

# Hurst Life

Including Sayers Common & Albourne

Local village talk,  
by the village

Issue #44 : Nov. 2018

Free  
Please help  
yourself!

Remembrance Parade details

**p. 5**

Hurst Festival round-up

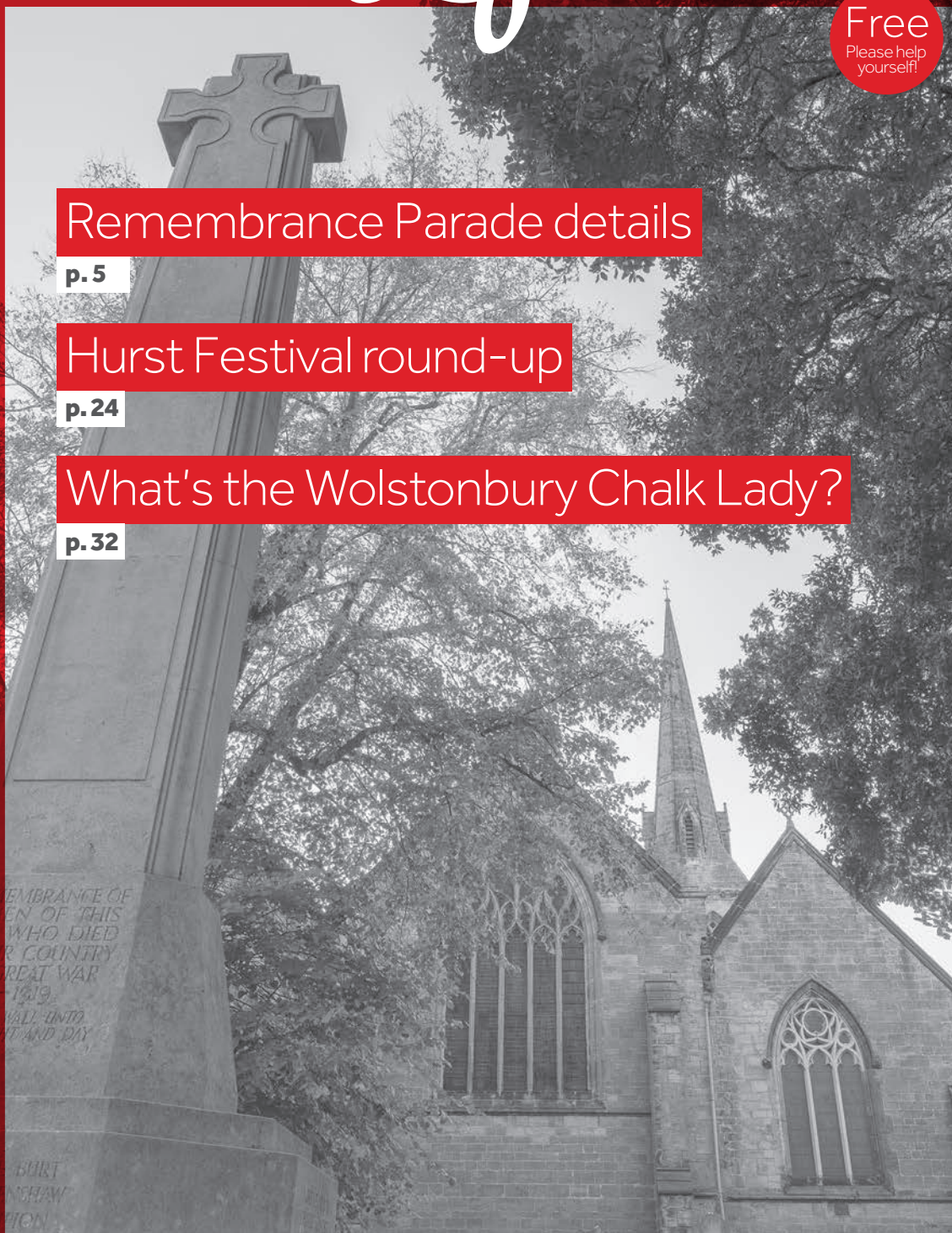
**p. 24**

What's the Wolstonbury Chalk Lady?

**p. 32**

IN REMEMBRANCE OF  
THE MEN OF THIS  
VILLAGE WHO DIED  
IN THEIR COUNTRY  
THE GREAT WAR  
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A NIGHT AND DAY

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## EDITORIAL

By David Tingley, Editor

November first, then Christmas next!

More of that next month, of course, but there is a note about the **High Street event** on **page 22**.

With November 2018 we painfully recognise the efforts of the many who fought for our country over the years, but especially in the First World War. Thanks to **Louise Sullivan** for our **cover photo** featuring the war memorial. Thanks also to **Trevor Evans** who has shared the plans for Hurst's **Remembrance Parade** on 11th November. See **page 5** for details.

On the following page we cover all the information you need about the annual **Family Fireworks and Bonfire** at Danny House – this year on **Saturday 4th November**.

There is plenty of news out there this month, which includes a **new pop-up shop** on the High Street (**page 12**), members of the community **receiving awards** (**page 13**) and the plaque being added to the **'Children of the Fair' sculpture** on The Green (**page 4**).

**Hurst Festival** is a massive deal so we've made sure we had it covered from every angle! On **page 24** there's a round-up of all that went on over the two weeks. Then, on **page 30**, we've looked specifically at **Super Sunday** – when the High Street was closed. These two features should give you plenty of chance to spot someone you know! **Hurstpierpoint Open Studios**, which took place over two weekends, also gets a mention on **page 21**.

I would also like to mention a very important new item on our pages – **Stephen Hand**, chairman of **Hurstpierpoint and Sayers Common Parish Council**, has included the first in a monthly 'Chairman's Letter' on **page 29**. This gives us a great opportunity to connect the important work of the Parish Council with the residents – so I'm grateful that Stephen has got involved in this way.

OK, grab your coffee, sit back and enjoy this issue. Next stop – Christmas!



Issue #44 – November 2018 –  
4,200 copies printed

Next magazine copydate:  
20th November 2018

Next magazine published:  
4th December 2018

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Disclaimer: The opinions expressed within  
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Hurst's War Memorial



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We love to hear from groups, organisations and individuals about what's happening locally. Include a photo if you can. Email your stories to [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk)

## New stone laid on The Green

Passers-by of the children sculpture on The Green may have noticed the addition of a new stone laid in front of it – courtesy of Hurstpierpoint and Sayers Common Parish Council.

Hurst resident Sylvia Thornhill (pictured) was one of many who suggested concepts for the installation, but hers eventually won the public vote and was installed in July 2013.

The new stone credits Sylvia and explains the rationale of the artwork, as the children represent the seven centuries that the St Lawrence Fair has been running.



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# Remembrance Parade through Hurst

By Trevor Evans

This year's parade will mark a special milestone in our country's history; 100 years ago, on Sunday 11th November 1918, the guns fell silent and the First World War was over.

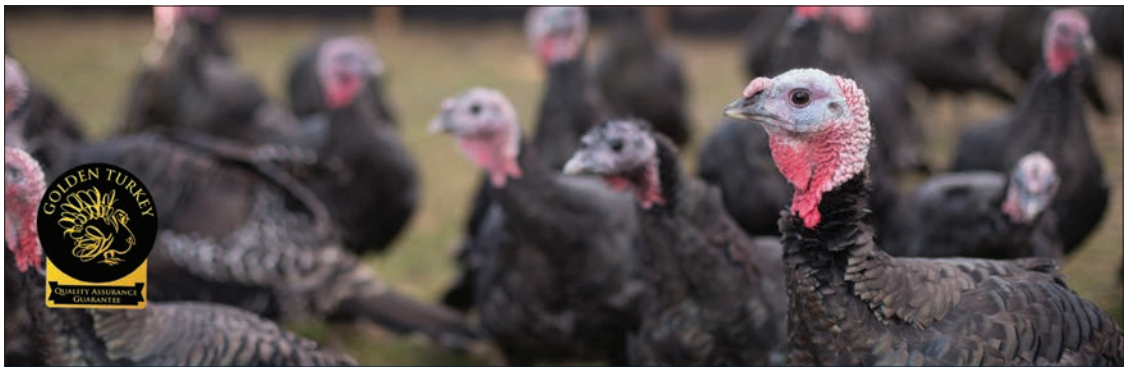
This year, as always, we remember at our village Memorial all those villagers who not only gave their lives in the Great War but those who have paid the ultimate sacrifice in subsequent theatres of war.

This year's Remembrance Parade will take place on Sunday 11th November. The parade will form up at 10.30am at South Avenue. The parade will then march through the High Street to the War Memorial. If wet, the parade will assemble in the Army Cadets drill hall, which is situated behind the Co-op in the High Street.

The police have advised that they are no longer able to provide assistance for road closure traffic control and that we provide our own marshals.

I would ask motorists to accept a short delay on their journey whilst the parade takes place.

Having carried out the duties as Parade Marshal for the Royal British Legion in the village for many years I have decided to stand down after this year's parade. I will be handing over the baton to Colin Richardson MBE who will continue the parade organisation on behalf of the village.



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# Family Bonfire and Fireworks at Danny

By Andrew Hair

The 23rd Hurst Family Bonfire & Fireworks evening will be celebrated with a spectacular display of fireworks from our regular firework maestros on Sunday 4th November. The display is one of the highlights of the Hurst calendar, and families are again welcome to share the event to be held in Danny Park, New Way Lane, Hurstpierpoint.

Gates open at 5.30pm and there is free parking on site, ground conditions permitting. Please allow extra time if you intend to park on site. At 6pm the Best Guy competition will be judged. Remember, if you bring a Guy to be judged before 5.50pm then one child will be given free admission. At 6.30pm the Firework Display will start, followed by the lighting of the Bonfire at approximately 6.50pm.

Food is again available on-site, and The Hassocks will be running their ever-popular BBQ and invite you to come and enjoy the evening with them.

Ticket prices have remained unchanged for 15 years and if buying in advance they are discounted: Children under 3yrs or with a Guy are free (one Guy gives admittance to one child); children or adults £5 on the gate or only £3 in advance; families including up to two adults and three children £15 but only £9 in advance. Advance tickets will be available in Hurstpierpoint from



Pierpoint Pets or Mishon Mackay and in Hassocks from Marchants or QD Stationery.

The event is organised by Hurstpierpoint Gymnastics Club, with assistance from Oldland Mill Trust and Friends of Hassocks Infant School, and five local schools will benefit from the support given on the night.

In the event of bad weather check [www.hurstpierpointgym.co.uk](http://www.hurstpierpointgym.co.uk) for up-to-date news on parking or postponement.



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# Natural health right here

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Hurstpierpoint has a new community herbalist operating from Sussex Osteopath and Complementary Health Clinic on the High Street.

Juniper is the brainchild of Ellie Ceylan who graduated as a Herbalist and Naturopath in 2015. As well as bringing up her two children, she spends her spare time foraging, growing herbs and making herbal remedies, with plans to develop a range of skincare products in the near future.

"My aim for Juniper," explains Ellie, "is to provide natural health solutions so that customers can enjoy optimal health and well-being as well as participating in their own healing process." She also believes that by promoting herbal medicine and natural healing to the local community she can increase people's connection to the natural world, whether this is through medicine, educational walks and talks or workshops. Evidence increasingly shows that access to the natural world can reduce stress, anxiety and depression.

Moving to Hurstpierpoint in 2011 was a big step towards living closer to nature and bringing her children up within a beautiful, rural environment. Ellie explains: "I grew up with a love of nature and feel that our relationship with it has become obscured by our busy, modern lifestyles. I wanted to re-establish that connection and inspire others to develop a greater kinship with nature." She believes that herbal medicine provides that opportunity – not only is it a chance to heal illness but it's also about retuning to the natural world.

As a mother Ellie wanted to have alternative options to conventional healthcare for her children. "Obviously there's a time and place for modern medicine – the world would seem daunting without that security – however, to know there is also a natural form of medicine that works harmoniously with the body gives me increased peace of mind."

Modern herbal medicine is a synthesis of ancient and modern practices which utilise different parts of plants, either on their own or in combination, for their healing

and medicinal qualities. Used since time immemorial, our ancestors refined and passed on knowledge of the plants that harmed and the ones that helped. All cultures of the world have knowledge of how to prepare and utilise plant medicine, and today many people around the world still depend on traditional herbal medicine for their primary health care.

Examples of medicines derived from plants include the cancer drug Taxol from yew, the anti-malarial quinine from cinchona, aspirin from meadowsweet and digoxin from foxglove. In fact it was estimated in 2007 by the news agency Reuters, that as many as 70% of pharmaceuticals introduced in the previous 25 years were of plant origin.

Herbal medicine can be used in a variety of ways. For example, it can be used preventatively to provide a boost to our immune systems during the winter months, support us when we feel anxious or depressed, improve digestive complaints, aid sleep, relaxation or increase energy.

Herbs can even help us to feel better than well – they can provide us with abundant health. Herbal medicine has a good safety record and is increasingly being subjected to clinical trials to test its effectiveness.

If you are interested in finding out more about herbal medicine or making an appointment, email Ellie at [info@juniperherbs.co.uk](mailto:info@juniperherbs.co.uk) or call on 07903 599754 for a free 10-minute phone consultation. As a special offer to Hurst Life readers, Juniper is offering a 15% discount for any new customers who make appointments in November and December. Please mention Hurst Life when arranging your consultation.

You can also arrange appointments via Sussex Osteopath and Complementary Health Clinic on 01273 835116.





# Group on charity sleepout

Twenty members of the Youth Church Council (YCC) of St Edwards Catholic Church – including a number from Hurst – held a sponsored sleepout in late September.

The Big Sleepout is an annual fundraiser for Off The Fence, a Brighton-based homeless charity, which saw the young people building their own shelters out of cardboard boxes for the night – from 6pm until 9am.

Father Trevor praised the young people as they read poems and said prayers to raise awareness about homelessness during the evening. "Their energy, commitment to social action and sheer joy at taking part in this event has been an inspiration for all of us," he commented.

The group has raised a fantastic £4,000 for Off The Fence. The giving link is still open at: <http://uk.virginmoneygiving.com/StEdwardsYCC>



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## Community champions awarded by MSDC

Mid Sussex District Council Chairman Bruce Forbes celebrated the efforts of more than 40 local people at the recent Community Service Awards afternoon, including three connected to the Hurstpierpoint area.

The annual event, held last month at the South of England Showground, brought together the honoured and their family and friends at an afternoon tea.

Bruce said: "Today is a very important event in the calendar, when we honour the members of our community who have done so much to make Mid Sussex such a great place to live."

Each award was given out by the Chairman with the High Sheriff of West Sussex, Caroline Nicholls.

Bill Lofts was nominated by Albourne Parish Council for 'his tireless work to help ensure that Albourne is kept free from flooding'. In the programme for the day guests were told that he voluntarily monitors drains and gullies night and day when weather conditions are particularly bad.

Hurstpierpoint and Sayers Common Parish Council nominated Roberta Taylor for an award. The citation for her explained its reasons: 'Roberta was a diligent member of the Parish Council staff for over 13 years until her retirement in April. Over the last couple of years she has worked hard to set up monthly tea parties for older people in the parish, who would otherwise have little social contact.'

Hurstpierpoint resident Naomi McBain (below) was nominated by two councillors. John Wilkinson and Colin Trumble both wanted her to be credited with an award this year. 'Naomi founded and operates the Hope charity, whose primary aims are to encourage parents to engage better with their young children and to foster good family relationships.' Hope is active not only in Hurst but also Burgess Hill, Haywards Heath, Lewes and Brighton.



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# Hello Mike...

By David Tingley

It is an absolute pleasure to introduce you to our new Assistant Editor - Mike Thatcher. Some will already know Mike as a Hurst resident and parent at the school, of course, but you may also recognise his name as he's on the committee at Hurst Village Cinema and has written numerous columns in Hurst Life under this banner over the years.

Mike got a taste for journalism while at university in Cardiff, working on the student paper. After which he worked for a couple of regional radio stations, a London TV channel and ITN in the music department. More recently he's been working with his wife in her language school as well as being around for his family.

Mike has lived in Hurst for ten years, is involved with the cinema and the cricket club too. "I love this village," he said, "the community, the atmosphere and the setting. With this new role I am looking forward to discovering new things about the village and meeting lots of new people."

If you know someone who you believe would make



an ideal Village People candidate – then do please send Mike an email to [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk) so he can get in touch with them. Or maybe you've got ideas of content you'd like to see in Hurst Life – we would both love to hear about these. Do get in touch with your suggestions/comments.

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# New pop-up shop on High Street



Hurstpierpoint retailers Ashley & Thomas and Olive have joined forces to open a new pop-up shop which will be open until Christmas. The shop will sell antiques, toiletries, jewellery and scarves.

It's the brainchild of shop owners Sarah, Gill and Chris who did not want to see an empty shop in our village over the festive season. Gill Blackburn commented: "It is an ideal place to get Christmas gifts and interiors items."

The pop-up shop is open Tuesday to Saturday between 10am and 5pm at 121 High Street.



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# Baker and builder unite

A local house builder and a Hurstpierpoint bakery have joined forces to raise nearly £700 for Macmillan Cancer Support.

The money was raised when the Bovis Homes Sales team at Bramble Park hosted a Macmillan Coffee Morning at their show home, with nearby Truffles Bakery supplying a range of treats for the guests.

"We'd like to thank Truffles Bakery for the wonderful cakes they donated to this worthy cause," says regional marketing manager Candice McCabe. "We were delighted to welcome so many guests into our show home to enjoy the goodies on offer and we were overwhelmed by their generosity."

Bovis Homes held coffee mornings in its regional offices and show homes across the country, raising £2,475 and counting for Macmillan Cancer Charity. Its South East head office raised £606, and its regional sales offices achieved a total of £1,070 after the company pledged to double the amount raised.

"The events were a lovely way to bring together residents, colleagues and contractors to help raise funds for Macmillan, while providing a great excuse to have a good chat and get to know one another," says Candice. "It was a wonderful morning, and we hope to see everyone who attended again soon!"



## The Reverse Advent Calendar Project

By Kevin & Margaret Carey with the Rev Jane Willis  
Long ago the opening doors of Advent Calendars used to reveal a daily line of the Bible and a simple line drawing, leading up to Christmas Day; but now they are much more sophisticated, offering everything from a morsel of chocolate to a miniature gin!

At this time of plenty we, at Holy Trinity Church, are heading up a project to give our Food Bank a seasonal boost by encouraging people to assemble Reverse Advent Calendars by setting an item aside each day between 1st and 24th December. Naturally the core contributions will be dry and tinned food, but it would also help if we could include toiletries, some sanitary products, warm socks and gloves and small late Christmas presents; chocolate is a universal favourite! The gifts will go to families in need as soon after Christmas as possible, at a time when many families are stretched financially.

We already have a weekly collection of items for the Food Bank organised and run by Sussex based registered charity Family Support Work (FSW), so they will be the recipients and distributors of the gifts.

If you are interested, please let us know so that we can arrange for your box to be collected between 26th and 31st December.



Please get in touch with Margaret Carey by email: [margaret@112a.co.uk](mailto:margaret@112a.co.uk) or phone: 01273 835113 to get involved this year.

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## ARTIST OF THE MONTH

Each month Hurst Life focuses on an artist from the village. This month it is the turn of Lucille Cuss.

### By Lucille Cuss

I have always enjoyed painting. I co-owned a shop in the village called Inspirations and I ran it for 18 years. During that time I was busy painting (mostly walls) and hand painting small pieces of furniture.

After I retired I started classes with Kay Rippingale working mainly with watercolours. I have been on a couple of courses and used mixed media.

It was obvious from the start that I was not a painter of typical flowers and landscapes. My style is what you might call a little abstract or naive. I also like the art of collage.

I dipped my toe in the water and entered the Hurstpierpoint Studios. Much to my surprise I sold quite a few paintings.

Encouraged, I have continued to take part, as there are only so many pictures you can hang at home. It gives me a real buzz if anyone is prepared to buy my work.

I hope to continue enjoying painting and want to explore other medias and styles.




# Christmas show at The Players Theatre

Hurstpierpoint Players is putting on Beauty and the Beast for its Christmas show. It tells a traditional tale and is an illustration of a young girl's journey of discovery. Passion, imagination and love are set in this heart-warming, beautiful and bewitching family show for Christmas.

Written by Stuart Patterson, often called the master of children's theatre, this is an inspired modern version of the story, given a fine momentum by Crackjaw the witch, a ferocious hate-mongering villainess. There's also a cheeky goblin called Dunt, a gorgeous pantomime dog called Billy, a magnificent pair of (female) Ugly Sisters and a hero who amounts to something more than the usual insipid Prince. The audience participation rages fast and furious... Oh yes it does!

The show times are 7.30pm on Friday 30th November; 1.30pm and 5.30pm on Saturday 1st and Sunday 2nd December; 7.30pm on Friday 7th December and Saturday 8th December; 1.30pm and 5.30 pm on Sunday 9th December.

Tickets are priced at £10 for adults and £6 for under 12s, with a special priced family ticket at £28 (two adults, two children). Available online at [www.hurstplayers.org.uk](http://www.hurstplayers.org.uk) or in person from Players Theatre Box Office at the theatre on Saturdays from 3rd November between 9am and 1pm.



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# Hurstpierpoint student lays wreath at Ypres

By Nicki Burston

It was a very early start. The students set off from Downlands Community School at 5.45am and it was an extremely long day, but what a day!

With the aid of expert tour guides from Anglia Tours, Year 10 GCSE History students were transported to the World War I front line in Ypres (now called Ieper) in Flanders. They visited the German Bayernwald trench system on a slight hill above Ypres and learnt about how the German soldiers built trenches, how just the minor rise in the ground gave the German army such an advantage and how different the experience had been for the Allied soldiers. There were several ferocious battles in Ypres - the Third Battle of Ypres (31st July to 6th November 1917, also known as the Battle of Passchendaele) was devastating. The students could see the path of the Allied trenches in the landscape, which now are the paths of streams. Flanders means marsh, and you could certainly see how the water table is just a metre below the land surface.

The students visited Hill 60 where they learnt about the deadly and treacherous work of the miners in creating a system of tunnels under the trenches. Explosives in these tunnels were devastating for both sides and have marked the landscape with enormous craters. The students learnt about the devastating effect of war - the weapons used (including the use of gas), the devastating injuries and how disease had a

huge impact on the numbers who died. They learnt about the uniform that our troops wore - how at the beginning of the war, they wore cloth caps and only later received the tin helmets, how the uniforms were not waterproof or comfortable. The students also visited the Menin Gate - the impressive memorial to the missing in action.

Finally the students had the privilege of visiting a war cemetery to lay a wreath on the grave of the great, great uncle of one of the students - Hurst resident Jonathan Watson. Martin Featherstone (one of the ex British Army guides) played The Last Post (from his iPad) and said a few words about Private J Carr of the Duke of Wellington's Regiment who died on 23rd November 2017 aged just 21. Jonathan then laid a wreath and the students observed a minute's silence to contemplate all that they had seen and heard about World War I that day.



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# O Sacred Feast! Concert

By Mike Clemens

Hurstpierpoint is almost a second home for the early music specialist choir Brighton Consort. In recent years the group has presented several concerts in Holy Trinity Church, and there is another one coming this month.

The next programme, directed as usual by their dynamic young conductor James Dixon, features both sacred and secular music in celebration of food and wine. It will take place on Saturday 24th November at 7.30pm.

Tickets can be bought online ([www.brightonconsort.org.uk](http://www.brightonconsort.org.uk)) or by calling 01273 833746, and they will also be available on the door.



## Shoebox appeal

For the second year Hurst resident Caz Richards is collecting shoeboxes in aid of a charity 'Link to Hope'. The Shoebox Appeal sends gifts to families and the elderly in need in Eastern Europe and Caz is hoping to improve on the 80 boxes donated from Hurstpierpoint last year, which required a van to take them down to the collection depot in Worthing.

There are two types of boxes to choose from; a Family or Elderly Shoebox and Caz will be collecting them on Monday 5th November at 9am from outside St Lawrence School on Trinity Road. They can also be dropped at any time during trading hours at Hurstpierpoint Alterations on the High Street.

Details and instructions of what can be put in the boxes can be found on the Link to Hope website: <https://bit.ly/2PdBcq4>

## Chapel concert for Remembrance

By Mary-Louise Rowland

You are warmly invited to a free concert of words and music in the College Chapel at 4pm on Sunday 11th November. While we remember collectively all those from Hurstpierpoint College who died in the war, and also give thanks for all those who returned safely, this concert's particular purpose is to honour the five Masters who died as a result of their service in the war.

This event is free but to allow us to cater for interval refreshments please RSVP to: [archives@hppc.co.uk](mailto:archives@hppc.co.uk).

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# Fair AGM called

By St Lawrence Fair Committee

After a brief rest following the Fair, the committee is pleased to announce the date of this year's Annual General Meeting. This will be held at the New Inn at 8pm on Thursday 22nd November.

As usual there will be prize presentations for the pet show, fun run, procession, best dressed arena stall, best dressed High Street shop and the arena finale winners. We will be choosing the theme for next year and there will be an opportunity to give feedback on this year's Fair. We will also present finances of the Fair accounts.

Several long-term committee members are reducing their commitment to the Fair next year, so we would be very pleased to meet new potential members at the AGM. Alternatively please drop us an email on [stlawrencefair@gmail.com](mailto:stlawrencefair@gmail.com). Initially the time commitment is only two or three hours a month with things hotting up towards Fair Day. We look forward to welcoming you to the team.

# Used stamps are good for charity

There has been a fresh call for us all to save our used stamps this winter in aid of the Cats Protection League. Stella Lee, who used to work in the Hurst Branch of Nationwide, thinks it is a good time to make us aware of the scheme: "With Christmas fast approaching and more personal mail being about, it's a good chance to remind people to collect them or to start collecting them."



They can be handed in at either Nationwide branch in Hurst or Hassocks and the scheme runs all year round. Foreign stamps are most welcome. Stella is keen for people to root around in their houses: "If someone finds a sackful in their loft I will willingly collect!" She can be contacted on 01444 412479.



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## Open Studios successful 2018

The 2018 Hurstpierpoint Open Studios event took place during the Festival. This year 13 venues were open, and they collectively had over 250 visitors through their doors over the two weekends.

Photo: Hazel Ranger



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Photo: Louise Sullivan Photography

## Christmas countdown

This year organisers of the Christmas festival on the High Street are trying something different. The event, which is being jointly organised by members of the community and local traders, will take place on Saturday 8th December.

The High Street will be closed for the afternoon, and the event starts at 3pm. It is to culminate in a torchlit procession from the east end (Feathers) to The Green – which, it is hoped, will bring together the whole community in a Christmas carol-singing fest. This procession is due to close the event, leaving at 6.30pm.

During the afternoon the High Street will be adorned with all local stallholders, performances of music and drama and, of course, Santa's Grotto – kindly sponsored by Marcus Grimes Estate Agents. There will also be plenty of festive food and drink to enjoy too.

Put the date in your diary now. For more information see Facebook 'Hurst High Street Xmas Shopping'.

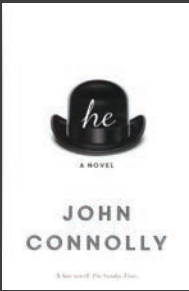


## Winter trishaw rides

Cycling Without Age Hurst and Hassocks is offering older people the chance to get out, even during the winter months, with its weekly afternoon rides in the trishaw.

On the first and second Saturdays of the month the 'pilots' are available between 2-4pm in Hurstpierpoint. They are doing the same on the third and fourth Saturday afternoons in Hassocks. Get in touch via Facebook or email: [cwahurstandhassocks@gmail.com](mailto:cwahurstandhassocks@gmail.com).

Bridget Hamilton also said: "We're looking into grants to see if we can purchase another trishaw before Brexit! Plus we're always on the lookout for new passengers and pilots, of course, so do please spread the word."



# he by John Connolly

## BOOK REVIEW

By Clair Stanton

John Connolly is a versatile writer. His crime novels are dark, his horror stories are creepy and his teen series (featuring Samuel Johnson and his faithful dachshund Boswell) are very funny. With 'he' Connolly proves that he can also write literary fiction.

'he' is Stan Laurel and this novel is a reflection on the most important relationships of his life. These include his music hall star father, fellow aspiring comic Charlie Chaplin, multiple wives and lovers, his son and, most importantly of all, 'Babe' (aka Oliver Hardy).

I have fond memories of watching Laurel & Hardy films as a child in the 70s when they were often shown at teatime on BBC 2. Sadly the duo did not profit from these, or any screenings. Like many stars of the day they received a weekly salary and, when their popularity declined, so did their earning power.

I knew that Stan Laurel was British but nothing about his life, Connolly does not shy clear of presenting his subject as a complex character whose behaviour is often destructive. This book appears to be a labour of love by the author and I read it in two sittings, becoming totally absorbed in the life of this shy comedian who craved both recognition and peace, but seldom achieved both at once.

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# Best Ever!

HURST FESTIVAL 2018



Photos: Becca Wild, except where stated otherwise.

Legends from music, theatre, art and comedy came to perform in the best ever Hurst Festival 2018! A spectacular two weeks of entertainment for 2000 people across 80 events with many coming from beyond the local area to enjoy these world-class performances.

Musically there was everything from jazz and blues, cajun and classical, scratch band and solo cello, baroque, baritone and big band to opera and opus kink.

Award-winning talent from legendary film director Tim Pope and choreographer James Wilton. Plus the musical comedy *The Origin of the Species* as well as the world premiere of WWI drama *Winning the Peace*, written by Hurst resident Kevin Carey.

Let's not forget the 1918 Lloyd George Garden Party at Danny House, where Hurstpierpoint celebrated this historic event in costume on a joyous, sunny day.

Workshops were brilliantly attended. Court Bushes skate park was given a whole new lease of life while others foraged, walked, met pigs, learnt about our schools, sang and ate cake!

To conclude, the Return of the Dance Floor was a storming success! Much hilarity, enthusiastic dancing and a truly Hurstpierpoint atmosphere – top night, top Festival. A huge THANK YOU to the committee. Bring on 2019!



Photo: Jonathan Maas. Unveiling the statue of Lloyd George



Photo: Jonathan Maas





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## What are we doing this month?

By Stephen Hand, Chairman

Welcome to the first of a regular page in Hurst Life intended to keep our residents up to date with Parish Council activities. The page will be in addition to our quarterly newsletters which will deal with specific issues in more detail.

In November we will be marking the centenary of the end of the Great War with a display in the Village Garden. The centre of our display will be three silhouettes of a soldier, sailor and airman, with an arrangement of artificial poppies in front of the silhouettes. We are inviting local groups, especially children's groups, to make and add their own poppies to the display. Please contact the Parish Office for more details.



Our joint project with Mid Sussex District Council to refurbish and reopen the Court Bushes community centre continues to make good progress and we hope that the new facility will be open for use in the spring of 2019. The Parish Office intends to take responsibility for bookings and maintaining the new centre and enquiries from potential hirers are welcome.



During the recent problems with water supply I was in contact with South East Water to try and arrange an additional water distribution point in a more central village location. As people have remarked, I was unsuccessful – though not through want of trying – but we are continuing to work with SE Water to make sure that we can do better if (or when) such a problem happens again.

Finally – for this issue - we are starting work on the replacement of play area equipment in the Sayers Common Reeds Lane play area. A small working party of two councillors and a local resident will work with the community to identify what equipment works for the users of the play area and manage its installation.

I hope that people find the idea of a regular update on our most topical activities useful. Your feedback to the Parish office will, of course, be welcome.

# Super Sunday: super family fun!

HURST FESTIVAL 2018



Photos: Becca Wild, except where stated otherwise.

Hurst Festival 2018 kicked off this year with a fabulous family fun day – Super Sunday! A vintage car parade, the Burgess Hill Marching Band, Morris Dancers, the South Downs Folk Singers, street entertainers, street food, music, a graffiti workshop, merry-go-rounds and the ever popular reptiles brought to us by the East Sussex Reptile and Amphibian Society. Inside Poponin children and adults created 'peace' bunting and hung it round the shop. The High Street was buzzing: happy retailers, happy shoppers, happy children – a lovely, fun day!



Photo: Jess Adams







# The Wolstonbury Chalk Lady

**By Mike Wooldridge**

In the late 50s/early 60s I remember waking up to see a spectacular reclining lady carved into the northwest face of Wolstonbury. The papers reported that technical college students had cut the outline overnight as part of a Brighton Rag Week stunt. It was a brilliant piece of marking out and turf cutting. The headlines portrayed her as a partner for the Long Man of Wilmington.

I took a photo at the time but my negative no longer exists. I have spoken to four other Hurst contemporaries who clearly remember her but do not have a photo. Hence I decided to draw her outline from memory and have run it past said contemporaries for comments and corrections. Those covering size and position were easy to accommodate, but making her look 'less frumpy' was more of a challenge!



One of said contemporaries has since Googled 'Wolstonbury, chalk, woman' and got a hit in a Michigan

newspaper for mid-October 1959! This gave a date fix, which enabled me to search the Mid Sussex Times (no luck), the Evening Argus and the Brighton & Hove Herald. The Argus had a rather poor photo, as did the Herald the following Saturday – though, in fairness, some of this is due to the microfiche archiving process. Mysteriously the Herald photo shows that she now has arms – unlike the photo in the Argus. Alas, a few weeks later, after various complaints, she was filled back in.



A further mystery has been highlighted by a couple of those I've spoken with, who swear that (another) chalk lady was cut in Wolstonbury some ten years later. If any readers have details or photos of either I'm sure the editor will be pleased to see them.



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# Babysitting the new grass

**By Rob Sawyer**

The cricket season may be over but we have been having some unseasonable warm weather which is good and bad news for the last job of the year at Hurst Cricket Club. Usually at this time of year we take delivery of several tons of top soil and many bags of grass seed to give the cricket square its annual service. Normally this simply means filling the holes where bowlers' feet land and batsmen have been taking guard, taking out the rough stuff, manually covering the whole lot in top soil and grass seed and the 'job's a good 'un'.

This year, however, it became apparent that the square needed a lot more TLC. Anyone taking even a cursory look at the various strips couldn't help but notice quite a few clumps of weeds. We have no idea what kind of weeds they were, but they were tough.

These pictures tell the story. We employed some experts from the County Ground who really knew what they were doing.

First, the top stuff was removed, the square turning an alarming sandy colour, and a special vehicle took the grass, weeds and top layer and deposited it in the back of a flatbed. Then the whole square was scarified, and then again, which put a series of grooves into the ground. Yet another machine deposited huge amounts of seed and top soil across the square, and lastly the whole area was fertilised.

I'm no expert but I do know you need two things to make seeds germinate - sun and rain. This year we've had plenty of sun but very little rain, which is where the hard work came in. With the unusually dry conditions prevailing we had to arrange a rota to try to keep the square damp but not wet. It sounds easy, but the high temperatures meant that the square dried unbelievably quickly. The first weekend, for instance, brought two hot days and the square had to be watered three times per day. We also had to get some water on the pitch during the week but still no rain fell.

Finally, on Saturday 6th October, the collective Hurstpierpoint CC rain dance worked and we had several hours of rain. That meant we were excused duty on the Sunday but back on watering duties during the following week. Saturday's rain had done the trick though with



a lovely green tint coming through. Hopefully the hard work will pay off with a great cricket wicket for the 2019 season.

Thanks to everyone who held a hose, and everyone at the club would like to especially thank Derek Smith who has worked tirelessly to keep the square damp and arrange the watering sessions. Derek doesn't play these days but treats our pitches like his own lawn, and the club is very grateful to him.



## RECYCLE THIS...

**WSCC Recycling Ambassador Colin McFarlin sheds some light on what can and can't be recycled in our domestic blue bins. If you have a question for him, email: [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk)**



What a great response to my previous articles. By the time you read this I will have replied individually to all your emails to the editor on recycling. Keep the questions coming...

### PLASTIC BOTTLES, TUBS AND TRAYS

I am often asked 'What plastic can I recycle in my blue top bin?'

If you remember bottles, tubs and trays you will not go wrong. All of these can be recycled in your blue top bin. Colour is not an issue – any colour, including black, we accept.

If you can remove the label do so, but if you cannot our system can, it just saves us a job.



### PLASTIC TRAYS

These are the trays you find in chocolates and biscuits, very flimsy, right through to the plastic trays food is sold on, more solid and robust.

The good news is ALL these plastic trays can be recycled by West Sussex. We can recycle ALL colours – yes, including black. However, it is not the same in other counties across the UK! We have the technology. All of these pictured can be recycled. So, when you buy that lovely box of biscuits, we can recycle everything, except the biscuits – we leave that to you.



### PLASTIC LIDS

We can recycle plastic lids, but it does depend on size. I usually say coffee jar size is a minimum. All of these pictured can be recycled. Smaller lids can go in your black top bin. Milk bottle tops can be given to charity.



Would you like me to give a talk to your local group on recycling? Would you be interested in collecting items that can be recycled to raise funds for your favourite charity? I will be happy to guide you through this process.

Do keep your individual questions coming on specific items you are not sure can be recycled. On email to the editor, with a picture if possible, and I can let you know. Looking forward to hearing from you.

## RNLI Barn Dance

On Sat 24th November at 7.30pm the RNLI Hurstpierpoint branch will be delighted to welcome you to our winter fun night of dancing. Please come along, join in and support us!

You will be dancing to the music of Touchstone Barn Dance Band. There will be a supper of baked potatoes with either chilli or baked beans and cheese.

Tickets are £15 each and can be bought from Mishon Mackay in Hurstpierpoint, Orion News in Hassocks or from any committee member. For more info please contact Gillie Johnson on 01273 832819.

The RNLI Hurstpierpoint branch has been fundraising for many years, and we are never disappointed with the wonderful support we get from our village.

The RNLI was formed in 1824 by Sir William Hillary in Douglas on the Isle of Man.

The RNLI is a registered charity that saves lives at sea. It provides a 24-hour service to cover search-and-rescue requirements to 100 nautical miles out from the coast of the United Kingdom and the Republic of Ireland. It patrols over 200 UK and Channel Island beaches. It continues to rely on voluntary contributions and legacies for its income.

## Refill scheme started

Three Hurstpierpoint businesses have signed up to a scheme to make refilling water bottles as easy, convenient and cheap as possible, by introducing Refill Stations on every street.

Hurstpierpoint's Café Morano, Marram Trading and The New Inn are among the first to join the scheme which encourages cafes, bars, restaurants, banks, galleries, museums and other businesses to sign up to the free Refill app and put a sticker in their window alerting passers-by to the fact that they're welcome to fill up their bottle for free.

Refill Mid Sussex is being delivered by a team of volunteers in partnership with Mid Sussex District Council. It's a nationwide campaign, with similar schemes running in many different parts of the country. The council is now encouraging new volunteers to join the movement and talk to local businesses about Refill.

It's estimated that the scheme, now being rolled out nationwide with support from Water UK and local water companies, could cut plastic bottle use by tens of millions each year, as well as substantially increasing the availability of high quality drinking water.

Find out more about Refill Mid Sussex and how to take part at [www.facebook.com/Refillmidsussexdistrict](https://www.facebook.com/Refillmidsussexdistrict)



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### LISTEN TO THE LAWYER

By Martyn Gooch, partner Rohan Solicitors

**Question:** The temperature in my office during the recent heatwave was almost unbearable. What does the law say on this?

**Answer:** Uncomfortably hot offices can reduce productivity and lower staff morale, they can even cause health issues. The law is hazy on the maximum permitted temperature in workplaces, and there is no specific law for minimum or maximum working temperatures.

Employers must comply with health and safety laws and ensure that the welfare of workers is considered at all times. This includes making an assessment of the temperature in the workplace. There is a legal obligation on employers to provide a 'reasonable' temperature in the workplace. The recommended minimum temperature in a workplace should typically be no less than 16 degrees celsius. If the work involves rigorous physical exertion, the temperature should be at least 13 degrees celsius. These temperatures are not absolute legal requirements; the employer has a duty to determine what reasonable comfort will be in the particular circumstances.

Additional legal requirements oblige employers to make a suitable risk assessment of the health and safety of its workplace and act upon the risks. Employers must also appoint someone to oversee workplace health and safety matters, provide workers with information and training on occupational health and safety and operate within a written health and safety policy.

If a significant number of employees complain of issues with the temperature in the workplace common sense dictates that the workplace is too hot, and something should be done by the employer immediately.

Health and safety laws impose sanctions where an employer breaches their legal obligations to ensure the health, safety and welfare of their employees. These will vary depending on when the breach took place. Currently, the penalties include an unlimited fine and even imprisonment (the term of which depends on the severity of the breach but could be up to two years). It is crucial therefore that employers take issues of health and safety and the temperature of the workplace seriously.

What practicable steps could an employer take to minimise the difficulties encountered by employees as a result of the hot temperatures? This is not an exhaustive list but will provide useful examples:

- Consult with your employees, i.e. ask what would make them feel more comfortable
- Place thermometers around the workplace and monitor them
- Provide temporary relief solutions such as fans or portable air conditioning units
- Offer flexible working hours
- Introduce a temporary clothing code

Martyn can be contacted by email: [mgooch@rohansolicitors.co.uk](mailto:mgooch@rohansolicitors.co.uk) or by telephone: 01444 450901.



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By Mike Thatcher

Busy November with three films and two National Theatre Broadcasts. **Thursday 1st November at 7pm** we open with a brand new Alan Bennett play **Allelujah!** An old fashioned hospital in the Pennines is threatened with closure and a documentary crew charts its fight for survival. 'Sharp and hilarious' (Daily Telegraph).

**Thursday 15th November 8pm** we show **Beast [15]**. A terrific debut film, from a young British film maker, it is an increasingly intense psychological thriller which deftly overturns expectations as it dances between timeless fable, modern romance and murder mystery.

Somebody is murdering young women on Jersey. Moll, a troubled young woman under the iron thumb of her controlling mother, meets Pascal, a mysterious loner who saves her when it looks like she might be about to be assaulted. A passionate affair ensues.

**Tuesday 20th November 7pm** live from Nottingham the National Theatre production of **The Madness of George III** starring Mark Gatiss and written by one of Britain's best-loved playwrights Alan Bennett. It's 1786 and King George III is the most powerful man in the world, but his behaviour is becoming increasingly erratic as he succumbs to fits of lunacy. With the King's mind unravelling at a dramatic pace, ambitious politicians and the scheming Prince of Wales threaten to undermine the power of the Crown, and expose the fine line between a King and a man

**Friday 23rd November 8pm** is **The Boy Downstairs [12A]**. Diana is a writer returning to New York after two years in London. Through a friend, she finds the perfect apartment on the second floor of a Brownstone. She thinks that she's struck the jackpot - but then she sees her downstairs neighbour. It's Ben - her ex-boyfriend who broke her heart years earlier.

**Sunday 25th November 3pm Journey's End [PG]**. Northern France, 1918: Raleigh requests to be sent to the company led by Captain Stanhope, his old school friend. Once he gets there, the men agonisingly wait on the front line for a major German offensive.

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1½ tsp chilli flakes  
250g Greek yogurt  
1 tbsp maple syrup  
120g spelt flour (white or wholegrain)  
½ tsp baking powder  
170ml rice, oat or dairy milk  
1 medium free-range egg, lightly beaten

400g tin chickpeas, drained and rinsed  
1 small red onion, finely chopped  
Small handful each fresh mint and coriander, finely chopped  
1 tsp sea salt  
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1 spring onion, sliced diagonally  
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Belle Amatt is a Hurst resident and nutrition consultant, author and lecturer in Naturopathic Nutrition. She holds workshops and talks on a variety of healthy eating topics.



November is a great time to add some more plant-based recipes to your usual light lunch options before the indulgences of the festive period begin. This is a recipe from our 5:2 well-being evening at Marram trading last month. Coming in at around 250 calories per serving, this dish works well as part of an Intermittent Fasting Plan or purely to boost your nutrients with tasty, simple eating. More 5:2 recipes in my newsletters which you can subscribe to at [www.belleamatt.com](http://www.belleamatt.com)

### Method

1. In a dry frying pan, gently fry the cumin seeds over a medium heat until aromatic. Set half aside, then pound the rest to a powder in a pestle and mortar. In a bowl, combine the ground cumin, chilli flakes, yogurt, maple syrup and a good pinch of sea salt. Set aside.
2. Put the flour and baking powder in a large bowl and slowly whisk in the milk and beaten egg until well combined with no lumps. Stir in the chickpeas, red onion, most of the herbs, the remaining whole cumin seeds, 1 tsp sea salt and a few grindings of black pepper.
3. Drizzle 1 tbsp olive or vegetable oil into a large, non-stick frying pan and set over a medium-high heat. When hot, add 2 tbsp batter for each fritter and flatten into little rounds. Fry in batches, without overcrowding the frying pan, for 5-7 minutes, turning once, until the fritters are golden and cooked through. Add more oil between batches if needed.
4. To serve, pile the fritters up on serving plates and scatter over the sliced spring onion, remaining herbs and sea salt to taste. Drizzle over some extra-virgin olive oil, spoon the yogurt mixture over the top or put it in a bowl on the side, then serve with a green salad and extra mint leaves.

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**5 MINUTES WITH...**

## Emma Conway O'Brien

Emma Conway O'Brien has just moved to Hurstpierpoint with her husband Tom Batty having bought their first house. They are doctors, looking to settle down and found Hurst was the perfect place to do so. She's already found some incredible places for walking, including a trip up Wolstonbury Hill.

**How long have you lived in Hurstpierpoint?** 24 days

**What's the best thing about living here?**  
Owls in the local community - I saw a Tawny swooping over next door's garden!

**Favourite ice cream flavour?**  
Boring answer, but I just love vanilla. Though I'd choose a Vienetta if I could!

**How many houses have you lived in?**  
If you include flats and count renting then 12 - we're more than ready to settle

**Favourite holiday destination?** Wales

**Your most enjoyable event in the village?**  
There was an event last night called The Wonders of Yew which looked very enticing.

**Do you share your home with anyone?**  
Tom, my hubby

**Song you play the most?**  
What Becomes of the Broken Hearted  
by Jimmy Ruffin

**Mac or PC?** Neither!

**Your most frequented village shop?**  
I've bought a lot of nuts from the Co-op already

**What's your proudest moment?**  
Once I hit a bee out of the air with a pen flick

**Coke, juice or water?** Water

**Your advice for life?**  
Never trust a dog with orange eyebrows

**If you would like to provide your own answers for 5 Minutes With, simply email them to [editor@hurstlife.co.uk](mailto:editor@hurstlife.co.uk) along with a photo of yourself, or do please encourage a friend to send their answers in!**

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# Sudoku #27

	7					2	3	
4			5			9		
	9				6			
7		2		1				4
		1	3	7	8			
		4		8			5	
	5	9			3			
2	8					6		

Find the solution to #27 in next month's magazine

## #26 Solution

6	5	4	8	2	1	7	3	9
7	9	8	3	5	4	6	1	2
2	3	1	7	9	6	4	5	8
9	8	5	1	3	7	2	4	6
4	1	2	6	8	9	5	7	3
3	6	7	2	4	5	9	8	1
1	2	6	4	7	8	3	9	5
5	7	3	9	1	2	8	6	4
8	4	9	5	6	3	1	2	7

Courtesy of <http://andrews-sudoku.blogspot.co.uk>

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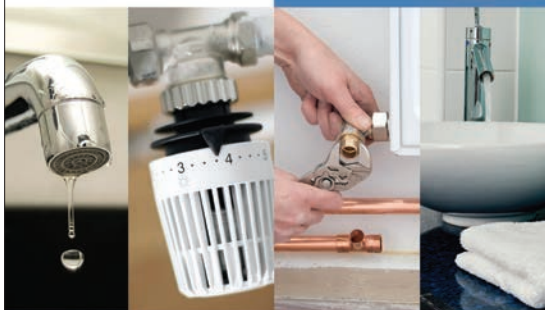
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# What's on this month

## AT THE VILLAGE CENTRE

### Regular events

- Sun **Afternoon Tea Dance**  
2-4.30pm, nearly every Sunday
- Weight Watchers** – 9.30-10.30am, weekly in the Club Suite
- Mon **The Sanctuary** – 9.30-11.30am, weekly during term time – a welcoming place where friendships can form over coffee and cake
- Tues **Yellow Brick Lab** – 3.30-5pm, weekly in term time
- Knit and Knatter** – 2-4pm (2nd Tuesday)
- Wolstonbury WI** – 7.45pm Club Suite (3rd Tuesday)
- Fri **Star Dance School** – from 6.45pm, weekly
- Sat **Young Blossoms Dance** – 10.15-10.50am, weekly in the Club Suite (unless specified on website)
- Best of Ballroom** – 7.45pm (1st Saturday)

### November

- 12th **Downsbeat Swing Band** – 8.15pm  
Free entry, bring your own drinks and snacks, donations in aid of Motor Neurone Disease
- 13th **Hurstpierpoint Horticultural Society** – 7.45pm  
'The Winter Garden' An illustrated talk by Sally Gregson from Mill Cottage Plants, preceded by short AGM
- 20th **Wolstonbury WI** – 7.45pm  
Annual General Meeting followed by cheese and wine, visitors welcomed (01273 834421)
- 23rd **Hurstpierpoint Christmas Fair** – 6.30-9.30pm  
Get a head start with your Christmas shopping at this Christmas Fair. Over 30 stalls offering a wide range of gifts, crafts and presents including: scarves, pictures, chutney, cards, jewellery, books, Christmas decorations, cakes, calendars, wood turned crafts, stocking fillers, genuine crafts from Palestine and Bethlehem. Organised by Hurstpierpoint Gymnastics Club (Admission 50p - includes a free tea or coffee, children free) Continues Sat 24th Nov, 9.30am-1pm

Hurstpierpoint Village Centre, Trinity Road BN6 9QT  
[www.hurstvillagecentre.org](http://www.hurstvillagecentre.org)

## AND ELSEWHERE

### November

- 1st **Fun & Fireworks Evening** – 3-5.30pm  
Twineham C of E School (RH17 5NR) – (£1.50 on the door, under 2s free)
- 4th **Family Bonfire & Fireworks** – gates 5.30pm  
Danny House – An evening will be celebrated with a spectacular display of fireworks from our regular firework maestros (Full info p.6)
- 7th **Go Wild in the Country** – 7.30pm  
Adastra Hall, Hassocks - HKD AGM and talks from two farmers who work in sustainable ways
- 8th **Haywards Heath Ceramics Group** – 10am  
Clair Hall, Haywards Heath – Talk on 'La Bella Forma - Fashion and Neapolitan Design'
- 8th **Mid Sussex Asn National Trust** – 2.30pm  
Clair Hall - AGM followed by short talks by speakers from local NT properties
- 10th **Mothers' Union** – 8.30am  
Methodist Church Hall - Boys' Breakfast (£6)
- 14th **Mothers' Union** – 2.30pm  
Long Melford, Albourne Road (opposite Benfells) - Talk by Karen Hills 'In Mary Sumner's Footsteps' (£2)
- 17th **Coffee Morning** – 10am-12noon  
Holy Trinity Church - Popular organ music entertainment throughout the morning by Ray Carpenter. Variety of stalls. (Free Admission)
- 17th **Sussex Mineral & Fossil Show** – 10am-4.30pm  
Clair Hall (£2.50 adults, 50p children)
- 17th **NSPCC Quiz** – 7pm  
Hurstpierpoint Bowls Club, South Avenue - Teams of 4 to 6 people, Fish & Chip supper, Raffle and Licensed Bar (£10pp from Mishon Mackay)
- 21st **Mothers' Union** – 8pm  
Holy Trinity Church. Talk by Michelle White, exploring what it is to be Mothers' Union (£2)
- 23rd **HHGS History Talk** – 8pm  
The Guide Hall, Trinity Road Car Park – Andy Thomas presents 'An English History of Freedom' (Non-members welcome, £3)
- 24th **Brighton Consort** – 7.30pm  
Holy Trinity Church - 'O Sacred Feast': a celebration of food and wine with choral gems by Byrd, Tallis and Finzi (01273 833746)

### December

- 1st **Sussex Chorus** – 7.30pm  
King's Church, Burgess Hill – Classical concert with Kent Sinfonia. (£15/£12 01444 412579)

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JV Golf.....	26
kps (compost).....	20
Pots and Pithoi .....	13
Vinyl Vault .....	38

## Out & About

Hurstpierpoint Players.....	16
Ockenden Manor.....	B

## Education/Childcare

Gielgud Academy.....	34
Hurstpierpoint College .....	2, 40
Isabello's Preschool .....	42
Norto5 Kidz (daycare) .....	3
Simply Swim .....	43
Stagecoach.....	21

## Health/Lifestyle

Hurst Yoga .....	33
Juniper Herbs .....	8
Lustig & Webb (hair salon) .....	12
Muscle Balance.....	45
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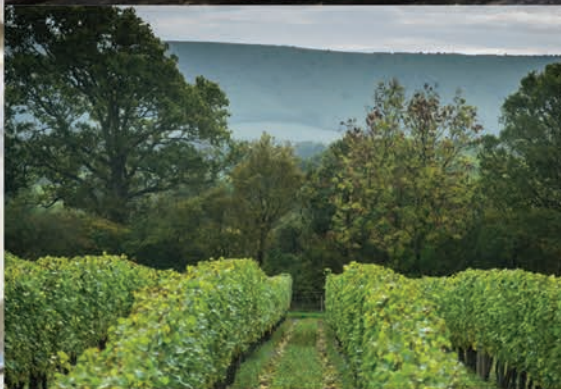
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