffed at?

By Nicola Newson BSc Hons Ost, Sussex Osteopath and Complementary Health Clinic

Hay fever, also known as seasonal rhinitis, occurs as a reaction to pollen from grass, trees and weeds during the early spring and summer months and moulds and spores in autumn and winter. It is caused when the body makes allergic antibodies (IgE) to certain substances, such as pollen, house dust mites or mould, which are known as allergens. For those who suffer, most will have tried many of the over-the-counter medications available and may have required prescription medication from your GP.

From a natural remedy perspective there are other things worth trying too:

Honey (local to your area) is said to be a natural remedy for hay fever because the bee pollen in honey can desensitize your body to other pollens.

Vitamin C is a known natural antihistamine and can be found in oranges, lemons and grapefruit. Also present are bioflavonoids, which have powerful anti-allergy effects. The combination of vitamin C and bioflavonoids provides a natural decongestant and antihistamine for sufferers.

Red peppers and chilli peppers contain an active component called capsaicin. When eaten, this component opens nasal passages and helps reduce congestion brought on by hay fever.

Naturally occurring pigments in plants, carotenoids act as powerful antioxidants to help reduce inflammation in your airways and improve your immune system. A good source of carotenoids can be found in foods such as carrots, apricots, pumpkin, sweet potato and spinach.

Onion skins are a good source of quercetin, a natural antihistamine and anti-inflammatory.

An antioxidant and antihistamine, camomile tea also contains flavonoids and acts effectively as an anti-inflammatory agent. It can either be drunk or be used as an eye compress.

Studies have shown that acupuncture has a positive effect on alleviating hay fever symptoms such as a runny nose and itchy eyes. Using sterile needles, acupuncture pinpoints specific areas of the body and helps relieve any symptoms caused by current ailments.

For further information contact The British Acupuncture Council (https://bit.ly/2M1Zpxi).



By Benny Coxhill

It was a hot day to face Wolstonbury Hill but that never stops our intrepid runners from turning out and this year saw some new trophy winners and a new trophy.

We were sponsored by JB & Co, the barbers, who provided the race numbers and medals. Jed Berry was the official starter while his brother Jake took part in the long race with a great time of 45 minutes and 26 seconds. The age range on the long course was wide, from a very young 14 year old triathlete to the legendary David Clark who will soon be running in the 80+ category.

On a Fair Day dedicated to the recently departed Douglas Harris of Harris Brothers Fun Fair, what more fitting winner of the ladies' shield could there be than his daughter Lucy Egan of Hove Hornets who ran the course on her first appearance in 45:34.

Hurstpierpoint's Emily Morgan was second lady (47:31), closely followed by Sarah Corney (47:35) from Poynings.

The men's cup went to Alexander Rawlinson (36:10), moving up from third place last year with a convincing win. Tom Roberts took second place for the first time in years, still in for the prizes although his Dad had to pick up the wine (which had been kindly donated by Anne-Marie at Hobbs Off Licence). Dan Annison came third (37:50), beating his previous time here three years ago by five minutes.

There were more runners of the short course than we have seen before, attracting 35 competitors. It includes both the Desk Village Junior Race and the family event.

On her fourth appearance at the event, Imogen Read's name will be the first to go on the Desk Village cup for first girl, kindly donated by Matt Rosine of the High Street's new office space company. Her time was a personal best of 11:56. She was followed by first timers Cerys Wallek (14:34) and, just behind her, Claudia Allison (14:37).

Ahead of the girls, the boys were led by first timers Finley Jones in just 9:50 and in second place Alfie Ledger (10:42). Regular George Corke (11:43) was in third place for his fourth attempt at the course and he is getting faster each year.

For the Family Race adults and children run the short course together, then the names of the participants go into a hat to win Family Swim vouchers provided by Places for People at the Triangle. This year the Allison, Hitchcock and Stuart families were the lucky winners.

Thanks go to Hobbs Off Licence for race prizes as well as water bottles for the stations around the course. The Jog Shop in George Street, Brighton once again provided the finish flags and prize vouchers for the winners. Ashley and Thomas provided the bananas for the finish.

The event couldn't have taken place without the volunteers around the course and the arena. The Army Cadets were once again magnificent, helping with marshalling and to set up the Race HQ. Burgess Hill Runners provided the race equipment, and lots of their members, as well as members of Hassocks Community Runners, acted as marshals and looked after the water station, while many others ran the race.











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Where there's a Will there's a Way



Holiday snaps

As ever, Hurstpierpoint residents have taken their copy of the magazine away with them. Do send yours in to photos@hurstlife.co.uk





Kirsten Smith at Marina Bay Sands, Singapore

Georgie Tingley at St Stephen's Cathedral, Vienna

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RECYCLE THIS...

Colin McFarlin is a Volunteer Waste Prevention Advisor with West Sussex County Council and sheds some light on what can and can't be recycled.



Thank you for all your individual enquiries about your recycling. By the time you read this I will have replied individually to all your emails to the editor on recycling. Do keep the questions coming...

Plastic

There are lots of myths about recycling plastic. In fact plastic can be recycled over and over again, many more times than glass for example, and recycling plastic only uses 25% of the energy compared to making new plastic.



There has been so much in

the press and on TV about plastic, I thought it would be useful to bring you up to date with what our major supermarkets are doing to recycle plastic.

Well the good news is that you will find recycling used plastic carrier bag bins locally in Sainsburys, Tesco and Waitrose. I did cover this last year but from my mailbag many of you still have questions on these bins.

As well as used plastic carrier bags, from any company, you can also return to the supermarkets:

- Plastic bread bags (shake out)
- Plastic cereal bags (like plastic porridge oats bags)
- Plastic wrappers and ring joiners from multipacks of cans
- Toilet roll and kitchen roll plastic wrappers
- · Plastic freezer bags
- · bake beans wrap
- the wrap you get on cucumbers
- Plastic magazine and newspaper wrappers (from your letterbox post)
- · Fruit and veg supermarket bags
- Bubble wrap (pop the bubbles first why should they have all the fun)

It is even starting to be marked on the packaging. In fact, any plastic that you can do the 'thumbs test'.

Difficult to describe but I will have a go: Put your two thumbs inside a plastic carrier bag and move them apart to stretch the plastic. See how it stretches? You can use the same test on other plastics in the list and you will get the same result. Have fun testing plastics and let me know if you find any other plastic that passed the test. All of these can be returned to the supermarkets' recycling bin. Please make sure these are all clean so they can be recycled!

None of these can be accepted in your blue top bin. By taking all this stretchy plastic from your Black top bin you should be able to slim your black bin even further! It's easy to store too – just pop it all in a carrier bag then put it all in the recycling bin next time you visit the supermarket.

Keep Recycling!



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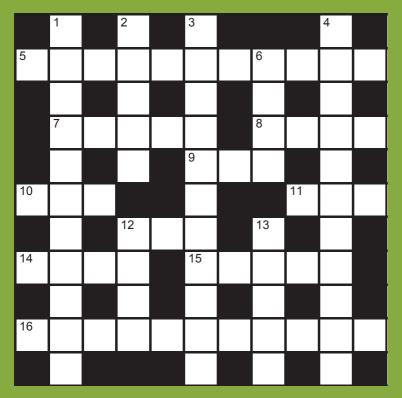






*See website for participating villages and terms and conditions.

Family crossword



Got 20 mins spare? Have a go at this crossword - which should be varied enough for all ages to answer some clues.

Answers listed on p.47

Across

- 5 Dinghy, perhaps (7,4)
- 7 Strong thread (5)
- 8 Disfiaure (4
- 9 Chafe (3)
- 10 Drunkard (3)
- 11 Consumed (3)
- 12 For each (3)
- 14 Indifferent (2-2)
- 15 Tanker (5)
- 16 Possessing four right angles (11)

Down

- 1 Patron saint of tanners (11)
- 2 Natural talent (5)
- 3 Subterranean (11)
- 4 Born in early December, for example (11)
- 6 Explosive weapon (4)
- 12 Bard (4)
- 13 Not under one's breath (5)

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Sudoku #37

5		9			4			
7	8							
		3	1		5			
4				2				7
3				7			8	
					6	4	3	
						3	2	
						5		8
				5	7		1	

Find the solution to #37 in next month's magazine

Courtesy of http://andrews-sudoku.blogspot.co.uk

#36 Solution

6	9	3	7	2	8	1	4	5	
7	5	В	4	1	-3	6	9	2	
Ť	2	4	6	9	5	7	3	8	
4	1	9	3	В	2	5	6	7	1
3	8	6	5	4	7	2	1	9	
2	7	5	9	6	1	4	8	3	
5	4	2	8	3	6	9	7	4	
9	3	7	1	5	4	8	2	6	1
8	6	1	2	7	9	3	5	4	

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What's on this month

AT THE VILLAGE CENTRE

Regular events

Sun Afternoon Tea Dance

2-4.30pm, nearly every Sunday

Weight Watchers - 9.30-10.30am, weekly

in the Club Suite

Mon The Sanctuary – 9.30-11.30am, weekly during term time – a welcoming place where friendships

can form over coffee and cake

Tues Yellow Brick Lab – 3.30-5pm weekly during term

time

Knit and Knatter - 2-4pm (2nd Tuesday)

Wolstonbury WI - 7.45pm Club Suite (3rd

Tuesday)

Fri Star Dance School – from 6.45pm, weekly

Sat Best of Ballroom – 7.45pm (1st Saturday)

August

23rd Gong Bath Sound Therapy - 7pm

29th Talk-7pm

Woodland Flora and Fauna talk by Trevor Beebee

Hurstpierpoint Village Centre, Trinity Road BN6 9QT www.hurstvillagecentre.org

Got an event going on?

If you are organising an event or function which you'd like to promote to Hurst - here's where to do it!

Our monthly What's On section can include events taking place right here at Village Centre or elsewhere in the village, or could be further afield (provided we have space).

Email details of any events which you'd like listed to editor@hurstlife.co.uk before our copy date - the next of which is 20th August. See the website for copy dates for the rest of the year: www.hurstlife.co.uk

AND ELSEWHERE

August

1st MSDC Play Day - 11am - 3pm

Fairfield Recreation Ground, Burgess Hill – Fun featuring magicians, juggling, acrobatics

and bouncy castle

2nd As You Like It – doors 6pm

Cuckfield Rec (behind Queen's Hall, Cuckfield) The Rain & Shine Theatre Company perform Shakespeare in the Park. Picnics from 6pm, performance starts at 7.30pm

(www.rainorshine.co.uk)

3rd Summer's Evening Concert - 7.30pm

Danny House, Hurstpierpoint – A cappella Vivace! Choir perform. Grounds open from 5.45pm for picnics on the lawn (Tickets £12, 07900 698 751

or Marcus Grimes)

7th Hurst Monthly Social Group – 2pm-4pm

Garden Party (Dianne - 01273 835284)

16th **HHD U3A** – 2pm

Ditchling Village Hall $\,$ - 'Myths and Folklore of the

South Downs' by Len Brook

20th Bite Size Talk - 12pm

Brighton Museum – Talk on Hurst-linked artist

Aubrey Beardsley

(www.brightonmuseums.org.uk)

21st Mid Sussex Ramblers

The Plough, Pyecombe - Wolstonbury Hill three mile walk (John 01444 483860 or 07817 032135

on the day)

23rd- Summer Exhibition

26th Ditchling Village Hall - Attic Art Club Exhibition

Friday 23rd 12.30-8pm, Sat, Sun, Mon 10am-5pm. Demonstrations throughout

(Free. www.atticartclub.co.uk)

September

4th Hurst Monthly Social Group – 2-4pm

Guide HQ, Trinity Road, Hurstpierpoint -Social Afternoon, Review, Future Plans & Quiz

12th Mid Sussex National Trust - 2.30pm

Clair Hall - Tower of London by Alan Kingshott. Why not come and give us a try!

(Membership Secretary on 01444 455803)

14th- Hurst Festival

29th Lots of events, activities and concerts (see p.9

and www.hurstfestival.org)

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