

Hurst Life

Including Sayers Common & Albourne

Local village talk,
by the village

Issue #38 : May 2018

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Meet the Artist of the Month

p. 16

Hurst Conservation Area: have your say

p. 29

Marlene's village poem

p. 37

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EDITORIAL

By David Tingley, Editor

Welcome to this month's issue of the magazine – which I hope you will agree is quite a mixed bag.



We have the usual range of news items including **Downlands School** hoping to build an amphitheatre up the road (p.11), **cricket senior captains** saying their piece (p.17) and a new **vermouth** created right here in Albourne (p.6).

On **page 24** we have revised the map showing locations of public **defibrillators** in the area. Do check it out, as you never know when you might need this knowledge.

Mike Thatcher brings us the update from **Hurst Village Cinema** on **page 26**, and the committee for **St Lawrence Fair** are appealing for some willing helpers to get involved in this year's Fair in June – see **page 19**.

Page 29 features an article about a new **planning consultation** by Mid Sussex District Council. This item brings us up to speed on how we can be involved and put across our views, but also the appraisal document, written in conjunction with **Hurstpierpoint Society**, makes for fascinating reading. So I do recommend taking the time to pop into the Village Centre to have a look or download it to view at your leisure.

Warning all apple pie lovers: there's a new kid in town, as **Belle Amatt** reviews a beautifully light-looking take on a traditional classic pudding – cut out the recipe on **page 32**.

I would like to thank Hurst resident **Marlene Woolgar** for sharing a lovely poem she wrote and posted online last month – we can share it with you on **page 37**. Marlene manages to capture all the things we love about living in Hurst!

Finally do turn to **page 38** to meet **Nick McHale**, who takes his turn in '5 mins with...' and, on **page 43**, **Ashley & Lexi** and **Gwennan & Glesni** get their **Holiday Snaps** in print. Thanks guys!

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NEWS

We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to editor@hurstlife.co.uk

Dementia Action Week

Alzheimer's Society and West Sussex Library Service is calling for everyone to unite and take action to make a difference to people affected by dementia this Dementia Action Week (21st-27th May).

No action is too big or small and in West Sussex, there are activities taking place including a Dementia Awareness Session in Hurstpierpoint.

Residents are invited to Hurstpierpoint Library on Tuesday 22nd May between 10.30am and 1pm to find out more about dementia and the support available locally.

There are more than 2,100 people living with dementia in Mid Sussex, with one person developing dementia every three minutes in the UK.

Open auditions for historic new play

This year is the centenary of the signing of the armistice ending the First World War. The details of this were decided at a meeting of the War Cabinet at Danny Park, in Hurstpierpoint in October 1918.

Hurst Festival have commissioned a play by Kevin Carey to mark this momentous event and has formed Hurst Festival Players to perform the world premiere at The Players Theatre in Hurstpierpoint in September.

The cast consists of four females (local girl Daisy Randall - aged 18, Mrs Gertrude Champion - wife of the owner of Danny, aged 40+, Anne Dunn - cook at Danny, aged 30+, Frances Stevenson - Secretary and Mistress of Lloyd George) and 17 men of various ages, these include a young Soldier, an Airman as well as the Prime Minister David Lloyd George.

The parts vary in size, from the fairly large part of David Lloyd George to smaller parts of just four lines - ideal for those without much (or any) experience and some of the parts could possibly be doubled up between acts one and two.

This is an amateur production, directed by Bob Sampson, and the auditions will be held on 12th and 14th June at 8pm in The Players Theatre.

Bob commented: "Anyone interested in being part of this exciting project can contact me at sampson.bob@gmail.com or just turn up on one of the audition evenings - no special preparation needed as we will just be reading from the script."

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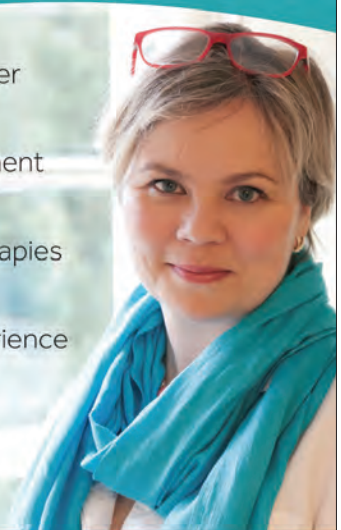
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Time for changes to The Village Centre?

By Michèle Copeland

The Village Centre is considering a major redevelopment of its facilities to bring the building up to date with current regulations, carry out various repairs, enhance the facilities for its predicted use over the coming years and to improve the appearance of the centre, in terms of decor.

Michel Olszewski, chair of the Trustees of The Village Centre committee, explains: "The needs of the community are outgrowing the accommodation The Village Centre currently has and we are considering upgrading the main hall, the meeting room, the kitchen and the Club Room. The library is the responsibility of Mid Sussex District Council. The Village Centre was first extended in 1998. There was a further update, which took two years from 2004 to 2006 - nearly 15 years ago now, when the Parish Room was re-housed."

"As The Village Centre is very much a community building," Michel continues, "we would like to involve the Hurst community in this important project. Our current considerations may include several changes, which could impact on the different groups and members of the public who use the centre, such as alterations to the steps and ramp to the hall, general layout and an extension."

The team thought that the best way to interact with the residents of Hurst would be through a questionnaire and so they would be grateful for anyone who could email with responses to the following questions:



1. In addition to current accommodation, are there any additional facilities you would like to see?
2. Would you find a changing room/cloakroom accommodation useful?
3. What aspects of the Centre would you most want or need to be retained?
4. Are there any additions to the facilities that would enable you to use the Centre more often?
5. What are the best parts of the Centre which encourage you to use the facility?

Any feedback should be sent to the current HVCA Secretary, Andrew Hair, via email to: andrewhinhurst@gmail.com



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New Vermouth from Albourne

Alison Nightingale, Albourne Estate vineyard owner, has unveiled the first Sussex vermouth: an English take on the Italian favourite which is rapidly seeing a resurgence in popularity.

Named 40 after the number of botanicals with which it has been infused, this highly complex tasting white semi-dry vermouth has already won its first award in The Spirits Business Master 2017 blind-tasting competition.

As well as the regular vineyard and wine tasting tours Alison runs throughout the summer, this June - on the Father's Day weekend - there will be a Sussex Wineries weekend of events when Albourne Estate will be open to the public.

On the Friday, there will be a pop-up cinema in its 400 year old barn, screening Sideways, with tickets including a glass of wine. And on 16th and 17th June the vineyard will be open all day for drop-in tastings, a self-guided treasure hunt trail and the chance to picnic anywhere on the vineyard with hampers full of local produce, which need to be ordered on Albourne Estate's website prior to the event.

On the Saturday there will be a vermouth master class with Alison's wine consultant Salvatore Leone, who helped Alison develop her recently launched vermouth.

Visit www.albourneestate.co.uk to find out more.



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An opportunity to enjoy tennis for free!

By Gary Cole

On Saturday 12th May Hurstpierpoint Tennis Club are taking part in a nationwide event called The Great British Tennis Weekend. Tennis is a sport open to everyone and this event will offer a range of fun, bite-sized sessions to suit the whole family.

We are lucky that our village club is very popular and is regularly used by over 300 members. Throughout the week, there a range of organised sessions to cater players of all levels, from beginners to league players, from the young to the more mature. And cardio tennis is a great way to keep fit! It is situated on the Hurstpierpoint recreation ground with lovely views over the South Downs.

The event runs from 1.30pm to 4pm on 12th May and will include various sessions organised by professional coaches, which you have to sign up for.

There are Mini Tennis sessions for 5-10 year olds, coaching for teens and adults or test your fitness with Cardio Tennis. There will also be numerous other kinds of activities to get involved in and refreshments too.

Rackets and balls will be provided, so whether you've never picked up a racket before or you're a seasoned regular – there is fun to be had.

The event is expected to be very busy and each session has slots to sign up for, so make sure you check on the website if you're interested in taking part.

Session timings: Mini tennis – 1.30-2pm, Junior coaching – 2-2.30pm, Cardio tennis – 2.30-3pm, Adult coaching – 3-3.30pm and Junior Free Play – 3.30-4pm.

<http://clubspark.lta.org.uk/HurstpierpointLawnTennisClub>



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Our High Street: then, now and in-between

Hurstpierpoint Museum and Heritage Group is currently holding an exhibition to celebrate the history of the village High Street.

In 1841 a survey was carried out listing the owners and occupants of the properties and land along the High Street. In 2010 resident Ian Nelson, and the History Study Group, used this as a basis for the book 'Who's been living in my house?' which charts the changing times and occupations of the residents.

This exhibition brings this work up to date with current and early photographs of some of the shops and businesses. The exhibition can be seen in the foyer of The Village Centre now.

The museum group is in need of regular funding to cover the running costs, such as insurance and membership of training organisations. Brian Judge, chairman, explained: "We are looking for sponsors willing to sign up to a regular amount each year (£10, £20 or £30) in exchange for a news sheet keeping you up to date with our plans, and the opportunity to provide some input into what we do by attending the occasional planning meeting."

Get in touch with Brian in the first instance on 07985 201 335.

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Heather pops up at Marram

This month there's something new coming to the High Street.

Heather Matthews is a local-born artist inspired to bring the natural world to a modern frame. Her paintings and detailed prints can be found in private collections across America, Canada as well as the UK. Her work and artistic teaching is sought internationally and her charitable portfolio has raised thousands in auctions for charities.

You can see some of Heather's modern abstracts, including her renowned poppy and landscape paintings, in Marram Trading's Pop Up Gallery from Monday 14th May.

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Downlands to build new amphitheatre

By Nicki Burston

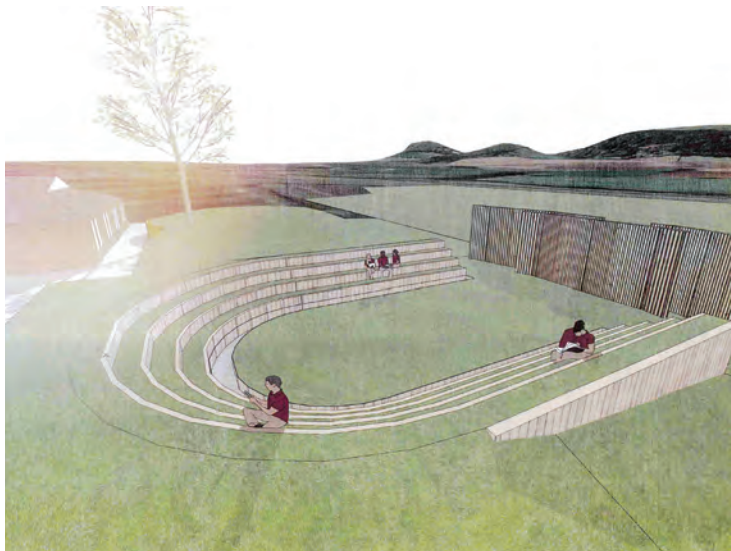
Local residents may be aware that Downlands School have been successful in procuring a number of high quality performing arts facilities and these stunning spaces bear testament to our total commitment to culture and the arts.

To extend our provision further we have ambitious plans to build an open-air amphitheatre on site, similar to the one in Dyke Road Park in Brighton. We have named the facility the Hassocks Outdoor Performance Space (HOPS) and it would be used by school, community and arts providers for music, dance and drama performances, literary festivals and other festivals/shows/recitals based on demand.

The theatre will be used by the school during the day and also for evening/weekend performances. It will be available to hire by the community/arts providers after school, at weekends and in the school holidays. It will be located at the back of the school by the floodlit pitch and will have stunning views to the South Downs.

Our aim is to fund the project entirely by grants, donations and fundraising; but we need to enlist the support of our wonderful community to help raise approximately £100,000.

To this end we are preparing a number of funding



bids and would ask for your help if you feel able to write a letter of support for the bid. Please send any letters of support to Nicki Burston c/o Downlands Community School (or email: nburston@downlands.org).

The aim is to begin construction next spring with a view to opening HOPS in time for summer 2019.



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RECYCLE THIS...

WSSC Recycling Ambassador Colin McFarlin sheds some light on what can and can't be recycled in our domestic blue bins. If you have a question for him, email: editor@lindfieldlife.co.uk

One of the most frequent questions I get asked is about plastic milk bottles, and tops in particular.

The easy one first...

All plastic milk bottles can be recycled in your blue top recycle bin. Do not worry about removing the label. In the recycling process this is removed.



However, milk bottle tops CANNOT be recycled in your blue top bin. Let me explain. Yes, it is plastic but it is the size that is the issue. When all your recycling arrives at the West Sussex Recycling plant at Ford one of the first processes is to remove glass.

This is done by allowing the broken glass to fall through the holes in the large drum, called a Trommel. However, the small plastic lids are small enough to also fall through the holes and pollute the glass. No plastic lids smaller than coffee jar lid size please.

Did you know that charities collect these milk bottle tops, and raise money? Do let us know if you are aware of a charity that collects these, and where they can be dropped off. Or are you a charity that would like to start collecting and raise funds for your charity? I look forward to hearing from you.

I'm always asked about window envelopes. These CAN be recycled in your blue top recycling bin. Historically this was not always the case, however the recycling process was improved some time ago and we can now accept all window envelopes, white or brown!



This plastic cereal packet CANNOT be put in the blue bin, as it is made of a type of plastic that cannot be recycled. The way to tell if it can be recycled is what we call the 'Scrunch Test'. Crunch it up in the palm of your hand and when you open your hand does it spring back open. If it springs open it CANNOT be recycled. Crisp packets are the same, they CANNOT be recycled.



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ARTIST OF THE MONTH

In this feature, Hurst Life highlights an artist based in the village. This month's artist is Alexandra M Richardson...

Growing up in the Cornish gate keepers house on Trevanno Garden Estate, Alex's creativity and love for nature blossomed. Surrounded by secret walled gardens and exotic plants, her curiosity for colour, shape and texture began to form. After travelling across France, Germany and finally settling in America, Alex began investigating art. A 'Rudolph Steiner education' equipped her with the basics of painting and drawing, encouraging her already wild imagination to have no limitations. She later attended an alternative high school where she met her first art mentor, Annie Jacobs, who began truly shaping her creative talent.

For the past ten years Alex has settled in East Sussex, spending time between Hurstpierpoint and Brighton. Alex fell in love with novelty of having both the seaside and country so close by, both of which inspire her bright and glittery nature themed paintings. Her work aims to uplift and inspire and stems from a deep connection with nature.

As well as exhibiting work through various online outlets, Alex has been a member of the Brighton Art5 Gallery for the past two years where large paintings can be seen sparkling in the windows. More recently she secured a contract with the London based gallery, Art House. She plans to continue the annual Hassocks and Hurst Open Houses events to showcase her talent with the local community.



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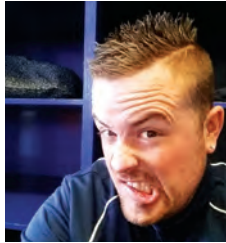
HURST CRICKET CLUB

By Rob Sawyer

After the wettest and coldest winter for quite a few years it goes without saying that everyone is looking forward to some warm weather but for those of us who love their cricket the summer can't come soon enough. Celebrating 300 years was fun, year 301 is going to be all about events on the field with a new artificial wicket, bowling machine and a refurbished club house. I thought we would start the season with a chat with the senior captains to find out what they expect from 2018.

First up, it's the 1st XI skipper Matt Parsons:

I think promotion this summer is the only real ambition for our 1st XI. We have consistently finished in the top 4 in recent seasons and now's the time to kick it on one step further and jump up into the next Division. Our younger players will need to step up, but the balance of both experience and youth and our strength in depth means that promotion is long overdue.



Women's Captain Karen Miles is optimistic about the coming season:

We are looking to improve our cricket and importantly, continue to be a friendly, inclusive, encouraging fun group. We are playing 20 games in T20 and 35 overs plus friendlies. Wednesday night training on the field and in the bar will be a focus. We welcome women of all ages to come down and meet us on training nights. No pressure - just try some cricketing fun (soft ball allowed) with a friendly group of women.



It's all change in the 2nd XI with successful skipper Kenton Green returning to the ranks with Tony Andrews stepping into the Captain's role:

I wanted to be captain as I felt that last season the 2nd XI had great team spirit. I want to continue these values and further integrate this into the team. I believe we can challenge for the league title, adapt to the new format and continue to get individuals who top the league standings for player performance. To that end I'm pleased that Ben Potter will be Vice Captain this year. We have 16 games ahead of us and I look forward to steering the Crusaders to another successful season!!!



Club Chairman Tudor Ellis is the 3rds skipper again this year:

The 3rd XI at Hurst had an enjoyable season last year For the first time in our 301 year history the Club will have a 3rd XI playing league cricket. We will still be playing youngsters and welcoming all comers – be they serious players, those coming back to the game or those that want to improve. The aim is social/competitive cricket – with an edge of humour when needed. The competitive edge was shown last season, when Ben Whelpton, 12 year old in residence with the 3rd XI, won the Mid Sussex Conference bowling prize for best bowler.



So that's it for the senior sides, we have high hopes for all of our teams this year and now we have additional age groups for boys and girls teams, a new midweek T20 league and additional senior training on Tuesdays. Most importantly, we'll be having fun on the field and in the bar, so, if you fancy joining us, come to Fairfield Rec any Tuesday or Wednesday evening or find us on Facebook.

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What do you do when you need to accessorise a dress for a special occasion? This was the quandary that Abi Gurney used to have on a regular basis. "Having an amazing hat is a fabulous feeling," she comments, "but a great hat attracts attention – and then you feel you can't wear it again!" She soon realised that hiring one was the best solution, but she had to travel a great distance to do so.

The rest, as they say, is history as Abi started her own hat hire business right here in Sussex four years ago.

"I have always loved hats," Abi explained, "from the first wedding I ever went to. When I began to attend Ascot the need to impress became amplified and wearing a hat was an excellent way to make a statement. If others are admiring your hat, they won't remember that you wore the same dress two years ago!"

Abi has a huge selection to choose from at her showroom at Trading Boundaries in Sheffield Park – just 13 minutes from Lindfield. The business has recently moved to the shopping complex, into a beautiful unit which is packed with over 350 hats and a private changing area so that customers can bring their outfits and try on a selection of hats.

"It's always about choice," Abi explains, "so I work hard to ensure that I have plenty of stock and that this year's trends are included." Abi has added over 40 new styles for this season alone – selecting beautiful handmade pieces from many British milliners including well-known names like Rosie Olivia, Juliette Botterill and Vivien Sheriff.



"If they are admiring your hat, they won't remember that you wore the same dress two years ago!"

You could say Abi is passionate about her work: "I'm like a child in a sweet shop when new stock arrives," the former interior designer said. "Every piece is different; I love helping my clients and changing the minds of those that claim they 'can't wear hats'."

Customers come from all over Sussex but also Surrey and Kent too. "I am a convert, thank you Abi," explained Louisa – a customer. "I have finally disposed of all my ancient and out of date hats. You always make me feel so welcome, never rushed, and confident in what you have helped me to choose from your amazing selection. And I always receive the most amazing compliments when wearing them."

So, if you find yourself needing a hat to turn heads you know who to call. Whether its Royal Ascot, Glorious Goodwood, a wedding or a funeral – Abi has styles to suit all occasions. Appointments at Abi Gurney Hat Hire are always by prior arrangement to ensure there's plenty of time find the right one, so speak to Abi on 01825 713448 or 07778 441518.

Make the Fair happen

ST LAWRENCE FAIR

By The Fair Committee

This is our last article before we publish our programme of events and other important info in the June edition of Hurst Life.

We would like to focus on your hands and feet! We need willing volunteers for lots of different tasks across Fair weekend, some involving heavy lifting but there are also lots of things that we need help with that aren't as strenuous.

If you feel you can help, we need helpers for most of the day on Friday (29th June) and for most of the morning on Saturday (30th June). On both days we start early on the Recreation Ground at around 7am. On Friday, activities include laying out the main arena, moving tables and chairs, setting up for Teddy Bears Picnic and Kids Disco and setting up for the BBQ and Bands on the Friday. We also need helpers for the Teddy Bears Picnic and Disco – helping with the craft activities and selling tickets. On Saturday we have lots of activities that go on, we often have to re-do bunting around the arena, we have gazebos that need to go up, tables and chairs to put out and normally lots of running to the High Street to pick up thank-you gifts, blue-tak and pens!

We also need marshalls for our Fun Run, this will involve leaving the Rec for a short time but your help in this would be invaluable. At the end of the day we have to get



The Fair Committee (Photo: Claire Brewer Photography)

everything down and loaded into our van and tables etc in to the marquee. Lots of hands make light work of this.

MOST IMPORTANTLY - We need help with rubbish clearance on Friday night, Saturday morning, Saturday afternoon and Sunday morning. Rubbish has become an increasing concern for the Fair committee. We try to provide lots of bins and black sacks but still end up with so much rubbish to clear up – especially after the Friday night. It would help us enormously if we could have help in clearing up, but also a commitment from all of you to use the bins that we provide.

There are lots of jobs that you can help with that won't mean you miss out on the fun of the fair – so if you can help please email stlawrencefair@gmail.com or just turn up on either day. Thank you!

This is also the email address for any other questions, support and sponsorship that you can offer.



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Hurst Festival to include David Bowie, Emmeline Pankhurst and Lloyd George!

This month Hurst Life brings you exclusive news about the world-class Hurst Festival, which takes place between 15 – 30th September. We've included all the key dates so put these in your diary now and share with friends and family – ticket sales aren't until the end of July so no need to pay anything yet!

Renowned for its amazing array of entertainment, this year the bar is raised again with world exclusives and legends from the worlds of music, sport, history and comedy. This month we're focussing on theatre, film, talks and literature – music, comedy, family events, walks and workshops to follow.

On 17th September, we introduce the incredible video director Tim Pope with his talk 'How I left an imprint of a camera on Neil Young's forehead and other rock 'n' roll tales'.



Tim Pope

He will share how he created unforgettable videos for David Bowie, Neil Young, Fatboy Slim, Iggy Pop, The Cure, The The and George Michael and the stories and relationships behind them. Opportunities to hear from people like Tim don't come very often, so make sure you get your tickets as soon as they're out!

The 18th acknowledges the centenary since the Armistice was signed in Hurstpierpoint with bestselling author, Anna Hope discussing her engrossing novels *The Ballroom*, a tale of love and madness at the brink of the Great War, and *Wake*, a heart-breaking historical tale of love and hope set at the end of WWI. Also on the 18th is 'Final Flight 1918'; an illustrated talk by librarian Tim Stanton sharing the life and wartime experience of Hurstpierpoint war hero, Hubert William Walker.



Emma Hope

Photo: Jonathan Greet, 2014

On the 19th David Roberts, editor of *The War Poetry* website and three anthologies of First World War poetry, will lead a talk and discussion on 'The peace to end peace' What had the First World War achieved and what are the lessons?'

Staying in the early part of the 20th century but with a different focus, on Sunday 23rd Tessa Boase, author of *Mrs Pankhurst's Purple Feather*, joins us to discuss two determined Edwardian women. Etta Lemon a founding member of the all-female RSPB opposing the plumed feathers that Emmeline Pankhurst and the suffragettes wore as part of their identity. A unique take on the suffrage story and celebrating the lesser known history of the female origins of the RSPB.

Monday 24th sees the world-premiere of Kevin Carey's new play 'Winning The Peace'. It performs on 24th, 26th, 28th and 30th September.

Act I reconstructs a 'comforts for soldiers' fundraising garden party held at Danny on 8th August 1918, the day the War finally turned in favour of the Allies. Diary excerpts from then Hurst resident Daisy Randall, inspires this impactful first half.

Act II begins on 13th October 1918, the day the British Government's Armistice Terms were agreed at a War Cabinet meeting at Danny House, Hurstpierpoint, temporary residence of Prime Minister Lloyd George. Minutes from that historic meeting were used to write the insightful and memorable second half.



David Lloyd George



Cyrus Gabrysch

Two film experiences happen on 25th and 27th respectively. *The Lodger – A Story of London Fog* is the film that created the whole thriller genre. To add to the suspense, we are excited to welcome back pianist, Cyrus Gabrysch, to play accompaniment to this brilliantly, gripping silent classic. We're also proud to announce the return of the National Theatre on Thursday 27th – precise details to follow.

Much, much more to come! For now, put these dates in your diaries and we'll reveal what's on in music and comedy next month!

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Bedlam's Porter wins Gold

Bedlam Brewery, based in Albourne, took home National Gold in the Cask Champions at the SIBA National Independent Beer Awards, which took place at BeerX in Liverpool last month. They also happily accepted Bronze in an Overall Cask category.

"Did we really beat such strong competition?" said Oliver Marsh, Operations Manager at Bedlam. "Windswept Brewing Co & Northern Monkey Brew Co are both really good and we love what these guys are doing."

This award means so much to Bedlam as the awards are judged by brewing peers, industry experts and beer journalists and is very much seen as the prestigious 'Brewers' choice Awards' by the industry.

Bedlam Porter 5% is a blend of fresh Fuggles and Goldings hops with a pale Crystal, Brown and Chocolate malt base, offering full-on roasted aromas combined with chocolate and coffee flavours.

Buster Grant, SIBA Chairman, said: "Judges had a tough job separating the pack as the standard was extremely high once again. The winners are officially the best independent craft beers in the UK, something brewers should be extremely proud of."

Amazing netball season for Hurst heroines



Hurst College's netballers have had an amazing season, as five teams qualified for the recent national finals. The U13s won the Independent Association of Prep Schools (IAPS) National Netball Finals, and the U12s and U11s both finished in the top half of their groups. In the National Senior Schools Competition, the U16s came third, just missing out on a top two finish by one goal, and the U19s placed fifth, just missing out on a top four finish and four places better than last year.

There were also earlier successes for Hurst at county level with triple wins in the Sussex Cup and the Sussex Independent Schools Netball Association (SISNA) Tournament. In the Sussex Cup, the U14, U13 and U12 teams secured their titles with victories over Brighton

College, with the U16s finishing as runners-up – also to Brighton. In the SISNA tournament, the U18 and U16 teams both retained their titles without losing a game, and U12 team also secured their title without losing a game – in addition, there were runners-up places for the U15 (who finished fifth last year), U14 and U13 teams.

"This season has been excellent for Hurst Netball, with history being made," Rebecca Jutson, Head of Netball explained. "To have five teams qualifying for the national finals is nothing short of phenomenal. I am so proud of all squads – the girls are committed, train hard and demonstrate positive teamwork. The future is bright!"



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Life-saving knowledge

Where's your nearest defibrillator?

Since running an article back in February this year, we have had a number of people come forward to update our listings of the most local installations of these mobile defibrillators. We committed to print this information from time to time in order to help us all know and learn where to go, for that moment when we might just need to know.

We'd like to encourage everyone living and working in the village to familiarise themselves with the sites of the lifesaving defibrillator machines and learn how to use them.

An estimated 60,000 people each year in the UK have an out-of-hospital cardiac arrest and, sadly, less than 10% of those people will survive. Yet if a bystander is able to start CPR they could double a person's chances of survival.

Hurstpierpoint has four machines: One on the outside wall at the Fairfield Rec on Cuckfield Road, another is situated in the Bowls Club on South Avenue Rec, a third is inside the Medical Centre on Trinity Road and the final defib machine is mounted on the wall in the alleyway between Morley's and Olive on the High Street.

In Sayers Common there is one on the outside wall of the Community Shop (by the door to the hall). While in Albourne there is one inside the Primary School, in the gym of Wickwoods Country Club (up Shaves Wood Lane) and one mounted on the outside wall of Albourne Village Hall, to the right of the entrance doors. Not all of these will be available 24/7 but the outside ones listed (right) should be.

All of the machines are portable and contain full instructions, but why not give yourself a head start with an online tutorial?

The Resuscitation Council (UK) have produced plenty of information to help us all learn more about what to do in these dramatic and highly pressured times, should we find ourselves involved.

You can watch videos and play interactive games to increase your understanding. You can even download an app - see www.resus.org.uk/apps/lifesaver for more information.

Please give it a go. With our emergency services so overworked, we as communities can get better at helping ourselves, and it really does make a difference.



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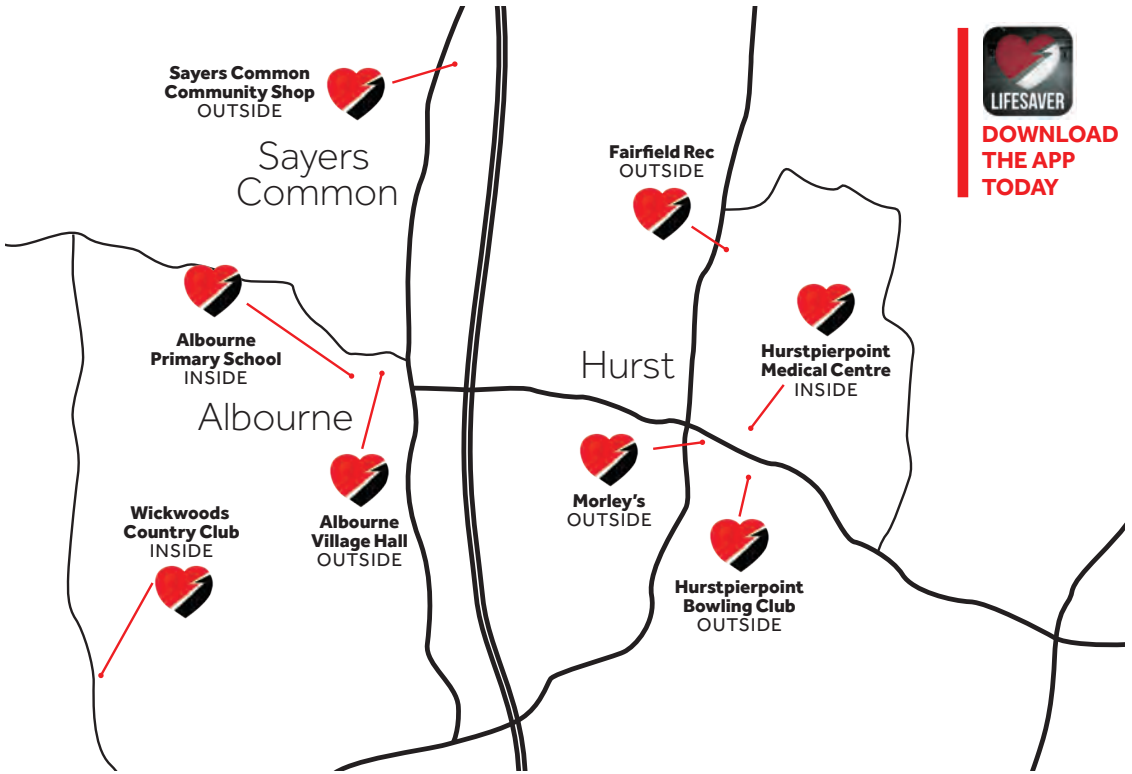
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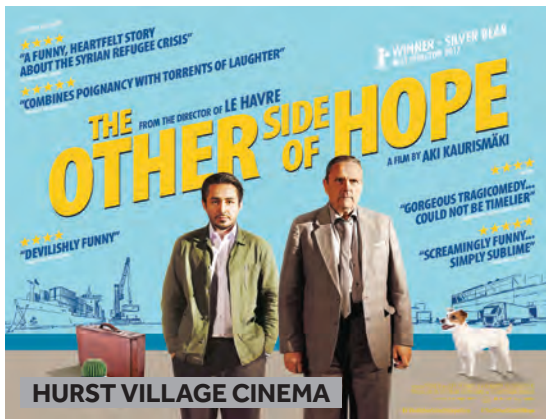




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By Mike Thatcher

Busy month to finish our year off. On **Thursday 3rd May at 8pm** we show the pleasingly dry comedy from Finland **The Other Side of Hope (12A)**. Using the Syrian refugee crisis as its theme this straight-faced comedy tells the tale of a refugee who escapes from a Finnish detention centre and forms and unlikely friendship with a restaurant owner. Humane and actually very funny.

On **Thursday 10th May at 7pm** we screen the NT production of **Macbeth** starring two stalwarts of the National Theatre in Rory Kinnear and Anne-Marie Duff in the lead roles.

On **Sunday 20th May at 3pm** we show **Film Stars Don't Die in Liverpool (15)**. Annette Benning stars in the endearing retelling of the stranger-than-fiction, but true, love story between a struggling young actor and the Oscar-winning film star Gloria Grahame. They met in London where, looking for stage work at the end of her career she stays in the same North London boarding house as him and they have a passionate romance.

Some time later he receives a phone call – she has collapsed in her dressing room while on tour and wants to stay with the actor and his family in Liverpool to recuperate.

Finally on **Friday 25th May at 8pm** we show **The Party (15)**. Janet hosts an intimate gathering of friends in her London home to celebrate her high profile political appointment. After her acerbic best friend and others arrive, some with dramatic news to share, an announcement by Janet's husband provokes a series of revelations. Starring the ever brilliant Kristin Scott-Thomas alongside Patricia Clarkson and Cilian Murphy.

Thank you for all your support again this season and we look forward to bringing you more varied, wonderful and undiscovered films after the summer break.

Tickets from Mishon Mackay, High Street or www.hurstfilms.com

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Why go 'limited'?

LISTEN TO THE LAWYER

If you have a legal question do email editor@hurstlife.co.uk and we'll put it to Martyn.

By Martyn Gooch, partner Rohan Solicitors

Question: I am currently running my business as a sole trader, what are the advantages of becoming a limited company?

Answer: If you are a sole trader and your business expands and become more profitable it may be time to consider changing its structure to a limited company, especially if you are seeking financial investment to grow the business further. However, the decision has significant legal, taxation and financial implications that you should carefully consider.

As a sole trader you are personally liable for the debts of your business. That may not be an issue if for example you are a part-time gardener with ten customers all of which are friends and family. In this case your liability if you cease trading is minimal (if anything). However imagine if you employ staff, you get a business account with a supplier where you buy plants, your customer base grows and you even secure a contract to work on a new housing estate. As a sole trader you would remain liable for the debts of the business. Your liability now is dramatically increased and should you unexpectedly cease trading without, say, paying employees, settling supplier accounts, or finishing jobs, you would be personally liable to those creditors.

The primary benefit of changing from a sole trader to a limited company is that you will no longer be personally liable for debts that your company might incur. A limited company has its own legal status. This means your customers and suppliers contract with the company and not with you personally. You, the business owner, will typically be a director and a shareholder. Investors in the business can be granted shares and legal documentation can be put in place to dictate the rights and obligations of the directors and shareholders.

There are tax advantages to 'going limited'. Though you will be liable to pay Corporation Tax on profits that the company makes (the rate of which depends on how much profit is made) these rates are significantly lower than those personal rates that you pay as a sole trader. Furthermore, as a company you can pay yourself (as a shareholder) dividends instead of a salary, which can, in certain circumstances, be more tax advantageous.

Additionally, having limited company status may be regarded by your customers (and your competitors) as being more professional. It demonstrates you take yourself and your business seriously and is likely to instil confidence in existing and potential new customers.

Professional legal advice should be sought when setting up a limited company to ensure that the transition is right for your business, you understand the requirement to report to Companies House and that appropriate legal documentation is in place.

Martyn can be contacted by email on mgooch@rohansolicitors.co.uk or by telephone 01444 450901.

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A review of village Conservation Areas

As part of a programme of reviewing Conservation Area Appraisals across the District, Mid Sussex District Council has prepared the Hurstpierpoint Conservation Areas Appraisal, which covers the three Conservation Areas within the village (Hurstpierpoint, Langton Lane and Hurst Wickham). This has been prepared in association with the Hurstpierpoint Society, and identifies the qualities which make the Conservation Areas special, as well as how these qualities can be preserved and enhanced.

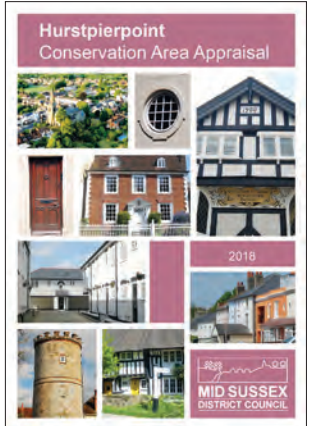
The Appraisal has highlighted a number of instances where it is felt the boundaries of the Conservation Areas could be usefully extended to include adjoining areas which are considered to have sufficient special interest to merit designation, as well as one instance where it is considered the boundary could be altered to omit buildings which detract from the special interest of the Conservation Area concerned.

Once approved by the Council, the Appraisal will form a material consideration in the determination of planning applications and will inform planning practice and policies for the area. It will also give the local community clear advice on what should be cared for and preserved within the Conservation Areas.

The Conservation Area Appraisal is now complete in draft form. The next stage of the process is a public consultation exercise, in this case with the assistance of the Hurstpierpoint Society and the Parish Council, in which the Council is seeking the views of local residents and other interested parties on the Appraisal and the proposed boundary changes. The consultation included a public exhibition at the Hurstpierpoint Village Centre at the end of last month, but copies of the full Appraisal document are now available to view at Hurstpierpoint Library. The Appraisal is also available to view online at the Council's website: www.midsussex.gov.uk/hurstpierpointcaa

MSDC are very keen to hear from anyone with their thoughts on the draft document. Comments can be sent to LDFconsultation@midsussex.gov.uk

The public consultation began on 16th April and will run until the end of May. There will be a review of the feedback received and any required changes would be made to the Appraisal before it is adopted.



From the big names to an independent

BEHIND THE COUNTER



By Michèle Copeland

I asked Gill Blackburn where she started when thinking about opening a shop on the High Street: "I decided that I wanted to select brands that no one else carried in the village," she said. "So I did some research on jewellery, scarves, cards and toiletries and put together my stock list."

Gill, who lives and works in the village, opened her beautiful shop in Hurstpierpoint six years ago on the 4th of this month, so will shortly be celebrating the store's six anniversary. The secret of her success is very much making people feel at home, continually refreshing products and offering a free gift wrapping service.

She has a wealth of experience in the field, as she has spent 35 years working in retail; buying, sourcing and product development, for big names such as Marks & Spencer, QVC, John Lewis and the Arcadia Group.

"It is no small feat for a small independent shop to survive on the High Street in these economic times," she says. "Eighty percent of our products are under £30 - so accessible to many people."

"Alongside me, on our wonderful High Street, are a wealth of other independent shops, pubs, greengrocer, chemist, newsagents, hairdressers - you name it." Gill is very obviously passionate about the High Street.

Her shop still opens five days a week, even though she says in her own words: "Since I've become a 'Nonna', I've decided to take two days off to make the most of my granddaughter, Lilah -Rose," she continues. "When I'm not in the shop you can find my competent team, either Emma, Tracy or Gail."

Gill has been heavily invested in the village for years, has been chair of the Hurstpierpoint Traders for two



years, has organised several village events such as the Queen's Birthday celebrations, two Christmas Fun Sundays and the Super Sunday event for the Hurst Festival. Now she feels its time to take a back from leading the Traders Association. "It's time to pass the responsibility to someone else, though I will still sit on the St Lawrence Fair Committee, and will continue to be involved in the Hurst Festival.

"I would like to take this opportunity to thank my loyal customers for their continued support and invite you to share a glass of something nice on the shop's sixth anniversary on 4th May. Plus all my products will be discounted by 20% for one day only too," she says.



Unbecoming by Jenny Downham

BOOK REVIEW

By Norma Murray

As a novel aimed at young adults, *Unbecoming* by Jenny Downham ticks all the right boxes: identity, sexuality, teen bullying, the generation gap and the pressure of parental expectations, all mixed together with an authentic and very moving picture of the social/emotional complications of advancing dementia.

Unbecoming tells of secrets and bitter family relationships. It is the complex story of three generations of women, seventeen year old Katie, her bitter, worn out single parent mother and mysterious, dementia afflicted Mary, the estranged grandmother who suddenly appears unbidden in their lives. Katie is trying to come to terms with a future she is finding hard to accept, just as her mother is catapulted into confronting a painful past. While for Mary, the family catalyst, the memories of her former life are eroding so quickly they will soon be lost forever.

In a Guardian interview, (Sept 15) Jenny Downham explains the portrayal of Mary, the woman with dementia, is based on her own experiences of observing her mother, who sadly died while she was writing the novel. It is this deep and very personal insight that ensures the tragedy of Mary's deteriorating facilities, though often painful to read about, come over as true to life and never mawkish or sentimental.

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Belle Amatt is a Hurst resident and nutrition consultant, author and lecturer in Naturopathic Nutrition. She holds workshops and talks on a variety of healthy eating topics.



May is often the time we start eating lighter meals as we move away from the comfort food of chilly evenings. This does not mean we need to sacrifice taste. This is my take on a traditional English dessert; tasty and easy to make but without all the heaviness of pastry crusts.

This is a perfect recipe to hand over to the kids when they come in from school. Kids love a bit of space and freedom when they get in from a long day of rules and restrained behaviour.

Very little supervision is required depending of course on the age of the kids. With my two 11 year old assistant chefs I could just pass them the recipe and the rest was an excited hour of peeling, slicing, mixing and important delegation. There is plenty of room for creativity and hands on scrunching so just step back and allow the process to unfold. Of course, they will be involved in the cleaning up process too!

The result is an especially light pudding with a great amount of tangy apple and soothing cinnamon. Boost the fruit content by decorating with raspberries and add a dollop of Crème Fraiche for a lovely cool contrast to the warming flavours of the pie.

Method

1. Place the apple and water in a large saucepan and bring slowly to the boil. Reduce heat to a minimum, cover the pan and simmer for 10 minutes or until apple softens but still has a level of bite. Remove from heat. Stir in the sugar and cinnamon. Set aside for 20 minutes to cool.
2. At this point you can pop the oven on to 180°C
3. Transfer the apple mixture into a 1.25L (5-cup) capacity ovenproof dish.
4. Now for the fun bit. Place filo squares on a clean work surface. Lightly spray 1 filo sheet with olive oil spray. Fold in half to form a triangle. Scrunch gently into a rosette shape. Place on the apple mixture. Repeat with remaining filo.
5. Bake for 15 minutes or until golden. Dust with icing sugar and a little cinnamon. Serve with Crème Fraiche.

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Care Quality Commission **Good**

The Easter Tip Run

By Erin Butler

The Tip Run was started by The Point Church around ten years ago. We started it from the place of wanting to help our neighbours who may be unable to get to the tip. We saw a great opportunity to run this on Good Friday, firstly because it is an unusual time for people to have a day off and it gives us a great chance to be able to do this. Secondly, as Christians, we see this as an important day in the calendar and want to be able to give back to the community as we believe Jesus gave to us.

For many years a skip was placed somewhere in the area. However, the last couple years we have been going to houses and collecting the rubbish ourselves and taking it to the tip. It's a great way to connect further with the community and families. As well as the Tip Run the church has also traditionally put on a Family Fun Day in the afternoon. However we were unable to run the Fun Day this year due to rain. We did still manage to take stuff to the tip for 14 different families though.

We are hoping to hold a Family Fun Day in the summer, so keep your eyes peeled for further information!



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STROKE INFORMATION EVENING

in the Club Suite at
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at 7.00 p.m.

on Wednesday, 30th May
refreshments will be served from 6.30 p.m.

Speaker: Amanda Eastaugh

Stroke Association Support Co-ordinator

who will give a talk and answer questions on:

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Can we reduce the risk of having a stroke?
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Why I love where I live...



Photo: Jane Willis

By Marlene Woolgar

I live in a beautiful village in Sussex - not far from the Downs, it's a wonderful village to visit, far nicer than most of the towns. We've a butcher, a baker, greengrocer, hairdressers and gift shops and more, we have clothes shops, a shoe shop, Post Office and, if you like a drink - pubs galore! Estate agents, newsagents, with extras, such as magazines, chocolates and toffee, a gallery, vet and a deli and places for tea, cake and coffee. We once had a place where a florist sold beautiful flowers from a shed but they've changed things around on their old site so folks can go camping instead. We've a wine bar, a shop that sells lighting, a theatre, a cinema too, a shop that does dress alterations and a pet shop with things for your 'zoo'. A charity shop and a clock shop, and a shop that sells fabulous flooring, an undertakers, and a playground, I assure you, your trip won't be boring! There's a place kids can build dens and make bows, we've a tennis court, bowls club - there's more, a place where they print Sussex Living, and Hurst has so much history for sure!



There's a wine shop, off licence and Co-op, a florist, a shop selling china A building society, a cook shop and a chip shop - you'll taste nothing finer! We've a Chinese and also an Indian where you can buy drinks from the bar, and a restaurant known for fine dining, which should have a Michelin star! There's a place to take kids during half term, or when our English weather is rough, where they can do painting and make things (I've seen some incredible stuff!) Osteopaths and doctors and dentists and the car parks are cheap and not far from the High Street, which has its own bus route if, perchance, you do not own a car. There's a pharmacy, church and farm centre; country walks where you, freely, can roam and salons that give beauty treatments and shops selling treats for your home. Add to that we're incredibly friendly (and in this day and age, that's a first!) So grab the next bus. Drive or bike here 'cause you just can't beat shopping in Hurst!



5 MINUTES WITH...

Nick McHale

Nick spends his days trading the FX markets for an Asset Manager. Away from the financial markets he's a loyal supporter for AFC Hurst, from the Poachers pub, and enjoys spending time with family and friends. He also sits on the St Lawrence Fair Committee.

How long have you lived in Hurstpierpoint?
21 years

What's the best thing about being here?
Laid back, relaxed and a good community spirit

Favourite ice cream flavour?
Strawberry

How many houses have you lived in?
Four houses

Favourite holiday destination?
Barbados

Your most enjoyable event in the village?
The St Lawrence Fair

Do you share your home with anyone?
My wife Tara, son Callum and daughter Meghan and two cats

Song you play the most?
Irish and Soul Music

Mac or PC?
PC

Your most frequented village shop?
Morley's Bar and the Poachers

What's your proudest moment?
My wedding day

Coke, juice or water?
Guinness any day!

Your advice for life?
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If you would like to provide your own answers for 5 Minutes With, simply email them to editor@hurstlife.co.uk along with a photo of yourself, or do please encourage a friend to send their answers in!

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A sanctuary in the village

By Michèle Copeland

The Point Church has been running The Sanctuary in Hurstpierpoint for many years now and some of the original team, who first set it up in a living room, are still part of the team. Every Monday in the school term a group of around 12 volunteers come together to make the morning as special and fun as possible. Many of them are from Hurstpierpoint and Hassocks.

The Sanctuary is a fun place to be for under 4s and the adults who care for them. Every Monday from 9.30-11.30am The Sanctuary opens its doors at The Hurstpierpoint Village Centre, with around 60 coming for the morning most weeks.

Each week there is a great range of toys and games for the children to play with, there's singing and a popular 'fruit time', plus a craft and creative area, play dough table, baby area and plenty of folk to play with. For adults there are great cakes, biscuits, coffee, tea and other refreshments, a listening ear, a warm and welcoming team and an opportunity to meet other parents and carers.

All the food and snacks for adults and kids are covered by the entry donation of £2.

"We do have a cake rota that those who regularly attend enjoy being part of, where they bring a cake



or some biscuits, or delicious treat of their choice," says Liz Styles, who is Children's Pastor at the church. "Two people are on the rota each week and only do one Monday per term. It's great to have such a diverse team of men and women who help at The Sanctuary!

"As part of my role, I've been able to work with Holy Trinity Church running Holiday Clubs in Hurstpierpoint, as well as being involved in the annual Good Friday Fun Days.

When asked about what the parents and carers have to say about the Sanctuary, this is what they said: "It's a fantastic place to bring your children, especially as a man, as they make you so welcome and not excluded..." Tim from Hurstpierpoint commented. "It feels like home," said Sisi, also from Hurst.

If you would like to know more about The Sanctuary or children's activities led by The Point, please email: liz@thepointchurch.co.uk

WI Centenary next month

By Joyce Manning

The Centenary Birthday Meeting of Hurstpierpoint Women's Institute will take place in the Girl Guide Headquarters in Hurstpierpoint at 2.15pm on Wednesday 6th June.

The speaker will be Mr Ian Gledhill, who will show slides, play music, and talk about 'We do like to be beside the seaside'.

His presentations are always very entertaining and we are looking forward to his visit. This will be followed by a special Birthday Tea. We will be joined by members from nearby Women's Institutes and one or two representatives from our local Headquarters.

We are proud to be one of the oldest W.I.'s. in the country and are anticipating a very enjoyable afternoon.

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Hurst *Life*

Holiday snaps

As ever, Hurstpierpoint residents have taken their copy of the magazine away with them. Do send yours in to photos@hurstlife.co.uk



Ashley and Lexi Benson, at Sydney Opera House



Gwenan & Glesni Williams on the Mosman ferry, Sydney, Australia

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MSDC give out £200,000

The Mid Sussex District Council Cabinet Grants Panel met in March to discuss the grant funding allocations and a total of £209,818 has been awarded to 20 successful applicants.

"In Mid Sussex we are fortunate to have so many local people who are willing to give up their time to support those in need and organise fantastic activities for local people to enjoy," said Councillor Jonathan Ash-Edwards, Cabinet Member for Resources and Economic Growth. "They do tremendous work for the local community and I'm proud that we're able to support their work with our latest allocation of grant funding.

"It was great to see so many applications for projects that will benefit young people and help local people to be more active. Regular exercise has so many benefits and can make a real difference to overall health and wellbeing.

"Alongside larger investments, it was just as pleasing to award funding to smaller organisations like Hurstpierpoint Gymnastics Club," Jonathan went on to say. The club, which meets in the Village Centre, received £1,900 to be put towards the cost of competitions, gym equipment and awards.

Bowls Club in five leagues

This year will be even more competitive than usual for Hurst Bowls Club.

The club has regularly played in four summer evening league competitions in recent years but for the 2018 season, the club will be playing in five evening leagues.

One is played on Monday evening, one is played on Thursday evening but this year the club will be involved in three leagues, instead of two, on Tuesday evening. This means that 36 of their best players will be needed each week on a Tuesday evening, from the beginning of June, starting at 6.30pm.

Spectators at all league and other matches are very welcome. Admission is free. There are plenty of benches around the Green and watching the matches unfold, on a summer's evening, is usually a very pleasant experience.

The league games have always appealed to members who are still working, because they are played in the evenings. Whilst waiting until retirement before playing bowls, is always an option, it has to be said that now couldn't be a better time for younger people to start playing, with the Club needing more players than before for league matches in the evenings.

www.hurstbowls.org.uk



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Sudoku #22

				6				
	4	3					6	
9			1			7		
	1	9			8			5
				1			3	2
3		8						
		1	7					
			6			9		3
8				2	9		1	7

Find the solution to #22 in next month's magazine

#21 Solution

3	4	2	9	7	1	5	6	8
8	6	1	4	2	5	7	3	9
5	7	9	8	3	6	4	1	2
1	8	6	2	4	7	3	9	5
4	3	7	5	6	9	8	2	1
9	2	5	1	8	3	6	7	4
2	5	3	6	9	4	1	8	7
7	9	4	3	1	8	2	5	6
6	1	8	7	5	2	9	4	3

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

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What's on this month

AT THE VILLAGE CENTRE

AND ELSEWHERE

Regular events

- Sun **Sunday Afternoon Cream Tea Dance** – 2-4.30pm, nearly every Sunday
- Weight Watchers** – 9.30-10.30am, weekly in the Club Suite
- Mon **The Sanctuary** – 9.30-11.30am, weekly (term time only) – a welcoming place where friendships can form over coffee and cake
- Tues **Wolstonbury WI** – 7.45 pm, 3rd Tuesday
- Scottish Dancing** – 7-10pm, weekly
- Fri **Star Dance School** – from 6.45pm, weekly
- Sat **Hurstpierpoint Dance Club** – 8pm, 3rd Saturday Ballroom and Latin dance, any skill level welcome

May

- 8th **Hurst Horticultural Society**
- 12th **Sussex Wine Federation**
- 15th **Wolstonbury WI** – 7.45pm
Resolutions followed by 'Introducing myself' by three invited members. Visitors welcomed. (Enquiries 01273 834421)
- 18th **Twinning Association**
- 22nd **Annual Parish Meeting** – 7.30pm
- 27th **Heber Opera** – 6pm
A performance of Rigoletto (Tickets www.heberopera.co.uk)
- 30th **Stroke Info Evening** – 7pm
Talk by Amanda Eastaugh (Stroke Association) and questions answered. Refreshments from 6.30pm. (All Mid Sussex Health Care patients welcome)

Hurstpierpoint Village Centre, Trinity Road BN6 9QT
www.hurstvillagecentre.org

May

- 3rd **The Other Side of Hope (12A)** – 8pm
The Players Theatre – (www.hurstfilms.com)
- 4th **Charity Lunch** – 12-2pm
Scouts HQ, Trinity Road – Charity Lunch. 2 course lunch £7 adults, £2 children. Raising money to support families in need. Everyone welcome
- 9th **Mothers' Union Meeting** – 2.30pm
9 Park Close – Talk by Michael Nailard from 'The Woodland, Flora and Fauna Group'. (Non-members £2 to include tea and home-made cakes)
- 9th **Hassocks Horticultural Society** – 7.45pm
Adastra Hall, Hassocks - Gardeners' Question Panel provided by horticulturalists from Perennial. Bring your plant questions or specimens for an informative and entertaining evening. (Entrance £2.50 including tea/coffee and home-made cake)
- 10th **NT Live Macbeth** – 7pm
The Players Theatre – (www.hurstfilms.com)
- 16th **Mothers' Union meeting** – 8pm
Holy Trinity Church - Topical discussion. (Non members £2)
- 16th-19th **"Little Shop of Horrors"** – 7.30pm
Henfield Theatre Company, Henfield Hall – (Tickets, priced £11/£13 www.henfieldtheatrecompany.com)
- 20th **Hurst Village Cinema** – 3pm
The Players Theatre – Film show of 'Film stars don't die in Liverpool (15)' (Tickets from Mishon Mackay or online)
- 25th **Hurst Historical & Geographical Soc.** – 7.45pm
The Guide Hall, Trinity Road Car Park – AGM followed by a talk by Kevin Newman 'Empires, Migration and Identity' (£3 entry – all welcome)
- 25th **The Party (15)** – 8pm
The Players Theatre – Hurst Village Cinema film show (www.hurstfilms.com)
- 26th **MU Coffee Morning** – 10am-12pm
Holy Trinity Church – Includes speaker from Hurst Festival highlighting special events. Plus stalls to browse. (Free Admission)

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Everest Home Improvements.....	47
Gray Hooper Holt (solicitors).....	35
Green Thumb	19
G&S Roofing	24
Hardy Paving.....	34
Hilary May (garden design)	38
Hurstpierpoint Pest Control.....	38
Lock Assist (locksmiths)	17
Marcus Grimes (estate agents).....	36
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Health/Lifestyle

Everycare.....	42
Hurst Yoga	40
Muscle Balance.....	42
Promedica24	33
Sussex Osteopath	23
Talk for Change.....	4
Wickwoods Country Club (hotel & spa)	39

Out & About

Ardingly Activity Centre.....	21
Borde Hill Garden	6
Jeremy's restaurant.....	25
Opera Brava.....	44
Wakehurst Place	45

Education/Childcare

Gielgud Academy	28
Hurstpierpoint College	B
Norto5 Kidz (daycare)	3

Retail

Coles Automotive	2
Cuckfield i Wear	16
Hassocks Eyecare Centre.....	14
KPS (compost).....	15
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